

DISTRIBUTOR CATALOG • SPRING 2024

# We Help You Help All Students



NATIONAL CENTER for  
**YOUTH ISSUES**

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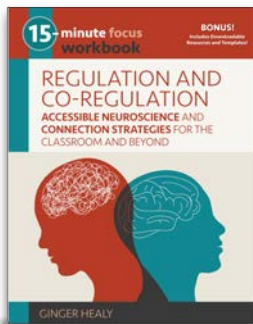
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NOW AVAILABLE!



## 15-Minute Focus: Regulation and Co-Regulation Workbook

*Accessible Neuroscience and Connection Strategies for the Classroom and Beyond*

Ginger Healy

**Looking for tools to expand emotional stability through balanced regulation and co-regulation?**

Continue the journey into co-regulation in the classroom and beyond with this powerhouse resource. Filled with content, prompts, activities, strategies, and reflections, the tools in this workbook will help you dive deeper into healing students' nervous systems and rewiring their neural pathways for optimum performance in the classroom and throughout their lives!

In this workbook, you'll discover:

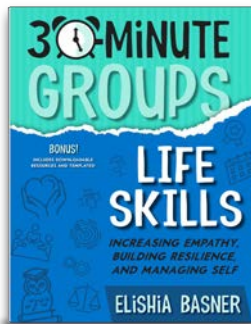
- Strategies to Nurture Neurodiversity
- The Why, Who, When, What, and How of Teaching Students Basic Neuroscience
- Co-Regulation Strategies, Including Mindfulness and Grounding
- Brain Energizers and Brain Calmers
- Restorative Practices
- Ways to Widen Our Window of Tolerance
- Activities to Soothe and Strengthen the Adult Brain
- Crossover Strategies for the Home
- Community Care Planning...and More!

Explore regulation and co-regulation through the lenses of up-to-date research, sound strategies for implementation, vivid illustrations of each concept, and hands-on activities designed to reinforce the lessons in ways that will stay with the learners long after they leave the classroom.

**D533**  
\$28.95

GR K-12 9781931636544 PAPERBACK 8.5" X 11" 168 PAGES 28/CASE

DL



COMING MARCH 28, 2024!



## 30-Minute Groups: Life Skills

*Increasing Empathy, Building Resilience, and Managing Self*

Elishia Basner

**Are you looking for a comprehensive tool to help your students learn how to cope with their emotions and make positive life choices?**

This workbook will do that and more. Teach ASCA-aligned life skills in thirty-minute lessons for small group or classroom instruction. Everything you need, with minimal prep time and no extra materials required!

Flexible and easily adaptable for classroom and small group settings, the Life Skills workbook is rooted in a research-backed commitment to help children become more well-rounded, resilient, and determined to grow and thrive in school, work, and life.

Inside, you'll find:

- 10 Complete Lessons with ASCA Standards
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre-and Post-Surveys to measure the success of the programming
- Results Template to share with interested parties

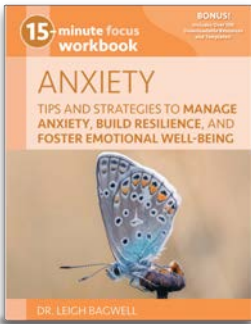
Topics include forgiveness, honesty, kindness, patience, perseverance, respect, responsibility, compassion, friendship, and gratitude. The lessons and questions in this thoughtfully crafted resource are designed to deepen and broaden student's awareness of these ten essential life traits and strengthen their ability to incorporate them into their thoughts, words, and behaviors.

This workbook's design allows students to reflect and empathize with characters from each lesson's story, while also having fun and building community with their peers. Use the Life Skills workbook to help provide a strong foundation for students to become more connected and resilient learners!

**D545**  
\$19.95

GR K-12 9781953945860 PAPERBACK 8.5" X 11" 84 PAGES 34/CASE

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COMING APRIL 25, 2024!



15-Minute Focus: Anxiety Workbook

*Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being*

Dr. Leigh Bagwell

Are you overwhelmed by the growing number of students struggling with anxiety?

**You're not alone.** Anxiety rates are skyrocketing, impacting student well-being, academic performance, and their overall school experience. As an educator, you are at the forefront of supporting students through these challenges, but understanding the complex factors driving this phenomenon is crucial for effective intervention.

In this workbook you'll discover knowledge and tools to:

- **Demystify anxiety:** Delve into the various types of anxiety disorders prevalent in schools, exploring their symptoms, causes, and impact on individuals and the school environment.
- **Navigate the "why":** Uncover the potent mix of societal pressures, academic demands, social media influence, and other factors fueling the rise of anxiety in teenagers.
- **Become an effective advocate:** Learn how to identify students struggling with anxiety, assess their needs, and develop a comprehensive support system within the school setting.
- **Empower students with coping skills:** Discover a range of practical strategies and evidence-based interventions to provide students with the tools to manage anxiety, build resilience, and thrive both academically and socially.

**15-Minute Focus: Anxiety Workbook goes beyond just describing the problem; it provides a roadmap for creating solutions.** Filled with real-world examples, practical resources, and interactive exercises, you will learn to:

- **Develop age-appropriate interventions:** Tailored strategies for elementary, middle, and high school students address their unique developmental needs.
- **Promote mental health awareness:** Foster a school culture that encourages open communication and destigmatizes seeking help.
- **Advocate for systemic change:** Equip yourself with the knowledge to advocate for policies and practices that prioritize student mental health within the school system.
- **Collaborate for success:** Understand your role in building a support network that involves parents, teachers, administrators, and mental health professionals, fostering positive school climates that prioritize student well-being.

Written by a seasoned school counselor and mental health professional, Dr. Leigh Bagwell has crafted this essential guide, offering invaluable insights and practical tools to help you navigate the storm of teen anxiety and ensure a brighter future for your students.

D517  
\$33.95

GR K-12  
9781953945839

PAPERBACK  
8.5" X 11"

216PAGES  
TBD/CASE

DL



## Hello, Anger

Jessica Sinarski

The students at Sunnysvale Elementary carry a lot in their backpacks - including some things you can't see quite so well, like big feelings and confusing emotions. Today, one fiery red book keeps spilling out and exploding onto everyone: ANGER! It's time for the kids to use their best detective skills to figure out what's underneath those angry feelings.

**D433** \$10.95



GR 2-5  
9781953945631

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB



**Hello, Anger  
Resource Bundle**

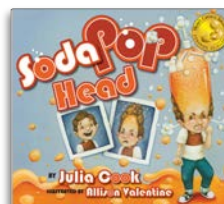
PDF DOWNLOAD  
RD-025 \$5.00

## Soda Pop Head

Julia Cook

"There goes Lester. Watch him fester. His face turns red. He's a Soda Pop Head." Most of the time Lester's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red, and he blows his top! Soda Pop Head will help children learn to control their anger while helping them manage stress. It's a must for the home or classroom.

**B007** \$10.95



GR K-6  
9781931636773

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB



**Soda Pop Head  
Activity and Idea Book**

PAPERBACK  
B087 \$10.95

## 15-Minute Focus: Anger, Rage, and Aggression

Raychelle Cassada Lohmann

In this book, you'll discover the causes, symptoms, and distinct characteristics of anger, rage, and aggression. You will also learn strategies for self-regulation and de-escalation, along with ways to integrate culturally inclusive practices and support parents and families dealing with anger, rage, and aggression.

**D432** \$15.95



GR K-12  
9781953945617

PAPERBACK  
5.5" X 8.5"

96 PAGES  
24/CASE

**BONUS!**  
Includes  
Downloadable  
Resources!

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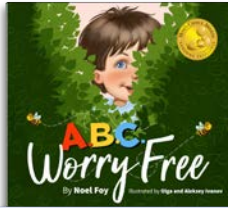
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## ABC Worry Free Resource Bundle

PDF DOWNLOAD  
**RD-002 \$4.00**

EB



GR K-6 PAPERBACK 32 PAGES  
9781937870546 9" X 8" 28/CASE

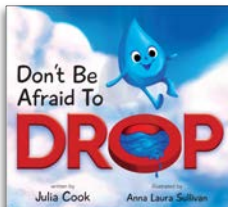
## ABC Worry Free

*Combat Anxious and Fearful Thoughts*

**Noel Foy**

"Do you think you could teach someone to worry less?" I asked. "Absolutely. As long as they're not afraid to learn something new." In *A.B.C. Worry Free*, children will learn an actionable approach to worry that will help them process and work through everyday challenges.

**D122 \$10.95**



EB

GR K-5 PAPERBACK 32 PAGES  
9781931636605 9" X 8" 28/CASE

## Don't Be Afraid to Drop

**Julia Cook**

Hopp, the raindrop, is scared of change and is happy with his safe, predictable life. But he soon learns that staying where he is limits the impact he can have on those around him. *Don't Be Afraid to Drop* is a book for anyone who is at a transitional point in their life that teaches about growth mindset and trying new things.

**A268 \$10.95**



## I'm Stretched! Resource Bundle

PDF DOWNLOAD  
**RD-007 \$5.00**

EB



GR 3-5 PAPERBACK 32 PAGES  
9781937870614 9" X 8" 28/CASE

## I'm Stretched

**Julia Cook**

"I'm stretched! I have so much stuff to do. Gotta be here...Gotta do that...Where did I put my shoe?" *I'm Stretched!* is a captivating story that speaks to children and adults alike, giving them tactical tools to manage their stress in a healthy and helpful way so they can face the pressures of life and find joy in being who they were meant to be.

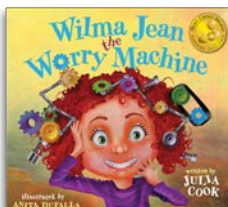
**D244 \$10.95**



## Wilma Jean, the Worry Machine Activity and Idea Book

PAPERBACK  
**B096 \$10.95**

EB



GR 2-5 PAPERBACK 32 PAGES  
9781937870010 9" X 8" 28/CASE

## Wilma Jean, the Worry Machine

**Julia Cook**

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.

**B056 \$10.95**



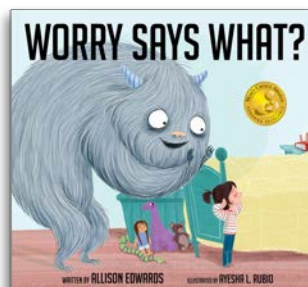


## Worry Says What?

Allison Edwards

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.

**D120** \$10.95



**Worry Says What?  
Resource Bundle**

PDF DOWNLOAD  
RD-012 \$5.00

GR K-6  
9781937870515 PAPERBACK  
9" X 8" 32 PAGES  
28/CASE

EB

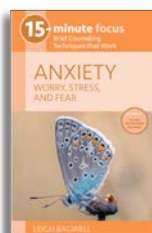
## 15-Minute Focus: Anxiety

*Worry, Stress, and Fear*

Leigh Bagwell

Learn the physiological progression from a trigger to a full-blown anxiety attack and gain a variety of prevention and intervention strategies. Readers will get a clarification of anxiety vs. misbehavior, along with a breakdown of various anxiety disorders and how they present.

**D317** \$15.95



**BONUS!**  
Includes  
Downloadable  
Resources!

GR K-12  
9781937870737 PAPERBACK  
5.5" X 8.5" 80 PAGES  
32/CASE

DL

EB

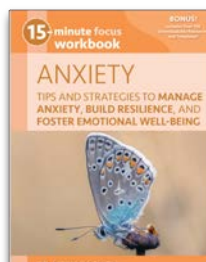
## 15-Minute Focus: Anxiety Workbook

*Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being*

Dr. Leigh Bagwell

Filled with age-appropriate examples, practical resources, and interactive exercises, in this workbook you will discover knowledge and tools to demystify anxiety, navigate the "why," become an effective advocate, and empower students with coping skills.

**D517** \$33.95 COMING APRIL 25, 2024!



**BONUS!**  
Includes  
Downloadable  
Resources!

GR K-12  
9781953945839 PAPERBACK  
8.5" X 11" 216 PAGES  
TBD/CASE

DL

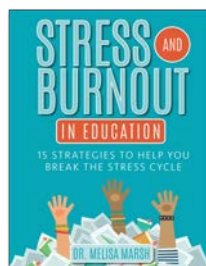
## Stress and Burnout in Education

*15 Strategies to Help You Break the Stress Cycle*

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.

**D503** \$24.95



**BONUS!**  
Includes  
Downloadable  
Resources!

GR K-12  
9781953945761 PAPERBACK  
8.5" X 11" 120 PAGES  
20/CASE

DL

EB

# BEHAVIOR AND CLASSROOM MANAGEMENT



Scan here for more  
**BEHAVIOR AND CLASSROOM  
MANAGEMENT RESOURCES**



GR PK-6 PAPERBACK

## New Counselor and Teacher Starter Pack Set

### A Six-Book Set

Get this curated set of picture books educators and counselors use daily to teach important social-emotional lessons! Featuring proven best-sellers, topics in this set address issues like interrupting, tattling, personal space, worry, and having a growth mindset. These fan faves are the perfect addition to your classroom!

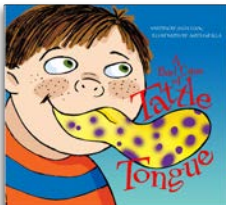
**D325**      ~~\$65.70~~ \$52.56

**Buy the Set  
and Save!**



### A Bad Case of Tattle Tongue Activity and Idea Book

PAPERBACK  
**A823** \$10.95



**EB**

GR K-3 PAPERBACK 32 PAGES  
9781931636865 9" X 8" 28/CASE

## A Bad Case of Tattle Tongue

### Julia Cook

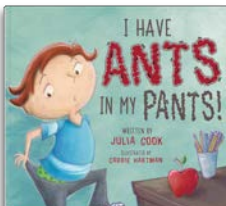
No one likes "Josh the Tattler" because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.

**A013**      \$10.95



### I Have Ants in My Pants Resource Bundle

PDF DOWNLOAD  
**RD-017** \$5.00



**EB**

GR PK-3 PAPERBACK 32 PAGES  
9781937870706 9" X 8" 28/CASE

## I Have Ants in My Pants

### Julia Cook

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.

**D293**      \$10.95





## My Mouth Is A Volcano

**Julia Cook**

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.

**A014** \$10.95

## Personal Space Camp

**Julia Cook**

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.

**A134** \$10.95

## 15-Minute Focus: Behavior Interventions

*Strategies for Educators, Counselors, and Parents*

**Amie Dean**

This book offers strategies and resources to teach children and teens how to communicate and make decisions to get their needs met in positive ways through behavior instruction and coaching. You will also learn ways to rethink responses to behavior and de-escalation techniques.

**D409** \$15.95

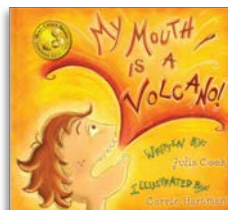
## 15-Minute Focus: Behavior Interventions Workbook

*Your Roadmap for Creating a Positive Classroom Community*

**Amie Dean**

Amie Dean helps plan your first weeks of the year, while providing tools to support your community all year. Full of activities, this workbook will aid in the development of life skills, conflict resolution, and self-regulation skills.

**D489** \$32.95



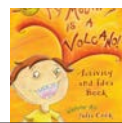
GR K-3  
9781931636858

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

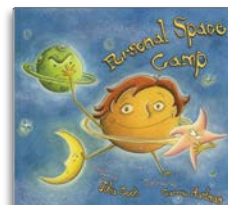
AB

EB



**My Mouth is a Volcano  
Activity and Idea Book**

PAPERBACK  
**A822** \$10.95



GR K-3  
9781931636872

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB



**Personal Space Camp  
Activity and Idea Book**

PAPERBACK  
**A828** \$10.95



GR K-12  
9781953945570

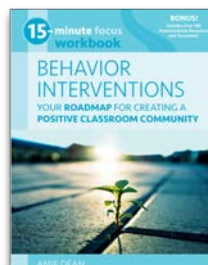
PAPERBACK  
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104 PAGES  
24/CASE

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212 PAGES  
16/CASE

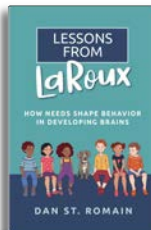
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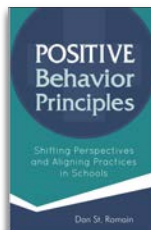
EB

GR K-12 PAPERBACK 128 PAGES  
9781953945815 5.5" X 8.5" 16/CASE



## Positive Behavior Principles Resource Bundle

PDF DOWNLOAD  
RD-018 \$7.00



DL

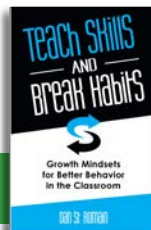
EB

GR K-12 PAPERBACK 200 PAGES  
9781937870713 5.5" X 8.5" 16/CASE



## Teach Skills and Break Habits Resource Bundle

PDF DOWNLOAD  
RD-014 \$6.00



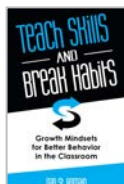
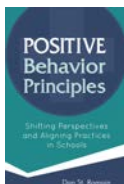
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DL

EB

AB

GR K-12 PAPERBACK 176 PAGES  
9781937870492 5.5" X 8.5" 12/CASE



DL

GR K-12 PAPERBACK AND PDF DOWNLOAD

## Lessons from LaRoux

### *How Needs Shape Behavior in Developing Brains*

**Dan St. Romain**

It's no secret that outward behaviors rarely tell the whole story. Instead, those actions often point to deeper needs and desires. Join Dan as he addresses fifteen key areas and links an educational touch point with a relevant story about his dog, LaRoux, and then a take-away strategy.

**D511 \$19.95**

## Positive Behavior Principles

### *Shifting Perspectives and Aligning Practices in Schools*

**Dan St. Romain**

Looking for Behavior Support? *Positive Behavior Principles* outlines nine core principles that can be used to design prevention, intervention, and crisis strategies for supporting student behaviors in schools.

**D294 \$23.95**

## Teach Skills and Break Habits

### *Growth Mindsets for Better Behavior in the Classroom*

**Dan St. Romain**

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. You will learn to see behavior change as a process of continual improvement and how to use behavior concerns as an opportunity to teach your students skills.

**B960 \$21.95**

## Dan St. Romain Behavior Set

Dan St. Romain's insights and strategies have transformed classrooms and homes. He has written numerous books about behavior and now you can get them at a discounted price! This set includes three of his books, two Resource Bundles full of activities and worksheets, and – a NCYI exclusive – posters with encouragement from the book.

**D523 \$78.85 \$70.97**

**Buy the Set  
and Save!**



## EMOTIONS AND BIG FEELINGS

### Big Feelings Set

#### A Six-Book Set

An essential part of growing up is learning emotional intelligence. We have a set of books that helps kids understand their big feelings and how to manage them. So whether a child struggles with worry, or anger, or shame, or sadness we have book for you! Enjoy these books at home or in the classroom.

**D421**      ~~\$65.70~~ \$52.56      **Buy the Set and Save!**



GR PK-6      PAPERBACK

### Felix and the Feelings Formulas

#### Kate Bartlein

What if we could create a formula to help us in challenging situations? Felix takes two things with him wherever he goes: his stuffed rat, Hank, and his notebook of Feelings Formulas. Hank is a friend who's always there, and the Feelings Formula notebook helps Felix figure out how to cope with challenges and concerns he experiences on his adventures.

**D488**      \$10.95



GR 2-5      PAPERBACK      32 PAGES  
9781953945693      9" X 8"      28/CASE

**EB**



#### Felix and the Feelings Formulas Resource Bundle

PDF DOWNLOAD  
**RD-027** \$5.00

### Marcy's Having All the Feels

#### Allison Edwards

What do you do with all your feelings? Marcy wanted to be happy, but all her other feelings kept showing up and at the worst times! She didn't like feeling sad or embarrassed. Why couldn't she be happy all the time? Allison Edwards explores how sometimes feeling so many feelings doesn't feel so good at all and shares the value of ALL of our emotions.

**D259**      \$10.95



GR 2-6      PAPERBACK      32 PAGES  
9781937870645      9" X 8"      28/CASE

**EB**



#### Marcy's Having All the Feels Resource Bundle

PDF DOWNLOAD  
**RD-008** \$5.00

### The Awfulizer

#### Learning to Overcome the Shame Game

#### Kristin Maher

"I feel like there's a monster in my head. He tells me all the things I am doing wrong and how I am wrong." *The Awfulizer* gives shame a name and face, showing just how real and big it can be for children; how it keeps them feeling isolated and makes them question their self-worth.

**D133**      \$10.95



GR 3-6      PAPERBACK      32 PAGES  
9781937870584      9" X 8"      28/CASE

**EB**



#### The Awfulizer Resource Bundle

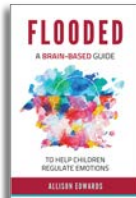
PDF DOWNLOAD  
**RD-011** \$6.00

# EMOTIONS AND BIG FEELINGS



Scan here for more  
EMOTIONS AND  
BIG FEELINGS RESOURCES

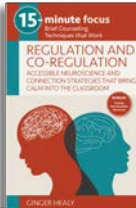
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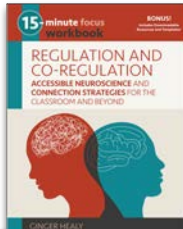
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**ALSO AVAILABLE:**  
Discussion Guide  
(Educator)  
RD-030 \$12.00  
Discussion Guide  
(Parents)  
RD-031 \$12.00

## Flooded

*A Brain-Based Guide to Help Children Regulate Emotions*

**Allison Edwards**

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.

**D333** \$21.95

## 15-Minute Focus: Regulation and Co-Regulation

*Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom*

**Ginger Healy**

Packed with clear definitions, facts, stories, and discussion points, this book is rooted in the principle that relationships come first - it only takes one committed adult to help a child heal and build resilience through co-regulation.

**D510** \$15.95

## 15-Minute Focus: Regulation and Co-Regulation Workbook

*Accessible Neuroscience and Connection Strategies for the Classroom and Beyond*

**Ginger Healy**

Ginger Healy helps you dive deeper into healing students' nervous systems and rewiring their neural pathways for optimum performance with this workbook filled with content, prompts, activities, strategies, and reflections.

**D533** \$28.95 AVAILABLE FEBRUARY 2024!

## Your Amazing Brain

*The Epic Illustrated Guide*

**Jessica Sinarski**

Ready to harness the power of your brain? Discover the surprising role of our eight senses, differences between the two brain "teams", and more! Along with a diverse cast of characters, Sinarski transforms complex neuroscience into fun graphics, simple metaphors, and practical solutions.

**D531** \$17.95

## Light Up the Learning Brain

*7 Keys to Reducing Disruptive Behavior in the Classroom*

**Jessica Sinarski**

Are you ready to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more.

**D532** \$16.95

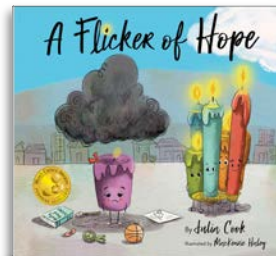


## A Flicker of Hope

Julia Cook

All Little Candle can see is darkness, but someone notices she needs a boost of hope. As she is reminded she has purpose and her own unique gifts, and that she isn't the only one with dark clouds, her dim light begins to shine brighter. This hopeful story emphasizes the many different ways to ask for help, and how to be a hope builder for others, too.

**D121** \$10.95



GR 3-6  
9781937870522

PAPERBACK  
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32 PAGES  
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## A Flicker of Hope Resource Bundle

PDF DOWNLOAD  
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**DL** **EB** **AB**

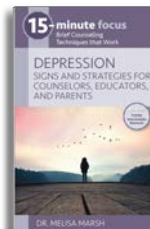
## 15-Minute Focus: Depression

*Signs and Strategies for Counselors, Educators, and Parents*

Melisa Marsh

Dr. Marsh gives a detailed understanding of depression and offers tools for intervention. You will learn the different types of depressive disorders, how to identify depression versus sadness, and the connection to other mental illnesses.

**D336** \$15.95



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9781953945464

PAPERBACK  
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104 PAGES  
24/CASE



**DL** **EB**

## 15-Minute Focus: Grief

*Processing and Recovery*

David A. Opalewski

No school can truly prepare for the death of a student or staff member. But this book gives schools a guide for addressing that situation, including what to say and what not to say to students, along with helpful communication and intervention strategies for all educators.

**D320** \$15.95



GR K-12  
9781937870768

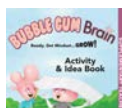
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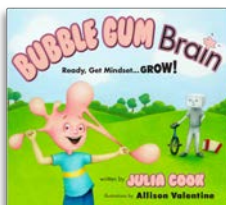




## Bubble Gum Brain Activity and Idea Book

PAPERBACK  
**A814 \$10.95**

**AB** **EB**



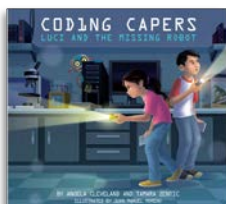
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## Coding Capers Resource Bundle

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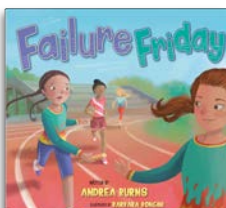
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## Failure Friday Resource Bundle

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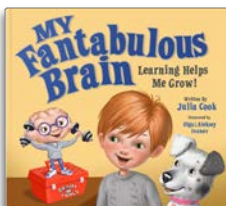
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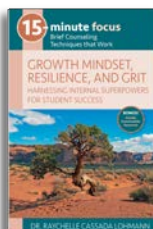
## My Fantabulous Brain Resource Bundle

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**DL** **EB**

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## Bubble Gum Brain

*Ready, Get Mindset...GROW!*

**Julia Cook**

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!

**B815 \$10.95**

## Coding Capers

*Luci and the Missing Robot*

**Angela Cleveland and Tamara Zentic**

Join Luci and her friends as they go on a STEM-friendly adventure to find a missing robot! In the process they learn the foundational concepts of coding, the increasing capabilities of technology, and the power of persistence.

**D243 \$10.95**

## Failure Friday

**Andrea Burns**

When Emma finds out she made the school running club, she's excited... and nervous. She soon learns that she isn't very fast and thinks about quitting, until her teacher invites a guest to talk about failure. Emma is surprised to learn that failure isn't something to fear - it's actually something to celebrate on the road to success.

**D480 \$10.95**

## My Fantabulous Brain

*Learning Helps Me Grow!*

**Julia Cook**

Take the "T" out of "CAN'T" and the "DON'T" out of "I DON'T KNOW!" This book encourages growth mindset and provides practical homework and study skills. Children will learn that everyone needs help sometimes, and there are tools to make our brains stronger!

**D268 \$10.95**

## 15-Minute Focus: Growth Mindset, Resilience, and Grit *Harnessing Internal Superpowers for Student Success*

**Raychelle Cassada Lohmann**

When young people face obstacles they need to find healthy ways to cope, persevere, and rise to the top. In this book, you'll discover Growth Mindset, Resilience, and Grit as superpowers, the benefits of cognitive defusion, the power of optimism, and tips for increasing grit in students.

**D502 \$15.95**



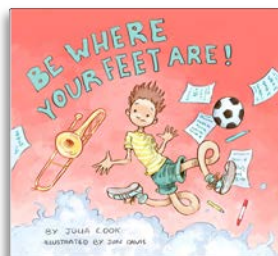


## Be Where Your Feet Are!

**Julia Cook**

*Be Where Your Feet Are!* is a hilarious story about learning to be present wherever we are...and what can happen when we're not. This book reinforces the concepts of mindfulness and being present in a way children will remember, while showing how good life can be when we learn to appreciate the world and people around us.

**D115** \$10.95



GR K-5  
9781937870508

PAPERBACK  
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32 PAGES  
28/CASE

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EB

## Be Where Your Feet Are! Resource Bundle

PDF DOWNLOAD  
RD-003 \$8.00

## Beat, Beat, Thump

**Allison Edwards**

What does anxiety feel like to a child? Beat, beat, thump. Beat, beat, thump. That's the pulse of Alex's heart as he navigates worries about school, friendship struggles, and trying new things. In this heartwarming tale, Alex listens to his heart while feeling both panic and peace and learns how his strong heart has carried him through hard things.

**D493** \$10.95



GR 2-5  
9781953945723

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB

## Beat, Beat, Thump Resource Bundle

PDF DOWNLOAD  
RD-028 \$5.00

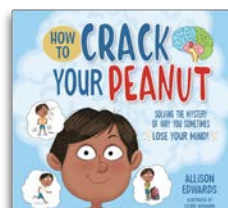
## How to Crack Your Peanut

*Solving the Mystery of Why You Sometimes Lose Your Mind*

**Allison Edwards**

Diego doesn't understand why he always seems to lose his temper. With the help of his counselor, he learns about the peanut-shaped part of his brain called the amygdala. Once he discovers how his brain works, Diego understands why he acts this way, along with three tricks to keep calm.

**D410** \$10.95



GR 2-5  
9781953945594

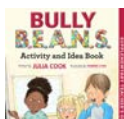
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## How to Crack Your Peanut Resource Bundle

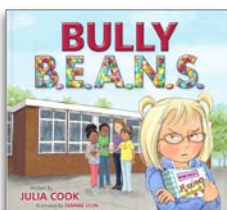
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## **Bully B.E.A.N.S. Activity and Idea Book**

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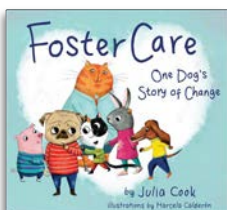
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**RD-006 \$4.00**

**EB**

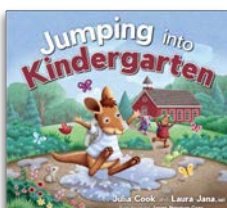


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9781937870478 9" X 8" 28/CASE



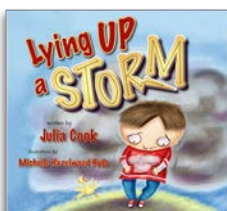
**EB**

GR K-6 PAPERBACK 32 PAGES  
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**EB**

GR PK-K PAPERBACK 32 PAGES  
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**EB**

GR 2-6 PAPERBACK 32 PAGES  
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## **Bully B.E.A.N.S.**

*Bullies Everywhere Are Now Stopped!*

**Julia Cook**

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.

**D239 \$10.95**

## **Deployment**

*One of Our Pieces is Missing*

**Julia Cook**

Military families experience unique opportunities and challenges, one being navigating changes in how they operate as a family when a parent is deployed. This book serves to honor the sacrifices they make each day by giving an approachable way to discuss the highs and lows of deployment.

**B954 \$10.95**

## **Foster Care**

*One Dog's Story of Change*

**Julia Cook**

Foster has lived with his mom and "sometimes dad" all of his life...until now. He has so many questions and new feelings to deal with. In this heartfelt story, Foster meets new friends and a kind foster mom who help him navigate the fears and feelings associated with foster care.

**B940 \$10.95**

## **Jumping Into Kindergarten**

**Julia Cook and Laura Jana**

Kindergarten represents a big jump into an adventure that is both exciting and scary. Follow Roo as he figures out how to use and apply his amazing QI Skills: ME, WE, WHY, WILL, WIGGLE, WOBBLE and WHAT IF! With a backpack full of "super cool" skills and a head full of questions, Roo is excited to jump into kindergarten, and your children will be too!

**B845 \$10.95**

## **Lying Up a STORM**

**Julia Cook**

"Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm." Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.

**B511 \$10.95**



## Ricky Sticky Fingers

**Julia Cook**

Meet Ricky, a boy that just can't seem to figure out that stealing is wrong. "When I see something that I really want, I think, 'Hey, that could be mine!' So I look both ways, reach out my hand, and take it at just the right time." Through a fun story, children will learn the concept of ownership and how it feels when someone doesn't respect what is yours.

**B151** \$10.95



GR K-6  
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PAPERBACK  
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32 PAGES  
28/CASE

**EB**

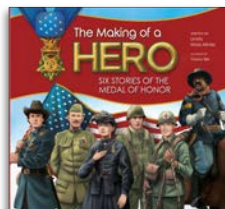
## The Making of a Hero

*Six Stories of the Medal of Honor*

**Linda Moss Mines**

*The Making of a Hero* introduces the important values of patriotism, citizenship, courage, integrity, sacrifice, and commitment. This book tells the story of six Americans who were awarded the Congressional Medal of Honor, the highest award given to a member of the armed forces for valor.

**D316** \$10.95



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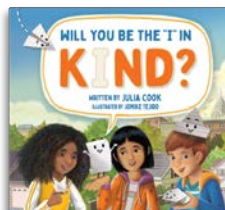
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## Will You be the I in Kind?

**Julia Cook**

Join the fun as "K\_nd" goes on an adventure to find his missing "i." Along the way, he helps children learn to share their kindness in big and small ways. This story will spark conversations at school and home about the concepts of kindness, empathy, and compassion and will encourage children to bring kindness along wherever they go!

**D338** \$10.95



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**Will You be the I in Kind?  
Resource Bundle**

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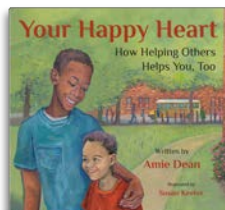
## Your Happy Heart

*How Helping Others Helps You, Too*

**Amie Dean**

When Javon, a fifth grader, meets Richard, a kindergartner, for the first time, Richard won't talk to Javon or even look at him. Javon realizes that Richard reminds him a lot of himself at that age. Javon learns that helping someone find their happiness makes your own heart happy, too.

**D134** \$10.95



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9781937870560

PAPERBACK  
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32 PAGES  
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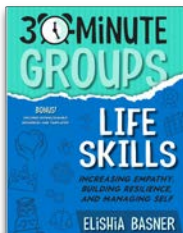


**Your Happy Heart  
Resource Bundle**

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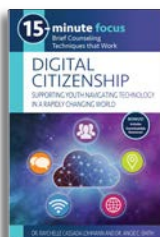
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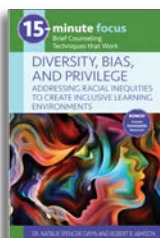


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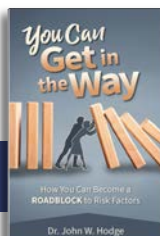
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## 30-Minute Groups: Life Skills

*Increasing Empathy, Building Resilience, and Managing Self*

**Elishia Basner**

Teach ASCA-aligned life skills in thirty-minute lessons for small group or classroom instruction. Everything you need, with minimal prep time and no extra materials required. Topics include forgiveness, honesty, kindness, patience, perseverance, respect, and more!

**D545** \$19.95 COMING MARCH 28, 2024!

## 15-Minute Focus: Digital Citizenship

*Supporting Youth Navigating Technology in a Rapidly Changing World*

**Raychelle Cassada Lohmann and Angie C. Smith**

This book explores the benefits and drawbacks of technology, the permanence of online decisions, cybercrime and privacy, and technology's effects on mental health. It also includes tips for monitoring device access and use.

**D509** \$15.95

## 15-Minute Focus: Diversity, Bias, and Privilege

*Addressing Racial Inequities to Create Inclusive Learning Environments*

**Natalie Spencer Gwyn and Robert Jamison**

This book offers key terms that provide clarity when discussing race, ethnicity, bias, and privilege. It also addresses the impact of bias and privilege on school performance and tips for building supportive schools of diverse learners.

**D337** \$15.95

## You Can Get in the Way

*How You Can Become a ROADBLOCK to Risk Factors*

**John W. Hodge**

Through stories, research, and strategies, Hodge shows how children can be successful despite the risk factors that typically hold them back. You will gain a fundamental understanding of how the resilience phenomenon works and gain insight into ways you can foster resilience in students.

**D436** \$19.95



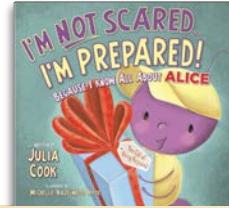
### I'm NOT Scared, I'm Prepared!

*Because I Know All About ALICE*

**Julia Cook**

The teacher at the Ant Hill School wants her students to be prepared - for everything! One day, she teaches her students what to do if a "dangerous someone" is in their school. This book will enhance the ALICE concepts and make them applicable to children of all ages in a non-fearful way.

**B424 \$10.95**



GR K-6  
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**I'm NOT Scared, I'm Prepared!  
Activity and Idea Book**

PAPERBACK  
**B479 \$10.95**

### 15-Minute Focus: Behavioral Threat Assessment and Management for K-12 Schools

**Melissa A. Louvar Reeves**

Dr. Reeves explains the factors that affect decision-making, and the role of Behavioral Threat Assessment and Management (BTAM) in managing students' troubling behaviors, mitigating risk for the school and community, and directing students onto more positive pathways.

**D335 \$15.95**



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## Be Your Own Hero Resource Bundle

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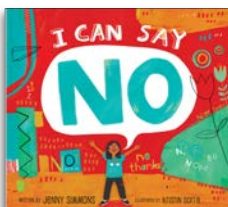
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## I Can Say No Resource Bundle

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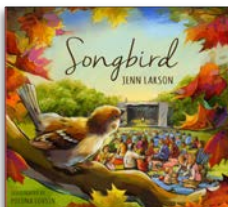
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## Songbird Resource Bundle

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## There's No Dream Too Tall Resource Bundle

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GR 2-6 PAPERBACK 32 PAGES  
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## Be Your Own Hero

*Help Kids Discover Their Own Inner Hero*

**Lisa King**

It's Hero Week at school, and Quinn has to choose a hero she looks up to. In her search to find a hero in someone else, she actually finds the hero in herself! Children will learn that being a real-life hero has a whole lot more to do with character and kindness than anything else!

**D260 \$10.95**

## I Can Say No

*Help Kids Protect Boundaries and Build Confidence*

**Jenny Simmons**

Teach children the power of the word "no." Whether it's saying no to bullying or someone invading their personal space or simply to playing with a friend when they need some alone time, children learn to use their voice to stand up for what is good in the world and good for themselves.

**D321 \$10.95**

## Songbird

*A Story About Having the Courage to DREAM BIG!*

**Jenn Larson**

Sydney Sparrow dreams of conducting the New York Philharmonic Orchestra! But when the other birds start questioning her dream, she wonders if she has set her sights too high. This inspiring book shows kids what it looks like to set a goal and work hard to reach it.

**D261 \$10.95**

## There's No Dream Too Tall

*Believe in Yourself and Your Dream Will Find You!*

**Amie Dean**

"The world is wide open; there's no dream too tall. For a boy or a girl, whether big or quite small! There are millions of choices no end to the list. So, look deep in yourself and consider your gifts." By showing kids their strengths, we give them the power and permission to dream.

**D267 \$10.95**





# SELF-HARM, SUICIDE, AND TRAUMA

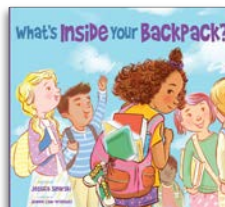
## What's Inside Your Backpack?

*Coping Skills For Kids Who Have Experienced Trauma*

**Jessica Sinarski**

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!

**D329** \$10.95



GR 2-5  
9781953945235

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB



PDF DOWNLOAD  
RD-020 \$6.00

## 15-Minute Focus: Self-Harm and Self-Injury

*When Emotional Pain Becomes Physical*

**Leigh Bagwell**

Dr. Bagwell offers an in-depth look at the who, what, and why of self-harm (nonsuicidal self-injury-NSSI). You will discover types of NSSI behavior, the relationship between self-harm and suicidal ideation, and signs and symptoms of NSSI beyond wounds and scars.

**D334** \$15.95



GR K-12  
9781953945440

PAPERBACK  
5.5" X 8.5"

96 PAGES  
24/CASE

**BONUS!**  
Includes  
Downloadable  
Resources!

DL

EB

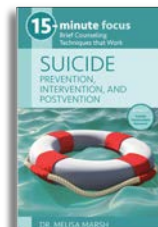
## 15-Minute Focus: Suicide

*Prevention, Intervention, and Postvention*

**Melisa Marsh**

Dr. Marsh shows how to navigate the death of a student or staff member by suicide. This book unpacks the stigma and data associated with suicide, and provides school counselors, educators, and administrators with ways to implement a suicide-safer community.

**D319** \$15.95



GR K-12  
9781937870751

PAPERBACK  
5.5" X 8.5"

88 PAGES  
26/CASE

**BONUS!**  
Includes  
Downloadable  
Resources!

DL

EB

## 15-Minute Focus: Trauma and Adverse Childhood Experiences

**Melissa A. Louvar Reeves**

In this book, Dr. Reeves gives a primer on how to support students who have experienced trauma. You will discover the different types of stress and symptoms that accompany trauma exposure, commonalities between externalizing disorders and trauma and stressor related disorders, and practical strategies for school mental health professionals and educators.

**D318** \$15.95



GR K-12  
9781937870744

PAPERBACK  
5.5" X 8.5"

104 PAGES  
24/CASE

**BONUS!**  
Includes  
Downloadable  
Resources!

DL

EB



Scan here for more  
15-MINUTE FOCUS  
RESOURCES

# 15-minute focus

## Brief Counseling Techniques that Work

**15MinuteFocusSeries.com**

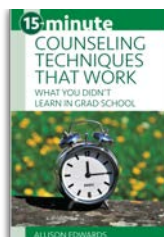
*15-Minute Focus* is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

Each week, students are spending more time at school than they spend with their parents. Because of this, teachers, counselors, and other school staff are often among the first to notice changes in behavior that could signal a mental or behavioral health issue.

According to the American School Counselor Association, students' unmet mental health needs can be a significant obstacle to academic, career, and social-emotional development and even compromise school safety. Most students in need do not receive adequate mental health supports. Research indicates 20 percent of students need mental health services, yet only one out of five of these students receive the necessary services.

Working alongside experts in various fields of mental health counseling, NCYI has developed a series of research-based, brief counseling books that home-in on a specific mental health topic, signs to look for, practical intervention and classroom management strategies, and effective ways to communicate and collaborate with internal staff, outside referrals, and student families.



EB

GR K-12  
9781937870690

PAPERBACK  
5.5" X 8.5"

80 PAGES  
32/CASE

## 15-Minute Counseling Techniques that Work

*What You Didn't Learn in Grad School*

**Allison Edwards**

The counselor is not the strategy. The counselor teaches strategies. Packed with tools to use in individual or group counseling sessions, the techniques in this book will help children feel empowered to face everyday challenges and equipped to manage their stress and emotions.

**D291**

**\$19.95**



## 15-Minute Focus Set

A 14 Book Set

D518

~~\$227.30~~ \$204.57

### Anger, Rage, and Aggression

see page 5

### Anxiety

*Worry, Stress, and Fear*

see page 7

### Behavior Interventions

*Strategies for Educators, Counselors, and Parents*

see page 9

### Behavioral Threat Assessment and Management for K-12 Schools

see page 19

### Depression

*Signs and Strategies for Counselors, Educators, and Parents*

see page 13

### Digital Citizenship

*Supporting Youth Navigating Technology in a Rapidly Changing World*

see page 18

### Diversity, Bias, and Privilege

*Addressing Racial Inequities to Create Inclusive Learning Environments*

see page 18

### Grief

*Processing and Recovery*

see page 13

### Growth Mindset, Resilience, and Grit

*Harnessing Internal Superpowers for Student Success*

see page 14

### Regulation and Co-Regulation

*Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom*

see page 12

### Self-Harm and Self-Injury

*When Emotional Pain Becomes Physical*

see page 22

### Suicide

*Prevention, Intervention, and Postvention*

see page 22

### Trauma and Adverse Childhood Experiences

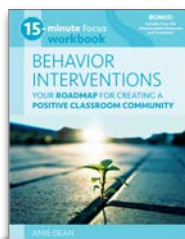
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### 15-Minute Counseling Techniques that Work

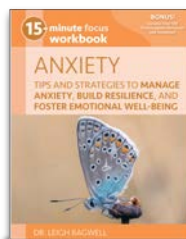
*What You Didn't Learn in Grad School*

see page 22

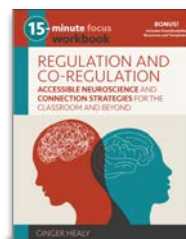
## 15-Minute Focus Workbooks



see page 9



see page 7



see page 12

# BACKLIST PRODUCTS



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BACKLIST PRODUCTS

## A Bad Case of Tattle Tongue Activity and Idea Book

*Learn the Difference Between Tattling and Telling*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and help children become effective problem solvers and improve relationships with peers.



<b>A823</b>	GR K-3	PAPERBACK	24 PAGES
\$10.95	9781931636926	8.5" X 11"	24/CASE

## Answering the Cry for Help

*A Suicide Prevention Manual for Schools and Communities*

**David A. Opalewski**

This book will help develop a Community Suicide Prevention Program. It discusses suicide prevention, establishes guidelines for intervention, and trains Crisis Team members to manage possible scenarios.



<b>A488</b>	GR 5-12	PAPERBACK	85 PAGES
\$19.95	9781931636735	8.5" X 11"	30/CASE

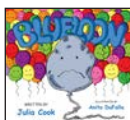
**DL**

## Blueloon

*A Picture Book About Depression*

**Julia Cook**

Meet Blueloon – a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to “bounce back” to being the way he used to be – bright, round, and full, with a very straight string!



<b>B108</b>	GR 2-6	PAPERBACK	32 PAGES
\$10.95	9781937870041	9" X 8"	28/CASE

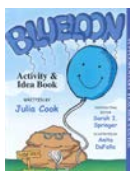
**EB**

## Blueloon Activity and Idea Book

*Activities that Help Kids Understand and Process Depression*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools and strategies to help children and parents cope with childhood depression.



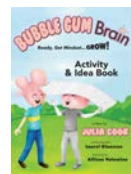
<b>B109</b>	GR 2-6	PAPERBACK	28 PAGES
\$10.95	9781937870140	8.5" X 11"	24/CASE

## Bubble Gum Brain Activity and Idea Book

*Activities About Growth Mindset*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and teaches the “Power of Yet”, making mistakes, and expecting the best from ourselves.



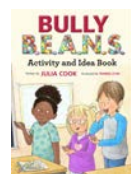
<b>B814</b>	GR K-6	PAPERBACK	24 PAGES
\$10.95	9781937870454	8.5" X 11"	24/CASE

## Bully B.E.A.N.S. Activity and Idea Book

*Activities to Help Kids Stand Up Against Bullying*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and explores the dynamics of bullying and teach kids how to prevent it.



<b>D240</b>	GR 3-5	PAPERBACK	24 PAGES
\$10.95	9781937870607	8.5" X 11"	24/CASE

## But It's Just A Game

*A Picture Book About Having Healthy Video Game Habits*

**Julia Cook**

Video game addiction is on the rise, but can be prevented. This book teaches both children and adults to switch out their game controller for a “life controller.” The tips in the back explain technology addiction and why it is important to set limits and boundaries.



<b>B407</b>	GR 2-6	PAPERBACK	32 PAGES
\$10.95	9781937870164	9" X 8"	28/CASE

**EB**

## Cell Phoney

*A Picture Book About Using Cell Phones Responsibly*

**Julia Cook**

Joanie Maloney finally gets her very own cell phone! Along with Joanie, children will learn the 6 rules of cell phone usage designed to keep them safe and from hurting others. By knowing the rules, children can become masters of their cell phones and avoid becoming a “Cell Phoney!”



<b>B154</b>	GR 2-6	PAPERBACK	32 PAGES
\$10.95	9781937870102	9" X 8"	28/CASE

**EB**

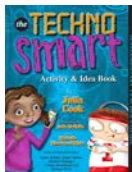


## The Techno Smart Activity and Idea Book

*The Activity Book for Cell Phoney and But It's Just a Game*

**Julia Cook**

This activity book is the perfect companion to the picture books. It is full of discussion questions, worksheets, and exercises and teaches digital citizenship by learning the etiquette of using technology effectively.



**B519** | GR 2-6 | PAPERBACK | 28 PAGES  
\$10.95 | 9781937870362 | 8.5" X 11" | 24/CASE

## Confronting Death In the School Family

*Guidelines and Tools for Adding a Tragedy Component to Your Crisis Response Team*

**David A. Opalewski**

This book gives tools to help your crisis response team respond to the death of a student or staff member. It includes procedures for response, sample announcements, classroom plans, worksheets, and a suicide prevention curriculum.



**A133** | GR K-12 | PAPERBACK | 152 PAGES  
\$36.95 | 9781931636360 | 8.5" X 11" | 17/CASE

DL

## Grief is Like a Snowflake

*A Picture Book About the Death of a Loved One*

**Julia Cook**

Everyone shows grief differently. With the support of his family, Little Tree learns to cope with his father's death by discovering what is really important in life, and how his father's memory will carry on. This book offers a warm approach to the difficult subject of death and dying.



**B050** | GR K-6 | PAPERBACK | 32 PAGES  
\$10.95 | 9781931636780 | 9" X 8" | 28/CASE

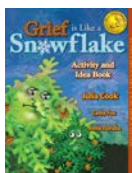
EB

## Grief is Like a Snowflake Activity and Idea Book

*Activities to Help Kids Process the Death of a Loved One*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and explores what grief is, how to personalize it, and how to endure it.



**B051** | GR K-6 | PAPERBACK | 24 PAGES  
\$10.95 | 9781931636353 | 8.5" X 11" | 24/CASE

## How to Be Comfortable In Your Own Feathers

*A Picture Book About Having a Healthy Body Image*

**Julia Cook**

Wanting to flutter like the petite Hummingbird, Bluebird takes on unhealthy eating habits. With help from Mom, the Bird Doc, and the Food Voice Counselor, she learns balance, how to control the Food Voice, and have a positive body image.



**B185** | GR 3-6 | PAPERBACK | 32 PAGES  
\$10.95 | 9781937870133 | 9" X 8" | 28/CASE

EB

## I am a Booger, Treat Me with Respect

*A Picture Book About Health and Hygiene*

**Julia Cook**

Boogie the booger teaches the healthy way to blow your nose using a Booger Ghost. Boogie knows that most people think he's gross, but he doesn't feel bad because he keeps us from getting sick! He's a true defender, just asking for a little respect.



**A145** | GR PK-3 | PAPERBACK | 32 PAGES  
\$10.95 | 9781931636582 | 9" X 8" | 28/CASE

EB

## I Can't Find My Whatchamacallit

*A Picture Book to Help Messy and Disorganized Kids*

**Julia Cook**

After Cletus's mom refuses to let him play with Bocephus until his room is cleaned, Bocephus steps in to help out his disorganized cousin. This book guides children and adults through the organizational process by providing creative planning and organizing advice.



**B605** | GR K-6 | PAPERBACK | 32 PAGES  
\$10.95 | 9781937870386 | 9" X 8" | 28/CASE

EB

## I'm NOT Scared, I'm Prepared! Activity and Idea Book

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers ways to help children practice emergency scenarios if they ever encounter a "dangerous someone."



**B479** | GR K-6 | PAPERBACK | 24 PAGES  
\$10.95 | 9781937870317 | 8.5" X 11" | 24/CASE



# BACKLIST PRODUCTS



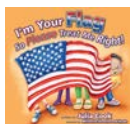
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BACKLIST PRODUCTS

## I'm Your Flag, So Please Treat Me Right

*A Picture Book About the American Flag*

**Julia Cook**

This book explains through the eyes of the American flag what the red, white, and blue stand for, and what the flag means to all Americans. This historical and colorful story will help people of all ages better understand the value of our beautiful flag.



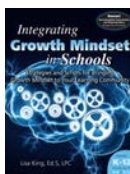
<b>B419</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870294	9" X 8"	28/CASE	

## Integrating Growth Mindset in Schools

*Strategies and Scripts for Bringing Growth Mindset to Your Learning Community*

**Lisa King**

Incorporate growth mindset into school programs with a well-structured, evidence-based method to deliver information, specifically broken into K-8 and 9-12. It includes email templates, scripts, posters, lessons, and Powerpoints.



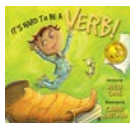
<b>B955</b>	GR K-12	PAPERBACK	188 PAGES	<b>DL</b>
\$29.95	9781937870485	8.5" X 11"	15/CASE	

## It's Hard to Be A Verb

*A Picture Book to Help Kids with ADHD*

**Julia Cook**

Being a verb is hard! Especially for Louis, who can't seem to control himself when he gets the urge to move at the wrong time and situation. Louis's mom teaches him techniques to keep his inner itching, twitching, and jumping in check. A positive resource for anyone touched by ADHD.



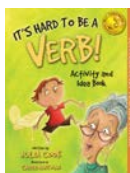
<b>A444</b>	GR K-3	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636841	9" X 8"	28/CASE	

## It's Hard to Be A Verb Activity and Idea Book

*Activities to Help Kids with ADHD*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to improve focus and organizational skills both in and out of the classroom.



<b>A857</b>	GR K-3	PAPERBACK	24 PAGES	<b>EB</b>
\$10.95	9781931636551	8.5" X 11"	24/CASE	

## It's You and Me Against the Pee...and the Poop Too

*A Picture Book About Potty Training*

**Julia Cook, Laura Jana**

Stanley is way too busy playing to stop and use the potty. This fun and colorfully illustrated book will turn kids into Potty Experts, while providing adults with an important reminder that potty learning can and should be a team effort.



<b>B005</b>	GR K-3	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636759	9" X 8"	28/CASE	

## Melvin the Magnificent Molar

*A Picture Book About Taking Care of Your Teeth*

**Julia Cook, Laura Jana**

Meet Melvin, the lovable tooth. By promoting brushing, flossing, and regular visits to the dentist, Melvin shows readers, young and old, how to make sure they will have happy teeth and healthy smiles that will last a lifetime!



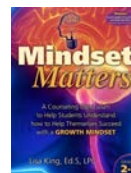
<b>A752</b>	GR PK-3	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636742	9" X 8"	28/CASE	

## Mindset Matters

*A Counseling Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset*

**Lisa King**

The lessons in this book will provide students with a foundation of brain science, the magic of grit, and the benefits of learning, which will help them see the positive outcomes of having a growth mindset.



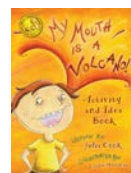
<b>B650</b>	GR 2-7	PAPERBACK	167 PAGES	<b>DL</b>
\$29.95	9781937870409	8.5" X 11"	17/CASE	

## My Mouth is a Volcano Activity and Idea Book

*Activities to Help Kids with Interrupting*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and teaches children the value of respecting others by listening and waiting for their turn to speak.



<b>A822</b>	GR K-3	PAPERBACK	24 PAGES	<b>EB</b>
\$10.95	9781931636919	8.5" X 11"	24/CASE	



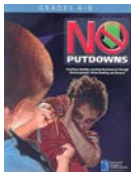


## No Putdowns (Grades 6-8)

*Creating a Healthy Learning Environment through Encouragement, Understanding, and Respect*

**Jim Wright, Wendy Stein, Stephanie Pelcher**

This comprehensive curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes a program guide for staff and fifty activities designed for use over a ten-week period.



<b>A018</b>	GR 6-8	PAPERBACK	112 PAGES
\$36.95	9781931636650	8.5" X 11"	35/CASE

## Personal Space Camp Activity and Idea Book

*Teach Children the Concepts of Personal Space*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and teaches the concept of personal space and respecting other's feelings by giving them the "room" they need.



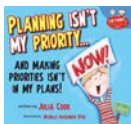
<b>A828</b>	GR K-3	PAPERBACK	24 PAGES
\$10.95	9781931636933	8.5" X 11"	24/CASE

## Planning Isn't My Priority...and Making Priorities Isn't In My Plans

*A Picture Book About How to Responsibility Helps You Reach Your Goals*

**Julia Cook**

While working on a project, two cousins learn to appreciate each other's strengths and weaknesses. Creativity needs structure, and structure needs creativity. And BOTH boys need to know how to plan and prioritize!



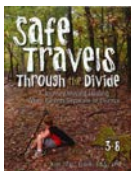
<b>B617</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870393	9" X 8"	28/CASE	

## Safe Travels Through the Divide

*A Journey Toward Healing When Parents Separate or Divorce*

**Kim "Tip" Frank**

This book offers the tools needed to help make the journey through divorce or separation as safe and comfortable as possible, while minimizing lasting effects. It is broken into sections for adults and kids.



<b>A874</b>	GR 3-8	PAPERBACK	100 PAGES	<b>DL</b>
\$24.95	9781931636568	8.5" X 11"	48/CASE	

## Smarter than the SCOOPERS

*A Picture Book About Keeping Your Child Safe from Predators*

**Julia Cook**

Stay safe from predators! SCOOP is an acronym for the five personal safety strategies: be Smart, use your Call list, zerO talking to strangers, keep strangers Out of your personal space, and always Pair up.



<b>B153</b>	GR K-3	PAPERBACK	32 PAGES
\$10.95	9781937870072	9" X 8"	28/CASE

## Soda Pop Head Activity and Idea Book

*Activites to Help with Taming Tempers and Managing Anger*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers "hands on" activities to teach a child how to channel anger in productive and non-destructive ways.



<b>B087</b>	GR K-6	PAPERBACK	24 PAGES
\$10.95	9781937870027	8.5" X 11"	24/CASE

## Straight from the Horse's Mouth

*A Picture Book About How Horses Help People Who Have Experienced Trauma*

**Julia Cook**

Horses can help people fix ANYTHING! Archie is not your average horse. He helps people get rid of their flies - the things that bug us! This creative book takes a look at the power of horse therapy for helping people heal on the inside.



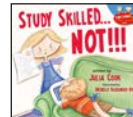
<b>B156</b>	GR 3-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870126	9" X 8"	28/CASE	

## Study Skilled...NOT!!!

*A Picture Book About Doing Your Homework, Taking Tests, and Good Study Skills*

**Julia Cook**

Bocephus over-studies and stresses, while Cletus studies as little as possible. After Cletus's mom introduces them to "The Amazing Great 8!," the boys learn how good study skills can affect not only their grades, but also their attitudes.



<b>B765</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870423	9" X 8"	28/CASE	

# BACKLIST PRODUCTS



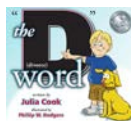
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BACKLIST PRODUCTS

## The “D” Word (Divorce)

*A Picture Book to Help Kids Going Through a Divorce*

**Julia Cook**

Otis’s perfect family changes as soon as his parents say they are getting divorced. At first he blames himself. With the help of his Gram, Otis learns about the Three C’s of divorce: I didn’t CAUSE it, I can’t CONTROL it, so I’m going to have to learn to COPE with it!



<b>B033</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636766	9” X 8”	28/CASE	

## Understanding and Addressing Adolescent Grief Issues

*A Manual for Any Caring Adult Dealing with Grief in Middle and High School Students*

**David A. Opalewski**

Death is a terrible shock for the adolescent. This book helps adults understand what the adolescent is going through and provides comprehensive techniques to address the situation.



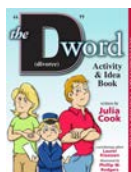
<b>A258</b>	GR 6-12	PAPERBACK	88 PAGES	<b>DL</b>
\$19.95	9781931636469	8.5” X 11.125”	28/CASE	

## The “D” Word (Divorce) Activity and Idea Book

*Activities to Help Kids Going Through a Divorce*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools to help cope with divorce by reinforcing the Three C’s of divorce.



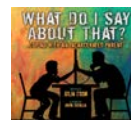
<b>B163</b>	GR 2-5	PAPERBACK	24 PAGES	<b>EB</b>
\$10.95	9781937870096	9” X 8”	24/CASE	

## What Do I Say About That?

*Coping with an Incarcerated Parent*

**Julia Cook**

When a loved one is sentenced to prison, the emotional turmoil is difficult for everyone. This book looks at the struggles facing the child of an incarcerated parent and helps gain insight to the healing and coping process.



<b>B520</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870379	9” X 8”	28/CASE	

## The Ant Hill Disaster

*A Picture Book that Addresses Fears Associated with Natural and Man-Caused Disasters*

**Julia Cook**

After a disaster destroys his school, a little ant is afraid to return. While addressing fears associated with natural and man-caused disasters, his mom and teacher encourage him that he can stand strong, even in uncontrollable events.



<b>B415</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870270	9” X 8”	28/CASE	

## What Shoes Will You Wear?

*A Picture Book to Help Kids Understand a Variety of Careers*

**Julia Cook**

Myrtle and Erytle’s father uses their love of shoes to help them think about future careers. This book includes career clusters and the skills needed for any career: responsibility, self-confidence, integrity, punctuality, and teamwork.



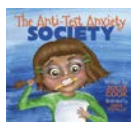
<b>B486</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870324	9” X 8”	28/CASE	

## The Anti-Test Anxiety Society

*A Picture Book to Help Worried Students Prepare for Tests*

**Julia Cook**

To Bertha, the word test stands for Terrible Every Single Time! Her teacher explains the Dynamic Dozen (12 amazing test-taking strategies), and how to use her “GET TO” brain instead of her “HAVE TO” brain. Now “Terrible” is “Terrific!”



<b>B417</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870300	9” X 8”	28/CASE	

## What Shoes Will You Wear? Activity and Idea Book

*Activities to Help Kids Understand a Variety of Careers*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and assists children in starting on the pathway of being college and career ready.



<b>B488</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$11.95	9781937870355	8.5” X 11.5”	24/CASE	

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BACKLIST PRODUCTS



## BACKLIST PRODUCTS

### Wilma Jean, the Worry Machine Activity and Idea Book

*Activities to Help Kids with Worry and Anxiety*

**Julia Cook**



This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers creative anxiety reduction strategies, and give tools to feel more in control of anxiety.

<b>B096</b>	GR 2-5	PAPERBACK	24 PAGES
<del>\$10.95</del> \$10.95	9781937870034	8.5" X 11"	24/CASE

### Winners Don't Whine and Whiners Don't Win

*A Picture Book About Good Sportsmanship*

**Julia Cook**



Wendell's mom helps him understand that everything doesn't have to be a contest, and losing does not make you a loser. In fact, it can make you stronger! This book teaches that winning isn't everything and whining just makes it worse.

<b>B750</b>	GR 2-6	PAPERBACK	32 PAGES
<del>\$10.95</del> \$10.95	9781937870416	9" X 8"	28/CASE

EB

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CLEARANCE ITEMS



## CLEARANCE ITEMS

### Battling the Blues

*The Handbook for Helping Children and Teens with Depression*

**Kim "Tip" Frank**



This handbook explains depression and provides coping strategies so that youth can gain a greater sense of control in their lives. Divided into two sections, one for adult professionals and caregivers, the other for children and teens.

<b>A136</b>	GR 3-8	PAPERBACK	93 PAGES
<del>\$22.95</del> \$11.00	9781931636445	8.5" X 11"	25/CASE

DL

### Character Quilting

*Sewing Values Into the Design of the Whole Child*

**Carole Cliffe**



This guide, inspired by pioneers, will provide you with creative lesson plans and resources that build kids of character on a foundation of virtues. Ideas for integration in language arts, reading, math, music, art, writing, social studies, and character education are given throughout.

<b>518</b>	GR 3-8	PAPERBACK	157 PAGES
<del>\$49.95</del> \$10.00	9781931636018	8.5" X 11"	25/CASE

### Broken Toy DVD

**Thomas Brown**



12 year-old Raymond is often bullied when a teacher has their back turned. To get away from the bullies, he runs into the street, where he is hit by a car. Nobody meant for it to go this far. This video focuses on the reactions of the bullies, and includes facts, suggestions for presentation, and activities.

<b>189D</b>	GR 3-8	DVD	25 MINUTES
<del>\$49.95</del> \$25.00			50/CASE

DL

### Coping with Family Changes

*Getting Yourself Together When Things Come Apart*

**Janet M. Bender**



Separation, divorce, incarceration, death, re-marriage, and relocation through moving or military deployment are a few life events that change families and create puzzling feelings. This book focuses on the five stages of grief often experienced by children when their family changes.

<b>D257</b>	GR 2-6	PAPERBACK	52 PAGES
<del>\$47.95</del> \$9.00	9781937870621	8.5" X 11"	75/CASE

DL

# CLEARANCE ITEMS



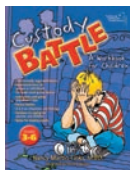
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CLEARANCE ITEMS

## Custody Battle

*A Workbook for Children Going Through a Divorce*

**Nancy Martin-Finks**

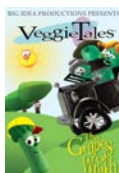
Children experiencing a custody battle need a safe way to explore and talk about their feelings. They need to know they are not alone and that life goes on. This workbook offers a format to ease their way and help counselors work through these issues with children.



**105** GR 3-6 PAPERBACK 68 PAGES  
\$49.95 \$10.00 9781931636421 8.5" X 11" 80/CASE

## Grapes of Wrath DVD

This Public School Edition of the beloved VeggieTales series features Junior Asparagus as the hapless target of teasing from a bunch of cranky grapes! Junior learns that forgiveness is the best choice, even when people aren't being nice to you!

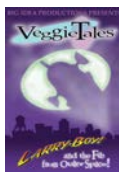


**464D** GR K-4 DVD 18-28 MINUTES  
\$29.95 \$15.00 100/CASE

DL

## Larry Boy and the Fib from Outer Space DVD

This Public School Edition of the beloved VeggieTales series finds Junior Asparagus dealing with lies. When he breaks his Dad's bowling plate, Junior lies about it, then Junior lies more until he can't stop. And his friend Fib, grows big and takes over Bumblyburg!



**461D** GR K-4 DVD 18-28 MINUTES  
\$29.95 \$15.00 100/CASE

DL

## Kids With Character I

*Activity and Skit Book*

**Maureen Duran**

These best-selling activity and storybooks provide all you need for complete lessons on important character traits. Topics include Honesty, Perseverance, Responsibility, Self-discipline, Patience, Respect, Kindness, Courage, Fairness, Forgiveness, Honor, and Love.



**125** GR 1-5 PAPERBACK 96 PAGES  
\$49.95 \$10.00 9781931636056 8.5" X 11" 60/CASE

## Kids With Character II

*Activity and Skit Book*

**Maureen Duran**

These best-selling activity and storybooks provide all you need for complete lessons on important character traits. Topics include Compassion, Charity, Determination, Confidence, Work ethic, Friendship, Humility, Gratitude, Loyalty, and Leadership.



**129** GR 1-5 PAPERBACK 96 PAGES  
\$49.95 \$10.00 9781931636063 8.5" X 11" 60/CASE

## Kids With Character III

*Activity and Skit Book*

**Maureen Duran**

These best-selling activity and storybooks provide all you need for complete lessons on important character traits. Topics include Caring, Citizenship, Diligence, Generosity, Integrity, Moderation, Selflessness, Sportsmanship, Trustworthiness, and Wisdom.



**179** GR 1-5 PAPERBACK 96 PAGES  
\$49.95 \$10.00 9781931636070 8.5" X 11" 60/CASE

## Lost and Found

*Rescuing Our Children and Youth from Video, Screen, Technology and Gaming Addiction*

**Kim "Tip" Frank**

This workbook provides ideas and principles related to the overuse and abuse of technology. Readers will learn about the factors and warning signs leading to technology addiction. It includes practical exercises and resources.



**B405** GR K-12 PAPERBACK 124 PAGES  
\$22.95 \$11.00 9781937870157 8.5" X 11" 20/CASE

DL

## Mending Hearts

*When a School Grieves*

**Amy Murray**

What do we do when a school is grief stricken? This book was written to help educators know how to respond when grief affects a school, and includes parent/teacher helps for different ages, a story to share, outlines for counseling sessions, and activities for individuals or small groups.



**507** GR PK-6 PAPERBACK 64 PAGES  
\$49.95 \$10.00 9781931636711 8.5" X 11" 86/CASE

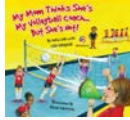


## My Mom Thinks She's My Volleyball Coach, but She's Not (Paperback)

*A Picture Book About Good Sportsmanship*

**Julia Cook**

Supportive fan or obnoxious spectator? This book will serve as a gentle and hilarious reminder that Coaches Coach, Officials Officiate, Players Play, and Parents Parent (cheer, hug, encourage, help transport, and feed).

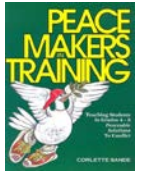


## Peacemakers In Training

*Teaching Students Peaceable Solutions to Conflict*

**Corlette Sande**

This 12-week curriculum includes a teacher's manual and 12 reproducible student activity books. The topics covered include Conflict, Consequences, Making Wise Choices, Blame, Forgiveness, Communication, and Respect.



**A144**  
~~\$9.95~~ \$5.00

GR 3-8 PAPERBACK 32 PAGES  
9781934073094 9" X 8" 144/CASE

**714**  
~~\$59.95~~ \$30.00

GR 4-8 PAPERBACK 196 PAGES  
9781931636131 8.5" X 11" 18/CASE

## My Mom Thinks She's My Volleyball Coach, but She's Not (Hardcover)

*A Picture Book About Good Sportsmanship*

**Julia Cook**

Supportive fan or obnoxious spectator? This book will serve as a gentle and hilarious reminder that Coaches Coach, Officials Officiate, Players Play, and Parents Parent (cheer, hug, encourage, help transport, and feed).

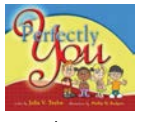


## Perfectly You (Paperback)

*A Picture Book About Embracing Who You Are*

**Julia V. Taylor**

This picture book teaches young readers (and listeners) to accept themselves, treat one another with compassion, and embrace their uniqueness. It focuses on the importance of self acceptance, tolerance, and leading an overall healthy lifestyle.



**A252**  
~~\$45.95~~ \$8.00

GR 3-8 HARDCOVER 32 PAGES  
9781934073100 9" X 8" 50/CASE

**A519**  
~~\$40.95~~ \$5.00

GR 2-5 PAPERBACK 32 PAGES  
9781931636308 10" X 8" 28/CASE

## No Putdowns (Grades 3-5)

*Creating a Healthy Learning Environment through Encouragement, Understanding and Respect*

**Jim Wright, Wendy Stein, Stephanie Pelcher**

This curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes fifty activities designed for use over a ten-week period, along with a program guide for staff support.

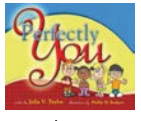


## Perfectly You (Hardcover)

*A Picture Book About Embracing Who You Are*

**Julia V. Taylor**

This picture book teaches young readers (and listeners) to accept themselves, treat one another with compassion, and embrace their uniqueness. It focuses on the importance of self acceptance, tolerance, and leading an overall healthy lifestyle.



**A017**  
~~\$34.95~~ \$17.00

GR 3-5 PAPERBACK 294 PAGES  
9781931636643 8.5" X 11" 15/CASE

**A521**  
~~\$14.95~~ \$7.00

GR 2-5 HARDCOVER 32 PAGES  
9781931636889 10" X 8" 28/CASE

## No Putdowns (Grades K-2)

*Creating a Healthy Learning Environment through Encouragement, Understanding and Respect*

**Jim Wright, Wendy Stein, Stephanie Pelcher**

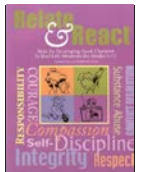
This curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes fifty activities designed for use over a ten-week period, along with a program guide for staff support.



## Relate and React

*Skits for Developing Good Character in Real Life Situations*

Role-playing helps internalize lessons. This book contains 39 serious and funny skits, for developing good character in real life situations. Topics covered include bullying/anger management, substance abuse, and peer pressure.



**A016**  
~~\$34.95~~ \$17.00

GR K-2 PAPERBACK 277 PAGES  
9781931636636 8.5" X 11" 15/CASE

**276**  
~~\$48.95~~ \$9.00

GR 6-12 PAPERBACK 132 PAGES  
9781931636025 8.5" X 11" 46/CASE



## CLEARANCE ITEMS



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CLEARANCE ITEMS

### Seraphina Does Everything! (Hardcover)

*A Picture Book About Being Present and Finding Balance With Busy Schedules*



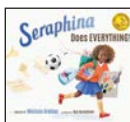
**Melissa Gratias**

Seraphina does it all - soccer, ballet, French club - her schedule is packed. She doesn't want to miss a thing, but why does she feel so blue? Seraphina discovers that in trying to do everything, she is missing out on her favorite things.

<b>D135</b>	GR 3-6	HARDCOVER	32 PAGES	<b>EB</b>
<del>\$44.95</del> \$7.00	9781937870553	9" X 8"	24/CASE	

### Seraphina Does Everything! (Paperback)

*A Picture Book About Being Present and Finding Balance With Busy Schedules*



**Melissa Gratias**

Seraphina does it all - soccer, ballet, French club - her schedule is packed. She doesn't want to miss a thing, but why does she feel so blue? Seraphina discovers that in trying to do everything, she is missing out on her favorite things.

<b>D136</b>	GR 3-6	PAPERBACK	32 PAGES	<b>EB</b>
<del>\$9.95</del> \$5.00	9781937870577	9" X 8"	28/CASE	

### The Boy Who Was Swallowed by the Drug Monster DVD

Drugs are monsters that swallow children. Based on the effects drugs had on 8-year old Vince, this story follows his life to a powerful conclusion when adult Vince speaks from jail, sharing how this monster stole his childhood.



<b>188D</b>	GR 2-6	DVD	13 MINUTES	<b>EB</b>
<del>\$34.95</del> \$17.00			30/CASE	

### The Bubble Wrap Queen

*A Picture Book with Safety Tips for the Playground, Car, Bike, and More*



**Julia Cook**

This picture book teaches the key B.A.S.I.C.S. of injury prevention (Be Aware and Safe in Common Situations) to creatively address playground safety, poison control, automobile safety, bicycle safety, and more.

<b>A411</b>	GR K-3	PAPERBACK	32 PAGES	<b>DL</b>
<del>\$9.95</del> \$5.00	9781931636834	9" X 8"	28/CASE	

### The CAN in Cancer

*An Encouraging Picture Book About Finding Hope in Childhood Cancer*



**Julia Cook**

Eli is a boy who finds out he has cancer. This hopeful story follows Eli's through the eyes of the patient, family, teachers, health care providers, and friends. It is a must-read for all who are searching for their "CAN" in cancer.

<b>B409</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
<del>\$9.95</del> \$5.00	9781937870171	9" X 8"	28/CASE	

### The Character and Career Connection

**Amy Murray**

Students today need not only to have high grades in school, but must also possess good character. In this book, students will explore the different traits needed in certain careers. Mini-posters, parent tips, and reproducible activity sheets are included.



<b>408</b>	GR K-5	PAPERBACK	68 PAGES	<b>EB</b>
<del>\$49.95</del> \$10.00	9781931636452	8.5" X 11"	28/CASE	

### The Kid Trapper

*A Picture Book to Help Discuss Child Molestation and Sexual Abuse in a Non-Threatening Way*



**Julia Cook**

This book addresses the sensitive issue of child-molestation and presents it in a way that gives the victim power and strength. It includes how to spot a molester, traps often used by predators, and things children may hear from a predator.

<b>A763</b>	GR 3-6	PAPERBACK	32 PAGES	<b>EB</b>
<del>\$9.95</del> \$5.00	9781931636575	9" X 8"	28/CASE	

### The Wumblers DVD: Being and Having Friends (Disc 4)

**Laura Wellington**

Meet the Wumblers! Through some hard lessons, Bertrum must learn about trust and friendship. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes and come with a Study Guide, full of engaging questions and activities.



<b>A504D</b>	GR PK-3	DVD	25 MINUTES	<b>DL</b>
<del>\$29.95</del> \$15.00			100/CASE	

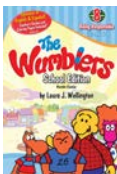




## The Wumblers DVD: Being Responsible (Disc 8)

Laura Wellington

Meet the Wumblers! Bertrum learns the value of picking up after himself, getting a good night's sleep, and the importance of taking care of others' belongings. DVDs includes three episodes to fully explore each topic and come with a Study Guide, full of engaging questions and activities.

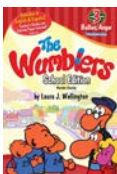


<b>A534D</b>	GR PK-3	DVD	25 MINUTES 100/CASE	<b>DL</b>
<del>\$29.95</del> \$15.00				

## The Wumblers DVD: Bullies/Anger (Disc 3)

Laura Wellington

Meet the Wumblers! Bertrum must deal with bullying, harsh words, and frustration. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes to fully explore each topic. Each episode comes with a Study Guide, full of engaging questions and activities.

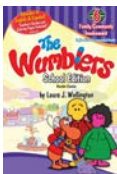


<b>A503D</b>	GR PK-3	DVD	25 MINUTES 100/CASE	<b>DL</b>
<del>\$29.95</del> \$15.00				

## The Wumblers DVD: Family and Community Involvement (Disc 6)

Laura Wellington

Meet the Wumblers! Bertrum learns about his community through family traditions and helping others. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes and comes with a Study Guide, full of engaging questions and activities.

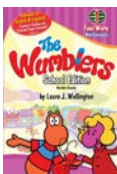


<b>A532D</b>	GR PK-3	DVD	25 MINUTES 100/CASE	<b>DL</b>
<del>\$29.95</del> \$15.00				

## The Wumblers DVD: Fear/Worry (Disc 1)

Laura Wellington

Meet the Wumblers! Join Bertrum as he deals with fear of the dark, a bad day, and doubting whether Aunt Cordelia loves him. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes to fully explore each topic. Each episode comes with a Study Guide, full of engaging questions and activities.



<b>A501D</b>	GR PK-3	DVD	25 MINUTES 100/CASE	<b>DL</b>
<del>\$29.95</del> \$15.00				

## The Wumblers DVD: Good Sportsmanship/ Finishing (Disc 7)

Laura Wellington

Meet the Wumblers! Bertrum and Gibby learn how to be a good loser, the meaning of good sportsmanship, and not to quit. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes and comes with a Study Guide.



<b>A533D</b>	GR PK-3	DVD	25 MINUTES 100/CASE	<b>DL</b>
<del>\$29.95</del> \$15.00				

## The Wumblers DVD: Self Acceptance (Disc 2)

Laura Wellington

Meet the Wumblers! Bertrum, Lenny, and Raimundo discover the value of being themselves and not changing for the sake of others. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes and comes with a Study Guide.



<b>A502D</b>	GR PK-3	DVD	25 MINUTES 100/CASE	<b>DL</b>
<del>\$29.95</del> \$15.00				

## The Wumblers DVD: Understanding and Respecting Differences (Disc 5)

Laura Wellington

Meet the Wumblers! Raimundo helps Bertrum see that having differences doesn't mean you can't be friends. Each story blends an important lesson with inspiration, imagination, and fun. DVDs includes three episodes and comes with a Study Guide, full of engaging questions and activities.



<b>A531D</b>	GR PK-3	DVD	25 MINUTES 100/CASE	<b>DL</b>
<del>\$29.95</del> \$15.00				

## Understanding and Addressing Children's Grief Issues

*A Manual for Any Caring Adult Dealing with Grief in Elementary Students*

David A. Opalewski

This workbook will help adults understand what a child is going through and get techniques to address the situation. Make a difference by fostering growth and helping them understand and cope with their feelings.



<b>A283</b>	GR PK-5 9781931636476	PAPERBACK 8.5" X 11"	88 PAGES 50/CASE	<b>DL</b>
<del>\$47.95</del> \$9.00				

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#### **Tammi Mackeben**

Director of Guidance and  
Counseling, Socorro Independent  
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