

# Ignite your Passion

**INDIANA  
SCHOOL  
COUNSELOR  
ASSOCIATION**  
**2019 Fall Conference**

November 14-15, 2019 Marriott East • Indianapolis, IN

Visit  
[www.ncyi.org/iscac](http://www.ncyi.org/iscac)  
for more information

Sponsored By



**1-800-GO-GUARD**

## CONFERENCE HIGHLIGHTS

 **INDIANA  
SCHOOL  
COUNSELOR  
ASSOCIATION** **Fall  
Conference**

- Core Skills Building Workshops
- 50+ Breakout Sessions
- Exhibit Hall
- Door prizes
- Lunch provided on Thursday and Friday

## Thursday, November 14th

Luncheon Keynote Speaker

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### The Ripple Effect

Dan St. Romain

Dan St. Romain is a national educational consultant who provides staff development and consultative services to educators K-12. Dan is passionate about helping individuals shift their perspective on behavior, understanding the best ways to provide support given the challenges posed in today's society. He regularly presents on topics impacting school climate, brain-based instruction, developmentally appropriate educational practices and presentation skills. Dan's overwhelming strength is his skill as a presenter. Although his sessions are exceedingly interactive and engaging, his greatest asset lies in his ability to offer participants rich insight into the connectedness between educational practices and student behavior.

Join Dan as he presents *The Ripple Effect*. When you throw a stone into a pond, sometimes it simply sinks. "Plop." However, if thrown just right, the rock skips. Instead of the one singular "plop", the rock now reaches more water, leaving ripples on the surface - and this energy changes the entire pond. As counselors/educators, we throw the stone, and the manner in which we do so makes a huge difference in the lives of the students we serve. In this luncheon session, participants will reflect on the ways to create positive ripples that are felt by our student well beyond the classroom years.



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Dan will also present a breakout session titled, *Teach Skills and Break Habits*

How do you create long-term change for students with chronic behavior problems? Join Dan to learn about the downfall of behavior tracking systems and why time out, clip systems, behavior folders, and office referrals don't work. You'll also discuss specific ways to build on students inherent strengths, while also teaching them to overcome the areas of challenge. (Applicable PK-5 / complements the book)

### Friday, November 15th • 8:30 am – 12:00 pm

The Core Skills Building Workshops are included in the conference registration fee and are being held at the same time. Each session will be repeated twice, once from 8:30 am – 10:00 am, and again from 10:30am – 12:00pm.

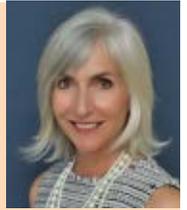
#### Noel Foy

As founder of AMMPE™ Neuroeducational Consulting, Noel's mission is to empower teachers, parents, counselors, coaches and students with quick, user friendly ways to use neuroeducation findings to their advantage. Having these tools can decrease stress and boost learning, engagement, Executive Function and performance in and beyond the classroom.

In response to the rise in anxiety, Noel has recently written an engaging, solution-focused story called *ABC Worry Free*, released in the fall of 2018 and provides readers of all ages with a transferable strategy to face and manage anxiety.

For over 35 years, Noel has served as an educator in various capacities—classroom teacher at Landmark School, Learning Specialist at The Roxbury Latin School, and Professional Development Trainer for Keys to Literacy. Noel received her B.A. in Education/Special Education and her M.A. in American Studies from Boston College.

Join Noel as she presents *From Executive Dysfunction to Executive Function: Developing Metacognitive, Empowered Learners*. Looking for ways to help your disorganized, easily distracted, and careless students become more efficient? How about those who have difficulty getting started, fall apart when they encounter obstacles, or avoid challenges? In this experiential training, you'll learn how to use your daily content to help students build underdeveloped skill sets and mindsets that are vital to learning and success in school, relationships, jobs, and life—all without sacrificing too much instructional time. We will address key information about the brain and the impact of stress on Executive Function as well as how to support students with transitions and routines and the development of skills related to goal setting, organization, time management, self monitoring, cognitive flexibility, and growth mindset self-talk.

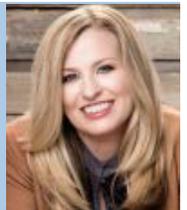


#### Allison Edwards

Allison Edwards LPC, RPT is an affiliate professor in the Human Development Counseling department at Vanderbilt University, the author of *Why Smart Kids Worry* and *Worry Says What?* and the creator of *Anxiety Tracker*, an iPhone app that helps track anxiety. Allison received her graduate degree in Counseling from Vanderbilt University and is a National Certified Counselor, Licensed Professional Counselor, and Registered Play Therapist. Allison has over 20 years experience working as a school teacher, school counselor, child/adolescent psychotherapist, and educational consultant to schools throughout the country.

Allison travels both nationally and internationally training professionals in the areas of empowering anxious children in the classroom, managing the emotional needs of students, recognizing the social/emotional needs of gifted students, and sharing how educators can talk to parents about student anxiety. Allison helps school leaders understand how social/emotional differences can be supported in their neurologically diverse student populations, and provides consultation and staff development on how to effectively improve emotion regulation in the classroom.

Join Allison as she presents *Approaching Anxiety: How (and When!) Counselors Can Intervene*. Anxiety is the #1 mental health disorder in the country and affects nearly 30% of students. Each day students walk into classrooms with upset stomachs, sweaty palms and minds spinning with fear-based thoughts. Learn how to recognize anxiety in children, how to support anxiety in neurologically diverse classrooms, and how to talk to parents about student anxiety. Counselors will leave the session with confidence to identify issues to address inside their schools and how to work with outside professionals to help anxious children begin to thrive.



#### Julia Taylor

Dr. Julia V. Taylor is an assistant professor at the University of Virginia. She was previously the Dean of Student Services for the Wake Young Women's Leadership Academy, a public, all girls' school located in Raleigh, NC. Originating from the Washington, DC area, Julia received her undergrad degree in Exercise Science with a concentration in Health Education from George Mason University. She received her masters in Psychology with a concentration in School Counseling from Marymount University. Julia received her doctorate from Virginia Commonwealth University in Counselor Education and Supervision.

Julia is the author of many books: *The Body Image Workbook for Teens*, *The Bullying Workbook for Teens*, *Salvaging Sisterhood*, *G.I.R.L.S.: Group Counseling Activities for Enhancing Social and Emotional Development*, and a children's book, *Perfectly You*. She frequently presents her research and experiences with educators, parents, and students at the national level.

Join Julia as she presents *Self-Harm, Suicide & Social Media: Helping Students Ask for Help*. We consistently hear that students who self-harm and contemplate suicide reach out to others on social media. Sometimes, school counselors are provided with screenshots or insight into this issue, with little ground for investigation (i.e., which student is it?). What is our role in prevention? How can school counselors intervene? This session will provide great insight into the darker side of social media, refresh our ethical standards, and engage participants in a collaborative discussion about how to help students help themselves and others.



## Tentative Schedule

### Thursday, November 14, 2019

7:30 am – 5:00 pm	Registration & Information Center Open
8:00 am – 4:30 pm	Exhibits Open
8:30 am – 9:30 am	Session 1
9:30 am – 10:00 am	Exhibitor Break
10:00 am – 11:00 am	Session 2
11:00 am – 11:30 am	Exhibitor Break
11:30 am – 1:15 pm	Keynote Luncheon – Dan St. Romain
1:15 pm – 1:30 pm	Transition Break
1:30 pm - 2:30 pm	Session 3
2:30 pm – 3:00 pm	Exhibitor Break
3:00 pm - 4:00 pm	Session 4
4:00 pm - 6:00 pm	Gold Star Reception
6:30 pm - 9:00 pm	ISCA Board Meeting

### Friday, November 15, 2019

7:30 am – 2:30 pm	Registration & Information Center Open
8:00 am – 12:30 pm	Exhibits Open
8:30 am – 10:00 am	Core Skills Building Workshops
10:00 am – 10:30 am	Exhibitor Break
10:30 am – 12:00 pm	Core Skills Building Workshops
12:15 pm - 1:45 pm	Awards Luncheon
2:00 pm - 3:00 pm	Session 5
3:00 pm - 3:30 pm	Membership meeting - Immediately following session

Attendance certificates will be located in the program (Participant's Manual) which may be used for PGP and CEU credits if your district accepts this documentation.

## Five Easy Ways to Register!!!

**Toll Free #:** (866) 318-6294

**Fax:** (423) 899-4547

**Internet:** [www.ncyi.org/iscac](http://www.ncyi.org/iscac) to register and pay with a credit card, using our secure shopping cart system.

**Mail:** National Center for Youth Issues, Attn: ISCA Conference  
P.O. Box 22185 • Chattanooga, TN 37422-2185

**Scan & Email:** [Registrations@ncyi.org](mailto:Registrations@ncyi.org)

**PLEASE NOTE: All purchase orders must include an additional \$10 purchase order fee to cover the cost of billing. Pay up front with a check or credit card and save!**

**QUESTIONS??** Contact NCYI at 866-318-6294 or e-mail [registrations@ncyi.org](mailto:registrations@ncyi.org) or [bnickel@ncyi.org](mailto:bnickel@ncyi.org).

## REGISTRATION FORM (PLEASE PRINT CLEARLY)

NAME (as it should appear on name badge) \_\_\_\_\_

JOB TITLE - (REQUIRED PLEASE) \_\_\_\_\_

ORGANIZATION/SCHOOL DISTRICT \_\_\_\_\_

EMAIL (REQUIRED FOR CONFIRMATION) \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK PHONE ( ) \_\_\_\_\_ CELL PHONE ( ) \_\_\_\_\_

Professional/Affiliate Member*	Student/Emeritus Member*	Non-Member
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### A. Full Conference – Attend both days (Nov. 14th and 15th)

<input type="checkbox"/> <b>Early Register</b> (by Oct. 4)	\$160 per person	\$105 per person	\$240 per person
<input type="checkbox"/> <b>Regular Registration</b> (after Oct. 4)	\$185 per person	\$130 per person	\$265 per person

**TWO-Day Attendance–Total (A) \$** \_\_\_\_\_

### B. One Day Attendance – Thursday Only (Nov. 14th)

<input type="checkbox"/> <b>Early Register</b> (by Oct. 4)	\$110 per person	\$75 per person	\$190 per person
<input type="checkbox"/> <b>Regular Registration</b> (after Oct. 4)	\$135 per person	\$100 per person	\$215 per person

**ONE-Day Attendance – Total (B) \$** \_\_\_\_\_

### C. One Day Attendance – Friday Only (Nov. 15th)

<input type="checkbox"/> <b>Early Register</b> (by Oct. 4)	\$110 per person	\$75 per person	\$190 per person
<input type="checkbox"/> <b>Regular Registration</b> (after Oct. 4)	\$135 per person	\$100 per person	\$215 per person

**ONE-Day Attendance – Total (C) \$** \_\_\_\_\_

To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.

**You can save \$80 on your conference registration by becoming a member of the ISCA!**

Before registering for the conference, please visit the ISCA web page and become a member or renew your annual membership to save.

Go to [www.indianaschoolcounselor.org](http://www.indianaschoolcounselor.org) and click the link on the left, JOIN ISCA.

\*You must be a current ISCA Member to receive the member rates above.

### PAYMENT METHOD

**Purchase Order** A copy of the purchase order is required.  
(addressed to National Center for Youth Issues, P.O. Box 22185, Chattanooga, TN 37422-2185)  
**PLEASE NOTE: All purchase orders must include a \$10 fee to cover the cost of billing.**

**Check Enclosed** (made payable to National Center for Youth Issues)

**Credit Card**  Personal  Corporate

CARD NO. \_\_\_\_\_ EXP. DATE \_\_\_\_\_ CID# \_\_\_\_\_

NAME ON CARD (PLEASE PRINT) \_\_\_\_\_

CREDIT CARD BILLING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_ EMAIL \_\_\_\_\_

**PLEASE NOTE:** There will be no refunds after October 27, 2019. All cancellations before October 27, 2019 will be refunded less a \$25 handling fee. There will be no refunds if you register as a non-member and then later become a member. **Please become a member or renew your membership before registering for the conference. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings.**



**Marriott Indianapolis  
East Hotel and  
Convention Center  
Indianapolis, Indiana**



**Reserve your hotel room today! Limited Availability  
1-888-236-2427 or 317-352-1231**

### To make hotel reservations:

All events of the Conference will be located in the Convention Center. Standard rooms at the hotel may be reserved at the special conference rate of **\$129 per night** (plus tax). Make your reservations by calling the hotel directly at **1-888-236-2427**, or at **317-352-1231**, and reference the “**Indiana School Counselor Association Conference**” to receive this rate.

### TO REGISTER ONLINE:

Go to [www.ncyi.org/iscac](http://www.ncyi.org/iscac) and follow the link to the hotel’s reservation system.

**Please Note:** This rate is good on reservations made by **October 23, 2019**. Rooms in this block are limited, and may fill up before October 23.

## Come Work and Play!

In the evening, make sure you take time to relax and enjoy the surrounding area.

Go to [www.ncyi.org/iscac](http://www.ncyi.org/iscac) to see the things to do around the beautiful Marriott Indianapolis East Hotel.

### Visit the Fashion Mall at Keystone!



### Or, visit Castleton Square shopping center!



**We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!**