**LIFE SKILLS GROUP PERMISSION FORM**

Greetings, Caregivers of: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

This form invites your student to attend a Life Skills group. Our counseling department offers various services, including class lessons, small groups, and individual sessions with students. There are lots of reasons we invite students to attend groups. We invite students who might need help connecting with their peers, help with skills to manage conflict or big emotions, to improve their grades, or simply because we think their involvement will allow them to be more successful in their education journey. Your student is not in trouble, and being part of this group is meant to be a positive time for all attendees.

This group will focus on building life skills related to kindness, patience, respect, gratitude, responsibility, honesty, friendship, compassion, forgiveness, and perseverance. Small groups are a fun way for students to learn valuable skills and connect with their peers.

We will meet for approximately thirty minutes during the school day \_\_\_\_ times per week. | will work with your child’s teacher to select an appropriate time that minimizes interruptions to their learning. When the students have completed all the group sessions, they will receive a Certificate of Completion.

| am excited to be working with your child! Please don’t hesitate to contact me with any questions or concerns.

Warm regards,

Please complete and return by:

Student's Name:

Teacher's Name:

□ YES, | agree to allow my child to attend the Life Skills Group.

□ NO, | do NOT agree to allow my child to attend the Life Skills Group.

Signature of Caregiver

**LIFE SKILLS GROUP**

**COMPLETION LETTER**

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Hello!

Today was the final session in our Life Skills Group, and we wanted to let you know that your student has been presented with a Certificate of Completion.

Over the past ten sessions, we have reviewed the following topics:

* Kindness
* Patience
* Respect
* Gratitude
* Responsibility
* Honesty
* Friendship
* Compassion
* Forgiveness
* Perseverance

I am still their counselor and will still be available to them as needed in the future. However, we will no longer be meeting every week. Please don't hesitate to contact me with any questions or concerns.

I am so proud of them and excited they were able to attend. Thank you so much for allowing them to participate in our Life Skills Group!

Warm regards,

School Counselor