

# We Help You Help All Students



CATALOG / 2025-2026

  
NATIONAL CENTER for  
**YOUTH ISSUES**  
[www.ncyi.org](http://www.ncyi.org)

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***There is absolutely no risk!***

***Please refer to NCYI.org for latest availability and pricing.***

Prices and product availability are subject to change without notice. All specials and promotions limited to stock on hand. NCYI is not responsible for typographical errors and we make every effort to ensure the accuracy of the information published in our catalogs and websites. If an error is made and a product is listed at an incorrect price, NCYI shall maintain the right to refund or cancel orders placed at the incorrect price. NCYI reserves the right to decline orders from resellers.



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Catalog

### About NCYI

National Center for Youth Issues provides educational resources, training, and support programs to foster the healthy social, emotional, and physical development of children and youth. Since our founding in 1981, NCYI has established a reputation as one of the country’s leading providers of teaching materials and training for counseling and student-support professionals. NCYI helps meet the immediate needs of students throughout the nation by ensuring those who mentor them are well prepared to respond across the developmental spectrum.

To date, NCYI has placed materials in and provided training to over 40,000 schools in all 50 states. Last year alone, NCYI placed more than 75,000 counseling resources in schools throughout the country. The range of issues addressed has grown substantially, encompassing subjects ranging from bullying and violence prevention, to drug and alcohol abuse, depression, suicide, and anxiety, as well as life-skills development and social-emotional learning. As the role of student support professionals continues to expand, NCYI has broadened the range of topics, offering resources to address such challenges as: Internet safety, overcoming learning differences, childhood obesity, social and emotional learning, self-injury, ADHD, bi-polar and autism spectrum disorders.

 @nationalcenterforyouthissues

 @nationalcenterforyouthissues

 @ncyi

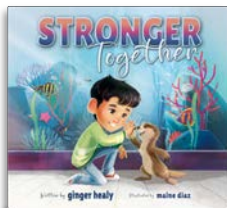
5.30.25

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## NEW RELEASES



COMING JANUARY 2026!

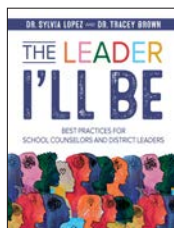
### Stronger Together

Ginger Healy

This gentle, heartfelt story gives children and adults a shared language to talk about anxious feelings, navigating changes, and the healing power of connection.

Dash, a sea otter pup, has learned to calm the worry in his belly by wrapping himself in kelp and playing with his favorite smooth, round stone. Then he meets Sammy, a boy who feels lost and alone after finding out some big news. When their worlds collide, Dash and Sammy share a moment that reveals a compelling truth: even when life feels uncertain and scary, holding onto someone—whether it's a hand...or a paw—can make you stronger together.

<b>D598</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$11.95	9781965066171	9" X 8"	28/CASE	



NOW AVAILABLE!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

### The Leader I'll Be

*Best Practices for School Counselors and District Leaders*

Sylvia Lopez and Tracey Brown

Ready to elevate your impact? *The Leader I'll Be* provides essential leadership skills for school counselors seeking to drive positive change. This valuable resource will help you:

**Define** and **cultivate** your unique leadership style, **Learn** actionable strategies for a more supportive learning environment, **Implement** techniques to prioritize tasks and maximize student success, **Discover** how to establish or enhance a counselor leadership academy, and **Make** a meaningful difference in your students' lives and school community.

Empower yourself to lead, advocate effectively, and create lasting change! For new and seasoned counselors.

<b>D589</b>	GR K-12	PAPERBACK	114 PAGES	<b>DL</b>
\$28.95	9781965066119	8.5" X 11"	24/CASE	



NOW AVAILABLE!

### Quest to Connect Card Deck

*Fostering Meaningful Relationships in a Noisy World*

Challenge your students to develop a deeper understanding of themselves, their classmates, and the world around them. Players build a foundation for empathy and understanding through the power of genuine connection. Inside, you'll find **40 carefully crafted cards**, each featuring **three escalating questions** to spark engaging discussions and cultivate critical thinking. Get ready to lead your students on an adventure of self-discovery and shared understanding that can take as little or as much time as you decide. Here's how your *Quest to Connect* journey unfolds:

- **Level 1: Base Camp** – questions are light and easy
- **Level 2: Snow Line** – questions invite more thought and sharing
- **Level 3: Summit** – questions challenge deep thought and vulnerability

<b>D591</b>	GR 3-12	CARD DECK	40 CARDS	
\$15.95	9781965066164	4.5" X 4.5"	20/CASE	



NOW AVAILABLE!

### 364 Days Until Halloween Resource Bundle

PDF DOWNLOAD  
RD-033 \$5.00

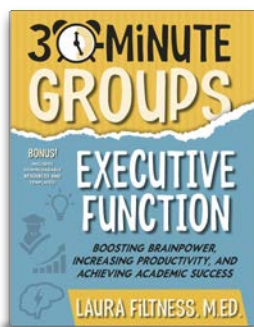
### 364 Days Until Halloween

Allison Edwards

Join Kai on a heartwarming journey through the changing seasons as he learns to embrace the magic of Halloween. Filled with vivid rhymes and whimsical illustrations, this delightful story celebrates friendship in unlikely places and the courage it takes to face your fears. **364 Days Until Halloween** is a perfect read-aloud for:

- Children ages 4-10 who are nervous about Halloween
- Parents looking for a fun and relatable story about overcoming fears
- Teachers and caregivers searching for a charming book to share during Halloween festivities
- A reminder that even the smallest light can shine brightly

<b>D549</b>	GR PK-5	HARDCOVER	32 PAGES	<b>EB</b>
\$17.95	9781953945891	8.25" X 10.5"	36/CASE	



NOW AVAILABLE!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

### 30-Minute Groups: Executive Function

*Boosting Brainpower, Increasing Productivity, and Achieving Academic Success*

**Laura Filtness**

**Are you looking for an engaging tool to help your students develop essential executive function skills?**

This workbook will equip you with everything you need to do just that! Teach crucial skills like planning, time management, and self-regulation in thirty-minute lessons for small group instruction in grades 2-9. It's flexible, adaptable, and requires minimal prep time – no extra materials required!

Designed to build strong cognitive skills for success, this workbook is rooted in practical strategies to help children become more organized, focused, and better equipped to manage their thoughts and actions.

Inside, you'll find:

- 10 Complete Lessons with ASCA® standards
- Comprehensive Small-Group Action Plan
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Surveys to Assess Program Effectiveness
- Results Template to share with interested parties

**Topics include planning, time management, organization, task initiation, attention, self-monitoring, self-regulation, impulse control, and flexible thinking.** The lessons and activities in this thoughtfully crafted resource are designed to help students understand these skills, practice using them, and develop strategies they can apply in their daily lives.

This workbook's practical design allows students to learn through interactive activities and real-world examples, while also fostering connection and shared learning within the group. Use the *30-Minute Groups: Executive Function* workbook to help provide a strong foundation for students to become more effective learners and build essential life skills!

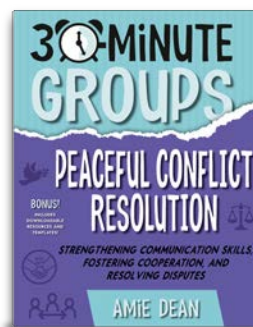
**D590**  
\$22.95

GR 2-9  
9781965066126

PAPERBACK  
8.5" X 11"

116 PAGES  
20/CASE

**DL**



NOW AVAILABLE!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

### 30-Minute Groups: Peaceful Conflict Resolution

*Strengthening Communication Skills, Fostering Cooperation, and Resolving Disputes*

**Amie Dean**

**Are you looking for an engaging tool to help students navigate conflict peacefully and build stronger relationships?**

This workbook will equip you with everything you need to do just that! Teach essential conflict resolution skills in 30-minute lessons for small group or classroom instruction in grades 2-9. It's flexible, adaptable, and requires minimal prep time!

Rooted in evidence-based strategies, this workbook empowers students to develop essential skills for fostering positive, lasting connections.

Inside, you'll find:

- 10 Complete Lessons with ASCA® standards
- Comprehensive Action Plan
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Assessments for program effectiveness
- Results Report to share with interested parties

**Topics include understanding conflict, active listening, finding calm, the apology process, setting boundaries, peacekeeping in action, and more.** The lessons and questions in this thoughtfully crafted resource are designed to help students understand and manage their emotions, learn calming techniques, and develop tools they can use to effectively communicate and resolve conflicts in healthy ways.

This workbook's engaging design ensures all students can participate and learn, fostering a sense of community with their peers. Use the *30-Minute Groups: Peaceful Conflict Resolution* workbook to help provide a strong foundation for students to build and maintain positive relationships!

**D592**  
\$22.95

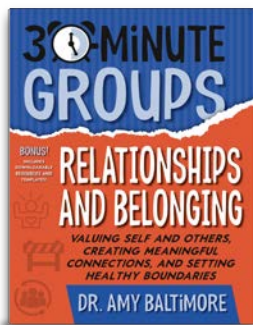
GR 2-9  
9781965066133

PAPERBACK  
8.5" X 11"

124 PAGES  
20/CASE

**DL**





NOW AVAILABLE!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## 30-Minute Groups: Relationships and Belonging

*Valuing Self and Others, Creating Meaningful Connections, and Setting Healthy Boundaries*

Amy Baltimore

**Are you looking for an engaging tool to help students cultivate healthy relationships and a strong sense of belonging?**

This workbook will equip you with everything you need to do just that! Teach crucial academic and social skills in thirty-minute lessons for small group instruction in grades 2-9. It's flexible, adaptable, and requires minimal prep time - no extra materials required!

Recognizing that social interaction is a cornerstone of learning, this curriculum lays crucial groundwork for academic success and overall personal development. It helps students understand their own worth, build positive connections with peers, and establish healthy boundaries in their relationships.

Inside, you'll find:

- 10-12 Complete Lessons with ASCA® standards
- Comprehensive Action Plan
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Assessments for Program Effectiveness
- Results Report to share with interested parties

**Topics include social awareness, empathy, communication, and understanding different viewpoints.** The lessons and activities in this thoughtfully crafted resource are designed to help students understand their own emotions and perspectives, recognize social cues, and develop the crucial interpersonal skills needed to build and maintain positive, healthy relationships.

This workbook's practical design allows students to empathize, connect with others, and translate their new knowledge into practice. Use *30-Minute Groups: Belonging and Relationships* workbook to empower your students to build strong social connections and foster a lasting sense of belonging!

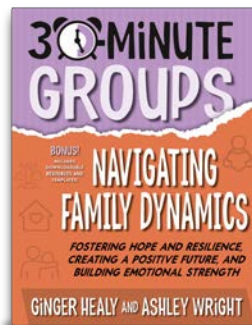
**D593**  
\$22.95

GR 2-9  
9781965066140

PAPERBACK  
8.5" X 11"

112 PAGES  
20/CASE

DL



NOW AVAILABLE!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## 30-Minute Groups: : Navigating Family Dynamics

*Fostering Hope and Resilience, Creating a Positive Future, and Building Emotional Strength*

Ginger Healy and Ashley Wright

**Are you looking for an engaging tool to help students thrive amidst complex family dynamics?**

This all-in-one resource gives you the tools to teach crucial academic and social skills in a flexible, low-prep format. Designed for small groups in grades 2-9, the lessons require no additional materials, making it easy to implement.

Acknowledging the diverse landscape of childhood, this curriculum offers vital support for students navigating challenges like divorce, single-parenthood, foster care, kinship care, parental incarceration, and more. Students often internalize their family's circumstances. This curriculum provides a consistent, supportive environment where they can learn that their worth is not defined by external factors.

Inside you'll find:

- 10-12 Complete Lessons with ASCA® standards
- Comprehensive Action Plan
- Permission and Completion Letters to Send to Caregivers
- Attendance Logs
- Pre- and Post-Assessments for Program Effectiveness
- Results Report to Share with Interested Parties

**Topics include self-awareness, emotional resilience, communication, and conflict resolution.** Through reflective exercises, role-playing, and self-affirmation practices, participants will build confidence, enhance their sense of self, and learn how to navigate challenges while setting goals for personal growth and future success.

This workbook's strategic design allows students to empathize, connect with others, and translate their new knowledge into practice. Use *30-Minute Groups: Navigating Family Dynamics* workbook to help empower students to understand their value, navigate challenges, and build a strong sense of self, regardless of their family structure!

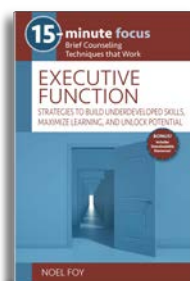
**D594**  
\$25.95

GR 2-9  
9781965066157

PAPERBACK  
8.5" X 11"

136 PAGES  
20/CASE

DL



NOW AVAILABLE!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## 15-Minute Focus: Executive Function

*Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential*

Noel Foy

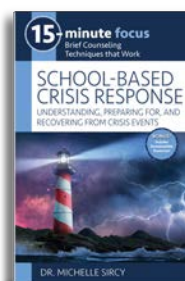
Many students lack strong executive function, the mental processes that govern planning, self-regulation, and goal-directed behavior. But fear not! *15-Minute Focus: Executive Function* was written with the brain in mind and equips you to:

- **Clarify Executive Function:** Gain a clear understanding of twelve crucial skills and their impact on student success.
- **Identify Struggles:** Discover the connection between emotion and learning and how to recognize signs of stress and underdeveloped executive function.
- **Empower Students:** Learn practical strategies and interventions to decrease stress and develop executive function in “all kinds of minds.”
- **Unlock Potential:** Help your students boost their productivity, academic success, behavior, social skills, and autonomy.

This transformative guide is your resource for:

- **Evidence-Based Practices:** Backed by research, these life-changing strategies appeal to students of all ages.
- **Actionable Advice:** Learn simple tips and quick techniques you can implement immediately in your classroom, home, counseling session, and life.
- **Downloads and Reproducible Handouts:** Make your job easier by helping students stress less, learn more, and get things done!

<b>D567</b>	GR K-12	PAPERBACK	136 PAGES	<b>DL</b>
\$16.95	9781953945938	5.5" X 8.5"	20/CASE	<b>EB</b>



NOW AVAILABLE!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## 15-Minute Focus: School-Based Crisis Response

*Understanding, Preparing for, and Recovering from Crisis Events*

Dr. Michelle Sircy

**Are your school communities prepared to face the unexpected?**

Crises can strike at any moment, leaving schools scrambling to respond effectively. In the midst of chaos, it's easy to feel overwhelmed and unsure of the next steps. This guide offers hope - providing clear, actionable steps to navigate the complex landscape of school crisis response.

### Key Features:

- **Comprehensive Coverage:** From preparation and prevention to recovery and long-term support, this guide covers every aspect of school crisis response.
- **Practical Tools:** Detailed checklists, practical tips, and real-world case studies empower school leaders to make informed decisions.
- **Evidence-Based Strategies:** This guide is grounded in research and best practices to ensure effective crisis management.
- **Clear and Concise:** Easy-to-understand language and a user-friendly format make this guide accessible to all school personnel.

### You'll Discover How to:

- Build a strong foundation for crisis prevention and preparedness.
- Respond swiftly and effectively to emergencies.
- Support students, staff, and families during times of crisis.
- Foster resilience and promote long-term recovery.

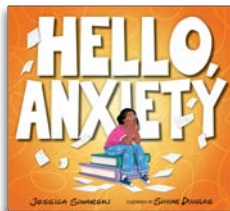
**Don't wait until a crisis strikes. Equip your school community with the tools they need to navigate challenges and emerge stronger!**

<b>D574</b>	GR K-12	PAPERBACK	120 PAGES	<b>DL</b>
\$16.95	9781965066072	5.5" X 8.5"	24/CASE	<b>EB</b>

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NEW RELEASES



## NEW RELEASES



NOW AVAILABLE!



### Hello, Anxiety Resource Bundle

PDF DOWNLOAD  
RD-035 \$5.00

### Hello, Anxiety

Jessica Sinariski

Destiny Davis carries more than just schoolbooks in her backpack. Her constant companion, **Anxiety**, makes everyday tasks feel impossibly hard. But when a big class project sends Destiny into a full-blown spiral, her dad steps in with a surprising solution – and a reminder that even the toughest challenges can be faced head on.

This heartwarming story will help kids: Understand the brain science behind anxiety, Experiment with helpful coping strategies, Build self-confidence and resilience

*Hello, Anxiety* empowers children to face their fears and say: *I know this might be tough, AND... I know I can get through it. I can use my whole, wise brain. I've got this. I can do it!*

D573

\$11.95

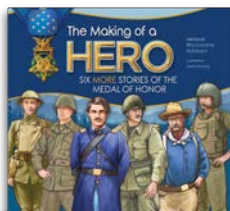
GR 2-5

9781965066058

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB



NOW AVAILABLE!

### The Making of a Hero

*Six More Stories of the Medal of Honor*

Rita Lorraine Hubbard

Join Mrs. Johnson and her class on a thrilling "hero hunt" as they explore the National Medal of Honor Heritage Center. Through captivating stories and vivid illustrations, learn how ordinary people faced extraordinary circumstances, demonstrating unwavering bravery and selfless dedication.

What qualities do you think make a hero? This engaging book will spark discussions about heroism, inspire readers to find the hero within themselves, and celebrate the enduring legacy of America's bravest. Perfect for classrooms, families, and anyone who wants to learn more about the Medal of Honor and the ordinary individuals who accomplished the extraordinary.

D583

\$11.95

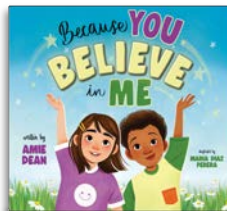
GR 2-5

9781965066096

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB



NOW AVAILABLE!



### Because You Believe in Me Resource Bundle

PDF DOWNLOAD  
RD-034 \$7.00

### Because You Believe in Me

Amie Dean

**What gets you going each day?** This heartwarming picture book explores the power of encouragement in a child's life.

Join a classroom of kids as they share the voices that lift them up on tough days. From supportive caregivers and teachers to helpful friends and coaches, these everyday heroes inspire children to face challenges, embrace mistakes, and celebrate their unique journeys.

***Because You Believe in Me*** is a beautiful reminder that even the smallest words of encouragement can make a world of difference.

**This heartwarming book is perfect for:** Children trying new things, Anyone who needs a little extra encouragement, Parents, educators, and caregivers looking for a positive read-aloud

D550

\$11.95

GR 2-5

9781953945914

PAPERBACK  
9" X 8"

32 PAGES  
28/CASE

EB

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## BEST SELLERS



Scan here for more  
BESTSELLERS

### A Bad Case of Tattle Tongue

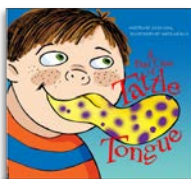
**Julia Cook**

No one likes "Josh the Tattler" because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.



#### A Bad Case of Tattle Tongue Activity and Idea Book

PAPERBACK  
A823 \$10.95



A013 \$10.95

GR K-3

9781931636865

PAPERBACK

32 PAGES

9" X 8"

28/CASE

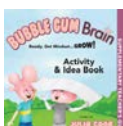
EB

### Bubble Gum Brain

*Ready, Get Mindset...GROW!!*

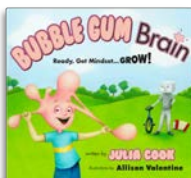
**Julia Cook**

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!



#### Bubble Gum Brain Activity and Idea Book

PAPERBACK  
A814 \$10.95



B815 \$10.95

GR K-6

9781937870430

PAPERBACK

32 PAGES

9" X 8"

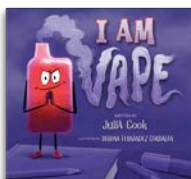
28/CASE

AB EB

### I Am Vape

**Julia Cook**

In a world where "fitting in" can be confusing for children, *I Am Vape* unveils the truth behind a seemingly harmless trend. Key benefits included: **Age-appropriate information:** Written in a clear and engaging style, this book provides a factual understanding of vaping's dangers for young minds, **Empowering children:** By arming children with knowledge, this book helps them make informed decisions about their health, and **Promoting prevention:** This book can be used as a valuable tool in schools and homes to prevent vaping initiation and addiction.



B564 \$11.95

GR 2-5

9781953945990

PAPERBACK

9" X 8"

32 PAGES

28/CASE

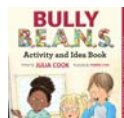
EB

### Bully B.E.A.N.S.

*Bullies Everywhere Are Now Stopped!*

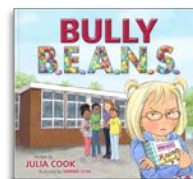
**Julia Cook**

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.



#### Bully B.E.A.N.S. Activity and Idea Book

PAPERBACK  
D240 \$10.95



D239 \$10.95

GR 3-5

9781937870591

PAPERBACK

32 PAGES

9" X 8"

28/CASE

EB

### I Have Ants in My Pants

**Julia Cook**

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.



#### I Have Ants in My Pants Resource Bundle

PDF DOWNLOAD  
RD-017 \$5.00



D293 \$10.95

GR PK-3

9781937870706

PAPERBACK

9" X 8"

32 PAGES

28/CASE

EB

### I Got This!

*I Have Bounce Back Superpowers*

**Julia Cook and Michele Borba**

Charlie has always wanted to be a rescue dog, but becoming one requires a climb to the top of the tallest mountain! He learns six Bounce Back Superpowers that allow him to stay on the path. Readers will learn ways to: approach difficulties calmly, think of creative solutions and break problems into manageable steps.



#### I Got This! Resource Bundle

PDF DOWNLOAD  
RD-032 \$5.00



B534 \$15.95

GR 2-6

9781953945853

HARDCOVER

8.25" X 10.5"

32 PAGES

36/CASE

EB

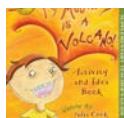




## My Mouth Is A Volcano

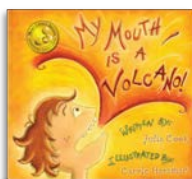
**Julia Cook**

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.



### My Mouth is a Volcano Activity and Idea Book

PAPERBACK  
**A822 \$10.95**



**A014 \$10.95**

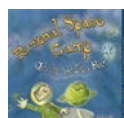
GR K-3  
9781931636858  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**AB EB**

## Personal Space Camp

**Julia Cook**

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.



### Personal Space Camp Activity and Idea Book

PAPERBACK  
**A828 \$10.95**



**A134 \$10.95**

GR K-3  
9781931636872  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## Wilma Jean, the Worry Machine

**Julia Cook**

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.



### Wilma Jean, the Worry Machine Activity and Idea Book

PAPERBACK  
**B096 \$10.95**



**B056 \$10.95**

GR 2-5  
9781937870010  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## What's Inside Your Backpack?

*Coping Skills For Kids Who Have Experienced Trauma*

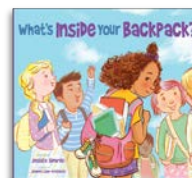
**Jessica Sinarski**

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!



### What's Inside Your Backpack? Resource Bundle

PDF DOWNLOAD  
**RD-020 \$6.00**



**B329 \$10.95**

GR 2-5  
9781953945235  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## Worry Says What?

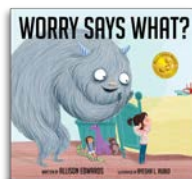
**Allison Edwards**

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.



### Worry Says What? Resource Bundle

PDF DOWNLOAD  
**RD-012 \$5.00**



**D120 \$10.95**

GR K-6  
9781937870515  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

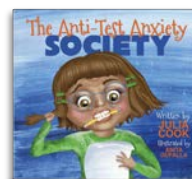
**EB**

## The Anti-Test Anxiety Society

*A Picture Book to Help Worried Students Prepare for Tests*

**Julia Cook**

To Bertha, the word test stands for Terrible Every Single Time! Her teacher explains the Dynamic Dozen (12 amazing test-taking strategies), and how to use her "GET TO" brain instead of her "HAVE TO" brain. Now "Terrible" is "Terrific!"



**B417 \$10.95**

GR 2-6  
9781937870300  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## BEST SELLERS



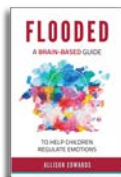
Scan here for more  
BESTSELLERS

### Flooded

*A Brain-Based Guide to Help Children Regulate Emotions*

**Allison Edwards**

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.



**D333** \$21.95

GR K-8

9781953945433

PAPERBACK

5.5" X 8.5"

104 PAGES

24/CASE

**DL** **EB**

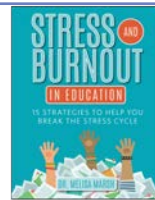
**BONUS!**  
Includes  
Downloadable  
Resources!

### Stress and Burnout in Education

*15 Strategies to Help You Break the Stress Cycle*

**Melisa Marsh**

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.



**D503** \$24.95

GR K-12

9781953945761

PAPERBACK

8.5" X 11"

120 PAGES

20/CASE

**DL**

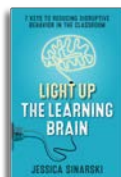
**BONUS!**  
Includes  
Downloadable  
Resources!

### Light Up the Learning Brain

*7 Keys to Reducing Disruptive Behavior in the Classroom*

**Jessica Sinarski**

Are you ready to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more. See [ncyi.org](http://ncyi.org) for the Parent and Educator Reading Guides.



**D532** \$16.95

GR K-12

9781931636520

PAPERBACK

5.5" X 8.5"

208 PAGES

16/CASE

**DL** **AB** **EB**

**BONUS!**  
Includes  
Downloadable  
Resources!



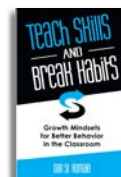
**Audio Book Available**  
Where Audio Books Are Sold  
ISBN: 9781953945884

### Teach Skills and Break Habits

*Growth Mindsets for Better Behavior in the Classroom*

**Dan St. Romain**

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. You will learn to see behavior change as a process of continual improvement and how to use behavior concerns as an opportunity to teach your students skills.



**B960** \$21.95

GR K-12

9781937870492

PAPERBACK

5.5" X 8.5"

176 PAGES

12/CASE

**DL** **AB** **EB**

**Teach Skills and Break Habits Resource Bundle**

PDF DOWNLOAD  
**RD-014** \$6.00

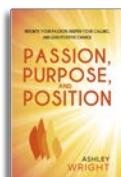


### Passion, Purpose, and Position

*Reignite Your Passion, Deepen Your Calling, and Lead Positive Change*

**Ashley Wright**

In this empowering book you will: Learn practical strategies to overcome burnout and cultivate resilience, **Reconnect** with your core purpose as an educator and articulate what it means to inspire young minds, **Discover** powerful tools to reignite your passion for teaching and find joy in the classroom again, **Develop** a personalized action plan to navigate the ever-changing educational landscape, and **Become** a stronger, more resilient educator equipped to lead positive change in your students' lives.



**D561** \$16.95

GR K-12

9781953945976

PAPERBACK

5.5" X 8.5"

120 PAGES

24/CASE

**DL** **EB**

**BONUS!**  
Includes  
Downloadable  
Resources!

### Growing Up Strong

*Empowering Young Minds to Manage Emotions, Navigate Conflict, and Embrace Growth*

**Allison Edwards**

*Growing Up Strong* offers a transformative approach to equipping kids with the emotional intelligence they need to become confident, capable adults. This comprehensive guide empowers you to help children: Identify and express their feelings, Develop effective coping mechanisms, Navigate conflict peacefully, and Embrace a growth mindset. *Growing Up Strong* provides Age-appropriate activities and exercises, Clear steps for emotion regulation, and Practical guidance for adults.



**D560** \$16.95

GR K-12

9781953945952

PAPERBACK

5.5" X 8.5"

112 PAGES

32/CASE

**DL** **EB**

**BONUS!**  
Includes  
Downloadable  
Resources!

# 30-MINUTE GROUPS

30MinuteGroups.com

30-Minute Groups is a new curriculum series that aims to help school counselors and educators navigate three main challenges they encounter when attempting to start a small group :

- Workload Demands to manage the number of students for whom they are responsible
- No Prep Time to create lessons and activities for small group sessions
- Budget Constraints for ongoing training

The strategic design allows students to empathize, connect with others, and translate their new knowledge into practice. The American School Counselor Association (ASCA®)-aligned curriculum contains an introductory lesson, ten core topical lessons, and a completion session. Practical and applicable, the activities provided are suitable for small and large group instruction and require no additional materials!

Scan here for more  
30-MINUTE GROUPS RESOURCES



## BONUS!

Includes Downloadable  
Resources and Templates!

## 9-Book Set

D597 \$498.55 \$178.70

DL

<b>Anxiety Management</b> <i>Calming the Mind, Challenging Thoughts, and Building Confidence</i>	Dr. Leigh Bagwell	Grades 2-9	9781965066010	94 PAGES	D562
			8.5" X 11"	20/CASE	\$20.95
<b>Executive Function</b> <i>Boosting Brainpower, Increasing Productivity, and Achieving Academic Success</i>	Laura Filtness	Grades 2-9	9781965066126	116 PAGES	D590
			8.5" X 11"	20/CASE	\$22.95
<b>Grief</b> <i>Processing Emotions, Honoring Memories, and Finding Hope</i>	Makenzie Perkins	Grades 2-9	9781965066034	72 PAGES	D565
			8.5" X 11"	20/CASE	\$20.95
<b>Life Skills</b> <i>Increasing Empathy, Building Resilience, and Managing Self</i>	Elishia Basner	Grades 2-9	9781953945860	84 PAGES	D545
			8.5" X 11"	34/CASE	\$19.95
<b>Managing Big Emotions</b> <i>Identifying Triggers, Developing Coping Strategies, and Communicating Effectively</i>	Ginger Healy	Grades 2-9	9781965066027	92 PAGES	D563
			8.5" X 11"	20/CASE	\$20.95
<b>Navigating Family Dynamics</b> <i>Fostering Hope and Resilience, Creating a Positive Future, and Building Emotional Strength</i>	Ginger Healy and Ashley Wright	Grades 2-9	9781965066157	136 PAGES	D594
			8.5" X 11"	20/CASE	\$25.95
<b>Online Safety</b> <i>Spotting Red Flags, Protecting Privacy, and Being a Positive Voice</i>	Dr. Raychelle Cassada Lohmann	Grades 5-12	9781965066041	76 PAGES	D566
			8.5" X 11"	20/CASE	\$20.95
<b>Peaceful Conflict Resolution</b> <i>Strengthening Communication Skills, Fostering Cooperation, and Resolving Disputes</i>	Amie Dean	Grades 2-9	9781965066133	124 PAGES	D592
			8.5" X 11"	20/CASE	\$22.95
<b>Relationships and Belonging</b> <i>Valuing Self and Others, Creating Meaningful Connections, and Setting Healthy Boundaries</i>	Amy Baltimore	Grades 2-9	9781965066140	112 PAGES	D593
			8.5" X 11"	20/CASE	\$22.95



# 15-minute focus

Brief Counseling  
Techniques that Work

[15MinuteFocusSeries.com](http://15MinuteFocusSeries.com)

## 15-Minute Focus Set

A 19 Book Set – Gr K-12

D578 \$357.05 \$321.35

DL

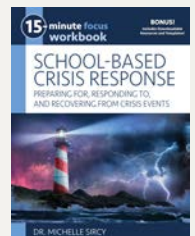
EB



15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

COMING  
SOON!





<b>15-Minute Counseling Techniques that Work</b> <i>What You Didn't Learn in Grad School</i>	Allison Edwards	9781937870690	80 PAGES	D291
		5.5" X 8.5"	32/CASE	\$19.95
<b>Anger, Rage, and Aggression</b> <i>Brief Counseling Techniques that Work</i>	Dr. Raychelle Cassada Lohmann	9781953945617	96 PAGES	D432
		5.5" X 8.5"	24/CASE	\$15.95
<b>Anxiety</b> <i>Worry, Stress, and Fear</i>	Dr. Leigh Bagwell	9781937870737	80 PAGES	D317
		5.5" X 8.5"	24/CASE	\$15.95
<b>Anxiety Workbook</b> <i>Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being</i>	Dr. Leigh Bagwell	9781953945839	216 PAGES	D517
		8.5" X 11"	16/CASE	\$33.95
<b>Behavior Interventions</b> <i>Strategies for Educators, Counselors, and Parents</i>	Amie Dean	9781953945570	104 PAGES	D409
		5.5" X 8.5"	26/CASE	\$15.95
<b>Behavior Interventions Workbook</b> <i>Your Roadmap for Creating a Positive Classroom Community</i>	Amie Dean	9781953945716	212 PAGES	D489
		8.5" X 11"	20/CASE	\$32.95
<b>Behavioral Threat Assessment and Management for K-12 Schools</b> <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781953945457	128 PAGES	D335
		5.5" X 8.5"	22/CASE	\$15.95
<b>Depression</b> <i>Signs and Strategies for Counselors, Educators, and Parents</i>	Dr. Melisa Marsh	9781953945464	104 PAGES	D336
		5.5" X 8.5"	24/CASE	\$15.95
<b>Digital Citizenship</b> <i>Supporting Youth Navigating Technology in a Rapidly Changing World</i>	Dr. Raychelle Cassada Lohmann Dr. Angie C. Smith	9781953945778	132 PAGES	D509
		5.5" X 8.5"	22/CASE	\$15.95
<b>Diversity, Bias, and Privilege</b> <i>Addressing Racial Inequities to Create Inclusive Learning Environments</i>	Dr. Natalie Spencer Gwyn Robert B. Jamison	9781953945471	112 PAGES	D337
		5.5" X 8.5"	24/CASE	\$15.95
<b>Executive Function</b> <i>Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential</i>	Noel Foy	9781953945938	136 PAGES	D567
		5.5" X 8.5"	20/CASE	\$16.95
<b>Grief</b> <i>Processing and Recovery</i>	David A. Opalewski	9781937870768	80 PAGES	D320
		5.5" X 8.5"	32/CASE	\$15.95
<b>Growth Mindset, Resilience, and Grit</b> <i>Harnessing Internal Superpowers for Student Success</i>	Dr. Raychelle Cassada Lohmann	9781953945747	96 PAGES	D502
		5.5" X 8.5"	28/CASE	\$15.95
<b>Regulation and Co-Regulation</b> <i>Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom</i>	Ginger Healy	9781953945792	112 PAGES	D510
		5.5" X 8.5"	24/CASE	\$15.95
<b>Regulation and Co-Regulation Workbook</b> <i>Accessible Neuroscience and Connection Strategies for the Classroom and Beyond</i>	Ginger Healy	9781931636544	168 PAGES	D533
		8.5" X 11"	28/CASE	\$28.95
<b>School-Based Crisis Response</b> <i>Understanding, Preparing for, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066072	120 PAGES	D574
		5.5" X 8.5"	24/CASE	\$16.95
<b>Self-Harm and Self-Injury</b> <i>When Emotional Pain Becomes Physical</i>	Dr. Leigh Bagwell	9781953945440	96 PAGES	D334
		5.5" X 8.5"	24/CASE	\$15.95
<b>Suicide</b> <i>Prevention, Intervention, and Postvention</i>	Dr. Melisa Marsh	9781937870751	88 PAGES	D319
		5.5" X 8.5"	24/CASE	\$15.95
<b>Trauma and Adverse Childhood Experiences</b> <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781937870744	104 PAGES	D318
		5.5" X 8.5"	24/CASE	\$15.95

# BACKLIST PRODUCTS



Scan here for more  
BACKLIST PRODUCTS

## ABC Worry Free

*Combat Anxious and Fearful Thoughts*

Noel Foy

"Do you think you could teach someone to worry less?" I asked. "Absolutely. As long as they're not afraid to learn something new." In *A.B.C. Worry Free*, children will learn an actionable approach to worry that will help them process and work through everyday challenges.

Resource  
Bundle Available



<b>D122</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870546	9" X 8"	28/CASE	

## Be Where Your Feet Are!

Julia Cook

*Be Where Your Feet Are!* is a hilarious story about learning to be present wherever we are...and what can happen when we're not. This book reinforces the concepts of mindfulness and being present in a way children will remember, while showing how good life can be when we learn to appreciate the world and people around us.

Resource  
Bundle Available



<b>D115</b>	GR K-5	PAPERBACK	32 PAGES	<b>AB</b>	<b>EB</b>
\$10.95	9781937870508	9" X 8"	28/CASE		

## Be Your Own Hero

*Help Kids Discover Their Own Inner Hero*

Lisa King

It's Hero Week at school, and Quinn has to choose a hero she looks up to. In her search to find a hero in someone else, she actually finds the hero in herself! Children will learn that being a real-life hero has a whole lot more to do with character and kindness than anything else!

Resource  
Bundle Available



<b>D260</b>	GR 3-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870652	9" X 8"	28/CASE	

## Beat, Beat, Thump

Allison Edwards

What does anxiety feel like to a child? Beat, beat, thump. Beat, beat, thump. That's the pulse of Alex's heart as he navigates worries about school, friendship struggles, and trying new things. In this heartwarming tale, Alex listens to his heart while feeling both panic and peace and learns how his strong heart has carried him through hard things.

Resource  
Bundle Available



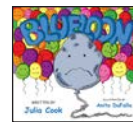
<b>D493</b>	GR 2-5	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781953945723	9" X 8"	28/CASE	

## Blueloon

*A Picture Book About Depression*

Julia Cook

Meet Blueloon – a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to "bounce back" to being the way he used to be – bright, round, and full, with a very straight string!



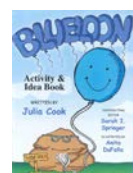
<b>B108</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870041	9" X 8"	28/CASE	

## Blueloon Activity and Idea Book

*Activities that Help Kids Understand and Process Depression*

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools and strategies to help children and parents cope with childhood depression.



<b>B109</b>	GR 2-6	PAPERBACK	28 PAGES	<b>EB</b>
\$10.95	9781937870140	8.5" X 11"	24/CASE	

## But It's Just A Game

*A Picture Book About Having Healthy Video Game Habits*

Julia Cook

Video game addiction is on the rise, but can be prevented. This book teaches both children and adults to switch out their game controller for a "life controller." The tips in the back explain technology addiction and why it is important to set limits and boundaries.



<b>B407</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870164	9" X 8"	28/CASE	

## Cell Phoney

*A Picture Book About Using Cell Phones Responsibly*

Julia Cook

Joanie Maloney finally gets her very own cell phone! Along with Joanie, children will learn the 6 rules of cell phone usage designed to keep them safe and from hurting others. By knowing the rules, children can become masters of their cell phones and avoid becoming a "Cell Phoney!"



<b>B154</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870102	9" X 8"	28/CASE	



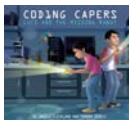
## Coding Capers

*Luci and the Missing Robot*

**Angela Cleveland and Tamara Zentic**

Join Luci and her friends as they go on a STEM-friendly adventure to find a missing robot! In the process they learn the foundational concepts of coding, the increasing capabilities of technology, and the power of persistence.

Resource  
Bundle Available



<b>D243</b>	GR 3-6	PAPERBACK	32 PAGES	<b>DL</b>	<b>EB</b>
\$10.95	9781937870638	9" X 8"	28/CASE		

## Confronting Death In the School Family

*Guidelines and Tools for Adding a Tragedy Component to Your Crisis Response Team*

**David A. Opalewski**

This book gives tools to help your crisis response team respond to the death of a student or staff member. It includes procedures for response, sample announcements, classroom plans, worksheets, and a suicide prevention curriculum.



<b>A133</b>	GR K-12	PAPERBACK	152 PAGES	<b>DL</b>
\$36.95	9781931636360	8.5" X 11"	17/CASE	

## Deployment

*One of Our Pieces is Missing*

**Julia Cook**

Military families experience unique opportunities and challenges, one being navigating changes in how they operate as a family when a parent is deployed. This book serves to honor the sacrifices they make each day by giving an approachable way to discuss the highs and lows of deployment.

Resource  
Bundle Available



<b>B954</b>	GR PK-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870478	9" X 8"	28/CASE	

## Don't Be Afraid to Drop

**Julia Cook**

Hopp, the raindrop, is scared of change and is happy with his safe, predictable life. But he soon learns that staying where he is limits the impact he can have on those around him. *Don't Be Afraid to Drop* is a book for anyone who is at a transitional point in their life that teaches about growth mindset and trying new things.



<b>A268</b>	GR K-5	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636605	9" X 8"	28/CASE	

## Failure Friday

**Andrea Burns**

When Emma finds out she made the school running club, she's excited...and nervous. She soon learns that she isn't very fast and thinks about quitting, until her teacher invites a guest to talk about failure. Emma is surprised to learn that failure isn't something to fear - it's actually something to celebrate on the road to success.

Resource  
Bundle Available



<b>D480</b>	GR 2-5	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781953945679	9" X 8"	28/CASE	

## Felix and the Feelings Formulas

**Kate Bartlein**

What if we could create a formula to help us in challenging situations? Felix takes two things with him wherever he goes: his stuffed rat, Hank, and his notebook of Feelings Formulas. Hank is a friend who's always there, and the Feelings Formula notebook helps Felix figure out how to cope with challenges and concerns he experiences on his adventures.

Resource  
Bundle Available



<b>D488</b>	GR 2-5	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781953945693	9" X 8"	28/CASE	

## Foster Care

*One Dog's Story of Change*

**Julia Cook**

Foster has lived with his mom and "sometimes dad" all of his life...until now. He has so many questions and new feelings to deal with. In this heartfelt story, Foster meets new friends and a kind foster mom who help him navigate the fears and feelings associated with foster care.



<b>B940</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870461	9" X 8"	28/CASE	

## Grief is Like a Snowflake

*A Picture Book About the Death of a Loved One*

**Julia Cook**

Everyone shows grief differently. With the support of his family, Little Tree learns to cope with his father's death by discovering what is really important in life, and how his father's memory will carry on. This book offers a warm approach to the difficult subject of death and dying.



<b>B050</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636780	9" X 8"	28/CASE	

# BACKLIST PRODUCTS



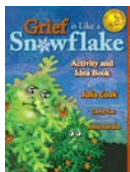
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BACKLIST PRODUCTS

## Grief is Like a Snowflake Activity and Idea Book

*Activities to Help Kids Process the Death of a Loved One*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and explores what grief is, how to personalize it, and how to endure it.



<b>B051</b>	GR K-6	PAPERBACK	24 PAGES
\$10.95	9781931636353	8.5" X 11"	24/CASE

## How to Be Comfortable In Your Own Feathers

*A Picture Book About Having a Healthy Body Image*

**Julia Cook**

Wanting to flutter like the petite Hummingbird, Bluebird takes on unhealthy eating habits. With help from Mom, the Bird Doc, and the Food Voice Counselor, she learns balance, how to control the Food Voice, and have a positive body image.



<b>B185</b>	GR 3-6	PAPERBACK	32 PAGES
\$10.95	9781937870133	9" X 8"	28/CASE

EB

## I am a Booger, Treat Me with Respect

*A Picture Book About Health and Hygiene*

**Julia Cook**

Boogie the booger teaches the healthy way to blow your nose using a Booger Ghost. Boogie knows that most people think he's gross, but he doesn't feel bad because he keeps us from getting sick! He's a true defender, just asking for a little respect.



<b>A145</b>	GR PK-3	PAPERBACK	32 PAGES
\$10.95	9781931636582	9" X 8"	28/CASE

EB

## I Can't Find My Whatchamacallit

*A Picture Book to Help Messy and Disorganized Kids*

**Julia Cook**

After Cletus's mom refuses to let him play with Bocephus until his room is cleaned, Bocephus steps in to help out his disorganized cousin. This book guides children and adults through the organizational process by providing creative planning and organizing advice.



<b>B605</b>	GR K-6	PAPERBACK	32 PAGES
\$10.95	9781937870386	9" X 8"	28/CASE

EB

## I'm NOT Scared, I'm Prepared!

*Because I Know All About ALICE*

**Julia Cook**

The teacher at the Ant Hill School wants her students to be prepared - for everything! One day, she teaches her students what to do if a "dangerous someone" is in their school. This book will enhance the ALICE concepts and make them applicable to children of all ages in a non-fearful way.



<b>B424</b>	GR K -6	PAPERBACK	32 PAGES
\$10.95	9781937870287	9" X 8"	28/CASE

EB

## I'm NOT Scared, I'm Prepared! Activity and Idea Book

*Activities to Help Kids Be Prepared in Emergencies*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to help children prepare for emergency situations.



<b>B479</b>	GR K-6	PAPERBACK	24 PAGES
\$10.95	9781937870317	8.5" X 11"	24/CASE

## I'm Stretched

**Julia Cook**

"I'm stretched! I have so much stuff to do. Gotta be here...Gotta do that...Where did I put my shoe?" *I'm Stretched!* is a captivating story that speaks to children and adults alike, giving them tactical tools to manage their stress in a healthy and helpful way so they can face the pressures of life and find joy in being who they were meant to be.

Resource  
Bundle Available



<b>D244</b>	GR 3-5	PAPERBACK	32 PAGES
\$10.95	9781937870614	9" X 8"	28/CASE

EB

## I'm Your Flag, So Please Treat Me Right

*A Picture Book About the American Flag*

**Julia Cook**

This book explains through the eyes of the American flag what the red, white, and blue stand for, and what the flag means to all Americans. This historical and colorful story will help people of all ages better understand the value of our beautiful flag.



<b>B419</b>	GR K -6	PAPERBACK	32 PAGES
\$10.95	9781937870294	9" X 8"	28/CASE

EB



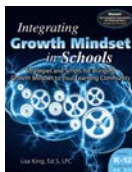


## Integrating Growth Mindset in Schools

### Strategies and Scripts for Bringing Growth Mindset to Your Learning Community

**Lisa King**

Incorporate growth mindset into school programs with a well-structured, evidence-based method to deliver information, specifically broken into K-8 and 9-12. It includes email templates, scripts, posters, lessons, and Powerpoints.



<b>B955</b>	GR K-12	PAPERBACK	188 PAGES	<b>DL</b>
\$29.95	9781937870485	8.5" X 11"	15/CASE	

## Lying Up a STORM

### Julia Cook

"Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm." Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.



<b>B511</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870348	9" X 8"	28/CASE	

## It's Hard to Be A Verb

*A Picture Book to Help Kids with ADHD*

**Julia Cook**

Being a verb is hard! Especially for Louis, who can't seem to control himself when he gets the urge to move at the wrong time and situation. Louis's mom teaches him techniques to keep his inner itching, twitching, and jumping in check. A positive resource for anyone touched by ADHD.



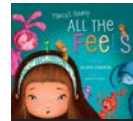
<b>A444</b>	GR K-3	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636841	9" X 8"	28/CASE	

## Marcy's Having All the Feels

**Allison Edwards**

What do you do with all your feelings? Marcy wanted to be happy, but all her other feelings kept showing up and at the worst times! She didn't like feeling sad or embarrassed. Why couldn't she be happy all the time? Allison Edwards explores how sometimes feeling so many feelings doesn't feel so good at all and shares the value of ALL of our emotions.

Resource  
Bundle Available



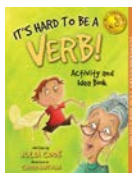
<b>D259</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870645	9" X 8"	28/CASE	

## It's Hard to Be A Verb Activity and Idea Book

*Activities to Help Kids with ADHD*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to improve focus and organizational skills both in and out of the classroom.



<b>A857</b>	GR K-3	PAPERBACK	24 PAGES	<b>EB</b>
\$10.95	9781931636551	8.5" X 11"	24/CASE	

## Melvin the Magnificent Molar

*A Picture Book About Taking Care of Your Teeth*

**Julia Cook, Laura Jana**

Meet Melvin, the lovable tooth. By promoting brushing, flossing, and regular visits to the dentist, Melvin shows readers, young and old, how to make sure they will have happy teeth and healthy smiles that will last a lifetime!



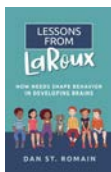
<b>A752</b>	GR PK-3	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636742	9" X 8"	28/CASE	

## Lessons from LaRoux

*How Needs Shape Behavior in Developing Brains*

**Dan St. Romain**

It's no secret that outward behaviors rarely tell the whole story. Instead, those actions often point to deeper needs and desires. Join Dan as he addresses fifteen key areas and links an educational touch point with a relevant story about his dog, LaRoux, and then a take-away strategy.



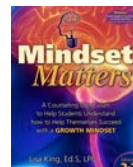
<b>D511</b>	GR K-12	PAPERBACK	128 PAGES	<b>DL</b>
\$19.95	9781953945815	5.5" X 8.5"	16/CASE	

## Mindset Matters

*A Counseling Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset*

**Lisa King**

The lessons in this book will provide students with a foundation of brain science, the magic of grit, and the benefits of learning, which will help them see the positive outcomes of having a growth mindset.



<b>B650</b>	GR 2-7	PAPERBACK	167 PAGES	<b>DL</b>
\$29.95	9781937870409	8.5" X 11"	19/CASE	

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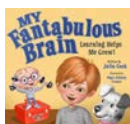
## My Fantabulous Brain

*Learning Helps Me Grow!*

**Julia Cook**

Take the "T" out of "CAN'T" and the "DON'T" out of "I DON'T KNOW!" This book encourages growth mindset and provides practical homework and study skills. Children will learn that everyone needs help sometimes, and there are tools to make our brains stronger!

Resource  
Bundle Available



<b>D268</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870683	9" X 8"	28/CASE	

## Ricky Sticky Fingers

**Julia Cook**

Meet Ricky, a boy that just can't seem to figure out that stealing is wrong. "When I see something that I really want, I think, 'Hey, that could be mine!' So I look both ways, reach out my hand, and take it at just the right time." Through a fun story, children will learn the concept of ownership and how it feels when someone doesn't respect what is yours.



<b>B151</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870089	9" X 8"	28/CASE	

## No Putdowns (Grades 6-8)

*Creating a Healthy Learning Environment through Encouragement, Understanding, and Respect*

**Jim Wright, Wendy Stein, Stephanie Pelcher**

This comprehensive curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes a program guide for staff and fifty activities designed for use over a ten-week period.



<b>A018</b>	GR 6-8	PAPERBACK	112 PAGES	
\$36.95	9781931636650	8.5" X 11"	35/CASE	

## Soda Pop Head

**Julia Cook**

"There goes Lester. Watch him fester. His face turns red. He's a Soda Pop Head." Most of the time Lester's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red, and he blows his top! Soda Pop Head will help children learn to control their anger while helping them manage stress. It's a must for the home or classroom.



<b>B007</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636773	9" X 8"	28/CASE	

## Planning Isn't My Priority...and Making Priorities Isn't In My Plans

*A Picture Book About How to Responsibility Helps You Reach Your Goals*

**Julia Cook**

While working on a project, two cousins learn to appreciate each other's strengths and weaknesses. Creativity needs structure, and structure needs creativity. And BOTH boys need to know how to plan and prioritize!



<b>B617</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870393	9" X 8"	28/CASE	

## Soda Pop Head Activity and Idea Book

*Activities to Help Kids with Anger*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to help children control their anger outbursts.



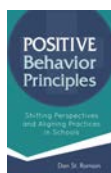
<b>B087</b>	GR K-6	PAPERBACK	24 PAGES	
\$10.95	9781937870027	8.5" X 11"	24/CASE	

## Positive Behavior Principles

*Shifting Perspectives and Aligning Practices in Schools*

**Dan St. Romain**

Looking for Behavior Support? *Positive Behavior Principles* outlines nine core principles that can be used to design prevention, intervention, and crisis strategies for supporting student behaviors in schools.



Resource  
Bundle Available

<b>D294</b>	GR K-12	PAPERBACK	200 PAGES	<b>DL</b> <b>EB</b>
\$23.95	9781937870713	5.5" X 8.5"	32/CASE	

## Songbird

*A Story About Having the Courage to DREAM BIG!*

**Jenn Larson**

Sydney Sparrow dreams of conducting the New York Philharmonic Orchestra! But when the other birds start questioning her dream, she wonders if she has set her sights too high. This inspiring book shows kids what it looks like to set a goal and work hard to reach it.

Resource  
Bundle Available



<b>D261</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870676	9" X 8"	28/CASE	



## Straight from the Horse's Mouth

*A Picture Book About How Horses Help People Who Have Experienced Trauma*

**Julia Cook**

Horses can help people fix ANYTHING! Archie is not your average horse. He helps people get rid of their flies - the things that bug us! This creative book takes a look at the power of horse therapy for helping people heal on the inside.



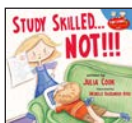
<b>B156</b>	GR 3-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870126	9" X 8"	28/CASE	

## Study Skilled...NOT!!!

*A Picture Book About Doing Your Homework, Taking Tests, and Good Study Skills*

**Julia Cook**

Bocephus over-studies and stresses, while Cletus studies as little as possible. After Cletus's mom introduces them to "The Amazing Great 8!," the boys learn how good study skills can affect not only their grades, but also their attitudes.



<b>B765</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870423	9" X 8"	28/CASE	

## The "D" Word (Divorce)

*A Picture Book to Help Kids Going Through a Divorce*

**Julia Cook**

Otis's perfect family changes as soon as his parents say they are getting divorced. At first he blames himself. With the help of his Gram, Otis learns about the Three C's of divorce: I didn't CAUSE it, I can't CONTROL it, so I'm going to have to learn to COPE with it!



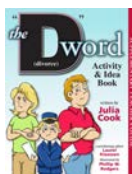
<b>B033</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636766	9" X 8"	28/CASE	

## The "D" Word (Divorce) Activity and Idea Book

*Activities to Help Kids Going Through a Divorce*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools to help cope with divorce by reinforcing the Three C's of divorce.



<b>B163</b>	GR 2-5	PAPERBACK	24 PAGES	<b>EB</b>
\$10.95	9781937870096	9" X 8"	24/CASE	

## The Ant Hill Disaster

*A Picture Book that Addresses Fears Associated with Natural and Man-Caused Disasters*

**Julia Cook**

After a disaster destroys his school, a little ant is afraid to return. While addressing fears associated with natural and man-caused disasters, his mom and teacher encourage him that he can stand strong, even in uncontrollable events.



<b>B415</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870270	9" X 8"	28/CASE	

## The Awfulizer

*Learning to Overcome the Shame Game*

**Kristin Maher**

"I feel like there's a monster in my head. He tells me all the things I am doing wrong and how I am wrong," *The Awfulizer* gives shame a name and face, showing just how real and big it can be for children; how it keeps them feeling isolated and makes them question their self-worth.

Resource  
Bundle Available



<b>D133</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870584	9" X 8"	28/CASE	

## The Making of a Hero

*Six Stories of the Medal of Honor*

**Linda Moss Mines**

*The Making of a Hero* introduces the important values of patriotism, citizenship, courage, integrity, sacrifice, and commitment. This book tells the story of six Americans who were awarded the Congressional Medal of Honor, the highest award given to a member of the armed forces for valor.



<b>D316</b>	GR 2-5	PAPERBACK	32 PAGES	<b>DL</b>	<b>EB</b>
\$10.95	9781937870720	9" X 8"	28/CASE		

## The Techno Smart Activity and Idea Book

*The Activity Book for Cell Phoney and But It's Just a Game*

**Julia Cook**

This activity book is the perfect companion to the picture books. It is full of discussion questions, worksheets, and exercises and teaches digital citizenship by learning the etiquette of using technology effectively.



<b>B519</b>	GR 2-6	PAPERBACK	28 PAGES	<b>EB</b>
\$10.95	9781937870362	8.5" X 11"	24/CASE	

# BACKLIST PRODUCTS



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## There's No Dream Too Tall

*Believe in Yourself and Your Dream Will Find You!*

**Amie Dean**

"The world is wide open; there's no dream too tall. For a boy or a girl, whether big or quite small! There are millions of choices no end to the list. So, look deep in yourself and consider your gifts." By showing kids their strengths, we give them the power and permission to dream.

Resource  
Bundle Available



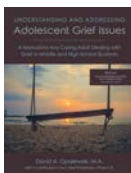
<b>D267</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870669	9" X 8"	28/CASE	

## Understanding and Addressing Adolescent Grief Issues

*A Manual for Any Caring Adult Dealing with Grief in Middle and High School Students*

**David A. Opalewski**

Death is a terrible shock for the adolescent. This book helps adults understand what the adolescent is going through and provides comprehensive techniques to address the situation.



<b>A258</b>	GR 6-12	PAPERBACK	88 PAGES	<b>DL</b>
\$19.95	9781931636469	8.5" X 11"	28/CASE	

## What Do I Say About That?

*Coping with an Incarcerated Parent*

**Julia Cook**

When a loved one is sentenced to prison, the emotional turmoil is difficult for everyone. This book looks at the struggles facing the child of an incarcerated parent and helps gain insight to the healing and coping process.



<b>B520</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870379	9" X 8"	28/CASE	

## What Shoes Will You Wear?

*A Picture Book to Help Kids Understand a Variety of Careers*

**Julia Cook**

Myrtle and Erytle's father uses their love of shoes to help them think about future careers. This book includes career clusters and the skills needed for any career: responsibility, self-confidence, integrity, punctuality, and teamwork.



<b>B486</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870324	9" X 8"	28/CASE	

## What Shoes Will You Wear? Activity and Idea Book

*Activities to Help Kids Understand a Variety of Careers*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and assists children in starting on the pathway of being college and career ready.

<b>B488</b>	GR 2-6	PAPERBACK	32 PAGES
\$11.95	9781937870355	8.5" X 11"	24/CASE



## Will You be the I in Kind?

**Julia Cook**

Join the fun as "K\_nd" goes on an adventure to find his missing "i." Along the way, he helps children learn to share their kindness in big and small ways. This story will spark conversations at school and home about the concepts of kindness, empathy, and compassion and will encourage children to bring kindness along wherever they go!

Resource  
Bundle Available



<b>D338</b>	GR K-5	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781953945532	9" X 8"	28/CASE	

## Winners Don't Whine and Whiners Don't Win

*A Picture Book About Good Sportsmanship*

**Julia Cook**

Wendell's mom helps him understand that everything doesn't have to be a contest, and losing does not make you a loser. In fact, it can make you stronger! This book teaches that winning isn't everything and whining just makes it worse.



<b>B750</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870416	9" X 8"	28/CASE	

## Your Happy Heart

*How Helping Others Helps You, Too*

**Amie Dean**

When Javon, a fifth grader, meets Richard, a kindergartner, for the first time, Richard won't talk to Javon or even look at him. Javon realizes that Richard reminds him a lot of himself at that age. Javon learns that helping someone find their happiness makes your own heart happy, too.

Resource  
Bundle Available



<b>D134</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870560	9" X 8"	28/CASE	



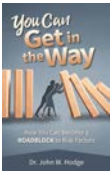


You Can Get in the Way

How You Can Become a *ROADBLOCK* to Risk Factors

John W. Hodge

Through stories, research, and strategies, Hodge shows how children can be successful despite the risk factors that typically hold them back. You will gain a fundamental understanding of how the resilience phenomenon works and gain insight into ways you can foster resilience in students.



Downloadable  
Resources Available

D436 \$19.95	GR K-12	PAPERBACK	96 PAGES	DL	EB
	9781953945655	5.5" X 8.5"	24/CASE	AB	

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### What others are saying!

I would recommend without reservation to any district/organization considering a partnership with NCYI! Whether NCYI is managing our Texas ASCA®-affiliated conference (LSSSCA) or a local in-service event, the attention to detail, follow-up and support are consistently professional! NCYI understands school counselors and knows how to support District Supervisors like me. We simply tell them what we want, and they handle the rest! The NCYI Speakers Bureau is comprised of high quality thought leaders who are equipped to not only deliver a keynote, but are also skilled at delivering complete workshops!

#### Tammi Mackeben

Director of Guidance and Counseling, Socorro Independent School District  
El Paso, Texas



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