



PALMETTO STATE
SCHOOL
COUNSELOR
ASSOCIATION

Annual Conference

Lighting the Way to Student Success!

January 24-26, 2019

Embassy Suites Resort & Convention Center • Myrtle Beach, SC



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 **UNIVERSAL
TECHNICAL
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 **OVERCOMING
OBSTACLES**[®]
LIFE SKILLS EDUCATION

ACT[®]

CONFERENCE HIGHLIGHTS



- Pre-Conference Sessions
- 50+ Breakout Sessions
- Exhibit Hall
- Lunch provided on Friday
- Door prizes

KEYNOTE SPEAKER



Friday, January 25th

Luncheon Keynote Speaker

Dan St. Romain

Dan St. Romain is a national educational consultant who provides staff development and consultative services to educators K-12. Dan is passionate about helping individuals shift their perspective on behavior, understanding the best ways to provide support given the challenges posed in today's society. He regularly presents on topics impacting school climate, brain-based instruction, developmentally appropriate educational practices and presentation skills. Dan's overwhelming strength is his skill as a presenter. Although his sessions are exceedingly interactive and engaging, his greatest asset lies in his ability to offer participants rich insight into the connectedness between educational practices and student behavior.

Join Dan as he presents *Mixed Messages: The Changing Face of Discipline*. Toto, you're not in Kansas anymore! Times have changed a great deal in the home, school and society over the past few decades, and changes have had a dramatic impact on student behaviors. In this interactive session, participants will examine these factors and discuss implications for educators at all levels as a result.



Understanding the best ways to provide support given the challenges posed in today's society

- Discusses changes in student behavior as it relates to changing times

Thursday, January 24th, 2:00 p.m. - 5:00 p.m.

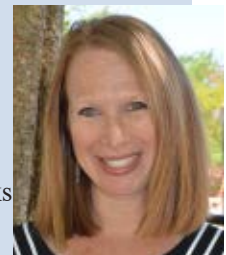
The Pre-Conference Learning Sessions include additional opportunities for more professional development and CEU contact hours. The sessions generally cover more in-depth information and allow more opportunity for discussion. **These sessions are not included in the conference registration fee. Sessions are at a minimal fee.** Space is limited for all sessions. Interested participants are encouraged to register early.

All Pre-Conference sessions are being held at the same time, so you may only choose one session to attend.

1. Teaching Growth Mindset in Schools: Mindset Matters

Lisa King

SPEAKER BIO: Lisa King, Ed.S, LPC has worked with students developing and using innovative practices as a school counselor for 20 years. She has won numerous awards in her district and presented her programs at local and national conferences. Lisa has previously authored many books including *Integrating Growth Mindset in Schools*, *Mindset Matters*, *Making the Link*, *Teaching Career Essentials* and *How to Create A College Day*. She is excited to present this new school counseling curriculum that incorporates Growth Mindset concepts into classroom and small group lessons. Lisa lives in Marietta, GA with her husband and daughter.



ABOUT THIS SESSION: Join Lisa as she presents *Teaching Growth Mindset in Schools: Mindset Matters*. Are you interested in learning more about Growth Mindset? This session will review how Carol Dweck's research-based theory can be infused into your school to improve student success. Come learn about a new curriculum, Mindset Matters which uses the letters in the word MINDSET to frame your lessons: Mindfulness, Identify Brain Basics, Not Yet is OK, Determination/Grit, Self-Talk, Everyone's Unique, and Teaching Others. Since these concepts align with social/emotional, academic and career domains, you will walk away with a clear way to structure your year of lessons/groups and have student outcomes to show the success that comes from teaching about growth mindset.

2. Lost and Found: Rescuing Our Kids from Video, Screen, Technology, and Gaming Addictions

Kim "Tip" Frank

SPEAKER BIO: Kim "Tip" Frank, longtime school counselor and therapist, has had the privilege of helping thousands of students, formerly as a teacher, and more recently, as a counselor/therapist. Tip worked in the public school setting for over 20 years and now maintains a thriving, private counseling practice. He has authored and coauthored numerous books on topics including ADD/ADHD, anxiety disorders, depression, social skills, grief, technology and gaming addictions, divorce and separation, and presents nationally on these topics.



ABOUT THIS SESSION: Join Tip as he presents *Lost and Found: Rescuing Our Kids from Video, Screen, Technology, and Gaming Addictions*. In a typical day, children consume just over three hours of media. This includes computer use, cell phone use, tablet use, Internet, video games, television, etc. The average teenager spends more than 53 hours a week in front of screens – nearly eight hours every day. At what point does this love affair with screens cross the line into addictive behaviors? This session will impart valuable information on the impact of today's technology, differentiate assistive versus addictive technology, and look at assessment and intervention tools.

3. The Clinical Chain of Care: Suicide Screening and Collaborative Safety Planning

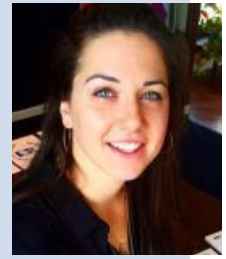
Dr. Alex Karydi

SPEAKER BIO: Dr. Alex Karydi, LMFT, CSAC, CAC, is a certified drug and alcohol counselor that has been trained in the impact of minority stress. She has a Masters in Clinical Psychology, Ph.D. in Clinical Sexology, and a Ph.D. in Marriage and Family Therapy. She has served for Richland 2 School District as a therapist and with the Department of Juvenile Justice (DJJ) as an evaluating psychologist with the designation of the State Lesbian, Gay, Bisexual, Transgender (LGBT) youth coordinator. She is currently the Project Director for the SC Youth Suicide Prevention Initiative a community movement to end suicide in children and young adults. She has been working with kids and their families throughout her travels since 2000.

ABOUT THIS SESSION: Join Alex as she presents *The Clinical Chain of Care: Suicide Screening and Collaborative Safety Planning*. As the 2nd-leading cause of death in South Carolina for ages 10 to 24 in 2017, and the 10th-leading cause of death for all ages in 2016, suicide challenges the entire human services spectrum of clinical resources and the services they perform.

The responsibility of the clinician to assess, intervene, and monitor suicidal behavior presents a significant opportunity to save lives. Such a burden becomes especially daunting if clinicians are ill-prepared for such a situation or in a school environment. It has been well documented that clinicians from a wide range of professions will encounter individuals at risk for suicide. Many do not have confidence in dealing with such challenges, and the majority of clinicians, in various settings, have minimal to no training to competently deal with a clinical situation to prevent suicide.

The goal of this session is to ensure that the clinical workforce is trained and prepared for suicide risk assessment, intervention, monitoring, and follow-up.



SPECIAL GENERAL SESSION



RAMP Up at the PSSCA Conference RAMP Fair

Friday, January 25

3:00 p.m. – 5:00 p.m.

Make plans to check out the RAMP Fair – PSSCA’s version of a college fair. Visit different booths to learn more about each component of the RAMP application. Bring along your in-the-works RAMP application, and get feedback from RAMP reviewers about your progress. Bring your whole team, and divide and conquer to get the most from the RAMP Fair.



CONFERENCE SCHEDULE

~ TENTATIVE SCHEDULE ~

Thursday, January 24, 2019

- 1:00 p.m. to 5:30 p.m. Registration Open
- 1:00 p.m. to 5:30 p.m. Exhibits Open
- 2:00 p.m. to 5:00 p.m. Pre-Conference Learning Session
- 7:00 p.m. to 9:00 p.m. PSSCA Board Dinner and Meeting

Friday, January 25, 2019

- 7:30 a.m. to 8:30 a.m. Registration Opens
- 7:30 a.m. to 8:30 a.m. Graduate Student Orientation
- 7:30 a.m. to 4:30 p.m. Exhibits Open
- 8:30 a.m. to 9:00 a.m. Opening Kickoff Session
- 9:00 a.m. to 9:15 a.m. Break - Visit Exhibitors
- 9:15 a.m. to 10:15 a.m. Breakout (Program) Session One
- 10:15 a.m. to 10:45 a.m. Break – Visit Exhibitors
- 10:45 a.m. to 11:45 a.m. Breakout (Program) Session Two
- 11:45 a.m. to 12:00 p.m. Break – Visit Exhibitors
- 12:00 p.m. to 1:30 p.m. Lunch and Keynote Speaker - Dan St. Romain
- 1:30 p.m. to 1:45 p.m. Break – Visit Exhibitors
- 1:45 p.m. to 2:45 p.m. Breakout (Program) Session Three
- 2:45 p.m. to 3:15 p.m. Break - Visit Exhibitors
- 3:00 p.m. to 5:00 p.m. RAMP Special Session
- 3:15 p.m. to 4:15 p.m. Breakout (Program) Session Four
- 4:15 p.m. to 4:30 p.m. Break - Visit Exhibitors
- 4:30 p.m. to 5:30 p.m. Breakout (Program) Session Five
- 5:30 p.m. to 7:30 p.m. President's Reception (Coastal Grill - Hotel Lobby)

Saturday, January 26, 2019

- 8:00 a.m. to 11:30 a.m. Exhibits Open
- 8:15 a.m. to 9:15 a.m. Breakout (Program) Session Six
- 9:15 a.m. to 9:45 a.m. Break - Visit Exhibitors
- 9:45 a.m. to 10:45 a.m. Breakout (Program) Session Seven
- 10:45 a.m. to 11:15 a.m. Break – Final Chance to Visit Exhibitors
- 11:15 a.m. to 12:15 p.m. Final Closing Celebration - Awards Ceremony,
Annual Meeting, Closing PowerPoint Show & Door Prizes!

Visit **40+** Exhibitors at the Institute!



REGISTRATION



Five Easy Ways to Register

Toll Free #: (866) 318-6294

Fax: (423) 899-4547

Internet: www.ncyi.org/psscac to register and pay with a credit card, using our secure shopping cart system.

Mail: National Center for Youth Issues
P.O. Box 22185 • Chattanooga, TN 37422-2185

Scan & Email: Registrations@ncyi.org

Please make your check or purchase order payable to: **National Center for Youth Issues**. Mail the check or purchase order and registration form(s) to the address above.

REGISTRATION FORM (PLEASE PRINT CLEARLY)

NAME (as it should appear on name badge) _____

JOB TITLE - (REQUIRED PLEASE) _____

ORGANIZATION/SCHOOL DISTRICT _____

EMAIL (REQUIRED FOR CONFIRMATION) _____

WORK ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK PHONE (_____) _____

Professional/Affiliate Member*	Non-Member	Graduate Student*/Retiree*
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A. Full Conference – Attend both days (Jan. 25-26)

<input type="checkbox"/> Early Register (by Nov. 21, 2018)	\$109 per person	\$159 per person	\$69 per person
<input type="checkbox"/> Regular Registration (after Nov. 21, 2018)	\$129 per person	\$179 per person	\$89 per person

* Must be a PSSCA member

Full Conference Attendance–Total (A) \$ _____

B. Pre-Conference Learning Sessions (Jan. 24)

Early Register (on or before Nov. 21, 2018) • **Regular Registration** (after Nov. 21, 2018)

Please check the box for the ONE session you plan to attend.

	Member*	Non-Member
<input type="checkbox"/> 1. Teaching Growth Mindset – Lisa King	Early \$45 per person Regular \$60 per person	Early \$85 per person Regular \$95 per person
<input type="checkbox"/> 2. Lost and Found – Tip Frank	Early \$45 per person Regular \$60 per person	Early \$85 per person Regular \$95 per person
<input type="checkbox"/> 3. The Clinical Chain of Care – Dr. Alex Karydi	Early \$45 per person Regular \$60 per person	Early \$85 per person Regular \$95 per person

You can save \$50 on your conference registration by becoming a member of the PSSCA for only \$35! Before registering for the conference, please visit the PSSCA web page and become a member or renew your annual membership to save. Go to www.psschoolcounselor.org and click the "JOIN NOW" link.

Pre-Conference – Total (B) \$ _____

Total Due (A + B) \$ _____

To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.

PAYMENT METHOD

Purchase Order A copy of the purchase order is required.
(addressed to National Center for Youth Issues, P.O. Box 22185, Chattanooga, TN 37422-2185)

Check Enclosed (made payable to National Center for Youth Issues)

Credit Card Personal Corporate

CARD NO. _____ EXP. DATE _____ CID# _____

NAME ON CARD (PLEASE PRINT) _____ EMAIL _____

CREDIT CARD BILLING ADDRESS _____

CITY _____ STATE _____ ZIP _____

AUTHORIZED SIGNATURE _____ EMAIL _____

PLEASE NOTE: There will be no refunds after January 9, 2019. All cancellations before January 9, 2019 will be refunded less a \$25 handling fee. There will be no refunds if you register as a non-member and then later become a member. Please become a member or renew your membership before registering for the conference. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings.

ACCOMMODATIONS

While attending the PSSCA Conference...

Stay at the beautiful Kingston Plantation properties.

Reserve your hotel room today! Limited Availability. Call 1-800-876-0010

Choose either the

Embassy Suites by Hilton™ Myrtle Beach Oceanfront Resort
or the **Kingston Plantation Condos, Villas and Lodges**

(Both are adjacent to where the conference will be held.)

To make hotel reservations:

All events of the Conference will be located in the Convention Center. Standard rooms at the hotel may be reserved at the special **conference rate of \$90 per night (plus tax and resort fee of \$15.99)**. Make your reservations by calling the hotel directly at 1-800-876-0010, and refer to the proper code (see below) to receive this rate. *The conference rate includes a full, cooked-to-order breakfast and an evening Manager's Reception.*

For the **Embassy Suites Hotel**, use code: PAL.

For the **Kingston Plantation Condos, Villas and Lodges**, use code: PLA.

TO REGISTER ONLINE:

Go to www.neyi.org/psscac and follow the link to the hotel's reservation system.

Please Note: This rate is good on **reservations made by January 9, 2019**. Rooms are limited, and may fill up before January 9th.

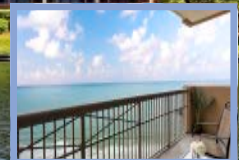
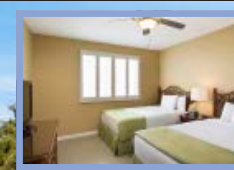
EMBASSY SUITES BY HILTON™ MYRTLE BEACH OCEANFRONT RESORT



- beachfront boardwalk along the Atlantic Ocean
- plush suites with separate living areas and private balconies
- multiple outdoor pools and a gym
- complimentary shuttle to resort destination activities and dining

- boasts a natural coastal waterway setting on the Atlantic Ocean, with lush foliage, lakes and a variety of wildlife
- stay in an oceanfront tower guest room or select a four-bedroom villa, many with full kitchens and washer/dryers
- complimentary shuttle to resort destination activities and dining

KINGSTON PLANTATION CONDOS, VILLAS AND LODGES



Come Work and Play!

In the evening, make sure you take time to relax and enjoy the surrounding area.

Go to www.ncyi.org/psscac to see the things to do around the beautiful Embassy Suites.



Visit the Tanger Outlet Mall, one mile from the Convention Center!

- You can sit back and relax at the many restaurants, such as Chesapeake House, Chuck's Steak House, Amicis Brick Oven Pizza, along with others.
- Near the Embassy Suites you will find an AMC movie theater with recliners, so you can finally watch that movie you have been wanting to see.

At the Tanger Outlet Mall, enjoy shopping at the Loft, Yankee Candle, White House Black Market, Ann Taylor, and many more!



We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!

Event management support provided by

