



LONE STAR STATE
SCHOOL
COUNSELOR
ASSOCIATION

Annual Conference

It's **ALL** About

YOU²

November 4-6, 2018

Embassy Suites & Frisco Convention Center • Dallas, Texas

hosted and managed by NATIONAL CENTER for YOUTH ISSUES

Visit www.ncyi.org/lssscac for more information

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STUDENT LOANS

CONFERENCE HIGHLIGHTS

LONE STAR STATE
SCHOOL COUNSELOR
ASSOCIATION

- Pre-Conference Sessions
- 50+ Breakout Sessions
- Exhibit Hall
- Lunch provided on Monday
- Door prizes
- SBEC & LPC Hours

KEYNOTE SPEAKER

LONE STAR STATE
SCHOOL COUNSELOR
ASSOCIATION

Monday, November 5th

Luncheon Keynote Speaker

Mixed Messages: The Changing Face of Discipline

Dan St. Romain

Dan St. Romain is a national educational consultant who provides staff development and consultative services to educators K-12. Dan is passionate about helping individuals shift their perspective on behavior, understanding the best ways to provide support given the challenges posed in today's society. He regularly presents on topics impacting school climate, brain-based instruction, developmentally appropriate educational practices and presentation skills. Dan's overwhelming strength is his skill as a presenter. Although his sessions are exceedingly interactive and engaging, his greatest asset lies in his ability to offer participants rich insight into the connectedness between educational practices and student behavior.

Join Dan as he presents *Mixed Messages: The Changing Face of Discipline*. Toto, you're not in Kansas anymore! It seems like more and more, discipline issues are the main topic of conversation in the school setting. In this interactive session, participants examine the main influences impacting behavior over the last few decades, and discuss implications for best practices as a result.



- *Examine the main influences impacting behavior over the last few decades*
- *Discuss implications for best practices*

Visit **40+ Exhibitors** at the Conference!



BREAKOUT SESSIONS

LONE STAR STATE
SCHOOL COUNSELOR
ASSOCIATION

Covering the following target areas:

- Planning a Comprehensive School Counseling Program
- Guidance Curriculum / School Counseling Core Curriculum
- Individual Student Planning
- Responsive Services
- Student Support Services

PRE-CONFERENCE LEARNING SESSIONS

LONE STAR STATE
SCHOOL COUNSELOR
ASSOCIATION

Sunday, November 4th, 2:00 p.m. - 5:00 p.m.

The Pre-Conference Learning Sessions include additional opportunities for more professional development and CPE hours. The sessions generally cover more in-depth information and allow more opportunity for discussion. *These sessions are not included in the conference registration fee. Sessions are at a minimal fee.* Space is limited for all sessions. Interested participants are encouraged to register early.

All Pre-Conference sessions are being held at the same time, so you may only choose one session to attend.

Choose one of the following!

1. Suicide and Non-Suicidal Self-Injury: Prevention, Intervention, and Postvention

Dr. Melissa Reeves

SPEAKER BIO: Dr. Melissa Reeves, Ph.D., NCSP, LPC served as the 2016-2017 President of the National Association of School Psychologists. She is currently an Associate Professor at Winthrop University, SC in the psychology department and school psychology graduate program. Dr.

Reeves is a nationally certified school psychologist, licensed special education teacher, licensed professional counselor, and former district coordinator of social/emotional/behavioral services. She has over 20 years' experience working in public schools and a private school, in addition to providing mental health services in day and residential treatment settings. Dr. Reeves is a co-author of the National Association of School Psychologists (NASP) *PREPaRE School Crisis Prevention and Intervention* curriculum, former Chair of the NASP School Safety and Crisis Response Committee which provides consultation and support to school districts across the country after large scale crisis events including school shootings and natural disasters. She travels both nationally and internationally training professionals in the areas of crisis prevention through recovery, threat and suicide assessment, the impact of trauma and PTSD on academic achievement, and cognitive behavior therapy in the school setting.

ABOUT THIS SESSION: Join Melissa as she presents *Suicide and Non-Suicidal Self-Injury: Prevention, Intervention, and Postvention*. This workshop will discuss current statistics and legal cases, early identification of warning signs, primary prevention strategies to break the code of silence, an overview of suicide assessment models and procedures, and strategies for intervention and postvention activities, including those to prevent contagion. Emphasis will also be placed on school-based response and intervention on behalf of students who engage in non-suicidal, self-injurious (NSSI) behavior.



2. It's OK Not to Be OK: How to Handle Compassion Fatigue and Being Overwhelmed

Dr. Kristen Guillory

SPEAKER BIO: Dr. Kristen Guillory is the owner of a consulting and coaching firm and a mental health specialist for the Second Chance Community Improvement Program. She authored *Walking Through the Fog Holding on to Hope When You Can't See the Sun*. Dr. Guillory has taught at 4 universities and founded many community initiatives. She is a sought after inspirational speaker and professional development trainer who uses her own life experiences, contagious enthusiasm, dance and a touch of humor to motivate, challenge and inspire.

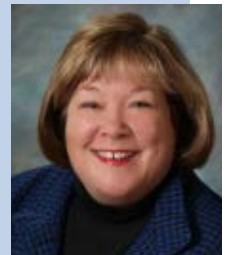


ABOUT THIS SESSION: In this interactive session, *It's OK Not to Be OK: How to Handle Compassion Fatigue and Being Overwhelmed*, Dr. Guillory will share some of her story that led her to realizing it's ok not to be ok. She will guide participants through intentional activities in order to discuss compassion fatigue, the power of being heard and how to ask for help as a helper. There is often a sense of guilt when one takes a break. Dr. Guillory will also assist participants in the development of a burnout prevention/intervention plan and how to actually implement it! Some of Dr. Brene Browns' study on vulnerability and self-judgment commentary on asking for help will be incorporated. Dr. Guillory's heart for this work is to remind counselors of their immense value, worth and to help them recognize they don't have to be "fine" all of the time, while providing tips and tools to assist. Oh, and by the way, there will be music and possibly some DANCING.

3. Academic Support Groups

Dr. Karen Griffith

SPEAKER BIO: Karen Griffith, PhD, LPC, worked in public education for 35 years, 27 as a school counselor, earning multiple state and national recognitions. Now retired, she works at the University of Georgia as an Assistant Professor (Term-Limited) in the Department of Counseling and Human Development Services, and with ASCA as a trainer on the national model, Lead RAMP Reviewer, and Peer Reviewer for the Journal of Counseling and Development. She has authored three books and several articles, and speaks at state and national conferences on a variety of topics. Her primary area of research is around resiliency.



ABOUT THIS SESSION: Join Dr. Karen Griffith as she presents *Academic Support Groups* and offers ideas on how to assess underperforming students, place each in the best academic support group, and deliver a worthwhile group experience around the primary topic. Meeting the needs of students who are struggling with academic performance can be challenging. It is important to discover the unique needs of the underperforming students and then deliver the best possible counselor intervention. Dr. Griffith offers four main approaches to academic support: Goal Work, Enhancing Personal Motivation, Focus on Future, and Study Skills. Groups are offered around each of these approaches.

All of the pre-conference speakers will be staying over until Monday to present breakout sessions on different topics!

Tentative Schedule

Sunday, November 4, 2018

- 1:00 p.m. to 5:30 p.m. Registration Open
- 1:00 p.m. to 5:30 p.m. Exhibits Open
- 2:00 p.m. to 5:00 p.m. Pre-Conference Learning Session

Monday, November 5, 2018

- 7:30 a.m. to 8:30 a.m. Registration Opens
- 7:30 a.m. to 4:30 p.m. Exhibits Open
- 8:30 a.m. to 9:00 a.m. Opening Kickoff Session
- 9:00 a.m. to 9:15 a.m. Break - Visit Exhibitors
- 9:15 a.m. to 10:15 a.m. Breakout (Program) Session One
- 10:15 a.m. to 10:45 a.m. Break – Visit Exhibitors
- 10:45 a.m. to 11:45 a.m. Breakout (Program) Session Two
- 11:45 a.m. to 12:00 p.m. Break – Visit Exhibitors
- 12:00 p.m. to 1:30 p.m. Lunch and Keynote Speaker – Dan St. Romain
- 1:30 p.m. to 1:45 p.m. Break – Visit Exhibitors
- 1:45 p.m. to 2:45 p.m. Breakout (Program) Session Three
- 2:45 p.m. to 3:15 p.m. Break - Visit Exhibitors
- 3:15 p.m. to 4:15 p.m. Breakout (Program) Session Four
- 4:15 p.m. to 4:30 p.m. Break - Visit Exhibitors
- 4:30 p.m. to 5:30 p.m. Breakout (Program) Session Five
- 5:30 p.m. to 7:30 p.m. President’s Reception (Embassy Suites Atrium)

Tuesday, November 6, 2018

- 8:00 a.m. to 11:30 a.m. Exhibits Open
- 8:15 a.m. to 9:15 a.m. Breakout (Program) Session Six
- 9:15 a.m. to 9:45 a.m. Break - Visit Exhibitors
- 9:45 a.m. to 10:45 a.m. Breakout (Program) Session Seven
- 10:45 a.m. to 11:00 a.m. Break – Final Chance to Visit Exhibitors
- 11:00 a.m. to 12:15 p.m. Final Closing Celebration - Awards Ceremony,
Annual Meeting, Closing PowerPoint Show & Door Prizes!

REGISTRATION

LONE STAR STATE
SCHOOL COUNSELOR
ASSOCIATION

Five Easy Ways to Register!!!

Toll Free #: (866) 318-6294

Fax: (423) 899-4547

Internet: www.ncyi.org/lssscac to register and pay with a credit card, using our secure shopping cart system.

Mail: National Center for Youth Issues • Attn: LSSSCA Conference
P.O. Box 22185 • Chattanooga, TN 37422-2185

Scan & Email: Registrations@ncyi.org

PLEASE NOTE: Please make your check or purchase order payable to: National Center for Youth Issues.

Mail the check / purchase order and registration form to the address above.

QUESTIONS?? Contact NCYI at 866-318-6294 or e-mail registrations@ncyi.org or bnickel@ncyi.org.

REGISTRATION FORM (PLEASE PRINT CLEARLY)

REGIONS

1. Edinburg
2. Corpus Christi
3. Victoria
4. Houston
5. Beaumont
6. Huntsville
7. Kilgore
8. Mount Pleasant
9. Wichita Falls
10. Richardson
11. Fort Worth
12. Waco
13. Austin
14. Abilene
15. San Angelo
16. Amarillo
17. Lubbock
18. Midland
19. El Paso
20. San Antonio

NAME (as it should appear on name badge) _____

JOB TITLE - (required please) _____

SCHOOL/DISTRICT/ ORGANIZATION _____

EMAIL (required for confirmation) _____

WORK ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK PHONE () _____ CELL PHONE () _____

REGION (see right) _____

I would like to volunteer at the conference.

A. Full Conference – Attend both days (Nov. 5-6)

* Must be an LSSSCA member

- Early Register** (by Sept. 14, 2018)
 Regular Registration (after Sept. 14, 2018)

LSSSCA Member*

Early \$130 per person
Regular \$150 per person

Non-Member

Early \$180 per person
Regular \$200 per person

Graduate Student*/Retiree*

Early \$90 per person
Regular \$110 per person

Visit
www.ncyi.org/lssscac
 to order a t-shirt!

B. Pre-Conference Learning Sessions (Nov. 4)

Early Register (by Sept. 14, 2018) • **Regular Registration** (after Sept. 14, 2018)

Please check the box for the ONE session you plan to attend.

- 1. Suicide and Non-Suicidal Self-Injury** – Dr. Melissa Reeves
- 2. It's OK Not to Be OK**
– Dr. Kristen Guillory
- 3. Academic Support Groups**
– Dr. Karen Griffith

Member*

Early \$45 per person
Regular \$60 per person

Non-Member

Early \$85 per person
Regular \$95 per person

C. LSSSCA One-Year Membership

You can save \$50 on your conference registration by becoming a member of the LSSSCA for only \$30!

To sign up for membership, please add \$30 to line (C) below.

(A) Full-Conference Total \$ _____

(B) Pre-Conference Total \$ _____

(C) Membership Total \$ _____

Total Due (A + B+ C) \$ _____

To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.

PAYMENT METHOD

- Purchase Order** A copy of the purchase order is required.
 (addressed to National Center for Youth Issues
 P.O. Box 22185, Chattanooga, TN 37422-2185)
- Check Enclosed** (made payable to National Center for Youth Issues)
- Credit Card** Personal Corporate

SBEC and LPC hours available (SBEC CPE #902-466):

12.5 SBEC CPE hours available
 12.5 LPC CPE hours available

CARD NO. _____ EXP. DATE _____ CID# _____

NAME ON CARD (PLEASE PRINT) _____

CREDIT CARD BILLING ADDRESS _____

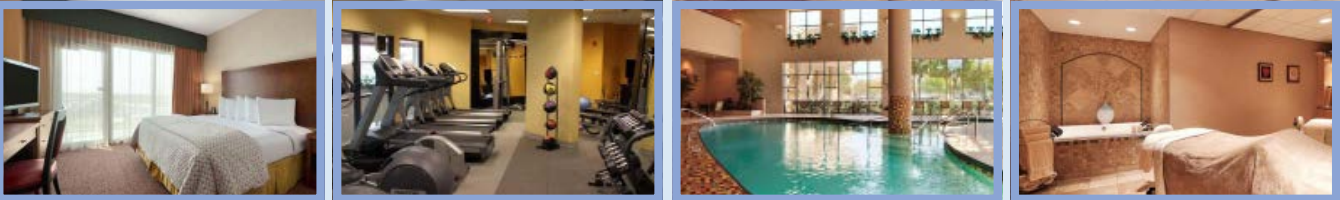
CITY _____ STATE _____ ZIP _____

AUTHORIZED SIGNATURE _____ EMAIL _____

PLEASE NOTE: There will be no refunds after October 12, 2018. All cancellations before October 12, 2018 will be refunded less a \$25 handling fee. There will be no refunds if you register as a non-member and then later become a member. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings.

ACCOMMODATIONS

Embassy Suites Dallas Frisco Hotel Convention Center & Spa Frisco, Texas



Reserve your hotel room today! Limited Availability
Call 1-800-362-2779 or 972-712-7200 (Direct Line)

To make hotel reservations:

All events of the Conference will be located in the Convention Center. Standard rooms at the hotel may be reserved at the special conference rate of **\$155 per night**, plus tax. Make your reservations by calling **1-800-362-2779** or the hotel directly at **972-712-7200**, and refer to the “LSS” block to receive this rate. **The conference rate includes a full, cooked-to-order breakfast and an evening Manager’s Reception.**

TO RESERVE YOUR ROOM ONLINE:

Go to www.ncyi.org/lssscac and follow the link to the hotel’s reservation system.

Please Note: This rate is good on reservations made by **October 19, 2018**. Rooms in the “LSS” block are limited, and may fill up before **October 19th**.



Overflow Hotel Information

If the Embassy Suites hotel is full, we have opened a room block at a new hotel within easy walking distance from the Embassy Suites!

Hilton Garden Inn Dallas/Frisco

7550 Gaylord Pkwy, Frisco TX 75034

469-362-8485

The Hilton Garden Inn has a conference rate of **\$155 per night**, plus tax, which remains valid for reservations made by **October 24, 2018**, while rooms are available..

TO MAKE HOTEL RESERVATIONS:

CALL: (469) 362-8485. Please be sure to tell the hotel that you are with the “Lone Star State School Counselor Association 2018” group and mention the group code “LSS”.

REGISTER ONLINE: Go to www.ncyi.org/lssscac and follow the link to the hotel’s reservation system.



Come Work and Play!

In the evening, make sure you take time to relax and enjoy the surrounding area. Go to www.ncyi.org/lssscac to see the things to do around the beautiful Embassy Suites.

***Visit the Stonebriar Centre,
one mile from the Embassy Suites!***



- You can sit back and relax at the many restaurants at the Stonebriar, such as Cheesecake Factory, California Pizza Kitchen, Perry's Steakhouse and Grill, and Dave and Busters, along with others.
- The Stonebriar Centre also has an AMC movie theater, so you can finally watch that movie you have been wanting to see.

At the Stonebriar enjoy shopping at the Sam Moon, Williams & Sonoma, Coach, Yankee Candle, Sephora, Forever 21, Barnes & Noble, and many more!



We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!

Conference management provided by

