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About NCYI

National Center for Youth Issues provides educational resources, training, and support programs to foster the healthy social, emotional, and physical development of children and youth. Since our founding in 1981, NCYI has established a reputation as one of the country’s leading providers of teaching materials and training for counseling and student-support professionals. NCYI helps meet the immediate needs of students throughout the nation by ensuring those who mentor them are well prepared to respond across the developmental spectrum.

To date, NCYI has placed materials in and provided training to over 40,000 schools in all 50 states. Last year alone, NCYI placed more than 75,000 counseling resources in schools throughout the country. The range of issues addressed has grown substantially, encompassing subjects ranging from bullying and violence prevention, to drug and alcohol abuse, depression, suicide, and anxiety, as well as life-skills development and social-emotional learning. As the role of student support professionals continues to expand, NCYI has broadened the range of topics, offering resources to address such challenges as: Internet safety, overcoming learning differences, childhood obesity, social and emotional learning, self-injury, ADHD, bi-polar and autism spectrum disorders.

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 @nationalcenterforyouthissues

 @ncyi

9.15.25

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NEW RELEASES



NEW RELEASES

NOW AVAILABLE!



Quest to Connect Card Deck

Fostering Meaningful Relationships in a Noisy World

Forge Deeper Connections with *Quest to Connect*!

Ever feel like the world's spinning faster than you can keep up? You're not alone. With a constant flood of voices, images, and opinions, it can be tough to truly connect—with others in meaningful conversation and with ourselves in healthy self-reflection. That's exactly where the *Quest to Connect* card deck comes in. You're holding a powerful tool designed to cut through the noise and help you and your students build authentic relationships.

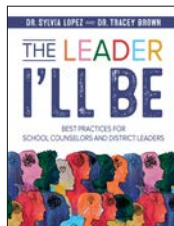
This isn't just a deck of cards; it's a journey. Inside, you'll find **40 carefully crafted cards**, each featuring **three escalating questions** to spark engaging discussions and cultivate critical thinking. Get ready to lead your students on an adventure of self-discovery and shared understanding that can take as little or as much time as you decide.

Here's how your *Quest to Connect* journey unfolds:

- **Level 1: Base Camp** – These questions are your gentle starting point, light and easy, with minimal personal risk. They help your students begin to truly see the people around them and recognize opportunities for connection, setting the stage for enriching discussions. Think of them as the friendly slopes that begin your climb.
- **Level 2: Snow Line** – Midway up the mountain, these questions invite more thought and sharing. While still not deeply personal, they encourage creative thinking and the expression of opinions, moving beyond surface-level interactions. Here, the conversations become more vibrant and authentic.
- **Level 3: Summit** – Reaching the peak, these questions challenge participants to think deeply, embrace vulnerability, and connect with their emotions. Unearthing these answers may require more introspection, but the profound insights and stronger bonds forged are well worth the effort. This is where true connection blossoms.

Quest to Connect helps students develop a deeper understanding of themselves, their classmates, and the world around them. It's more than just a deck of cards; it's an invitation to unlock the incredible power of genuine connection, building a foundation for empathy and understanding in every interaction.

D591-NET	GR 3-12	CARD DECK	41 CARDS
\$15.95	9781965066164	4.5" X 4.5"	20/CASE



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

The Leader I'll Be

Best Practices for School Counselors and District Leaders

Sylvia Lopez and Tracey Brown

Ready to elevate your impact? *The Leader I'll Be* provides essential leadership skills for school counselors seeking to drive positive change. This valuable resource will help you:

Define and **cultivate** your unique leadership style, **Learn** actionable strategies for a more supportive learning environment, **Implement** techniques to prioritize tasks and maximize student success, **Discover** how to establish or enhance a counselor leadership academy, and **Make** a meaningful difference in your students' lives and school community.

Empower yourself to lead, advocate effectively, and create lasting change! For new and seasoned counselors.

D589-NET	GR K-12	PAPERBACK	114 PAGES	DL
\$28.95	9781965066119	8.5" X 11"	24/CASE	



NOW AVAILABLE!



**364 Days Until Halloween
Resource Bundle**

PDF DOWNLOAD
RD-033 \$5.00

364 Days Until Halloween

Allison Edwards

Join Kai on a heartwarming journey through the changing seasons as he learns to embrace the magic of Halloween. Filled with vivid rhymes and whimsical illustrations, this delightful story celebrates friendship in unlikely places and the courage it takes to face your fears. **364 Days Until Halloween** is a perfect read-aloud for:

- Children ages 4-10 who are nervous about Halloween
- Parents looking for a fun and relatable story about overcoming fears
- Teachers and caregivers searching for a charming book to share during Halloween festivities
- A reminder that even the smallest light can shine brightly

D549-NET	GR PK-5	HARDCOVER	32 PAGES	EB
\$17.95	9781953945891	8.25" X 10.5"	36/CASE	

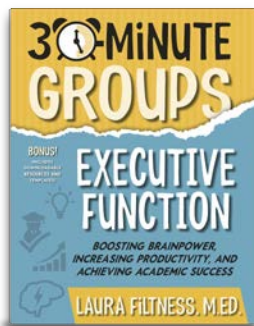
DL DIGITAL LINK AVAILABLE

EB E-BOOK

AB AUDIO BOOK

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3



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Executive Function

*Boosting Brainpower, Increasing Productivity,
and Achieving Academic Success*

Laura Filtness

Are you looking for an engaging tool to help your students develop essential executive function skills?

This workbook will equip you with everything you need to do just that! Teach crucial skills like planning, time management, and self-regulation in thirty-minute lessons for small group instruction in grades 2-9. It's flexible, adaptable, and requires minimal prep time – no extra materials required!

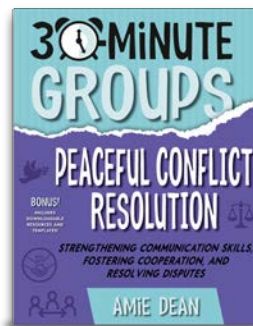
Designed to build strong cognitive skills for success, this workbook is rooted in practical strategies to help children become more organized, focused, and better equipped to manage their thoughts and actions.

Inside, you'll find:

- 10 Complete Lessons with ASCA® standards
- Comprehensive Small-Group Action Plan
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Surveys to Assess Program Effectiveness
- Results Template to share with interested parties

Topics include planning, time management, organization, task initiation, attention, self-monitoring, self-regulation, impulse control, and flexible thinking. The lessons and activities in this thoughtfully crafted resource are designed to help students understand these skills, practice using them, and develop strategies they can apply in their daily lives.

This workbook's practical design allows students to learn through interactive activities and real-world examples, while also fostering connection and shared learning within the group. Use the *30-Minute Groups: Executive Function* workbook to help provide a strong foundation for students to become more effective learners and build essential life skills!



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Peaceful Conflict Resolution

Strengthening Communication Skills, Fostering Cooperation, and Resolving Disputes

Amie Dean

Are you looking for an engaging tool to help students navigate conflict peacefully and build stronger relationships?

This workbook will equip you with everything you need to do just that! Teach essential conflict resolution skills in 30-minute lessons for small group or classroom instruction in grades 2-9. It's flexible, adaptable, and requires minimal prep time!

Rooted in evidence-based strategies, this workbook empowers students to develop essential skills for fostering positive, lasting connections.

Inside, you'll find:

- 10 Complete Lessons with ASCA® standards
- Comprehensive Action Plan
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Assessments for program effectiveness
- Results Report to share with interested parties

Topics include understanding conflict, active listening, finding calm, the apology process, setting boundaries, peacekeeping in action, and more. The lessons and questions in this thoughtfully crafted resource are designed to help students understand and manage their emotions, learn calming techniques, and develop tools they can use to effectively communicate and resolve conflicts in healthy ways.

This workbook's engaging design ensures all students can participate and learn, fostering a sense of community with their peers. Use the *30-Minute Groups: Peaceful Conflict Resolution* workbook to help provide a strong foundation for students to build and maintain positive relationships!

D590-NET
\$22.95

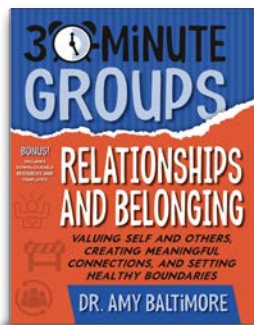
GR 2-9
9781965066126 PAPERBACK
8.5" X 11" 116 PAGES
20/CASE

DL

D592-NET
\$22.95

GR 2-9
9781965066133 PAPERBACK
8.5" X 11" 124 PAGES
20/CASE

DL



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Relationships and Belonging

Valuing Self and Others, Creating Meaningful Connections, and Setting Healthy Boundaries

Amy Baltimore

Are you looking for an engaging tool to help students cultivate healthy relationships and a strong sense of belonging?

This workbook will equip you with everything you need to do just that! Teach crucial academic and social skills in thirty-minute lessons for small group instruction in grades 2-9. It's flexible, adaptable, and requires minimal prep time - no extra materials required!

Recognizing that social interaction is a cornerstone of learning, this curriculum lays crucial groundwork for academic success and overall personal development. It helps students understand their own worth, build positive connections with peers, and establish healthy boundaries in their relationships.

Inside, you'll find:

- 10-12 Complete Lessons with ASCA® standards
- Comprehensive Action Plan
- Permission and Completion Letters to send to caregivers
- Attendance Logs
- Pre- and Post-Assessments for Program Effectiveness
- Results Report to share with interested parties

Topics include social awareness, empathy, communication, and understanding different viewpoints. The lessons and activities in this thoughtfully crafted resource are designed to help students understand their own emotions and perspectives, recognize social cues, and develop the crucial interpersonal skills needed to build and maintain positive, healthy relationships.

This workbook's practical design allows students to empathize, connect with others, and translate their new knowledge into practice. Use *30-Minute Groups: Belonging and Relationships* workbook to empower your students to build strong social connections and foster a lasting sense of belonging!

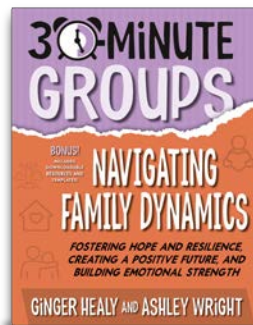
D593-NET
\$22.95

GR 2-9
9781965066140

PAPERBACK
8.5" X 11"

112 PAGES
20/CASE

DL



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: : Navigating Family Dynamics

Fostering Hope and Resilience, Creating a Positive Future, and Building Emotional Strength

Ginger Healy and Ashley Wright

Are you looking for an engaging tool to help students thrive amidst complex family dynamics?

This all-in-one resource gives you the tools to teach crucial academic and social skills in a flexible, low-prep format. Designed for small groups in grades 2-9, the lessons require no additional materials, making it easy to implement.

Acknowledging the diverse landscape of childhood, this curriculum offers vital support for students navigating challenges like divorce, single-parenthood, foster care, kinship care, parental incarceration, and more. Students often internalize their family's circumstances. This curriculum provides a consistent, supportive environment where they can learn that their worth is not defined by external factors.

Inside you'll find:

- 10-12 Complete Lessons with ASCA® standards
- Comprehensive Action Plan
- Permission and Completion Letters to Send to Caregivers
- Attendance Logs
- Pre- and Post-Assessments for Program Effectiveness
- Results Report to Share with Interested Parties

Topics include self-awareness, emotional resilience, communication, and conflict resolution. Through reflective exercises, role-playing, and self-affirmation practices, participants will build confidence, enhance their sense of self, and learn how to navigate challenges while setting goals for personal growth and future success.

This workbook's strategic design allows students to empathize, connect with others, and translate their new knowledge into practice. Use *30-Minute Groups: Navigating Family Dynamics* workbook to help empower students to understand their value, navigate challenges, and build a strong sense of self, regardless of their family structure!

D594-NET
\$25.95

GR 2-9
9781965066157

PAPERBACK
8.5" X 11"

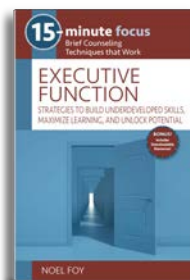
136 PAGES
20/CASE

DL

NEW RELEASES



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15-Minute Focus: Executive Function

Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential

Noel Foy

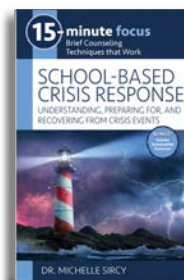
Many students lack strong executive function, the mental processes that govern planning, self-regulation, and goal-directed behavior. But fear not! *15-Minute Focus: Executive Function* was written with the brain in mind and equips you to:

- **Clarify Executive Function:** Gain a clear understanding of twelve crucial skills and their impact on student success.
- **Identify Struggles:** Discover the connection between emotion and learning and how to recognize signs of stress and underdeveloped executive function.
- **Empower Students:** Learn practical strategies and interventions to decrease stress and develop executive function in “all kinds of minds.”
- **Unlock Potential:** Help your students boost their productivity, academic success, behavior, social skills, and autonomy.

This transformative guide is your resource for:

- **Evidence-Based Practices:** Backed by research, these life-changing strategies appeal to students of all ages.
- **Actionable Advice:** Learn simple tips and quick techniques you can implement immediately in your classroom, home, counseling session, and life.
- **Downloads and Reproducible Handouts:** Make your job easier by helping students stress less, learn more, and get things done!

D567-NET \$16.95	GR K-12	PAPERBACK	136 PAGES	DL
	9781953945938	5.5" X 8.5"	20/CASE	EB



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

15-Minute Focus: School-Based Crisis Response

Understanding, Preparing for, and Recovering from Crisis Events

Dr. Michelle Sircy

Are your school communities prepared to face the unexpected?

Crises can strike at any moment, leaving schools scrambling to respond effectively. In the midst of chaos, it's easy to feel overwhelmed and unsure of the next steps. This guide offers hope - providing clear, actionable steps to navigate the complex landscape of school crisis response.

Key Features:

- **Comprehensive Coverage:** From preparation and prevention to recovery and long-term support, this guide covers every aspect of school crisis response.
- **Practical Tools:** Detailed checklists, practical tips, and real-world case studies empower school leaders to make informed decisions.
- **Evidence-Based Strategies:** This guide is grounded in research and best practices to ensure effective crisis management.
- **Clear and Concise:** Easy-to-understand language and a user-friendly format make this guide accessible to all school personnel.

You'll Discover How to:

- Build a strong foundation for crisis prevention and preparedness.
- Respond swiftly and effectively to emergencies.
- Support students, staff, and families during times of crisis.
- Foster resilience and promote long-term recovery.

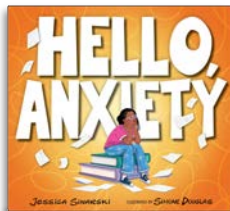
Don't wait until a crisis strikes. Equip your school community with the tools they need to navigate challenges and emerge stronger!

D574-NET \$16.95	GR K-12	PAPERBACK	120 PAGES	DL
	9781965066072	5.5" X 8.5"	24/CASE	EB

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Hello, Anxiety Resource Bundle

PDF DOWNLOAD
RD-035 \$5.00

Hello, Anxiety

Jessica Sinariski

Destiny Davis carries more than just schoolbooks in her backpack. Her constant companion, **Anxiety**, makes everyday tasks feel impossibly hard. But when a big class project sends Destiny into a full-blown spiral, her dad steps in with a surprising solution – and a reminder that even the toughest challenges can be faced head on.

This heartwarming story will help kids: Understand the brain science behind anxiety, Experiment with helpful coping strategies, Build self-confidence and resilience

Hello, Anxiety empowers children to face their fears and say: *I know this might be tough, AND... I know I can get through it. I can use my whole, wise brain. I've got this. I can do it!*

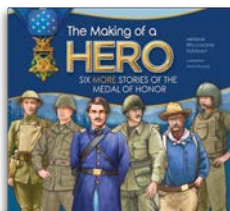
D573-NET
\$11.95

GR 2-5
9781965066058

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB



NOW AVAILABLE!

The Making of a Hero

Six More Stories of the Medal of Honor

Rita Lorraine Hubbard

Join Mrs. Johnson and her class on a thrilling "hero hunt" as they explore the National Medal of Honor Heritage Center. Through captivating stories and vivid illustrations, learn how ordinary people faced extraordinary circumstances, demonstrating unwavering bravery and selfless dedication.

What qualities do you think make a hero? This engaging book will spark discussions about heroism, inspire readers to find the hero within themselves, and celebrate the enduring legacy of America's bravest. Perfect for classrooms, families, and anyone who wants to learn more about the Medal of Honor and the ordinary individuals who accomplished the extraordinary.

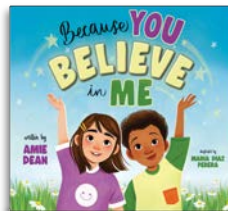
D583-NET
\$11.95

GR 2-5
9781965066096

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB



NOW AVAILABLE!



Because You Believe in Me Resource Bundle

PDF DOWNLOAD
RD-034 \$7.00

Because You Believe in Me

Amie Dean

What gets you going each day? This heartwarming picture book explores the power of encouragement in a child's life.

Join a classroom of kids as they share the voices that lift them up on tough days. From supportive caregivers and teachers to helpful friends and coaches, these everyday heroes inspire children to face challenges, embrace mistakes, and celebrate their unique journeys.

Because You Believe in Me is a beautiful reminder that even the smallest words of encouragement can make a world of difference.

This heartwarming book is perfect for: Children trying new things, Anyone who needs a little extra encouragement, Parents, educators, and caregivers looking for a positive read-aloud

D550-NET
\$11.95

GR 2-5
9781953945914

PAPERBACK
9" X 8"

32 PAGES
28/CASE

EB

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BEST SELLERS



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A Bad Case of Tattle Tongue

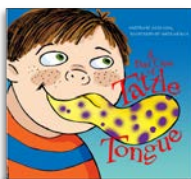
Julia Cook

No one likes "Josh the Tattler" because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.



A Bad Case of Tattle Tongue Activity and Idea Book

PAPERBACK
A823-NET \$10.95



A013-NET \$10.95

GR K-3

9781931636865

PAPERBACK

32 PAGES

9" X 8"

28/CASE

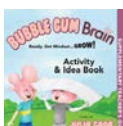
EB

Bubble Gum Brain

Ready, Get Mindset...GROW!!

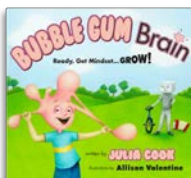
Julia Cook

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!



Bubble Gum Brain Activity and Idea Book

PAPERBACK
A814-NET \$10.95



B815-NET \$10.95

GR K-6

9781937870430

PAPERBACK

32 PAGES

9" X 8"

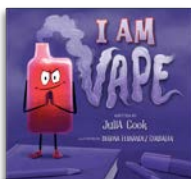
28/CASE

AB EB

I Am Vape

Julia Cook

In a world where "fitting in" can be confusing for children, *I Am Vape* unveils the truth behind a seemingly harmless trend. Key benefits included: **Age-appropriate information:** Written in a clear and engaging style, this book provides a factual understanding of vaping's dangers for young minds, **Empowering children:** By arming children with knowledge, this book helps them make informed decisions about their health, and **Promoting prevention:** This book can be used as a valuable tool in schools and homes to prevent vaping initiation and addiction.



B564-NET \$11.95

GR 2-5

9781953945990

PAPERBACK

9" X 8"

32 PAGES

28/CASE

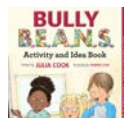
EB

Bully B.E.A.N.S.

Bullies Everywhere Are Now Stopped!

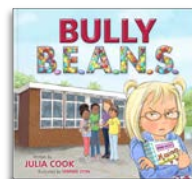
Julia Cook

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.



Bully B.E.A.N.S. Activity and Idea Book

PAPERBACK
D240-NET \$10.95



D239-NET \$10.95

GR 3-5

9781937870591

PAPERBACK

32 PAGES

9" X 8"

28/CASE

EB

I Have Ants in My Pants

Julia Cook

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.



I Have Ants in My Pants Resource Bundle

PDF DOWNLOAD
RD-017 \$5.00



D293-NET \$10.95

GR PK-3

9781937870706

PAPERBACK

9" X 8"

32 PAGES

28/CASE

EB

I Got This!

I Have Bounce Back Superpowers

Julia Cook and Michele Borba

Charlie has always wanted to be a rescue dog, but becoming one requires a climb to the top of the tallest mountain! He learns six Bounce Back Superpowers that allow him to stay on the path. Readers will learn ways to: approach difficulties calmly, think of creative solutions and break problems into manageable steps.



I Got This! Resource Bundle

PDF DOWNLOAD
RD-032 \$5.00



B534-NET \$15.95

GR 2-6

9781953945853

HARDCOVER

8.25" X 10.5"

32 PAGES

36/CASE

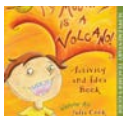
EB



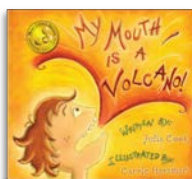
My Mouth Is A Volcano

Julia Cook

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.



**My Mouth is a
Volcano Activity
and Idea Book**
PAPERBACK
A822-NET \$10.95

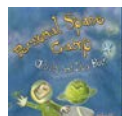


A014-NET \$10.95
GR K-3
9781931636858
PAPERBACK
9" X 8"
32 PAGES
28/CASE
AB EB

Personal Space Camp

Julia Cook

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.



**Personal Space
Camp Activity and
Idea Book**
PAPERBACK
A828-NET \$10.95



A134-NET \$10.95
GR K-3
9781931636872
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

Wilma Jean, the Worry Machine

Julia Cook

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.



**Wilma Jean, the
Worry Machine
Activity and Idea
Book**
PAPERBACK
B096-NET \$10.95



B056-NET \$10.95
GR 2-5
9781937870010
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

What's Inside Your Backpack?

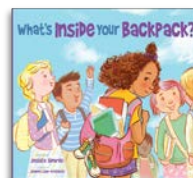
*Coping Skills For Kids Who Have
Experienced Trauma*

Jessica Sinarski

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!



**What's Inside
Your Backpack?
Resource Bundle**
PDF DOWNLOAD
RD-020 \$6.00



B329-NET \$10.95
GR 2-5
9781953945235
PAPERBACK
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32 PAGES
28/CASE
EB

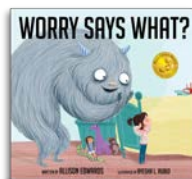
Worry Says What?

Allison Edwards

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.



**Worry Says What?
Resource Bundle**
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RD-012 \$5.00



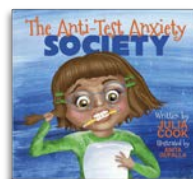
D120-NET \$10.95
GR K-6
9781937870515
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

The Anti-Test Anxiety Society

*A Picture Book to Help Worried Students
Prepare for Tests*

Julia Cook

To Bertha, the word test stands for Terrible Every Single Time! Her teacher explains the Dynamic Dozen (12 amazing test-taking strategies), and how to use her "GET TO" brain instead of her "HAVE TO" brain. Now "Terrible" is "Terrific!"



B417-NET \$10.95
GR 2-6
9781937870300
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

BEST SELLERS



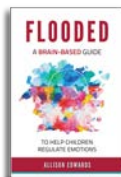
Scan here for more
BESTSELLERS

Flooded

A Brain-Based Guide to Help Children Regulate Emotions

Allison Edwards

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.



D333-NET \$21.95

GR K-8

9781953945433

PAPERBACK

5.5" X 8.5"

104 PAGES

24/CASE

DL EB

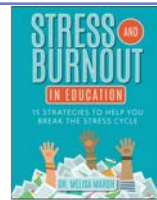
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Includes
Downloadable
Resources!

Stress and Burnout in Education

15 Strategies to Help You Break the Stress Cycle

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.



D503-NET \$24.95

GR K-12

9781953945761

PAPERBACK

8.5" X 11"

120 PAGES

20/CASE

DL

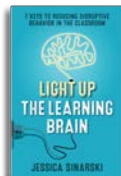
BONUS!
Includes
Downloadable
Resources!

Light Up the Learning Brain

7 Keys to Reducing Disruptive Behavior in the Classroom

Jessica Sinarski

Are you ready to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more. See ncyi.org for the Parent and Educator Reading Guides.



D532-NET \$16.95

GR K-12

9781931636520

PAPERBACK

5.5" X 8.5"

208 PAGES

16/CASE

DL AB EB

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Includes
Downloadable
Resources!



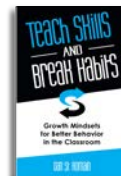
Audio Book Available
Where Audio Books Are Sold
ISBN: 9781953945884

Teach Skills and Break Habits

Growth Mindsets for Better Behavior in the Classroom

Dan St. Romain

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. You will learn to see behavior change as a process of continual improvement and how to use behavior concerns as an opportunity to teach your students skills.



B960-NET \$21.95

GR K-12

9781937870492

PAPERBACK

5.5" X 8.5"

176 PAGES

12/CASE

DL AB EB

Teach Skills and Break Habits Resource Bundle

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RD-014 \$6.00

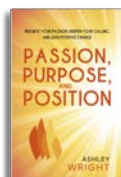


Passion, Purpose, and Position

Reignite Your Passion, Deepen Your Calling, and Lead Positive Change

Ashley Wright

In this empowering book you will: Learn practical strategies to overcome burnout and cultivate resilience, **Reconnect** with your core purpose as an educator and articulate what it means to inspire young minds, **Discover** powerful tools to reignite your passion for teaching and find joy in the classroom again, **Develop** a personalized action plan to navigate the ever-changing educational landscape, and **Become** a stronger, more resilient educator equipped to lead positive change in your students' lives.



D561-NET \$16.95

GR K-12

9781953945976

PAPERBACK

5.5" X 8.5"

120 PAGES

24/CASE

DL EB

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Includes
Downloadable
Resources!

Growing Up Strong

Empowering Young Minds to Manage Emotions, Navigate Conflict, and Embrace Growth

Allison Edwards

Growing Up Strong offers a transformative approach to equipping kids with the emotional intelligence they need to become confident, capable adults. This comprehensive guide empowers you to help children: Identify and express their feelings, Develop effective coping mechanisms, Navigate conflict peacefully, and Embrace a growth mindset. *Growing Up Strong* provides Age-appropriate activities and exercises, Clear steps for emotion regulation, and Practical guidance for adults.



D560-NET \$16.95

GR K-12

9781953945952

PAPERBACK

5.5" X 8.5"

112 PAGES

32/CASE

DL EB

BONUS!
Includes
Downloadable
Resources!

30-MINUTE GROUPS

30MinuteGroups.com

30-Minute Groups is a new curriculum series that aims to help school counselors and educators navigate three main challenges they encounter when attempting to start a small group :

- Workload Demands to manage the number of students for whom they are responsible
- No Prep Time to create lessons and activities for small group sessions
- Budget Constraints for ongoing training

The strategic design allows students to empathize, connect with others, and translate their new knowledge into practice. The American School Counselor Association (ASCA®)-aligned curriculum contains an introductory lesson, ten core topical lessons, and a completion session. Practical and applicable, the activities provided are suitable for small and large group instruction and require no additional materials!

Scan here for more
30-MINUTE GROUPS RESOURCES



BONUS!

Includes Downloadable
Resources and Templates!

9-Book Set

D597-NET \$498.55 \$178.70

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Anxiety Management <i>Calming the Mind, Challenging Thoughts, and Building Confidence</i>	Dr. Leigh Bagwell	Grades 2-9	9781965066010	94 PAGES	D562-NET
			8.5" X 11"	20/CASE	\$20.95
Executive Function <i>Boosting Brainpower, Increasing Productivity, and Achieving Academic Success</i>	Laura Filtress	Grades 2-9	9781965066126	116 PAGES	D590-NET
			8.5" X 11"	20/CASE	\$22.95
Grief <i>Processing Emotions, Honoring Memories, and Finding Hope</i>	Makenzie Perkins	Grades 2-9	9781965066034	72 PAGES	D565-NET
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Life Skills <i>Increasing Empathy, Building Resilience, and Managing Self</i>	Elishia Basner	Grades 2-9	9781953945860	84 PAGES	D545-NET
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Managing Big Emotions <i>Identifying Triggers, Developing Coping Strategies, and Communicating Effectively</i>	Ginger Healy	Grades 2-9	9781965066027	92 PAGES	D563-NET
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Navigating Family Dynamics <i>Fostering Hope and Resilience, Creating a Positive Future, and Building Emotional Strength</i>	Ginger Healy and Ashley Wright	Grades 2-9	9781965066157	136 PAGES	D594-NET
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Online Safety <i>Spotting Red Flags, Protecting Privacy, and Being a Positive Voice</i>	Dr. Raychelle Cassada Lohmann	Grades 5-12	9781965066041	76 PAGES	D566-NET
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Peaceful Conflict Resolution <i>Strengthening Communication Skills, Fostering Cooperation, and Resolving Disputes</i>	Amie Dean	Grades 2-9	9781965066133	124 PAGES	D592-NET
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Relationships and Belonging <i>Valuing Self and Others, Creating Meaningful Connections, and Setting Healthy Boundaries</i>	Amy Baltimore	Grades 2-9	9781965066140	112 PAGES	D593-NET
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15-minute focus

Brief Counseling
Techniques that Work

15MinuteFocusSeries.com

15-Minute Focus Set

A 19 Book Set – Gr K-12

D578-NET \$357.95 \$321.35

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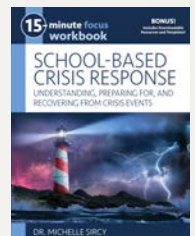
EB



15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

COMING
SOON!



15-Minute Counseling Techniques that Work <i>What You Didn't Learn in Grad School</i>	Allison Edwards	9781937870690	80 PAGES	D291-NET
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Anger, Rage, and Aggression <i>Brief Counseling Techniques that Work</i>	Dr. Raychelle Cassada Lohmann	9781953945617	96 PAGES	D432-NET
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Anxiety <i>Worry, Stress, and Fear</i>	Dr. Leigh Bagwell	9781937870737	80 PAGES	D317-NET
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Anxiety Workbook <i>Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being</i>	Dr. Leigh Bagwell	9781953945839	216 PAGES	D517-NET
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Behavior Interventions <i>Strategies for Educators, Counselors, and Parents</i>	Amie Dean	9781953945570	104 PAGES	D409-NET
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Diversity, Bias, and Privilege <i>Addressing Racial Inequities to Create Inclusive Learning Environments</i>	Dr. Natalie Spencer Gwyn Robert B. Jamison	9781953945471	112 PAGES	D337-NET
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Executive Function <i>Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential</i>	Noel Foy	9781953945938	136 PAGES	D567-NET
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Regulation and Co-Regulation Workbook <i>Accessible Neuroscience and Connection Strategies for the Classroom and Beyond</i>	Ginger Healy	9781931636544	168 PAGES	D533-NET
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Self-Harm and Self-Injury <i>When Emotional Pain Becomes Physical</i>	Dr. Leigh Bagwell	9781953945440	96 PAGES	D334-NET
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Trauma and Adverse Childhood Experiences <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781937870744	104 PAGES	D318-NET
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District-Based & Community Events

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Resource Fairs

Not only is NCYI a event manager, we also are a publisher, working with authors who have lived and put into practice the very things your educators deal with each day. Resource Fairs provide the tools to empower counselors and other student support professionals to enhance student success in school, and in life. These Resource Fairs allow these professionals the opportunity to personally review the resources before securing them, thus increasing the likelihood of their active use at the school building level.



Summits

Summits provide the training and resources to help galvanize school districts and their communities to address the barriers to learning, and advance positive student development.

A district-based Summit allows the local schools to choose the issues unique to their community of schools they wish to address in workshops / training sessions. The district also is part of the decision-making process to select the speakers for their Summit. NCYI then works out the details!



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Save time and effort while NCYI curates speakers for your next event!

National Center for Youth Issues offers a Speakers Bureau that provides high-quality, engaging professional development training for in-service days, workshops and conferences.

These speakers are commonly used for keynote, half day or full day sessions, and in the forms of in-person or virtual PD training. We have the ability to work with your video conferencing platform, or we can provide the virtual PD using one of our platforms.

Let NCYI manage and do the heavy lifting for your school district or state's next professional development conference event! Depending on the speaker, and the virtual platform needed, the pricing can range from \$2,000 – \$10,000. NCYI will make every effort to work within a school district's budget to better support the needs of the staff and students.



Speaker John Hodge shown.

What others are saying!

I would recommend without reservation to any district/organization considering a partnership with NCYI! Whether NCYI is managing our Texas ASCA-affiliated conference (LSSSCA) or a local in-service event, the attention to detail, follow-up and support are consistently professional! NCYI understands school counselors and knows how to support District Supervisors like me. We simply tell them what we want, and they handle the rest! The NCYI Speakers Bureau is comprised of high quality thought leaders who are equipped to not only deliver a keynote, but are also skilled at delivering complete workshops!

Tammi Mackeben

Director of Guidance and Counseling, Socorro Independent School District
El Paso, Texas

Our Speakers cover a wide range of topics including:

- Anxiety and Worry
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- Behavior Intervention
- Bullying Prevention
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- Depression and Suicide
- Growth Mindset
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- LGBTQ+
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- Social-Emotional Learning
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- Much More!

Scan here for more
information on the
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