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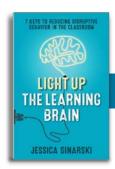
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NEW RELEASES



COMING FALL 2023

Light Up the Learning Brain

7 Keys to Reducing Disruptive Behavior in the Classroom

Jessica Sinarski

Are you eager to increase learning opportunities, reduce negative behaviors, and improve staff and student morale?

Then it's time to become a brain builder!

We all are aware of an alarming increase in reported behavioral disruptions in school settings. Often less understood is the critical role that the brain plays in shaping all behavior, including problematic words and actions in our classrooms and beyond.

Light Up the Learning Brain illuminates the many ways that teaching through a brain-based lens can breathe new life into your work.

You will discover:

- how the brain's two main "operating systems" interact and often compete
- the amygdala's vital role as an alarm system and gatekeeper
- ways that brain function is closely connected to our senses
- the power of play, curiosity, and safety in fostering brain development
- scripts, tips, and tools to make your job easier
- ...and much more.

Blending the latest neuroscience with practical application, this book will be your guide to wake up the creative, curious, problem-solving "upstairs" brain of staff and students.

Brains are diverse and distinctive, and so are the solutions presented in this accessible and insightful resource. Facts and insights are balanced with hands-on ideas that can be implemented immediately.

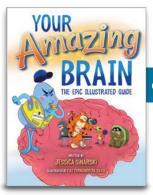
As educators, we have a timely opportunity to empower our students to build their own big, brave, beautiful, world-changing brains - and isn't that, after all, why we chose this profession in the first place?

D532 \$16.95

GR K-12 9781931636520 PAPERBACK

80 PAGES TBD/CASE

EB



COMING 10/12/2023

Your Amazing Brain

The Epic Illustrated Guide

Jessica Sinarski

Faster than a speeding car! Stronger than a supercomputer! Are you ready to harness the power of your amazing brain?

Get the inside scoop on why we do what we do!

In this book, you'll discover:

- engaging visuals explaining brain cell and nervous system basics
- the surprising role of our eight senses yes, there are more than five!
- differences between the two brain "teams" and the ways they impact behavior
- proven strategies for helping our rational "upstairs brain" run the show
- simple brain-boosting ideas for all ages
- ...and much more!

Jam-packed with insights for kids and helpful guidance for adults, this "user's manual for the brain" is sure to become a go-to resource in your home, classroom, or therapy office.

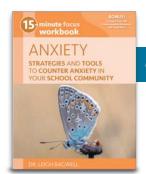
Along with a diverse cast of characters, author and intrepid guide, "Ms. Jessica," transforms complex neuroscience into fun graphics, simple metaphors, and practical solutions for students ages 7 and up.

D531 \$17.95

AGES 7 & UP 9781931636506 PAPERBACK 8.5" X 11" 40 PAGES 84/CASE EB

NEW RELEASES





COMING SPRING 2024!



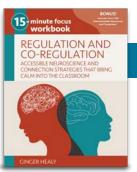
15-Minute Focus: Anxiety Workbook

Strategies and Tools to Counter Anxiety in Your School Community

Dr. Leigh Bagwell

With a focus on strategies, classroom interventions, small-group activities, counseling plans, and parent tools, this workbook will equip you to help students get relief from feeling helpless or hopeless amid anxious thoughts and emotions.





COMING SPRING 2024!



15-Minute Focus: Regulation and Co-Regulation Workbook

Accessible Regulation and Co-Regulation Strategies for the Classroom and Beyond

Ginger Healy

Ginger Healy helps you dive deeper into healing students' nervous systems and rewiring their neural pathways for optimum performance with this workbook filled with content, prompts, activities, strategies, and reflections.

 D533
 GR K-12
 PAPERBACK
 TBD PAGES

 \$TBD
 9781931636544
 8.5" X 11"
 TBD/CASE









Hello, Anger

Jessica Sinarski

The students at Sunnyvale Elementary carry a lot in their backpacks including some things you can't see quite so well, like big feelings and confusing emotions. Today, one fiery red book keeps spilling out and exploding onto everyone: ANGER! It's time for the kids to use their best detective skills to figure out what's underneath those angry feelings.

D433 \$10.95



Hello, Anger Resource Bundle PDF DOWNLOAD RD-025 \$5.00

GR 2-5 9781953945631 PAPERBACK

32 PAGES 28/CASE

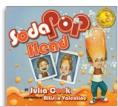
EB

Soda Pop Head

Julia Cook

"There goes Lester. Watch him fester. His face turns red. He's a Soda Pop Head." Most of the time Lester's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red, and he blows his top! Soda Pop Head will help children learn to control their anger while helping them manage stress. It's a must for the home or classroom.

B007 \$10.95



PAPERBACK B087 \$10.95

Soda Pop Head

Activity and Idea Book

GR K-6 9781931636773

GR K-12

9781953945617

PAPERBACK 9" X 8"

32 PAGES 28/CASE

EB

BONUS!

Includes Downloadable

Resources!

15-Minute Focus: Anger, Rage, and Aggression

Raychelle Cassada Lohmann

In this book, you'll discover the causes, symptoms, and distinct characteristics of anger, rage, and aggression. You will also learn strategies for self-regulation and de-escalation, along with ways to integrate culturally inclusive practices and support parents and families dealing with anger, rage, and aggression.

\$15.95 D432



PAPERBACK 5.5" X 8.5"

96 PAGES 24/CASE

DL EB

ANXIETY AND STRESS





ABC Worry Free Resource Bundle PDF DOWNI OAD



RD-002 \$4.00

GR K-6 9781937870546 PAPERBACK 9" X 8" 32 PAGES 28/CASE

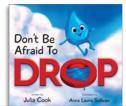
ABC Worry Free

Combat Anxious and Fearful Thoughts

Noel Foy

"Do you think you could teach someone to worry less?" I asked.
"Absolutely. As long as they're not afraid to learn something new." In A.B.C.
Worry Free, children will learn an actionable approach to worry that will help them process and work through everyday challenges.

D122 \$10.95



EB

GR K-5 9781931636605 PAPERBACK 9" X 8" 32 PAGES 28/CASE



Julia Cook

Hopp, the raindrop, is scared of change and is happy with his safe, predictable life. But he soon learns that staying where he is limits the impact he can have on those around him. *Don't Be Afraid to Drop* is a book for anyone who is at a transitional point in their life that teaches about growth mindset and trying new things.

A268 \$10.95



Resource Bundle
PDF DOWNLOAD
RD-007 \$5.00



GR 3-5 9781937870614 PAPERBACK 0" X 8"

32 PAGES 28/CASE

I'm Stretched

Julia Cook

"I'm stretched! I have so much stuff to do. Gotta be here...Gotta do that...Where did I put my shoe?" I'm Stretched! is a captivating story that speaks to children and adults alike, giving them tactical tools to manage their stress in a healthy and helpful way so they can face the pressures of life and find joy in being who they were meant to be.

D244 \$10.95



Wilma Jean, the Worry Machine Activity and Idea Book

> PAPERBACK **B096** \$10.95

> > EΒ



Wilma Jean

GR 2-5 9781937870010 PAPERBACK 9" X 8" 32 PAGES 28/CASE

Wilma Jean, the Worry Machine

Julia Cook

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.

B056 \$10.95

ANXIETY AND STRESS

Worry Says What?

Allison Edwards

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." Worry Says What? will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.

D120 \$10.95

15-Minute Focus: Anxiety

Worry, Stress, and Fear

Leigh Bagwell

Learn the physiological progression from a trigger to a full-blown anxiety attack and gain a variety of prevention and intervention strategies. Readers will get a clarification of anxiety vs. misbehavior, along with a breakdown of various anxiety disorders and how they present.

D317 \$15.95

15-Minute Focus: Anxiety Workbook

Strategies and Tools to Counter Anxiety in Your School Community

Dr. Leigh Bagwell

With a focus on strategies, classroom interventions, small-group activities, counseling plans, and parent tools, this workbook will equip you to help students get relief from feeling helpless or hopeless amid anxious thoughts and emotions.

D517 COMING SPRING 2024!

Stress and Burnout in Education

15 Strategies to Help You Break the Stress Cycle

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.

D503 \$24.95





GR K-6 9781937870515 **PAPERBACK**

32 PAGES 28/CASE

RD-012 \$5.00 EB

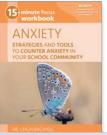




GR K-12 9781937870737 **PAPERBACK** 5.5" X 8.5

80 PAGES 32/CASE

DL EB

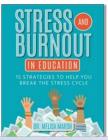




GR K-12 9781953945839 **PAPERBACK** 8.5" X 11'

TBD PAGES TBD/CASE

DL



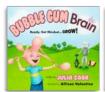
120 PAGES 20/CASE

BONUS! Includes Downloadable

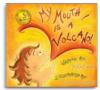
GR K-12 9781953945761 PAPERBACK

BEHAVIOR AND CLASSROOM MANAGEMENT















GR PK-6 PAPERBACK

New Counselor and Teacher Starter Pack Set

A Six-Book Set

Get this curated set of picture books educators and counselors use daily to teach important social-emotional lessons! Featuring proven best-sellers, topics in this set address issues like interrupting, tattling, personal space, worry, and having a growth mindset. These fan faves are the perfect addition to your classroom!

D325 \$65.70 \$52.56

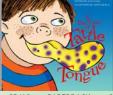
Buy the Set and Save!



A Bad Case of Tattle Tongue Activity and Idea Book PAPERBACK A823 \$10.95







PAPERBACK 32 PAGES 9" X 8" 28/CASE

A Bad Case of Tattle Tongue

Julia Cook

No one likes "Josh the Tattler" because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.

A013 \$10.95



I Have Ants in My Pants Resource Bundle PDF DOWNLOAD RD-017 \$5.00

EB



978⁻

GR PK-3 9781937870706 PAPERBACK 9" X 8" 32 PAGES 28/CASE

I Have Ants in My Pants

Julia Cook

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.

D293 \$10.95



BEHAVIOR AND CLASSROOM **MANAGEMENT**

My Mouth Is A Volcano

Julia Cook

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.

A014 \$10.95



Julia Cook

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, Personal Space Camp addresses the complex issue of respect for another person's physical boundaries.

A134 \$10.95

15-Minute Focus: Behavior Interventions

Strategies for Educators, Counselors, and Parents

Amie Dean

This book offers strategies and resources to teach children and teens how to communicate and make decisions to get their needs met in positive ways through behavior instruction and coaching. You will also learn ways to to rethink responses to behavior and de-escalation techniques.

D409 \$15.95

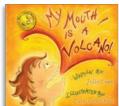
15-Minute Focus: Behavior Interventions Workbook

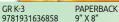
Your Roadmap for Creating a Positive Classroom Community

Amie Dean

Amie Dean helps plan your first weeks of the year, while providing tools to support your community all year. Full of activities, this workbook will aid in the development of life skills, conflict resolution, and self-regulation skills.

D489 \$32.95







32 PAGES 28/CASE



My Mouth is a Volcano **Activity and Idea Book** PAPERBACK A822 \$10.95

EB



GR K-3 9781931636872 **PAPERBACK**

32 PAGES 28/CASE

A828 \$10.95 EB

BONUS! Includes

Resources!

Personal Space Camp

Activity and Idea Book

PAPERBACK



GR K-12 9781953945570 **PAPERBACK** 5.5" X 8.5"

104 PAGES 24/CASE

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EB



PAPERBACK 8.5" X 11

212 PAGES 16/CASE

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GR K-12 9781953945716

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BEHAVIOR AND CLASSROOM MANAGEMENT





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POSITIVE

Behavior

Principles



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GR K-12 9781937870713 PAPERBACK 5.5" X 8.5" 200 PAGES 16/CASE



Teach Skills and Break Habits Resource Bundle

> PDF DOWNLOAD RD-014 \$6.00



DL



GR K-12 9781937870492 PAPERBACK 5.5" X 8.5"

190 S 900090

176 PAGES 12/CASE



GR K-12 PAPERBACK AND PDF DOWNLOAD

Lessons from LaRoux

How Needs Shape Behavior in Developing Brains

Dan St. Romain

It's no secret that outward behaviors rarely tell the whole story. Instead, those actions often point to deeper needs and desires. Join Dan as he addresses fifteen key areas and links an educational touch point with a relevant story about his dog, LaRoux, and then a take-away strategy.

D511 \$19.95

Positive Behavior Principles

Shifting Perspectives and Aligning Practices in Schools

Dan St. Romain

Looking for Behavior Support? *Positive Behavior Principles* outlines nine core principles that can be used to design prevention, intervention, and crisis strategies for supporting student behaviors in schools.

D294 \$23.95

Teach Skills and Break Habits

Growth Mindsets for Better Behavior in the Classroom

Dan St. Romain

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. You will learn to see behavior change as a process of continual improvement and how to use behavior concerns as an opportunity to teach your students skills.

B960 \$21.95

Dan St. Romain Behavior Set

DL DIGITAL LINK AVAILABLE

Dan St. Romain's insights and strategies have transformed classrooms and homes. He has written numerous books about behavior and now you can get them at a discounted price! This set includes three of his books, two Resource Bundles full of activities and worksheets, and – a NCYI exclusive – posters with encouragement from the book.

D523 \$78.85 \$70.97

Buy the Set and Save!

AB AUDIO BOOK



EMOTIONS AND BIG FEELINGS

Big Feelings Set

A Six-Book Set

An essential part of growing up is learning emotional intelligence. We have a set of books that helps kids understand their big feelings and how to manage them. So whether a child struggles with worry, or anger, or shame, or sadness we have book for you! Enjoy these books at home or in the classroom.

D421 \$65.70 \$52.56



Felix and the Feelings Formulas

Kate Bartlein

What if we could create a formula to help us in challenging situations? Felix takes two things with him wherever he goes: his stuffed rat, Hank, and his notebook of Feelings Formulas. Hank is a friend who's always there, and the Feelings Formula notebook helps Felix figure out how to cope with challenges and concerns he experiences on his adventures.

D488 \$10.95

Marcy's Having All the Feels

Allison Edwards

What do you do with all your feelings? Marcy wanted to be happy, but all her other feelings kept showing up and at the worst times! She didn't like feeling sad or embarrassed. Why couldn't she be happy all the time? Allison Edwards explores how sometimes feeling so many feelings doesn't feel so good at all and shares the value of ALL of our emotions.

D259 \$10.95

The Awfulizer

Learning to Overcome the Shame Game

Kristin Maher

"I feel like there's a monster in my head. He tells me all the things I am doing wrong and how I am wrong." *The Awfulizer* gives shame a name and face, showing just how real and big it can be for children; how it keeps them feeling isolated and makes them question their self-worth.

D133 \$10.95













GR PK-6

PAPERBACK





Felix and the Feelings Formulas Resource Bundle

PDF DOWNLOAD RD-027 \$5.00

GR 2-5 9781953945693 PAPERBACK 9" X 8" 32 PAGES 28/CASE







Marcy's Having All the Feels Resource Bundle

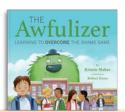
PDF DOWNLOAD RD-008 \$5.00

GR 2-6 9781937870645

PAPERBACK 9" X 8"

32 PAGES 28/CASE







The Awfulizer Resource Bundle

PDF DOWNLOAD RD-011 \$6.00

GR 3-6 9781937870584 PAPERBACK 9" X 8" 32 PAGES 28/CASE

EB

EMOTIONS AND BIG FEELINGS







DL EB

GR K-8 9781953945433

PAPERBACK 5.5" X 8.5"

104 PAGES 24/CASE



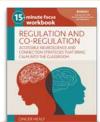


EB DL

GR K-12 9781953945792 **PAPERBACK** 5.5" X 8.5

112 PAGES 24/CASE





DL

GR K-12 9781931636544

PAPERBACK 8.5" X 11'

TBD PAGES 84/CASE



Your Amazing Brain Resource Bundle

PDF DOWNLOAD RD-029 \$7.00



AGES 7 & UP 9781931636506

PAPERBACK 8.5" X 11

40 PAGES 84/CASE





DL

EB

GR K-12 9781931636520 **PAPERBACK** 5.5" X 8.5'

80 PAGES TBD/CASE

Flooded

A Brain-Based Guide to Help Children Regulate Emotions

Allison Edwards

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.

D333 \$21.95

15-Minute Focus: Regulation and Co-Regulation

Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom

Ginger Healy

Packed with clear definitions, facts, stories, and discussion points, this book is rooted in the principle that relationships come first - it only takes one committed adult to help a child heal and build resilience through coregulation.

D510 \$15.95

15-Minute Focus: Regulation and Co-Regulation

Accessible Regulation and Co-Regulation Strategies for the Classroom and Beyond

Ginger Healy

Ginger Healy helps you dive deeper into healing students' nervous systems and rewiring their neural pathways for optimum performance with this workbook filled with content, prompts, activities, strategies, and reflections.

D533 COMING SPRING 2024!

Your Amazing Brain

The Epic Illustrated Guide

Jessica Sinarski

Ready to harness the power of your brain? Discover the surprising role of our eight senses, differences between the two brain "teams", and more! Along with a diverse cast of characters, Sinarski transforms complex neuroscience into fun graphics, simple metaphors, and practical solutions.

D531 \$17.95 COMING THIS FALL!

Light Up the Learning Brain

7 Keys to Reducing Disruptive Behavior in the Classroom

Jessica Sinarski

Are you eager to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more.

EB E-BOOK

D532 \$16.95 COMING THIS FALL!

GRIEF AND DEPRESSION



A Flicker of Hope

Julia Cook

All Little Candle can see is darkness, but someone notices she needs a boost of hope. As she is reminded she has purpose and her own unique gifts, and that she isn't the only one with dark clouds, her dim light begins to shine brighter. This hopeful story emphasizes the many different ways to ask for help, and how to be a hope builder for others, too.

D121 \$10.95

15-Minute Focus: Depression

Signs and Strategies for Counselors, Educators, and Parents

Melisa Marsh

Dr. Marsh gives a detailed understanding of depression and offers tools for intervention. You will learn the different types of depressive disorders, how to identify depression versus sadness, and the connection to other mental illnesses.

D336 \$15.95

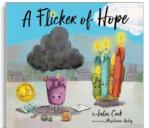
15-Minute Focus: Grief

Processing and Recovery

David A. Opalewski

No school can truly prepare for the death of a student or staff member. But this book gives schools a guide for addressing that situation, including what to say and what not to say to students, along with helpful communication and intervention strategies for all educators.

D320 \$15.95

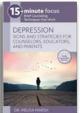




A Flicker of Hope Resource Bundle PDF DOWNLOAD RD-001 \$5.00

GR 3-6 9781937870522 PAPERBACK 9" X 8" 32 PAGES 28/CASE Е





GR K-12 9781953945464 PAPERBACK 5.5" X 8.5" 104 PAGES 24/CASE DL



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Includes

Resources!



GR K-12 9781937870768

PAPERBACK 5.5" X 8.5"

80 PAGES 32/CASE DL

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Downloadable

Resources!

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GROWTH MINDSET





Bubble Gum Brain Activity and Idea Book

PAPERBACK A814 \$10.95



AB





PAPERBACK 9" X 8"

32 PAGES 28/CASE



Coding Capers Resource Bundle

PDF DOWNLOAD RD-005 \$5.00





GR 3-6 9781937870638 **PAPERBACK**

32 PAGES 28/CASE



Failure Friday Resource Bundle

PDF DOWNLOAD RD-026 \$5.00



ЕВ

GR 2-5 9781953945679 **PAPERBACK**

32 PAGES 28/CASE



My Fantabulous Brain Resource Bundle

PDF DOWNLOAD RD-019 \$7.00

EB



GR 2-6 9781937870683

PAPERBACK

32 PAGES 28/CASE





DL ЕВ

GR K-12 9781953945747 **PAPERBACK** 55" X 8 5'

92 PAGES 28/CASE

Bubble Gum Brain

Ready. Get Mindset...GROW!!

Julia Cook

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!

B815 \$10.95

Coding Capers

Luci and the Missing Robot

Angela Cleveland and Tamara Zentic

Join Luci and her friends as they go on a STEM-friendly adventure to find a missing robot! In the process they learn the foundational concepts of coding, the increasing capabilities of technology, and the power of persistence.

D243 \$10.95

Failure Friday

Andrea Burns

When Emma finds out she made the school running club, she's excited... and nervous. She soon learns that she isn't very fast and thinks about quitting, until her teacher invites a guest to talk about failure. Emma is surprised to learn that failure isn't something to fear - it's actually something to celebrate on the road to success.

D480 \$10.95

My Fantabulous Brain

Learning Helps Me Grow!

Julia Cook

Take the "T" out of "CAN'T" and the "DON'T" out of "I DON'T KNOW!" This book encourages growth mindset and provides practical homework and study skills. Children will learn that everyone needs help sometimes, and there are tools to make our brains stronger!

D268 \$10.95

15-Minute Focus: Growth Mindset, Resilience, and Grit

Harnessing Internal Superpowers for Student Success

Raychelle Cassada Lohmann

When young people face obstacles they need to find healthy ways to cope, persevere, and rise to the top. In this book, you'll discover Growth Mindset, Resilience, and Grit as superpowers, the benefits of cognitive defusion, the power of optimism, and tips for increasing grit in students.

D502 \$15.95



MINDFULNESS



Be Where Your Feet Are!

Julia Cook

Be Where Your Feet Are! is a hilarious story about learning to be present wherever we are...and what can happen when we're not. This book reinforces the concepts of mindfulness and being present in a way children will remember, while showing how good life can be when we learn to appreciate the world and people around us.

\$10.95 D115



GR K-5

9781937870508

PAPERBACK

Be Where Your Feet Are! Resource Bundle

> PDF DOWNLOAD RD-003 \$8.00

32 PAGES EB



Allison Edwards

What does anxiety feel like to a child? Beat, beat, thump. Beat, beat, thump. That's the pulse of Alex's heart as he navigates worries about school, friendship struggles, and trying new things. In this heartwarming tale, Alex listens to his heart while feeling both panic and peace and learns how his strong heart has carried him through hard things.

D493 \$10.95



PAPERBACK 9" X 8"

32 PAGES 28/CASE

28/CASE

PDF DOWNLOAD RD-028 \$5.00 EB

Beat, Beat, Thump Resource Bundle

How to Crack Your Peanut

Solving the Mystery of Why You Sometimes Lose Your Mind

Allison Edwards

Diego doesn't understand why he always seems to lose his temper. With the help of his counselor, he learns about the peanut-shaped part of his brain called the amygdala. Once he discovers how his brain works, Diego understands why he acts this way, along with three tricks to keep calm.

D410 \$10.95



GR 2-5 9781953945594 **PAPERBACK** 9" X 8"

32 PAGES 28/CASE

RD-024 \$5.00 EB

How to Crack Your Peanut

Resource Bundle PDF DOWNLOAD







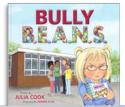
RELATIONSHIPS AND LIFE SKILLS





Bully B.E.A.N.S. Activity and Idea Book PAPERBACK

D240 \$10.95



GR 3-5

32 PAGES

EB

PAPERBACK 9781937870591 28/CASE



Deployment **Resource Bundle** PDF DOWNLOAD

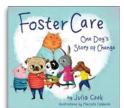
RD-006 \$4.00



GR PK-6 **PAPERBACK**

9781937870478

32 PAGES 28/CASE



EB

GR K-6 9781937870461

PAPERBACK

32 PAGES 28/CASE



EB

GR PK-K 9781937870447

PAPERBACK 9" X 8"

32 PAGES 28/CASE

Bully B.E.A.N.S.

Bullies Everywhere Are Now Stopped!

\$10.95

Julia Cook

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. Bully B.E.A.N.S. helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.

D239

Deployment

One of Our Pieces is Missing

Julia Cook

Military families experience unique opportunities and challenges, one being navigating changes in how they operate as a family when a parent is deployed. This book serves to honor the sacrifices they make each day by giving an approachable way to discuss the highs and lows of deployment.

B954 \$10.95

Foster Care

One Dog's Story of Change

Julia Cook

Foster has lived with his mom and "sometimes dad"all of his life...until now. He has so many questions and new feelings to deal with. In this heartfelt story, Foster meets new friends and a kind foster mom who help him navigate the fears and feelings associated with foster care.

B940

\$10.95

Jumping Into Kindergarten

Julia Cook and Laura Jana

Kindergarten represents a big jump into an adventure that is both exciting and scary. Follow Roo as he figures out how to use and apply his amazing QI Skills: ME, WE, WHY, WILL, WIGGLE, WOBBLE and WHAT IF! With a backpack full of "super cool" skills and a head full of questions, Roo is excited to jump into kindergarten, and your children will be too!

B845

\$10.95

RELATIONSHIPS AND LIFE SKILLS

Lying Up a STORM

Julia Cook

"Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm." Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.

\$10.95 **B511**

Ricky Sticky Fingers

Julia Cook

Meet Ricky, a boy that just can't seem to figure out that stealing is wrong. "When I see something that I really want, I think, 'Hey, that could be mine!' So I look both ways, reach out my hand, and take it at just the right time." Through a fun story, children will learn the concept of ownership and how it feels when someone doesn't respect what is yours.

B151 \$10.95

The Making of a Hero

Six Stories of the Medal of Honor

Linda Moss Mines

The Making of a Hero introduces the important values of patriotism, citizenship, courage, integrity, sacrifice, and commitment. This book tells the story of six Americans who were awarded the Congressional Medal of Honor, the highest award given to a member of the armed forces for valor.

D316 \$10.95

Will You be the I in Kind?

Julia Cook

Join the fun as "K_nd" goes on an adventure to find his missing "i." Along the way, he helps children learn to share their kindness in big and small ways. This story will spark conversations at school and home about the concepts of kindness, empathy, and compassion and will encourage children to bring kindness along wherever they go!

D338 \$10.95



GR 2-6 9781937870348 **PAPERBACK**

32 PAGES 28/CASE

EB



GR K-6 9781937870089 **PAPERBACK**

32 PAGES 28/CASE

EB

BONUS!

Includes Downloadable

Resources!



GR 2-5 9781937870720 **PAPERBACK**

32 PAGES 28/CASE

DL

ЕВ



PAPERBACK

RD-023 \$5.00 EB

Will You be the I in Kind?

Resource Bundle

PDF DOWNLOAD

9781953945532

32 PAGES 28/CASE

RELATIONSHIPS AND LIFE SKILLS







DL

BONUS! Includes

Downloadable

EB

GR K-12 9781953945778 **PAPERBACK** 5.5" X 8.5'

132 PAGES 22/CASE

DIVERSITY BIAS

DL EB

GR K-12 9781953945471

PAPERBACK 5.5" X 8.5'

112 PAGES 24/CASE





DL EB

GR K-12 9781953945655

PAPERBACK 5.5" X 8.5"

Your Happy Heart

96 PAGES 24/CASE



Your Happy Heart Resource Bundle PDF DOWNLOAD RD-013 \$6.00

EB

GR 2-6 9781937870560 **PAPERBACK** 9" X 8"

32 PAGES 28/CASE

15-Minute Focus: Digital Citizenship

Supporting Youth Navigating Technology in a Rapidly Changing World

Raychelle Cassada Lohmann and Angie C. Smith

This book explores the benefits and drawbacks of technology, the permanence of online decisions, cybercrime and privacy, and technology's effects on mental health. It also includes tips for monitoring device access and use.

D509 \$15.95

15-Minute Focus: Diversity, Bias, and Privilege

Addressing Racial Inequities to Create Inclusive Learning Environments

Natalie Spencer Gwyn and Robert Jamison

This book offers key terms that provide clarity when discussing race, ethnicity, bias, and privilege. It also addresses the impact of bias and privilege on school performance and tips for building supportive schools of diverse learners.

D337 \$15.95

You Can Get in the Way

How You Can Become a ROADBLOCK to Risk Factors

John W. Hodge

Through stories, research, and strategies, Hodge shows how children can be successful despite the risk factors that typically hold them back. You will gain a fundamental understanding of how the resilience phenomenon works and gain insight into ways you can foster resilience in students.

D436 \$19.95

Your Happy Heart

How Helping Others Helps You, Too

Amie Dean

When Javon, a fifth grader, meets Richard, a kindergartner, for the first time, Richard won't talk to Javon or even look at him. Javon realizes that Richard reminds him a lot of himself at that age. Javon learns that helping someone find their happiness makes your own heart happy, too.

D134 \$10.95

SCHOOL SAFETY

I'm NOT Scared, I'm Prepared!

Because I Know All About ALICE

Iulia Cook

The teacher at the Ant Hill School wants her students to be prepared - for everything! One day, she teaches her students what to do if a "dangerous someone" is in their school. This book will enhance the ALICE concepts and make them applicable to children of all ages in a non-fearful way.

B424 \$10.95

15-Minute Focus: Behavioral Threat Assessment and Management for K-12 Schools

Melissa A. Louvar Reeves

Dr. Reeves explains the factors that affect decision-making, and the role of Behavioral Threat Assessment and Management (BTAM) in managing students' troubling behaviors, mitigating risk for the school and community, and directing students onto more positive pathways.

D335 \$15.95



PAPERBACK 9" X 8"

32 PAGES 28/CASE

EB

I'm NOT Scared, I'm Prepared!

Activity and Idea Book

PAPERBACK

B479 \$10.95

BONUS!

Includes



GR K-12 9781953945457

9781937870287

PAPERBACK 5.5" X 8.5"

128 PAGES 22/CASE



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@nationalcenterforyouthissues

SELF-ESTEEM





Be Your Own Hero Resource Bundle

> PDF DOWNLOAD RD-004 \$5.00



EB

GR 3-6 9781937870652 PAPERBACK 9" X 8" 32 PAGES 28/CASE

Be Your Own Hero

Help Kids Discover Their Own Inner Hero

Lisa King

It's Hero Week at school, and Quinn has to choose a hero she looks up to. In her search to find a hero in someone else, she actually finds the hero in herself! Children will learn that being a real-life hero has a whole lot more to do with character and kindness than anything else!

D260 \$10.95



I Can Say No Resource Bundle

PDF DOWNLOAD RD-021 \$5.00



GR 2-5 9781937870775 PAPERBACK

32 PAGES 28/CASE

I Can Say No

Help Kids Protect Boundaries and Build Confidence

Jenny Simmons

Teach children the power of the word "no." Whether it's saying no to bullying or someone invading their personal space or simply to playing with a friend when they need some alone time, children learn to use their voice to stand up for what is good in the world and good for themselves.

D321 \$10.95



Songbird Resource Bundle

PDF DOWNLOAD RD-022 \$7.00



GR 2-6 9781937870676 PAPERBACK 9" x 8"

HERE'S NO THEAM TOO

32 PAGES 28/CASE

Songbird

A Story About Having the Courage to DREAM BIG!

Jenn Larson

Sydney Sparrow dreams of conducting the New York Philharmonic Orchestra! But when the other birds start questioning her dream, she wonders if she has set her sights too high. This inspiring book shows kids what it looks like to set a goal and work hard to reach it.

D261 \$10.95



There's No Dream Too Tall
Resource Bundle
PDF DOWNLOAD

RD-010 \$5.00

GR 2-6 9781937870669 PAPERBACK 9" X 8"

32 PAGES 28/CASE

There's No Dream Too Tall

Believe in Yourself and Your Dream Will Find You!

Amie Dean

"The world is wide open; there's no dream too tall. For a boy or a girl, whether big or quite small! There are millions of choices no end to the list. So, look deep in yourself and consider your gifts." By showing kids their strengths, we give them the power and permission to dream.

D267 \$10.95

SELF-HARM, SUICIDE, AND TRAUMA

What's Inside Your Backpack?

Coping Skills For Kids Who Have Experienced Trauma

Jessica Sinarski

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!

\$10.95 D329

15-Minute Focus: Self-Harm and Self-Injury

When Emotional Pain Becomes Physical

Leigh Bagwell

Dr. Bagwell offers an in-depth look at the who, what, and why of self-harm (nonsuicidal self-injury-NSSI). You will discover types of NSSI behavior, the relationship between self-harm and suicidal ideation, and signs and symptoms of NSSI beyond wounds and scars.

D334 \$15.95

15-Minute Focus: Suicide

Prevention, Intervention, and Postvention

Melisa Marsh

Dr. Marsh shows how to navigate the death of a student or staff member by suicide. This book unpacks the stigma and data associated with suicide, and provides school counselors, educators, and administrators with ways to implement a suicide-safer community.

D319 \$15.95

15-Minute Focus: Trauma and Adverse **Childhood Experiences**

Melissa A. Louvar Reeves

In this book, Dr. Reeves gives a primer on how to support students who have experienced trauma. You will discover the different types of stress and symptoms that accompany trauma exposure, commonalities between externalizing disorders and trauma and stressor related disorders, and practical strategies for school mental health professionals and educators.

D318 \$15.95



What's Inside Your Backpack? Resource Bundle

> PDF DOWNLOAD RD-020 \$6.00

GR 2-5 9781953945235 **PAPERBACK** 9" X 8'

32 PAGES 28/CASE

EB



BONUS! Downloadable Resources

GR K-12 9781953945440 **PAPERBACK** 5.5" X 8.5"

96 PAGES 24/CASE



BONUS! Downloadable Resources

GR K-12 9781937870751 **PAPERBACK**

88 PAGES 26/CASE

DL EB



GR K-12 9781937870744 **PAPERBACK** 5.5" X 8.5"

104 PAGES 24/CASE

DL

BONUS!

Includes

ЕВ





15MinuteFocusSeries.com

15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

Each week, students are spending more time at school than they spend with their parents. Because of this, teachers, counselors, and other school staff are often among the first to notice changes in behavior that could signal a mental or behavioral health issue.

According to the American School Counselor Association, students' unmet mental health needs can be a significant obstacle to academic, career, and social-emotional development and even compromise school safety. Most students in need do not receive adequate mental health supports. Research indicates 20 percent of students need mental health services, yet only one out of five of these students receive the necessary services.

Working alongside experts in various fields of mental health counseling, NCYI has developed a series of research-based, brief counseling books that home-in on a specific mental health topic, signs to look for, practical intervention and classroom management strategies, and effective ways to communicate and collaborate with internal staff, outside referrals, and student families.



GR K-12 9781937870690 PAPERBACK

80 PAGES 32/CASE

15-Minute Counseling Techniques that Work

What You Didn't Learn in Grad School

Allison Edwards

The counselor is not the strategy. The counselor teaches strategies. Packed with tools to use in individual or group counseling sessions, the techniques in this book will help children feel empowered to face everyday challenges and equipped to manage their stress and emotions.

D291

\$19.95



EB E-BOOK

AB AUDIO BOOK

EB



Anger, Rage, and Aggression

see page 5

Anxiety

Worry, Stress, and Fear see page 7

Behavior Interventions

Strategies for Educators, Counselors, and Parents

see page 9

Behavioral Threat Assessment and Management for K-12 Schools

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Depression

Signs and Strategies for Counselors, Educators, and Parents

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Digital Citizenship

Supporting Youth Navigating Technology in a Rapidly Changing World

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Diversity, Bias, and Privilege

Addressing Racial Inequities to Create Inclusive Learning Environments

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Grief

Processing and Recovery

see page 13

Growth Mindset, Resilience, and Grit

Harnessing Internal Superpowers for Student Success

see page 14

Regulation and Co-Regulation

Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom see page 12 Self-Harm and Self-Injury

When Emotional Pain Becomes Physical

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Suicide

Prevention, Intervention, and Postvention

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Trauma and Adverse Childhood Experiences

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15-Minute Counseling Techniques that Work

What You Didn't Learn in Grad School

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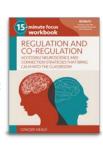
15-Minute Focus Workbooks



see page 7



see page 12



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A Bad Case of Tattle Tongue Activity and Idea Book

Learn the Difference Between Tattling and Telling

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and help children become effective problem solvers and improve relationships with peers.

A823	GR K-3	PAPERBACK	24 PAGES
\$10.95	9781931636926	8.5" X 11"	24/CASE

Answering the Cry for Help

A Suicide Prevention Manual for Schools and Communities

9781931636735

David A. Opalewski

\$19.95

\$10.95

This book will help develop a Community Suicide Prevention Program. It discusses suicide prevention, estab to ma

blishes guid	elines for inte	rvention, and trains	Crisis Team m	nembers
anage poss	ible scenarios.			
A488	GR 5-12	PAPERBACK	85 PAGES	DI

Blueloon

A Picture Book About Depression

Julia Cook

Meet Blueloon - a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to "bounce back" to being the way he used to be - bright,

ound, and full,	with a very straigi	nt string!		
B108	GR 2-6	PAPERBACK	32 PAGES	

Blueloon Activity and Idea Book

Activities that Help Kids Understand and Process Depression

9781937870041

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools and strategies to help children and parents cope with childhood depression.

B109	GR 2-6	PAPERBACK	28 PAGES
\$10.95	9781937870140	8.5" X 11"	24/CASE

Bubble Gum Brain Activity and Idea Book Activities About Growth Mindset

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and teaches the "Power of Yet", making mistakes, and expecting the best from ourselves.

B814	divivo	PAPERBACK	24 PAGES
\$10.95	9781937870454	8.5" X 11"	24/CASE

Bully B.E.A.N.S. Activity and Idea Book

Activities to Help Kids Stand Up Against Bullying

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and explores the dynamics of bullying and teach kids how to prevent it.

D240	GR 3-5	PAPERBACK	24 PAGES
\$10.95	9781937870607	8.5" X 11"	24/CASE

But It's Just A Game

A Picture Book About Having Healthy Video Game Habits

Julia Cook

DL

30/CASE

Video game addiction is on the rise, but can be prevented. This book teaches both children and adults to switch out their game controller for a "life controller." The tips in the back explain technology addiction and why it is important to set limits and boundaries.

B407	GR 2-6	PAPERBACK	32 PAGES	
\$10.95	9781937870164	9" X 8"	28/CASE	

Cell Phoney

\$10.95

A Picture Book About Using Cell Phones Responsibly

Julia Cook

Joanie Maloney finally gets her very own cell phone! Along with Joanie, children will learn the 6 rules of cell phone usage desi rule heco

igned to kee	p them safe a	nd from hurting othe	ers.By knowing th	ıe
es, children ca	an become ma	asters of their cell ph	ones and avoid	
oming a "Cel	l Phoney!"			
_				
B154	GR 2-6	PAPERBACK	32 PAGES	

9781937870102

ЕВ

Cell Phone



The Techno Smart Activity and Idea Book

The Activity Book for Cell Phoney and But It's Just a Game

Julia Cook

This activity book is the perfect companion to the picture books. It is full of discussion questions, worksheets, and exercises and teaches digital citizenship by learning the etiquette of using technology effectively.

B519	GR 2-6	PAPERBACK	28 PAGES
\$10.95	9781937870362	8.5" X 11"	24/CASE

Confronting Death In the School Family

Guidelines and Tools for Adding a Tragedy Component to Your Crisis Response Team

David A. Opalewski

\$36.95

This book gives tools to help your crisis response team respond to the death of a student or staff member. It includ plans

udes proced	ures for respor	ise, sample announ	cements, class	room
s, workshee	ets, and a suicio	de prevention curric	ulum.	
,				
A133	GR K-12	PAPERBACK	152 PAGES	

17/CASE

Grief is Like a Snowflake

A Picture Book About the Death of a Loved One

9781931636360

Julia Cook

Everyone shows grief differently. With the support of his family, Little Tree learns to cope with his father's death by discovering what is really important in life, and how his father's memory will carry on. This book offers a warm approach to the difficult subject of death and dying.

B050	GR K-6	PAPERBACK	32 PAGES	FB
\$10.95	9781931636780	9" X 8"	28/CASE	EB

Grief is Like a Snowflake Activity and Idea

Activites to Help Kids Process the Death of a Loved One

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and explores what grief is, how to personalize it, and how to endure it.

B051	GR K-6	PAPERBACK	24 PAGES	
\$10.95	9781931636353	8.5" X 11"	24/CASE	

How to Be Comfortable In Your Own **Feathers**

A Picture Book About Having a Healthy Body Image

Wanting to flutter like the petite Hummingbird, Bluebird takes on unhealthy eating habits. With help from Mom, the Bird Doc, and the Food Voice Counselor, she learns balance, how to control the Food Voice, and have a positive body image.

B185	alt 5 0	PAPERBACK	32 PAGES
\$10.95	9781937870133	9" X 8"	28/CASE

I am a Booger, Treat Me with Respect

A Picture Book About Health and Hygiene

Julia Cook

Boogie the booger teaches the healthy way to blow your nose using a Booger Ghost. Boogie knows that most people think he He

's gross,	but he d	oesn't fe	el bad becai	use he kee	ps us fron	n getting sid	:k!
e's a true	defende	r, just asl	king for a lit	tle respect	t.		

A145	GR PK-3	PAPERBACK	32 PAGES
\$10.95	9781931636582	9" X 8"	28/CASE

I Can't Find My Whatchamacallit

A Picture Book to Help Messy and Disorganized Kids

Julia Cook

After Cletus's mom refuses to let him play with Bocephus until his room is cleaned, Bocephus steps in to help out his disorganized cousin. This book guides children and adults through the ad

ganizationai pr Ivice.	ocess by prov	viding creative plann	ing and orgar	112
B605	GR K-6	PAPERRACK	32 PAGES	

I'm NOT Scared,	I'm Prepared!	Activity and
Idea Book		

9781937870386

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers ways to

help children practice emergency scenarios if they ever encounter a "dangerous someone."

B479	GR K -6	PAPERBACK	24 PAGE
\$10.95	9781937870317	8.5" X 11"	24/CASI

EB

EB



I'm Your Flag, So Please Treat Me Right

A Picture Book About the American Flag

Julia Cook

This book explains through the eyes of the American flag what the red, white, and blue stand for, and what the flag means to all Americans. This historical and colorful story will help people of all ages better understand the value of our beautiful flag.

B 4	
¢1Λ	95

9781937870294

PAPERBACK

32 PAGES 28/CASE

EB

It's You and Me Against the Pee...and the Poop Too

A Picture Book About Potty Training

Julia Cook, Laura Jana

Stanley is way too busy playing to stop and use the potty. This fun and colorfully illustrated book will turn kids into Potty Experts, while providing adults with an important reminder that potty learning can and should be a team effort.

B005 \$10.95

9781931636759

PAPERBACK

32 PAGES 28/CASE

EB

Integrating Growth Mindset in Schools

Strategies and Scripts for Bringing Growth Mindset to Your Learning Community

Lisa King

Incorporate growth mindset into school programs with a well-structured, evidence-based method to deliver information, specifically broken into K-8 and 9-12. It includes email templates, scripts, posters, lessons, and Powerpoints.

B955 \$29.95 GR K-12 9781937870485 **PAPERBACK**

188 PAGES 15/CASE

DL

Melvin the Magnificent Molar

A Picture Book About Taking Care of Your Teeth

Julia Cook, Laura Jana

Meet Melvin, the lovable tooth. By promoting brushing, flossing, and regular visits to the dentist, Melvin shows readers, young and old, how to make sure they will have happy teeth and healthy smiles that will last a lifetime!

A752 \$10.95

9781931636742

PAPERBACK

32 PAGES 28/CASE

EB

It's Hard to Be A Verb

A Picture Book to Help Kids with ADHD

Julia Cook

Being a verb is hard! Especially for Louis, who can't seem to control himself when he gets the urge to move at the wrong time and situation. Louis's mom teaches him techniques to keep his inner itching, twitching, and jumping in check. A positive resource for anyone touched by ADHD.

A444 \$10.95

GR K-3 9781931636841 **PAPERBACK**

32 PAGES

Mindset Matters

A Counseling Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset

Lisa King

The lessons in this book will provide students with a foundation of brain science, the magic of grit, and the benefits of learning, which will help them see the positive outcomes of having a growth mindset.

B650

9781937870409

PAPERBACK

167 PAGES

DL

It's Hard to Be A Verb Activity and Idea

Activities to Help Kids with ADHD

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to improve focus and organizational skills both in and out of the classroom.

A857 \$10.95

9781931636551

PAPERBACK

24 PAGES

My Mouth is a Volcano Activity and Idea

Activities to Help Kids with Interrupting

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and teaches children the value of respecting others by listening and waiting for their turn to speak.

A822 \$10.95

9781931636919

PAPERBACK

24 PAGES 24/CASE



No Putdowns (Grades 6-8)

Creating a Healthy Learning Environment through Encouragement, Understanding, and Respect

Jim Wright, Wendy Stein, Stephanie Pelcher

This comprehensive curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes a program guide for staff and fifty activities designed for use over a ten-week period.

A018	GR 6-8	PAPERBACK	112 PAGES
\$36.95	9781931636650	8.5" X 11"	35/CASE

Personal Space Camp Activity and Idea Book

Teach Children the Concepts of Personal Space

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and teaches the concept of personal space and respecting other's feelings by giving them the "room" they need.

A828	GR K-3	PAPERBACK	24 PAGES
\$10.95	9781931636933	8.5" X 11"	24/CASE

Planning Isn't My Priority...and Making Priorities Isn't In My Plans

A Picture Book About How to Responsibility Helps You Reach Your Goals

Iulia Cook

While working on a project, two cousins learn to appreciate eachother's strengths and weaknesses. Creativity needs structure, and structure needs creativity. And BOTH boys need to know how to plan and prioritize!

	_			
B617	GR 2-6	PAPERBACK	32 PAGES	FB
\$10.95	9781937870393	9" X 8"	28/CASE	EB

Safe Travels Through the Divide

A Journey Toward Healing When Parents Separate or Divorce

Kim "Tip" Frank

A874

\$24.95

This book offers the tools needed to help make the journey through divorce or separation as safe and comfortable section

irtable as possible, while minimizing lasting effects. It is broken into	
ns for adults and kids.	



Smarter than the SCOOPERS

A Picture Book About Keeping Your Child Safe from **Predators**

Iulia Cook

Stay safe from predaters! SCOOP is an acronym for the five personal safety strategies: be Smart, use your Call list, zerO talking to strangers, keep strangers Out of your personal space, and always Pair up.

B153	GR K-3	PAPERBACK	32 PAGES
\$10.95	9781937870072	9" X 8"	28/CASE

Soda Pop Head Activity and Idea Book

Activites to Help with Taming Tempers and Managing Anger

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions,

worksheets, and exercises and offers "hands on" activities to teach a child how to channel anger in productive and non-destructive ways.

B087	GR K-6	PAPERBACK	24 PAGES
\$10.95	9781937870027	8.5" X 11"	24/CASE

Straight from the Horse's Mouth

A Picture Book About How Horses Help People Who Have Experienced Trauma



Iulia Cook

Horses can help people fix ANYTHING! Archie is not your average horse. He helps people get rid of their flies - the things that bug us! This creative book takes a look at the power of horse therapy for helping people heal on th

he inside.				
B156	CD 3-6	DADEDBACK	22 DACES	

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Study Skilled...NOT!!!

A Picture Book About Doing Your Homework, Taking Tests, and Good Study Skills

9781937870126

Julia Cook

Bocephus over-studies and stresses, while Cletus studies as little as possible. After Cletus's mom introduces them to "The Amazing Great 8!," the also

poys learn how good study skills can affect not only their grades, t	out
their attitudes.	
D745	

GR 3-8

9781931636568

PAPERBACK

100 PAGES



The "D" Word (Divorce)

A Picture Book to Help Kids Going Through a Divorce

Julia Cook

Otis's perfect family changes as soon as his parents say they are getting divorced. At first he blames himself. With the help of his Gram, Otis learns about the Three C's of divorce: I didn't CAUSE it, I can't CONTROL it, so I'm going to have to learn to COPE with it!

E	30	33
¢1	Λ	95

GR 2-6 9781931636766 **PAPERBACK**

32 PAGES 28/CASE

EB

Understanding and Addressing Adolescent Grief Issues

A Manual for Any Caring Adult Dealing with Grief in Middle and High School Students

David A. Opalewski

Death is a terrible shock for the adolescent. This book helps adults understand what the adolescent is going through and provides comprehensive techniques to address the situation.

A258 \$19.95

9781931636469

PAPERBACK 8.5" X 11.125"

88 PAGES 28/CASE

The "D" Word (Divorce) Activity and Idea **Book**

Activities to Help Kids Going Through a Divorce

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools to help cope with divorce by reinforcing the Three C's of divorce.

	B1	6	3
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GR 2-5

PAPERBACK

24 PAGES 24/CASE

What Do I Say About That? Coping with an Incarcerated Parent

Julia Cook

When a loved one is sentenced to prison, the emotional turmoil is difficult for everyone. This book looks at the struggles facing the child of an incarcerated parent and helps gain insight to the healing and coping process.

B520 \$10.95

GR 2-6 9781937870379 **PAPERBACK**

32 PAGES 28/CASE

EB

DL

The Ant Hill Disaster

A Picture Book that Addresses Fears Associated with Natural and Man-Caused Disasters



Iulia Cook

After a disaster destroys his school, a little ant is afraid to return. While addressing fears associated with natural and man-caused disasters, his mom and teacher encourage him that he can stand strong, even in uncontrollable events.

B415 \$10.95 **GR K-6** 9781937870270 **PAPERBACK**

32 PAGES 28/CASE

What Shoes Will You Wear?

A Picture Book to Help Kids Understand a Variety of Careers



Iulia Cook

Myrtle and Erytle's father uses their love of shoes to help them think about future careers. This book includes career clusters and the skills needed for any career: responsibility, self-confidence, integrity, punctuality, and teamwork.

B486 \$10.95

9781937870324

PAPERRACK

32 PAGES

EB

The Anti-Test Anxiety Society

A Picture Book to Help Worried Students Prepare for



Julia Cook

To Bertha, the word test stands for Terrible Every Single Time! Her teacher explains the Dynamic Dozen (12 amazing test-taking strategies), and how to use her "GET TO" brain instead of her "HAVE TO" brain. Now "Terrible" is "Terriffic!"

B417 \$10.95

GR 2-6 9781937870300 **PAPERBACK**

32 PAGES

EΒ

What Shoes Will You Wear? Activity and Idea Book

Activities to Help Kids Understand a Variety of Careers

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and assists children in starting on the pathway of being college and career readv.

B488 \$11.95

GR 2-6 9781937870355

DL DIGITAL LINK AVAILABLE

PAPERBACK

32 PAGES 24/CASE



Wilma Jean, the Worry Machine Activity and Idea Book

Activities to Help Kids with Worry and Anxiety

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers creative anxiety reduction strategies, and give tools to feel more in control of anxiety.

B096	GR 2-5	PAPERBACK	24 PAGES
\$10.95	9781937870034	8.5" X 11"	24/CASE

Winners Don't Whine and Whiners Don't

A Picture Book About Good Sportsmanship

Julia Cook

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Wendell's mom helps him understand that everything doesn't have to be a contest, and losing does not make you a loser. In fact, it can make you stronger! This book teaches that winning isn't everything and whining just makes it worse.

B750	GR 2-6	PAPERBACK	32 PAGES
10.95	9781937870416	9" X 8"	28/CASE

EB

CLEARANCE ITEMS



CLEARANCE ITEMS

Battling the Blues

The Handbook for Helping Children and Teens with Depression

Kim "Tip" Frank

This handbook explains depression and provides coping strategies so that youth can gain a greater sense of control in their lives. Divided into two sections, one for adult professionals and caregivers, the other for children and teens.

		A 1	36
¢22	٥٤	¢11	ΛΛ

GR 3-8 9781931636445 **PAPERBACK**

93 PAGES 25/CASE



Broken Toy

Character Quilting

Sewing Values Into the Design of the Whole Child

Carole Cliffe

This guide, inspired by pioneers, will provide you with creative lesson plans and resources that build kids of character on a foundation of virtues. Ideas for integration in language arts, reading, math, music, art, writing, social studies, and character education are given throughout.

GR 3-8 **PAPERBACK** 157 PAGES 9781931636018 25/CASE \$19.95 \$10.00

Broken Toy DVD

Thomas Brown

12 year-old Raymond is often bullied when a teacher has their back turned. To get away from the bullies, he runs into the street, where he is hit by a car. Nobody meant for it to go this far. This video focuses on the

reactions of the bullies, and includes facts, suggestions for presentation, and activities.



GR 3-8 DVD 25 MINUTES 50/CASE

DL

Coping with Family Changes

Getting Yourself Together When Things Come Apart

Janet M. Bender

Separation, divorce, incarceration, death, re-marriage, and relocation through moving or military deployment are a few life events that change families and create puzzling feelings. This book focuses on the five stages of grief often experienced by children when their family changes.

\$17.95 \$9.00

GR 2-6 9781937870621 **PAPERRACK**

52 PAGES











Custody Battle

A Workbook for Children Going Through a Divorce

Nancy Martin-Finks

Children experiencing a custody battle need a safe way to explore and talk about their feelings. They need to know they are not alone and that life goes on. This workbook offers a format to ease their way and help counselors work through these issues with children.

105 GR 3-6 **PAPERBACK** 68 PAGES 9781931636421 80/CASE \$19.95 \$10.00

Grapes of Wrath DVD

This Public School Edition of the beloved VeggieTales series features Junior Asparagus as the hapless target of teasing from a bunch of cranky grapes! Junior learns that forgiveness is the best choice, even when people aren't being nice to you!



464D 18-28 MINUTES GR K-4 DVD DL 100/CASE \$29.95 \$15.00

Larry Boy and the Fib from Outer Space DVD

This Public School Edition of the beloved VeggieTales series finds Junior Asparagus dealing with lies. When he breaks his Dad's bowling plate, Junior lies about it, then Junior lies more until he can't stop. And his friend Fib, grows big and takes over Bumblyburg!



18-28 MINUTES GR K-4 DVD DL 100/CASE \$29.95 \$15.00

Kids With Character I

Activity and Skit Book

Maureen Duran

These best-selling activity and storybooks provide all you need for complete lessons on important character traits. Topics include Honesty, Perseverance, Responsibility, Self-discipline, Patience, Respect, Kindness, Courage, Fairness, Forgiveness, Honor, and Love.

PAPERBACK 96 PAGES 9781931636056 \$19.95 \$10.00

Kids With Character II

Activity and Skit Book

Maureen Duran

These best-selling activity and storybooks provide all you need for complete lessons on important character traits. Topics include Compassion, Charity,

Determination, Confidence, Work ethic, Friendship, Humility, Gratitude, Lovalty, and Leadership.

129 PAPERBACK 96 PAGES 60/CASE \$10.00 \$10.00 9781931636063

Kids With Character III Activity and Skit Book

Maureen Duran

These best-selling activity and storybooks provide all you need for complete lessons on important character traits. Topics include Caring,

Citizenship, Diligence, Generosity, Integrity, Moderation, Selflessness, Sportsmanship, Trustworthiness, and Wisdom.

179 CD 1-5 **PAPERBACK** 96 PAGES 9781931636070 8.5" X 11" 60/CASE \$19.95 \$10.00

Lost and Found

Rescuing Our Children and Youth from Video, Screen, Technology and Gaming Addiction

Kim "Tip" Frank

This workbook provides ideas and principles related to the overuse and abuse of technology. Readers will learn about the factors and warning signs leading to technology addiction.

It includes practical exercises and resources. B405 **PAPERBACK GR K-12** 124 PAGES

Mending Hearts When a School Grieves

Amy Murray

\$22.95 \$11.00

What do we do when a school is grief stricken? This book was written to help educators know how to respond when grief affects a school, and includes

9781937870157

parent/teacher helps for different ages, a story to share, outlines for counseling sessions, and activities for individuals or small groups.

GR PK-6 **PAPERBACK** 64 PAGES 9781931636711 86/CASE \$19.95 \$10.00

20/CASE

OST-FOUND

DL

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EB E-BOOK



My Mom Thinks She's My Volleyball Coach, but She's Not (Paperback)

A Picture Book About Good Sportsmanship

Julia Cook

Supportive fan or obnoxious spectator? This book will serve as a gentle and hilarious reminder that Coaches Coach, Officials Officiate, Players Play, and Parents Parent (cheer, hug, encourage, help transport, and feed).



My Mom Thinks She's My Volleyball Coach, but She's Not (Hardcover)

A Picture Book About Good Sportsmanship

Julia Cook

Supportive fan or obnoxious spectator? This book will serve as a gentle and hilarious reminder that Coaches Coach, Officials Officiate, Players Play, and Parents Parent (cheer, hug, encourage, help transport, and feed).

A252	GR 3-8	HARDCOVER	
\$15.95 \$8.00	9781934073100	9" X 8"	50/CASE

No Putdowns (Grades 3-5)

Creating a Healthy Learning Environment through Encouragement, Understanding and Respect

Jim Wright, Wendy Stein, Stephanie Pelcher

This curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes fifty activities designed for use over a ten-week period, along with a program guide for staff support.

A017	GR 3-5	PAPERBACK	294 PAGES
\$34.95 \$17.00	9781931636643	8.5" X 11"	15/CASE

No Putdowns (Grades K-2)

Creating a Healthy Learning Environment through Encouragement, Understanding and Respect

Jim Wright, Wendy Stein, Stephanie Pelcher

This curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes fifty activities designed for use over a ten-week period, along with a program guide for staff support.

	GR K-2	PAPERBACK	277 PAGES
\$34.95 \$17.00	9781931636636	8.5" X 11"	15/CASE



Peacemakers In Training

Teaching Students Peaceable Solutions to Conflict

Corlette Sande

This 12-week curriculum includes a teacher's manual and 12 reproducible student activity books. The topics covered include Conflict, Consequences, Making Wise Choices, Blame, Forgiveness, Communication, and Respect.

714	GR 4-8	PAPERBACK	196 PAGES
\$59.95 \$30.00	9781931636131	8.5" X 11"	18/CASE

Perfectly You (Paperback)

A Picture Book About Embracing Who You Are

Julia V. Taylor

This picture book teaches young readers (and listeners) to accept themselves, treat one another with compassion, and embrace their uniqueness. It focuses on the importance of self acceptance, tolerance, and leading an overall healthy lifestyle.

A519	GR 2-5	PAPERBACK	32 PAGES	
\$10.95 \$5.00	9781931636308	10" X 8"	28/CASE	

Perfectly You (Hardcover)

A Picture Book About Embracing Who You Are

Julia V. Taylor

This picture book teaches young readers (and listeners) to accept themselves, treat one another with compassion, and embrace their uniqueness. It focuses on the importance of self acceptance, tolerance, and leading an overall healthy lifestyle.

	GR 2-5	HARDCOVER	32 PAGES
\$14.95 \$7.00	9781931636889	10" X 8"	28/CASE

Relate and React

Skits for Developing Good Character in Real Life Situations

Role-playing helps internalize lessons. This book contains 39 serious and funny skits, for developing good character in real life situations. Topics covered

include bullying/anger management, substance abuse, and peer pressure.

276 GR 6-12 PAPERBACK 132 PAGES 9781931636025 8.5" X 11" 46/CASE



Seraphina Does Everything! (Hardcover)

A Picture Book About Being Present and Finding Balance With Busy Schedules



Melissa Gratias

Seraphina does it all - soccer, ballet, French club - her schedule is packed. She doesn't want to miss a thing, but why does she feel so blue? Seraphina discovers that in trying to do everything, she is missing out on her favorite things.

D135	G
\$14.05 \$7.00	9

GR 3-6 9781937870553 HARDCOVER 32 PAGES 9" X 8" 24/CASE

EB

Seraphina Does Everything! (Paperback)

A Picture Book About Being Present and Finding Balance With Busy Schedules



Melissa Gratias

Seraphina does it all - soccer, ballet, French club - her schedule is packed. She doesn't want to miss a thing, but why does she feel so blue? Seraphina discovers that in trying to do everything, she is missing out on her favorite things.

	D136
¢o os	\$5 NN

GR 3-6 9781937870577 PAPERBACK 3

32 PAGES 28/CASE EB

The Boy Who Was Swallowed By the Drug Monster DVD

Drugs are monsters that swallow children. Based on the effects drugs had on 8-year old Vince, this story follows his life to a powerful conclusion when adult Vince speaks from jail, sharing how this monster stole his childhood.

DVD



188D \$34.95 \$17.00

GR 2-6

13 MINUTES 30/CASE

The Bubble Wrap Queen

A Picture Book with Safety Tips for the Playground, Car, Bike, and More



Julia Cook

This picture book teaches the key B.A.S.I.C.S. of injury prevention (Be Aware and Safe in Common Situations) to creatively address playground safety, poison control, automobile safety, bicycle safety, and more.



GR K-3 9781931636834 PAPERBACK 9" X 8" 32 PAGES 28/CASE

The CAN in Cancer

An Encouraging Picture Book About Finding Hope in Childhood Cancer



Iulia Cook

Eli is a boy who finds out he has cancer. This hopeful story follows Eli's through the eyes of the patient, family, teachers, health care providers, and friends. It is a must-read for all who are searching for their "CAN" in cancer.

B409
0 OF \$5 OO

GR 2-6 9781937870171 PAPERBACK 9" X 8"

32 PAGES 28/CASE

The Character and Career Connection

Amy Murray

Students today need not only to have high grades in school, but must also possess good character. In this book, students will explore the different traits needed in certain careers. Mini-posters, parent tips, and reproducible activity sheets are included.



408 \$19.95 \$10.00 GR K-5 9781931636452

PAPERBACK 8.5" X 11" 68 PAGES 28/CASE

The Kid Trapper

A Picture Book to Help Discuss Child Molestation and Sexual Abuse in a Non-Threatening Way



Julia Cook

This book addresses the sensitive issue of child-molestation and presents it in a way that gives the victim power and strength. It includes how to spot a molester, traps often used by predators, and things children may hear from a predator.

	A763
\$9.95	\$5.00

9781931636575

PAPERBACK 9" x 8" 32 PAGES 28/CASE

The Wumblers DVD: Being and Having Friends (Disc 4)

Laura Wellington

Meet the Wumblers! Through some hard lessons, Bertrum must learn about trust and friendship. Each story blends an important lesson with inspiration, imagination, and fun DVDs includes three episodes a

imagination, and fun. DVDs includes three episodes and come with a Study Guide, full of engaging questions and activities.

A504D \$15.00

GR PK-3

DVD

25 MINUTES 100/CASE

DL







The Wumblers DVD: Being Responsible (Disc 8)

Laura Wellington

Meet the Wumblers! Bertrum learns the value of picking up after himself, getting a good night's sleep, and the importance of taking care of others' belongings. DVDs includes three episodes to fully explore each topic and come with a Study

Guide, full of engaging questions and activities. A534D

\$29.95 \$15.00

GR PK-3

25 MINUTES DVD 100/CASE

DL

Finishing (Disc 7) Laura Wellington

Meet the Wumblers! Bertrum and Gibby learn how to be a good loser, the meaning of good sportsmanship, and not to guit. Each story blends an important lesson

The Wumblers DVD: Good Sportsmanship/

with inspiration, imagination, and fun. DVDs includes three episodes and comes with a Study Guide.

A533D

\$29.95 \$15.00

GR PK-3

DVD

25 MINUTES 100/CASE

DL

The Wumblers DVD: Bullies/Anger (Disc 3)

Laura Wellington

Meet the Wumblers! Bertrum must deal with bullying, harsh words, and frustration. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes to fully explore each topic.

Each episode comes with a Study Guide, full of engaging questions and activities.

A503D

\$29.95 \$15.00

GR PK-3 DVD 25 MINUTES 100/CASE

DL

The Wumblers DVD: Self Acceptance (Disc 2)

Laura Wellington

Meet the Wumblers! Bertrum, Lenny, and Raimundo discover the value of being themselves and not changing for the sake of others. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three

episodes and comes with a Study Guide.

A502D \$29.95 \$15.00

GR PK-3

DVD

25 MINUTES 100/CASE

The Wumblers DVD: Family and Community Involvement (Disc 6)

Laura Wellington

Meet the Wumblers! Bertrum learns about his community through family traditions and helping others. Each story blends an important lesson with inspiration,

imagination, and fun. DVDs includes three episodes and comes with a Study Guide, full of engaging questions and activities.

\$29.95 \$15.00

GR PK-3

DVD

25 MINUTES 100/CASE

DL

The Wumblers DVD: Understanding and Respecting Differences (Disc 5)

Laura Wellington

Meet the Wumblers! Raimundo helps Bertrum see that having differences doesn't mean you can't be friends. Each story blends an important lesson with

inspiration, imagination, and fun. DVDs includes three episodes and comes with a Study Guide, full of engaging questions and activities.

\$29.95 \$15.00

GR PK-3

DVD

25 MINUTES 100/CASE

DL

The Wumblers DVD: Fear/Worry (Disc 1)

Laura Wellington

Meet the Wumblers! Join Bertrum as he deals with fear of the dark, a bad day, and doubting whether Aunt Cordelia loves him. Each story blends an important lesson with inspiration, imagination, and fun. DVDs

includes three episodes to fully explore each topic. Each episode comes with a Study Guide, full of engaging questions and activities.

A501D

\$29.95 \$15.00

GR PK-3

DVD

25 MINUTES 100/CASE

DL

Understanding and Addressing Children's Grief Issues

A Manual for Any Caring Adult Dealing with Grief in **Elementary Students**

David A. Opalewski

This workbook will help adults understand what a child is going through and get techniques to address the situation. Make a difference by fostering growth and helping them understand and cope with their feelings.

A283 \$17.95 \$9.00 GR PK-5 9781931636476 **PAPERBACK**

88 PAGES

DL





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I would recommend without reservation to any district/ organization considering a partnership with NCYI! Whether NCYI is managing our Texas ASCA-affiliated conference (LSSSCA) or a local in-service event, the attention to detail, follow-up and support are consistently professional! NCYI understands school counselors and knows how to support District Supervisors like me. We simply tell them what we want, and they handle the rest! The NCYI Speakers Bureau is comprised of high quality thought leaders who are equipped to not only deliver a keynote, but are also skilled at delivering complete workshops!

Tammi Mackeben

Director of Guidance and Counseling, Socorro Independent

School District El Paso, Texas



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