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There is absolutely no risk!

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About NCYI

National Center for Youth Issues provides educational resources, training, and support programs to foster the healthy social, emotional, and physical development of children and youth. Since our founding in 1981, NCYI has established a reputation as one of the country's leading providers of teaching materials and training for counseling and student-support professionals. NCYI helps meet the immediate needs of students throughout the nation by ensuring those who mentor them are well prepared to respond across the developmental spectrum.

To date, NCYI has placed materials in and provided training to over 40,000 schools in all 50 states. Last year alone, NCYI placed more than 75,000 counseling resources in schools throughout the country. The range of issues addressed has grown substantially, encompassing subjects ranging from bullying and violence prevention, to drug and alcohol abuse, depression, suicide, and anxiety, as well as life-skills development and social-emotional learning. As the role of student support professionals continues to expand, NCYI has broadened the range of topics, offering resources to address such challenges as: Internet safety, overcoming learning differences, childhood obesity, social and emotional learning, self-injury, ADHD, bi-polar and autism spectrum disorders.

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 @nationalcenterforyouthissues

 @ncyi

54.25

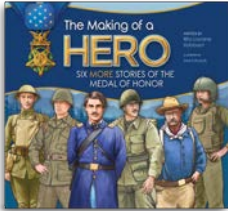
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NEW RELEASES



NEW RELEASES



COMING APRIL 17, 2025!

The Making of a Hero

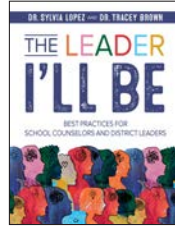
Six More Stories of the Medal of Honor

Rita Lorraine Hubbard

Join Mrs. Johnson and her class on a thrilling "hero hunt" as they explore the National Medal of Honor Heritage Center. Through captivating stories and vivid illustrations, learn how ordinary people faced extraordinary circumstances, demonstrating unwavering bravery and selfless dedication.

What qualities do you think make a hero? This engaging book will spark discussions about heroism, inspire readers to find the hero within themselves, and celebrate the enduring legacy of America's bravest. Perfect for classrooms, families, and anyone who wants to learn more about the Medal of Honor and the ordinary individuals who accomplished the extraordinary.

D583 GR 2-5 PAPERBACK 32 PAGES **EB**
\$11.95 9781965066096 9" X 8" 28/CASE



COMING JUNE 2025!

The Leader I'll Be

Best Practices for School Counselors and District Leaders

Sylvia Lopez and Tracey Brown

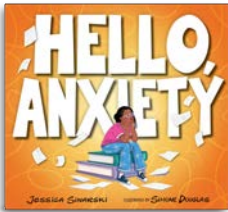
Ready to elevate your impact? The Leader I'll Be provides essential leadership skills for school counselors seeking to drive positive change. This valuable resource will help you:

Define and cultivate your unique leadership style, **Learn** actionable strategies for a more supportive learning environment, **Implement** techniques to prioritize tasks and maximize student success, **Discover** how to establish or enhance a counselor leadership academy, and **Make** a meaningful difference in your students' lives and school community.

Empower yourself to lead, advocate effectively, and create lasting change! For new and seasoned counselors.

D589 GR K-12 PAPERBACK TBD PAGES **DL**
\$28.95 9781965066119 9" X 8" TBD/CASE

BONUS!
Includes Downloadable
Resources and Templates!



NOW AVAILABLE!



Hello, Anxiety

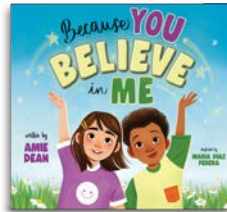
Jessica SinarSKI

Destiny Davis carries more than just schoolbooks in her backpack. Her constant companion, **Anxiety**, makes everyday tasks feel impossibly hard. But when a big class project sends Destiny into a full-blown spiral, her dad steps in with a surprising solution - and a reminder that even the toughest challenges can be faced head on.

This heartwarming story will help kids: Understand the brain science behind anxiety, Experiment with helpful coping strategies, Build self-confidence and resilience

Hello, Anxiety empowers children to face their fears and say: *I know this might be tough, AND... I know I can get through it. I can use my whole, wise brain. I've got this. I can do it!*

D573 GR 2-5 PAPERBACK 32 PAGES **EB**
\$11.95 9781965066058 9" X 8" 28/CASE



NOW AVAILABLE!



Because You Believe in Me

Amie Dean

What gets you going each day? This heartwarming picture book explores the power of encouragement in a child's life.

Join a classroom of kids as they share the voices that lift them up on tough days. From supportive caregivers and teachers to helpful friends and coaches, these everyday heroes inspire children to face challenges, embrace mistakes, and celebrate their unique journeys.

Because You Believe in Me is a beautiful reminder that even the smallest words of encouragement can make a world of difference.

This heartwarming book is perfect for: Children trying new things, Anyone who needs a little extra encouragement, Parents, educators, and caregivers looking for a positive read-aloud

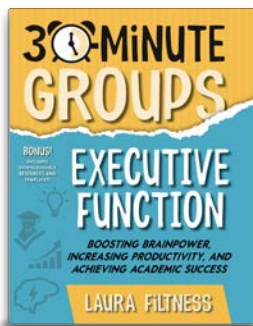
D550 GR 2-5 PAPERBACK 32 PAGES **EB**
\$11.95 9781953945914 9" X 8" 28/CASE

**Because You Believe in Me
Resource Bundle**
PDF DOWNLOAD
RD-034 \$7.00

NEW RELEASES



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NEW RELEASES



COMING JUNE 2025!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Executive Function

Boosting Brainpower, Increasing Productivity, and Achieving Academic Success

Laura Filtness

Are you looking for an engaging tool to help your students develop essential executive function skills?

This workbook will equip you with everything you need to do just that! Teach crucial skills like planning, time management, and self-regulation in thirty-minute lessons for small group instruction in grades 2-9. It's flexible, adaptable, and requires minimal prep time – no extra materials required!

Designed to build strong cognitive skills for success, this workbook is rooted in practical strategies to help children become more organized, focused, and better equipped to manage their thoughts and actions.

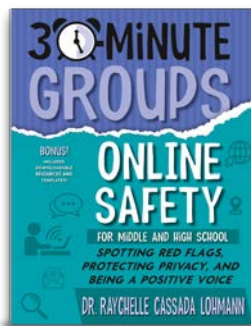
Inside, you'll find:

- 10 Complete Lessons with ASCA® standards
- Comprehensive Small-Group Action Plan
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Surveys to Assess Program Effectiveness
- Results Template to share with interested parties

Topics include planning, time management, organization, task initiation, attention, self-monitoring, self-regulation, impulse control, and flexible thinking. The lessons and activities in this thoughtfully crafted resource are designed to help students understand these skills, practice using them, and develop strategies they can apply in their daily lives.

This workbook's practical design allows students to learn through interactive activities and real-world examples, while also fostering connection and shared learning within the group. Use the 30-Minute Groups: Executive Function workbook to help provide a strong foundation for students to become more effective learners and build essential life skills!

D590 | GR 2-9 | PAPERBACK | TBD PAGES | **DL**
\$20.95 | 9781965066126 | 8.5" X 11" | 20/CASE



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Online Safety

Spotting Red Flags, Protecting Privacy, and Being a Positive Voice

Dr. Raychelle Cassada Lohmann

Are you looking for a tool to help your middle and high school students learn how to navigate the digital landscape responsibly?

This workbook will do that and more!

Teach ASCA®-aligned skills in thirty-minute lessons for small group or classroom instruction. Everything you need, with minimal prep time and no extra materials required!

Flexible and easily adaptable for Middle and High School classrooms and small group settings, the *Online Safety* workbook is rooted in a research-backed commitment to provide a comprehensive and engaging approach to teaching essential online safety concepts.

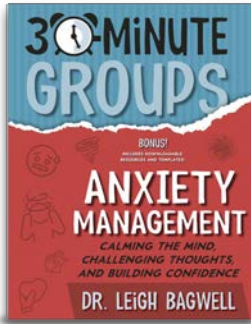
Inside, you'll find:

- 10 Complete Lessons with ASCA® Standards
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Surveys to measure the success of the programming
- Results Template to share with interested parties

Topics include technology use, protecting your information, sextortion, emotional safety, being kind online, avoiding online predators, and more. The lessons and questions in this thoughtfully crafted resource allow attendees to engage in open dialogues, explore ethical situations, and apply what they learn during their screen time.

This workbook's design allows students to building community with their peers. Use the *30-Minute Groups: Online Safety* workbook to help students become upstanding digital citizens and learn how to live safely in a digital world.

D566 | GR 6-12 | PAPERBACK | 76 PAGES | **DL**
\$20.95 | 9781965066041 | 8.5" X 11" | 20/CASE



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Anxiety Management

Calming the Mind, Challenging Thoughts, and Building Confidence

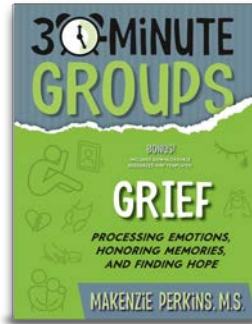
Dr. Leigh Bagwell

Are you looking for a tool to help your students learn how to understand and manage anxiety?

Flexible and easily adaptable for classroom and small group settings, the *30-Minute Groups: Anxiety Management* workbook is rooted in a research-backed commitment to help children become more confident, steady, and determined to grow and thrive in school, work, and life.

Topics include understanding anxiety, the 4 F's (fight, flight, freeze, and fawn), the brain science of anxiety, coping skills, and more. The lessons and questions in this thoughtfully crafted resource are designed to help students get curious about anxiety and learn tips and techniques they can incorporate into their thoughts, words, and behaviors that allow them to feel safe in their bodies and navigate through worry.

D562	GR 2-8	PAPERBACK	94 PAGES	DL
\$20.95	9781965066010	8.5" X 11"	20/CASE	



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Grief

Processing Emotions, Honoring Memories, and Finding Hope

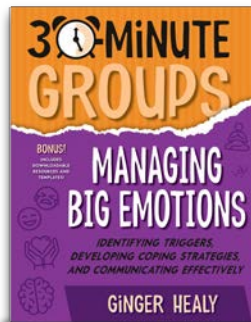
Makenzie Perkins

Are you looking for a tool to help your students learn how to understand and process grief?

Flexible and easily adaptable for classroom and small group settings, the *Grief* workbook is rooted in a research-backed commitment to provide children with a safe place to share their unique experiences with grief while also empowering them with tools that promote emotional healing and resilience.

Topics include understanding loss and grief, expressing emotions in healthy ways, coping with difficult feelings, building resilience, honoring memories, finding hope and healing, and more. The lessons and questions in this thoughtfully crafted resource allow attendees to work through common grief roadblocks, increase connection through shared experiences, and enhance each student's ability to cope.

D565	GR 2-8	PAPERBACK	72 PAGES	DL
\$20.95	9781965066034	8.5" X 11"	20/CASE	



30-Minute Groups: Managing Big Emotions

Identifying Triggers, Developing Coping Strategies, and Communicating Effectively

Ginger Healy

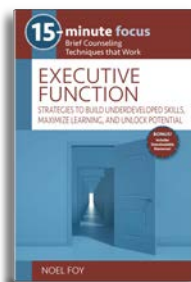
Are you looking for an engaging tool to help your students learn about and manage their big emotions?

Designed to build strong emotional intelligence, this workbook is rooted in research-backed strategies to help children become grounded, more confident, and better equipped to navigate big emotions.

Topics include Upstairs and Downstairs Brain, stress busting, braving big emotions, regulation and co-regulation, self-compassion, mending mistakes, and more. The lessons and questions in this thoughtfully crafted resource are designed to help students explore their emotions, learn calming techniques, and develop tools they can use to effectively communicate big feelings in healthy ways.

BONUS!
Includes Downloadable
Resources and Templates!

D563	GR 2-8	PAPERBACK	92 PAGES	DL
\$20.95	9781965066027	8.5" X 11"	20/CASE	



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

15-Minute Focus: Executive Function

Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential

Noel Foy

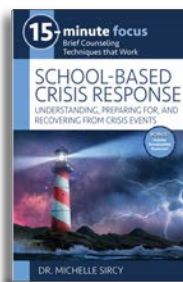
Many students lack strong executive function, the mental processes that govern planning, self-regulation, and goal-directed behavior. But fear not! *15-Minute Focus: Executive Function* was written with the brain in mind and equips you to:

- **Clarify Executive Function:** Gain a clear understanding of twelve crucial skills and their impact on student success.
- **Identify Struggles:** Discover the connection between emotion and learning and how to recognize signs of stress and underdeveloped executive function.
- **Empower Students:** Learn practical strategies and interventions to decrease stress and develop executive function in “all kinds of minds.”
- **Unlock Potential:** Help your students boost their productivity, academic success, behavior, social skills, and autonomy.

This transformative guide is your resource for:

- **Evidence-Based Practices:** Backed by research, these life-changing strategies appeal to students of all ages.
- **Actionable Advice:** Learn simple tips and quick techniques you can implement immediately in your classroom, home, counseling session, and life.
- **Downloads and Reproducible Handouts:** Make your job easier by helping students stress less, learn more, and get things done!

D567 \$16.95	GR K-12	PAPERBACK	136 PAGES	DL
	9781953945938	5.5" X 8.5"	20/CASE	EB



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

15-Minute Focus: School-Based Crisis Response

Understanding, Preparing for, and Recovering from Crisis Events

Dr. Michelle Sircy

Are your school communities prepared to face the unexpected?

Crises can strike at any moment, leaving schools scrambling to respond effectively. In the midst of chaos, it's easy to feel overwhelmed and unsure of the next steps. This guide offers hope - providing clear, actionable steps to navigate the complex landscape of school crisis response.

Key Features:

- **Comprehensive Coverage:** From preparation and prevention to recovery and long-term support, this guide covers every aspect of school crisis response.
- **Practical Tools:** Detailed checklists, practical tips, and real-world case studies empower school leaders to make informed decisions.
- **Evidence-Based Strategies:** This guide is grounded in research and best practices to ensure effective crisis management.
- **Clear and Concise:** Easy-to-understand language and a user-friendly format make this guide accessible to all school personnel.

You'll Discover How to:

- Build a strong foundation for crisis prevention and preparedness.
- Respond swiftly and effectively to emergencies.
- Support students, staff, and families during times of crisis.
- Foster resilience and promote long-term recovery.

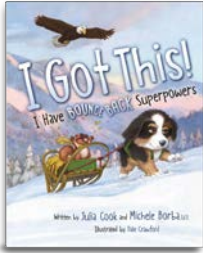
Don't wait until a crisis strikes. Equip your school community with the tools they need to navigate challenges and emerge stronger!

D574 \$16.95	GR K-12	PAPERBACK	120 PAGES	DL
	9781965066072	5.5" X 8.5"	24/CASE	EB

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**I Got This!
Resource Bundle**
PDF DOWNLOAD
RD-032 \$5.00

I Got This!

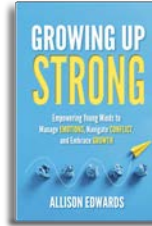
I Have Bounce Back Superpowers

Julia Cook and Michele Borba

Charlie has wanted to be a rescue dog since he was a puppy. But getting his certification as an official Rescue Dog requires a climb to the very top of the tallest mountain!

With the help of his friends, Charlie sets out on a big adventure. Soon enough, obstacles begin to show up that test his determination. Charlie learns six Bounce Back Superpowers that allow him to overcome challenges and stay on the path. Through this story, readers will learn ways to: approach difficulties with calm resolve, think creatively about possible solutions and break problems into manageable steps.

D534	GR 2-6	HARDCOVER	32 PAGES	EB
\$15.95	9781953945853	10.5" X 8.25"	36/CASE	



BONUS!
Includes Downloadable
Resources and Templates!

Growing Up Strong

Empowering Young Minds to Manage Emotions, Navigate Conflict, and Embrace Growth

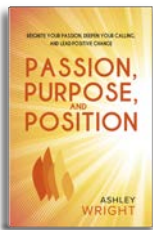
Allison Edwards

Growing Up Strong offers a transformative approach to equipping kids with the emotional intelligence they need to become confident, capable adults.

This comprehensive guide empowers you to help children: **Identify and express their feelings** in healthy ways, **Develop effective coping mechanisms** to deal with challenges, **Navigate conflict peacefully** and build strong relationships, and **Embrace a growth mindset** and learn from mistakes.

Growing Up Strong provides **Age-appropriate activities and exercises** to build emotional muscles, **Clear steps for emotion regulation** to help children manage difficult situations, and **Practical guidance** for parents, educators, and counselors.

D560	GR K-12	PAPERBACK	112 PAGES	DL
\$16.95	9781953945952	5.5" X 8.5"	32/CASE	EB



BONUS!
Includes Downloadable
Resources and Templates!

Passion, Purpose, and Position

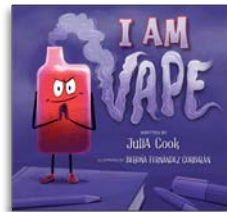
Reignite Your Passion, Deepen Your Calling, and Lead Positive Change

Ashley Wright

Are you feeling drained, overwhelmed, and questioning your purpose?

In this empowering book you will: **Learn** practical strategies to overcome burnout and cultivate resilience in the face of challenges, **Reconnect** with your core purpose as an educator and articulate what it means to you to inspire young minds, **Discover** powerful tools to reignite your passion for teaching and find joy in the classroom again, **Develop** a personalized action plan to navigate the ever-changing educational landscape, and **Become** a stronger, more resilient educator equipped to lead positive change in your students' lives.

D561	GR K-12	PAPERBACK	120 PAGES	DL
\$16.95	9781953945976	5.5" X 8.5"	24/CASE	EB



I Am Vape

Julia Cook

In a world where "fitting in" can be confusing for children, *I Am Vape* unveils the truth behind a seemingly harmless trend. This powerful picture book creatively exposes the dangers of vaping to young readers in a non-scary way that they can understand. Key benefits included: **Age-appropriate information:** Written in a clear and engaging style, this book provides a factual understanding of vaping's dangers for young minds, **Empowering children:** By arming children with knowledge, this book helps them make informed decisions about their health, and **Promoting prevention:** This book can be used as a valuable tool in schools and homes to prevent vaping initiation and addiction.

D564	GR 2-5	PAPERBACK	32 PAGES	EB
\$11.95	9781953945990	9" X 8"	28/CASE	

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A Bad Case of Tattle Tongue

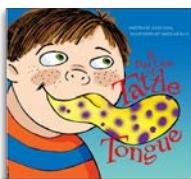
Julia Cook

No one likes “Josh the Tattler” because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.



A Bad Case of Tattle Tongue Activity and Idea Book

PAPERBACK
A823 \$10.95



A013 \$10.95

GR K-3
9781931636865
PAPERBACK
32 PAGES
9" X 8"
28/CASE

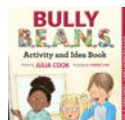
EB

Bully B.E.A.N.S.

Bullies Everywhere Are Now Stopped!

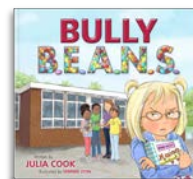
Julia Cook

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.



Bully B.E.A.N.S. Activity and Idea Book

PAPERBACK
D240 \$10.95



D239 \$10.95

GR 3-5
9781937870591
PAPERBACK
32 PAGES
9" X 8"
28/CASE

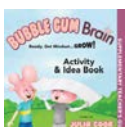
EB

Bubble Gum Brain

Ready, Get Mindset...GROW!®

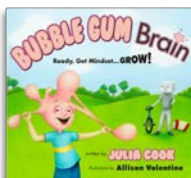
Julia Cook

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!



Bubble Gum Brain Activity and Idea Book

PAPERBACK
A814 \$10.95



B815 \$10.95

GR K-6
9781937870430
PAPERBACK
32 PAGES
9" X 8"
28/CASE

AB EB

I Have Ants in My Pants

Julia Cook

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.



I Have Ants in My Pants Resource Bundle

PDF DOWNLOAD
RD-017 \$5.00



D293 \$10.95

GR PK-3
9781937870706
PAPERBACK
9" X 8"
32 PAGES
28/CASE

EB

Lying Up a STORM

Julia Cook

“Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm.” Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.



B511 \$10.95

GR 2-6
9781937870348
PAPERBACK
9" X 8"
32 PAGES
28/CASE

EB

I'm NOT Scared, I'm Prepared!

Because I Know All About ALICE

Julia Cook

The teacher at the Ant Hill School wants her students to be prepared - for everything! One day, she teaches her students what to do if a “dangerous someone” is in their school. This book will enhance the ALICE concepts and make them applicable to children of all ages in a non-fearful way.



I'm NOT Scared, I'm Prepared! Activity and Idea Book

PAPERBACK
B479 \$10.95



B424 \$10.95

GR K-6
9781937870287
PAPERBACK
9" X 8"
32 PAGES
28/CASE

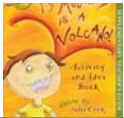
EB



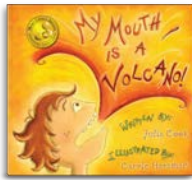
My Mouth Is A Volcano

Julia Cook

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.



My Mouth is a Volcano Activity and Idea Book
PAPERBACK
A822 \$10.95



A014 \$10.95
GR K-3
9781931636858
PAPERBACK
9" X 8"
32 PAGES
28/CASE
AB EB

Personal Space Camp

Julia Cook

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.



Personal Space Camp Activity and Idea Book
PAPERBACK
A828 \$10.95



A134 \$10.95
GR K-3
9781931636872
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

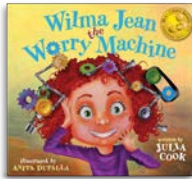
Wilma Jean, the Worry Machine

Julia Cook

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.



Wilma Jean, the Worry Machine Activity and Idea Book
PAPERBACK
B096 \$10.95

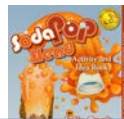


B056 \$10.95
GR 2-5
9781937870010
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

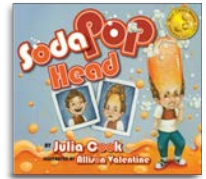
Soda Pop Head

Julia Cook

"There goes Lester. Watch him fester. His face turns red. He's a Soda Pop Head." Most of the time Lester's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red, and he blows his top! Soda Pop Head will help children learn to control their anger while helping them manage stress. It's a must for the home or classroom.



Soda Pop Head Activity and Idea Book
PAPERBACK
B087 \$10.95



B007 \$10.95
GR K-6
9781931636773
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

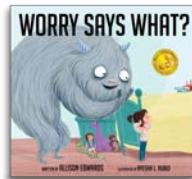
Worry Says What?

Allison Edwards

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.



Worry Says What? Resource Bundle
PDF DOWNLOAD
RD-012 \$5.00



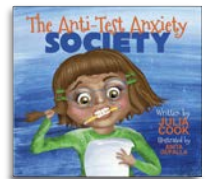
D120 \$10.95
GR K-6
9781937870515
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

The Anti-Test Anxiety Society

A Picture Book to Help Worried Students Prepare for Tests

Julia Cook

To Bertha, the word test stands for Terrible Every Single Time! Her teacher explains the Dynamic Dozen (12 amazing test-taking strategies), and how to use her "GET TO" brain instead of her "HAVE TO" brain. Now "Terrible" is "Terrific!"



B417 \$10.95
GR 2-6
9781937870300
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

BEST SELLERS



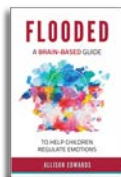
Scan here for more
BESTSELLERS

Flooded

A Brain-Based Guide to Help Children Regulate Emotions

Allison Edwards

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.



D333 \$21.95

GR K-8

9781953945433

PAPERBACK

5.5" X 8.5"

104 PAGES

24/CASE

DL **EB**

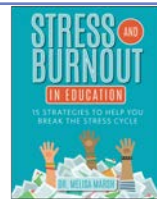
BONUS!
Includes
Downloadable
Resources!

Stress and Burnout in Education

15 Strategies to Help You Break the Stress Cycle

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.



D503 \$24.95

GR K-12

9781953945761

PAPERBACK

8.5" X 11"

120 PAGES

20/CASE

DL

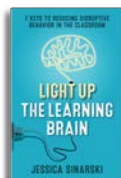
BONUS!
Includes
Downloadable
Resources!

Light Up the Learning Brain

7 Keys to Reducing Disruptive Behavior in the Classroom

Jessica Sinarski

Are you ready to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more. See ncyi.org for the Parent and Educator Reading Guides.



D532 \$16.95

GR K-12

9781931636520

PAPERBACK

5.5" X 8.5"

208 PAGES

16/CASE

DL **AB** **EB**

BONUS!
Includes
Downloadable
Resources!



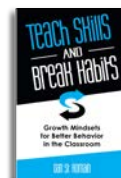
Audio Book Available
Where Audio Books Are Sold
ISBN: 9781953945884

Teach Skills and Break Habits

Growth Mindsets for Better Behavior in the Classroom

Dan St. Romain

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. You will learn to see behavior change as a process of continual improvement and how to use behavior concerns as an opportunity to teach your students skills.



B960 \$21.95

GR K-12

9781937870492

PAPERBACK

5.5" X 8.5"

176 PAGES

12/CASE

DL **AB** **EB**

Teach Skills and Break Habits Resource Bundle
PDF DOWNLOAD
RD-014 \$6.00

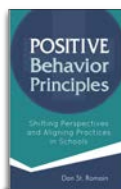


Positive Behavior Principles

Shifting Perspectives and Aligning Practices in Schools

Dan St. Romain

Looking for Behavior Support? *Positive Behavior Principles* outlines nine core principles that can be used to design prevention, intervention, and crisis strategies for supporting student behaviors in schools.



D294 \$23.95

GR K-12

9781937870713

PAPERBACK

5.5" X 8.5"

200 PAGES

32/CASE

DL **EB**

Positive Behavior Principles Resource Bundle
PDF DOWNLOAD
RD-018 \$7.00



You Can Get in the Way

How You Can Become a ROADBLOCK to Risk Factors

John W. Hodge

Through stories, research, and strategies, Hodge shows how children can be successful despite the risk factors that typically hold them back. You will gain a fundamental understanding of how the resilience phenomenon works and gain insight into ways you can foster resilience in students.



D436 \$19.95

GR K-12

9781953945655

PAPERBACK

5.5" X 8.5"

96 PAGES

24/CASE

DL **AB** **EB**

BONUS!
Includes
Downloadable
Resources!



Audio Book Available
Where Audio Books Are Sold
ISBN: 9781931636391

30-MINUTE GROUPS

30MinuteGroups.com

30-Minute Groups is a new curriculum series that aims to help school counselors and educators navigate three main challenges they encounter when attempting to start a small group :

- Workload Demands to manage the number of students for whom they are responsible
- No Prep Time to create lessons and activities for small group sessions
- Budget Constraints for ongoing training

The strategic design allows students to empathize, connect with others, and translate their new knowledge into practice. The American School Counselor Association (ASCA®)-aligned curriculum contains an introductory lesson, ten core topical lessons, and a completion session. Practical and applicable, the activities provided are suitable for small and large group instruction and require no additional materials!

BONUS!
Includes Downloadable Resources and Templates!

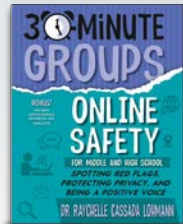
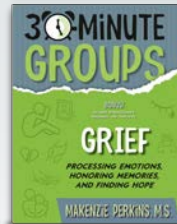
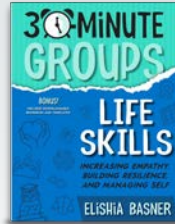
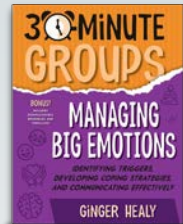
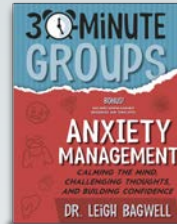
Scan here for more 30-MINUTE GROUPS RESOURCES



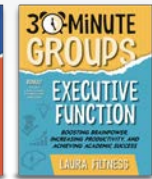
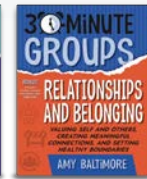
5-Book Set

D580 \$103.75 \$93.38

DL



COMING SOON!



<p>Anxiety Management <i>Calming the Mind, Challenging Thoughts, and Building Confidence</i></p>	Dr. Leigh Bagwell	Grades 2-8	9781965066010	94 PAGES	D562
			8.5" X 11"	20/CASE	\$20.95
<p>Executive Function <i>Boosting Brainpower, Increasing Productivity, and Achieving Academic Success</i></p>	Laura Filtness	Grades 2-9	9781965066126	TBD PAGES	D590
			8.5" X 11"	20/CASE	\$20.95
<p>Grief <i>Processing Emotions, Honoring Memories, and Finding Hope</i></p>	Makenzie Perkins	Grades 2-8	9781965066034	72 PAGES	D565
			8.5" X 11"	20/CASE	\$20.95
<p>Life Skills <i>Increasing Empathy, Building Resilience, and Managing Self</i></p>	Elishia Basner	Grades 2-8	9781953945860	84 PAGES	D545
			8.5" X 11"	34/CASE	\$19.95
<p>Managing Big Emotions <i>Identifying Triggers, Developing Coping Strategies, and Communicating Effectively</i></p>	Ginger Healy	Grades 2-8	9781965066027	92 PAGES	D563
			8.5" X 11"	20/CASE	\$20.95
<p>Online Safety <i>Spotting Red Flags, Protecting Privacy, and Being a Positive Voice</i></p>	Dr. Raychelle Cassada Lohmann	Grades 6-12	9781965066041	76 PAGES	D566
			8.5" X 11"	20/CASE	\$20.95

15-minute focus

Brief Counseling
Techniques that Work

15MinuteFocusSeries.com

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15-MINUTE FOCUS RESOURCES



15-Minute Focus Set

A 19 Book Set – Gr K-12

D578 \$357.05 \$321.35

DL **EB**

15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

15-Minute Counseling Techniques that Work <i>What You Didn't Learn in Grad School</i>	Allison Edwards	9781937870690	80 PAGES	D291
		5.5" X 8.5"	32/CASE	\$19.95
Anger, Rage, and Aggression <i>Brief Counseling Techniques that Work</i>	Dr. Raychelle Cassada Lohmann	9781953945617	96 PAGES	D432
		5.5" X 8.5"	24/CASE	\$15.95
Anxiety <i>Worry, Stress, and Fear</i>	Dr. Leigh Bagwell	9781937870737	80 PAGES	D317
		5.5" X 8.5"	24/CASE	\$15.95
Anxiety Workbook <i>Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being</i>	Dr. Leigh Bagwell	9781953945839	216 PAGES	D517
		8.5" X 11"	16/CASE	\$33.95
Behavior Interventions <i>Strategies for Educators, Counselors, and Parents</i>	Amie Dean	9781953945570	104 PAGES	D409
		5.5" X 8.5"	26/CASE	\$15.95
Behavior Interventions Workbook <i>Your Roadmap for Creating a Positive Classroom Community</i>	Amie Dean	9781953945716	212 PAGES	D489
		8.5" X 11"	20/CASE	\$32.95
Behavioral Threat Assessment and Management for K-12 Schools <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781953945457	128 PAGES	D335
		5.5" X 8.5"	22/CASE	\$15.95
Depression <i>Signs and Strategies for Counselors, Educators, and Parents</i>	Dr. Melisa Marsh	9781953945464	104 PAGES	D336
		5.5" X 8.5"	24/CASE	\$15.95
Digital Citizenship <i>Supporting Youth Navigating Technology in a Rapidly Changing World</i>	Dr. Raychelle Cassada Lohmann Dr. Angie C. Smith	9781953945778	132 PAGES	D509
		5.5" X 8.5"	22/CASE	\$15.95
Diversity, Bias, and Privilege <i>Addressing Racial Inequities to Create Inclusive Learning Environments</i>	Dr. Natalie Spencer Gwyn Robert B. Jamison	9781953945471	112 PAGES	D337
		5.5" X 8.5"	24/CASE	\$15.95
Executive Function <i>Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential</i>	Noel Foy	9781953945938	136 PAGES	D567
		5.5" X 8.5"	20/CASE	\$16.95
Grief <i>Processing and Recovery</i>	David A. Opalewski	9781937870768	80 PAGES	D320
		5.5" X 8.5"	32/CASE	\$15.95
Growth Mindset, Resilience, and Grit <i>Harnessing Internal Superpowers for Student Success</i>	Dr. Raychelle Cassada Lohmann	9781953945747	96 PAGES	D502
		5.5" X 8.5"	28/CASE	\$15.95
Regulation and Co-Regulation <i>Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom</i>	Ginger Healy	9781953945792	112 PAGES	D510
		5.5" X 8.5"	24/CASE	\$15.95
Regulation and Co-Regulation Workbook <i>Accessible Neuroscience and Connection Strategies for the Classroom and Beyond</i>	Ginger Healy	9781931636544	168 PAGES	D533
		8.5" X 11"	28/CASE	\$28.95
School-Based Crisis Response <i>Understanding, Preparing for, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066072	120 PAGES	D574
		5.5" X 8.5"	24/CASE	\$16.95
Self-Harm and Self-Injury <i>When Emotional Pain Becomes Physical</i>	Dr. Leigh Bagwell	9781953945440	96 PAGES	D334
		5.5" X 8.5"	24/CASE	\$15.95
Suicide <i>Prevention, Intervention, and Postvention</i>	Dr. Melisa Marsh	9781937870751	88 PAGES	D319
		5.5" X 8.5"	24/CASE	\$15.95
Trauma and Adverse Childhood Experiences <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781937870744	104 PAGES	D318
		5.5" X 8.5"	24/CASE	\$15.95

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BACKLIST PRODUCTS

ABC Worry Free

Combat Anxious and Fearful Thoughts

Noel Foy

"Do you think you could teach someone to worry less?" I asked. "Absolutely. As long as they're not afraid to learn something new." In *ABC Worry Free*, children will learn an actionable approach to worry that will help them process and work through everyday challenges.

Resource
Bundle Available



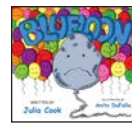
D122 GR K-6 PAPERBACK 32 PAGES
\$10.95 9781937870546 9" X 8" 28/CASE **EB**

Blueloon

A Picture Book About Depression

Julia Cook

Meet Blueloon – a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to “bounce back” to being the way he used to be – bright, round, and full, with a very straight string!



B108 GR 2-6 PAPERBACK 32 PAGES
\$10.95 9781937870041 9" X 8" 28/CASE **EB**

Be Where Your Feet Are!

Julia Cook

Be Where Your Feet Are! is a hilarious story about learning to be present wherever we are...and what can happen when we're not. This book reinforces the concepts of mindfulness and being present in a way children will remember, while showing how good life can be when we learn to appreciate the world and people around us.

Resource
Bundle Available



D115 GR K-5 PAPERBACK 32 PAGES
\$10.95 9781937870508 9" X 8" 28/CASE **AB** **EB**

Be Your Own Hero

Help Kids Discover Their Own Inner Hero

Lisa King

It's Hero Week at school, and Quinn has to choose a hero she looks up to. In her search to find a hero in someone else, she actually finds the hero in herself! Children will learn that being a real-life hero has a whole lot more to do with character and kindness than anything else!

Resource
Bundle Available



D260 GR 3-6 PAPERBACK 32 PAGES
\$10.95 9781937870652 9" X 8" 28/CASE **EB**

Beat, Beat, Thump

Allison Edwards

What does anxiety feel like to a child? Beat, beat, thump. Beat, beat, thump. That's the pulse of Alex's heart as he navigates worries about school, friendship struggles, and trying new things. In this heartwarming tale, Alex listens to his heart while feeling both panic and peace and learns how his strong heart has carried him through hard things.

Resource
Bundle Available



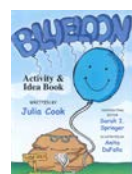
D493 GR 2-5 PAPERBACK 32 PAGES
\$10.95 9781953945723 9" X 8" 28/CASE **EB**

Blueloon Activity and Idea Book

Activities that Help Kids Understand and Process Depression

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools and strategies to help children and parents cope with childhood depression.



B109 GR 2-6 PAPERBACK 28 PAGES
\$10.95 9781937870140 8.5" X 11" 24/CASE **EB**

But It's Just A Game

A Picture Book About Having Healthy Video Game Habits

Julia Cook

Video game addiction is on the rise, but can be prevented. This book teaches both children and adults to switch out their game controller for a “life controller.” The tips in the back explain technology addiction and why it is important to set limits and boundaries.



B407 GR 2-6 PAPERBACK 32 PAGES
\$10.95 9781937870164 9" X 8" 28/CASE **EB**

Cell Phoney

A Picture Book About Using Cell Phones Responsibly

Julia Cook

Joanie Maloney finally gets her very own cell phone! Along with Joanie, children will learn the 6 rules of cell phone usage designed to keep them safe and from hurting others. By knowing the rules, children can become masters of their cell phones and avoid becoming a “Cell Phoney!”



B154 GR 2-6 PAPERBACK 32 PAGES
\$10.95 9781937870102 9" X 8" 28/CASE **EB**



Coding Capers

Luci and the Missing Robot

Angela Cleveland and Tamara Zentic

Join Luci and her friends as they go on a STEM-friendly adventure to find a missing robot! In the process they learn the foundational concepts of coding, the increasing capabilities of technology, and the power of persistence.

Resource
Bundle Available



Resource
Bundle Available



Failure Friday

Andrea Burns

When Emma finds out she made the school running club, she's excited...and nervous. She soon learns that she isn't very fast and thinks about quitting, until her teacher invites a guest to talk about failure. Emma is surprised to learn that failure isn't something to fear - it's actually something to celebrate on the road to success.

D243 | GR 3-6 | PAPERBACK | 32 PAGES | **DL** **EB**
\$10.95 | 9781937870638 | 9" X 8" | 28/CASE

D480 | GR 2-5 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781953945679 | 9" X 8" | 28/CASE

Confronting Death In the School Family

Guidelines and Tools for Adding a Tragedy Component to Your Crisis Response Team

David A. Opalewski

This book gives tools to help your crisis response team respond to the death of a student or staff member. It includes procedures for response, sample announcements, classroom plans, worksheets, and a suicide prevention curriculum.



Resource
Bundle Available



Felix and the Feelings Formulas

Kate Bartlein

What if we could create a formula to help us in challenging situations? Felix takes two things with him wherever he goes: his stuffed rat, Hank, and his notebook of Feelings Formulas. Hank is a friend who's always there, and the Feelings Formula notebook helps Felix figure out how to cope with challenges and concerns he experiences on his adventures.

A133 | GR K-12 | PAPERBACK | 152 PAGES | **DL**
\$36.95 | 9781931636360 | 8.5" X 11" | 17/CASE

D488 | GR 2-5 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781953945693 | 9" X 8" | 28/CASE

Deployment

One of Our Pieces is Missing

Julia Cook

Military families experience unique opportunities and challenges, one being navigating changes in how they operate as a family when a parent is deployed. This book serves to honor the sacrifices they make each day by giving an approachable way to discuss the highs and lows of deployment.

Resource
Bundle Available



Foster Care

One Dog's Story of Change

Julia Cook

Foster has lived with his mom and "sometimes dad" all of his life...until now. He has so many questions and new feelings to deal with. In this heartfelt story, Foster meets new friends and a kind foster mom who help him navigate the fears and feelings associated with foster care.



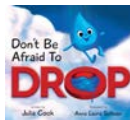
B954 | GR PK-6 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781937870478 | 9" X 8" | 28/CASE

B940 | GR K-6 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781937870461 | 9" X 8" | 28/CASE

Don't Be Afraid to Drop

Julia Cook

Hopp, the raindrop, is scared of change and is happy with his safe, predictable life. But he soon learns that staying where he is limits the impact he can have on those around him. *Don't Be Afraid to Drop* is a book for anyone who is at a transitional point in their life that teaches about growth mindset and trying new things.



Grief is Like a Snowflake

A Picture Book About the Death of a Loved One

Julia Cook

Everyone shows grief differently. With the support of his family, Little Tree learns to cope with his father's death by discovering what is really important in life, and how his father's memory will carry on. This book offers a warm approach to the difficult subject of death and dying.



A268 | GR K-5 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781931636605 | 9" X 8" | 28/CASE

B050 | GR K-6 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781931636780 | 9" X 8" | 28/CASE

BACKLIST PRODUCTS



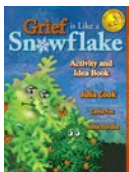
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BACKLIST PRODUCTS

Grief is Like a Snowflake Activity and Idea Book

Activities to Help Kids Process the Death of a Loved One

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and explores what grief is, how to personalize it, and how to endure it.



Resource
Bundle Available



I'm Stretched

Julia Cook

"I'm stretched! I have so much stuff to do. Gotta be here...Gotta do that...Where did I put my shoe?" *I'm Stretched!* is a captivating story that speaks to children and adults alike, giving them tactical tools to manage their stress in a healthy and helpful way so they can face the pressures of life and find joy in being who they were meant to be.

B051 | GR K-6 | PAPERBACK | 24 PAGES
\$10.95 | 9781931636353 | 8.5" X 11" | 24/CASE

D244 | GR 3-5 | PAPERBACK | 32 PAGES
\$10.95 | 9781937870614 | 9" X 8" | 28/CASE

EB

How to Be Comfortable In Your Own Feathers

A Picture Book About Having a Healthy Body Image

Julia Cook

Wanting to flutter like the petite Hummingbird, Bluebird takes on unhealthy eating habits. With help from Mom, the Bird Doc, and the Food Voice Counselor, she learns balance, how to control the Food Voice, and have a positive body image.



I'm Your Flag, So Please Treat Me Right

A Picture Book About the American Flag

Julia Cook

This book explains through the eyes of the American flag what the red, white, and blue stand for, and what the flag means to all Americans. This historical and colorful story will help people of all ages better understand the value of our beautiful flag.



B185 | GR 3-6 | PAPERBACK | 32 PAGES
\$10.95 | 9781937870133 | 9" X 8" | 28/CASE

B419 | GR K-6 | PAPERBACK | 32 PAGES
\$10.95 | 9781937870294 | 9" X 8" | 28/CASE

EB

EB

I am a Booger, Treat Me with Respect

A Picture Book About Health and Hygiene

Julia Cook

Boogie the booger teaches the healthy way to blow your nose using a Booger Ghost. Boogie knows that most people think he's gross, but he doesn't feel bad because he keeps us from getting sick! He's a true defender, just asking for a little respect.

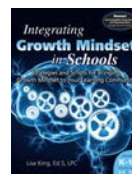


Integrating Growth Mindset in Schools

Strategies and Scripts for Bringing Growth Mindset to Your Learning Community

Lisa King

Incorporate growth mindset into school programs with a well-structured, evidence-based method to deliver information, specifically broken into K-8 and 9-12. It includes email templates, posters, lessons, and Powerpoints.



A145 | GR PK-3 | PAPERBACK | 32 PAGES
\$10.95 | 9781931636582 | 9" X 8" | 28/CASE

B955 | GR K-12 | PAPERBACK | 188 PAGES
\$29.95 | 9781937870485 | 8.5" X 11" | 15/CASE

EB

DL

I Can't Find My Whatchamacallit

A Picture Book to Help Messy and Disorganized Kids

Julia Cook

After Cletus's mom refuses to let him play with Bocephus until his room is cleaned, Bocephus steps in to help out his disorganized cousin. This book guides children and adults through the organizational process by providing creative planning and organizing advice.



It's Hard to Be A Verb

A Picture Book to Help Kids with ADHD

Julia Cook

Being a verb is hard! Especially for Louis, who can't seem to control himself when he gets the urge to move at the wrong time and situation. Louis's mom teaches him techniques to keep his inner itching, twitching, and jumping in check. A positive resource for anyone touched by ADHD.



B605 | GR K-6 | PAPERBACK | 32 PAGES
\$10.95 | 9781937870386 | 9" X 8" | 28/CASE

A444 | GR K-3 | PAPERBACK | 32 PAGES
\$10.95 | 9781931636841 | 9" X 8" | 28/CASE

EB

EB

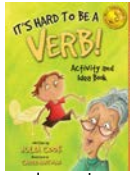


It's Hard to Be A Verb Activity and Idea Book

Activities to Help Kids with ADHD

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to improve focus and organizational skills both in and out of the classroom.



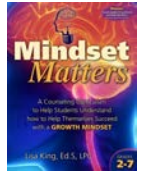
A857 | GR K-3 | PAPERBACK | 24 PAGES
\$10.95 | 9781931636551 | 8.5" X 11" | 24/CASE

Mindset Matters

A Counseling Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset

Lisa King

The lessons in this book will provide students with a foundation of brain science, the magic of grit, and the benefits of learning, which will help them see the positive outcomes of having a growth mindset.



B650 | GR 2-7 | PAPERBACK | 167 PAGES
\$29.95 | 9781937870409 | 8.5" X 11" | 19/CASE

DL

Lessons from LaRoux

How Needs Shape Behavior in Developing Brains

Dan St. Romain

It's no secret that outward behaviors rarely tell the whole story. Instead, those actions often point to deeper needs and desires. Join Dan as he addresses fifteen key areas and links an educational touch point with a relevant story about his dog, LaRoux, and then a take-away strategy.



Resource Bundle Available

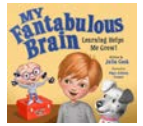
D511 | GR K-12 | PAPERBACK | 128 PAGES
\$19.95 | 9781953945815 | 5.5" X 8.5" | 16/CASE

My Fantabulous Brain

Learning Helps Me Grow!

Julia Cook

Take the "T" out of "CAN'T" and the "DON'T" out of "I DON'T KNOW!" This book encourages growth mindset and provides practical homework and study skills. Children will learn that everyone needs help sometimes, and there are tools to make our brains stronger!



D268 | GR 2-6 | PAPERBACK | 32 PAGES
\$10.95 | 9781937870683 | 9" X 8" | 28/CASE

EB

Marcy's Having All the Feels

Allison Edwards

What do you do with all your feelings? Marcy wanted to be happy, but all her other feelings kept showing up and at the worst times! She didn't like feeling sad or embarrassed. Why couldn't she be happy all the time? Allison Edwards explores how sometimes feeling so many feelings doesn't feel so good at all and shares the value of ALL of our emotions.



Resource Bundle Available

D259 | GR 2-6 | PAPERBACK | 32 PAGES
\$10.95 | 9781937870645 | 9" X 8" | 28/CASE

EB

No Putdowns (Grades 6-8)

Creating a Healthy Learning Environment through Encouragement, Understanding, and Respect

Jim Wright, Wendy Stein, Stephanie Pelcher

This comprehensive curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes a program guide for staff and fifty activities designed for use over a ten-week period.



A018 | GR 6-8 | PAPERBACK | 112 PAGES
\$36.95 | 9781931636650 | 8.5" X 11" | 35/CASE

Melvin the Magnificent Molar

A Picture Book About Taking Care of Your Teeth

Julia Cook, Laura Jana

Meet Melvin, the lovable tooth. By promoting brushing, flossing, and regular visits to the dentist, Melvin shows readers, young and old, how to make sure they will have happy teeth and healthy smiles that will last a lifetime!



A752 | GR PK-3 | PAPERBACK | 32 PAGES
\$10.95 | 9781931636742 | 9" X 8" | 28/CASE

EB

Planning Isn't My Priority...and Making Priorities Isn't In My Plans

A Picture Book About How to Responsibility Helps You Reach Your Goals

Julia Cook

While working on a project, two cousins learn to appreciate each other's strengths and weaknesses. Creativity needs structure, and structure needs creativity. And BOTH boys need to know how to plan and prioritize!



B617 | GR 2-6 | PAPERBACK | 32 PAGES
\$10.95 | 9781937870393 | 9" X 8" | 28/CASE

EB

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Ricky Sticky Fingers

Julia Cook

Meet Ricky, a boy that just can't seem to figure out that stealing is wrong. "When I see something that I really want, I think, 'Hey, that could be mine!' So I look both ways, reach out my hand, and take it at just the right time." Through a fun story, children will learn the concept of ownership and how it feels when someone doesn't respect what is yours.



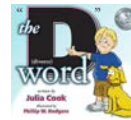
B151	GR K-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870089	9" X 8"	28/CASE	

The "D" Word (Divorce)

A Picture Book to Help Kids Going Through a Divorce

Julia Cook

Otis's perfect family changes as soon as his parents say they are getting divorced. At first he blames himself. With the help of his Gram, Otis learns about the Three C's of divorce: I didn't CAUSE it, I can't CONTROL it, so I'm going to have to learn to COPE with it!



B033	GR 2-6	PAPERBACK	32 PAGES	EB
\$10.95	9781931636766	9" X 8"	28/CASE	

Songbird

A Story About Having the Courage to DREAM BIG!

Jenn Larson

Sydney Sparrow dreams of conducting the New York Philharmonic Orchestra! But when the other birds start questioning her dream, she wonders if she has set her sights too high. This inspiring book shows kids what it looks like to set a goal and work hard to reach it.

Resource
Bundle Available



D261	GR 2-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870676	9" X 8"	28/CASE	

Straight from the Horse's Mouth

A Picture Book About How Horses Help People Who Have Experienced Trauma

Julia Cook

Horses can help people fix ANYTHING! Archie is not your average horse. He helps people get rid of their flies - the things that bug us! This creative book takes a look at the power of horse therapy for helping people heal on the inside.



B156	GR 3-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870126	9" X 8"	28/CASE	

Study Skilled...NOT!!!

A Picture Book About Doing Your Homework, Taking Tests, and Good Study Skills

Julia Cook

Bocephus over-studies and stresses, while Cletus studies as little as possible. After Cletus's mom introduces them to "The Amazing Great 8!," the boys learn how good study skills can affect not only their grades, but also their attitudes.



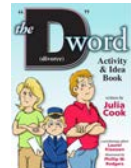
B765	GR 2-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870423	9" X 8"	28/CASE	

The "D" Word (Divorce) Activity and Idea Book

Activities to Help Kids Going Through a Divorce

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools to help cope with divorce by reinforcing the Three C's of divorce.



B163	GR 2-5	PAPERBACK	24 PAGES	EB
\$10.95	9781937870096	9" X 8"	24/CASE	

The Ant Hill Disaster

A Picture Book that Addresses Fears Associated with Natural and Man-Caused Disasters

Julia Cook

After a disaster destroys his school, a little ant is afraid to return. While addressing fears associated with natural and man-caused disasters, his mom and teacher encourage him that he can stand strong, even in uncontrollable events.



B415	GR K-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870270	9" X 8"	28/CASE	

The Awfulizer

Learning to Overcome the Shame Game

Kristin Maher

"I feel like there's a monster in my head. He tells me all the things I am doing wrong and how I am wrong." *The Awfulizer* gives shame a name and face, showing just how real and big it can be for children; how it keeps them feeling isolated and makes them question their self-worth.

Resource
Bundle Available



D133	GR 3-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870584	9" X 8"	28/CASE	



The Making of a Hero

Six Stories of the Medal of Honor

Linda Moss Mines

The Making of a Hero introduces the important values of patriotism, citizenship, courage, integrity, sacrifice, and commitment. This book tells the story of six Americans who were awarded the Congressional Medal of Honor, the highest award given to a member of the armed forces for valor.



D316	GR 2-5	PAPERBACK	32 PAGES	DL	EB
\$10.95	9781937870720	9" X 8"	28/CASE		

What Do I Say About That?

Coping with an Incarcerated Parent

Julia Cook

When a loved one is sentenced to prison, the emotional turmoil is difficult for everyone. This book looks at the struggles facing the child of an incarcerated parent and helps gain insight to the healing and coping process.



B520	GR 2-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870379	9" X 8"	28/CASE	

The Techno Smart Activity and Idea Book

The Activity Book for Cell Phoney and But It's Just a Game

Julia Cook

This activity book is the perfect companion to the picture books. It is full of discussion questions, worksheets, and exercises and teaches digital citizenship by learning the etiquette of using technology effectively.



B519	GR 2-6	PAPERBACK	28 PAGES	EB
\$10.95	9781937870362	8.5" X 11"	24/CASE	

What Shoes Will You Wear?

A Picture Book to Help Kids Understand a Variety of Careers

Julia Cook

Myrtle and Erytle's father uses their love of shoes to help them think about future careers. This book includes career clusters and the skills needed for any career: responsibility, self-confidence, integrity, punctuality, and teamwork.



B486	GR 2-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870324	9" X 8"	28/CASE	

There's No Dream Too Tall

Believe in Yourself and Your Dream Will Find You!

Amie Dean

"The world is wide open; there's no dream too tall. For a boy or a girl, whether big or quite small! There are millions of choices no end to the list. So, look deep in yourself and consider your gifts." By showing kids their strengths, we give them the power and permission to dream.

Resource Bundle Available



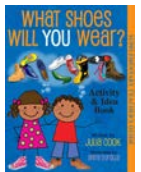
D267	GR 2-6	PAPERBACK	32 PAGES	EB
\$10.95	9781937870669	9" X 8"	28/CASE	

What Shoes Will You Wear? Activity and Idea Book

Activities to Help Kids Understand a Variety of Careers

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and assists children in starting on the pathway of being college and career ready.



B488	GR 2-6	PAPERBACK	32 PAGES	EB
\$11.95	9781937870355	8.5" X 11"	24/CASE	

Understanding and Addressing Adolescent Grief Issues

A Manual for Any Caring Adult Dealing with Grief in Middle and High School Students

David A. Opalewski

Death is a terrible shock for the adolescent. This book helps adults understand what the adolescent is going through and provides comprehensive techniques to address the situation.



A258	GR 6-12	PAPERBACK	88 PAGES	DL
\$19.95	9781931636469	8.5" X 11"	28/CASE	

What's Inside Your Backpack?

Coping Skills For Kids Who Have Experienced Trauma

Jessica Sinarski

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!

Resource Bundle Available



D329	GR 2-5	PAPERBACK	32 PAGES	EB
\$10.95	9781953945235	9" X 8"	28/CASE	

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Will You be the I in Kind?

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Julia Cook

Join the fun as "K_ind" goes on an adventure to find his missing "i." Along the way, he helps children learn to share their kindness in big and small ways. This story will spark conversations at school and home about the concepts of kindness, empathy, and compassion and will encourage children to bring kindness along wherever they go!

D338 | GR K-5 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781953945532 | 9" X 8" | 28/CASE

Your Happy Heart

Resource
Bundle Available



How Helping Others Helps You, Too

Amie Dean

When Javon, a fifth grader, meets Richard, a kindergartner, for the first time, Richard won't talk to Javon or even look at him. Javon realizes that Richard reminds him a lot of himself at that age. Javon learns that helping someone find their happiness makes your own heart happy, too.

D134 | GR 2-6 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781937870560 | 9" X 8" | 28/CASE

Winners Don't Whine and Whiners Don't Win



A Picture Book About Good Sportsmanship

Julia Cook

Wendell's mom helps him understand that everything doesn't have to be a contest, and losing does not make you a loser. In fact, it can make you stronger! This book teaches that winning isn't everything and whining just makes it worse.

B750 | GR 2-6 | PAPERBACK | 32 PAGES | **EB**
\$10.95 | 9781937870416 | 9" X 8" | 28/CASE

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I would recommend without reservation to any district/ organization considering a partnership with NCYI! Whether NCYI is managing our Texas ASCA®-affiliated conference (LSSSCA) or a local in-service event, the attention to detail, follow-up and support are consistently professional! NCYI understands school counselors and knows how to support District Supervisors like me. We simply tell them what we want, and they handle the rest! The NCYI Speakers Bureau is comprised of high quality thought leaders who are equipped to not only deliver a keynote, but are also skilled at delivering complete workshops!

Tammi Mackeben

Director of Guidance and Counseling, Socorro Independent School District
El Paso, Texas



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