Practice Suicidal Assessment

Practice assessing suicidal risk. Using the scale below, rate each of the following situations 1 to 10 with 1 being not likely to complete a suicide and 10 very likely to complete a suicide.

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**Situation 1**
Rhonda – age 17 has two older sisters in college. One is studying law, the other medicine. Her mother works, and her father is an executive in a large company. As long as she keeps her grades up, her parents let her do most of what she wants. She seems to enjoy schoolwork because she spends so much time on it. She goes out with friends every now and then, but is most often off to herself.

**Rating_____**

**Situation 2**
John – age 18 is an honor student on his way to college. He is active in school clubs and organizations. Problems in John’s home are common to most families under stress. Three months ago he and his girlfriend broke up. Lately, he has been having headaches and daydreaming a lot. He has dated other girls, but hasn’t found anyone steady yet.

**Rating _____**

**Situation 3**
Julie – 15 years old, has many friends. When Julie’s parents divorced five months ago, it was hard on her. She never mentioned suicide even though she was moody and pulled away from her friends. That is over with. Yesterday she came to school and happily gave away some of her CDs and books to friends just because she was “so happy now.”

**Rating_____**

**Situation 4**
Jacob – age 17, is not athletic. The other day some of his teammates turned on him for losing their volleyball game. He is struggling with schoolwork. He causes no one problems and is not into alcohol or other drugs. He and his mother have been arguing a lot lately. His dad is on the road often. He does not want to go to college but hasn’t told his parents yet because he knows they won’t like it.

**Rating_____**