

# Breakout Sessions At-A-Glance

<b>Monday, November 4 Breakout Session 1 9:15 – 10:15 a.m.</b>		<b>Presenter(s)</b>
Anxiety, Trauma & Emotional Dysregulation: Where Learning Stops		Natalie James
Creating a Seamless Pathway to Graduate		Jana Hancock
Fostering Empathy: Creating a Climate of Civility		Rodger Dinwiddie
Helping Students with Trauma and Emotional Dysregulation		Allison Edwards
Is it Rude, Mean, or Bullying? Encouraging a Shift from Cruelty to Kindness		Teri Hensley Marrow
Mind the Gap		Rhonda Ramirez & Robin Riley
Reinventing Career Day		David Vinson & Amanda Martin
School Counselors Leading with Self-Compassion		Carleton Brown & Anjanette Todd
School-Based Restorative Circles		Jennifer Moczygemba & Marisa O'Connor
Solution Focused Counseling for Anxious Children and Teens: Strategies for School Counselors		Natalie Spencer Gwyn
What's New in The ASCA National Model: 4th Edition		Eric Sparks
<b>Monday, November 4 Breakout Session 2 10:45 – 11:45 a.m.</b>		<b>Presenter(s)</b>
Changing Sour Attitudes Into Sweet Successes		Schavonda Burton-Johnson & Monica Soliz & Janeth Ramirez
Creating a Plan for College and Career Readiness		Renee' Hartley
Fostering Empathy: Creating a Climate of Civility		Rodger Dinwiddie
Got Data?		Nwakaego Edordu Oriji & Demetryas Pennegraph
Guidance Goodies SUPER Sized		Amber Barbee & Kevin Kracker
Helping Students with Trauma and Emotional Dysregulation		Allison Edwards
Integrating SEL into Your Comprehensive School Counseling Program		Cynthia Williams
It's Greek to Me: Foreign Transcripts Demystified		Sandra Benavidez
Solution Focused Counseling for Anxious Children and Teens: Strategies for School Counselors		Natalie Spencer Gwyn
Unleashing Potential		Tracey Brown & Jerald Hoover
You Want Me To Do What? Part 2: Keeping It Together and Making it Work		Melanie Acker & Melissa Ferguson

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<b>Monday, November 4 Breakout Session 3 1:45 – 2:45 p.m.</b>		<b>Presenter(s)</b>
Coping Skills Toolbox: Tools You Need to Help Students Manage Their Lives		Amy Blasingame
Get Your Guidance On: Guidance Lessons & Social-Emotional Learning Skills		Stephani Lerner
It's a New Grad Plan!		Christina Wiswell & LaShanda Lewis
It's Greek to Me: Foreign Transcripts Demystified		Sandra Benavidez
Mental Health: Helping Families Build and Be the Support Their Kids Need		Tara Rolstad
Minute Meetings		Cristina Nunez & Monica Dominguez & Sue Shook
Regional Collaborative Response and Supports for Youth in Crisis		Manuel Castruita & Rene Hurtado
SCHOLAR: A Texas School Counselor's Best Website for Resources		Jenipher Janek
Technology Facilitated Crimes Against Children		Sgt. Amy Briggs & Sheila Lashley
Unpacking the Four Componentets		Sherry Burton & Schavonda Burton-Johnson
Working with Campus Leadership: The Key to Student Achievement		LaTisha Griffin
<b>Monday, November 4 Breakout Session 4 3:15 – 4:15 p.m.</b>		<b>Presenter(s)</b>
Anxiety in the Classroom: Strategies to Recognize and Respond to Student Anxiety		Kelli Hill
Are You Your OWN Worst Enemy		Dedra Colston & TerettaScott
Building a Mental Health Framework		Denise Zimmermann
Diversity: Creating Unity in Our Classrooms and Schools		Julie Thrift & Pam Hart & Marjorie Edge
Legislative Updates		Jessica Snyder
Lone Star Awards		Myra Ortega & Monica Dominguez & Sue Shook
One Plus One Equals Success: How to Effectively Grow a Dual Credit Program		Zoraya Holmes & Stephanie Chama
Technology Facilitated Crimes Against Children		Sgt. Amy Briggs & Sheila Lashley
Texas Army National Guard Education Benefits		Mary Lantz & John Homan
Using the New ASCA National Model to Help Students		Steve Zaharakis
A View from the Top of the Pyramid		Jana McLain & Bethanie Wheeler

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<b>Monday, November 4 Breakout Session 5 4:30 – 5:30 p.m.</b>	<b>Presenter(s)</b>
Building Relationships Through Core Curriculum at the Secondary Level	Tamara Wahrer & Lesa Gonzalez
Educator Self-Care: The Trickle Down Effect	Anne Contreras
Equitable Access to Advanced Coursework: Academic Equity for All Students	LaShanda Lewis & Christina Wiswell
Fighting for a Life Free from Drugs and Alcohol	Jonathan Medina
First Generation College Students-Preparing the Parents	Kathleen Perez
Integrate Texas OnCourse into Your Comprehensive School Counseling Program	Lara Gueguen & Marissa Diaz
Keeping the Balance - Work Life Challenge	Denise Cipolla & Maryanna Turrubiarres
Managing Your Crazy Self! An Integrated Solution-Focused Model	Becky Kemp & Randy Guttenberger
Transforming Everyday Games into Successful Individual and Group Lessons	Pippa Day & Missy Masters
What Will They Learn? Find Out What the College Rankings Don't Tell You	Michael Poliakoff
Young Children and Grief	Julia Brown
<b>Tuesday, November 5 Breakout Session 6 8:15 – 9:15 a.m.</b>	<b>Presenter(s)</b>
6 Keys for ALL to Succeed: College & Career Ready in 5A High Schools	Stacy LaBruyere & Jo Hawk
Addressing Emotional Escalation	Bonnie Atilano & Tracy Alvarez & Gabriel Nevarez
Building Belonging in an Overly Connected Society	Michelle Mitchell & Anne Contreras
Building Relationships through Core Curriculum at the Secondary Level	Tamara Wahrer & Lesa Gonzalez
College Resources for Foster Youth	Brandi Purswell
Flipping the Switch on Anxiety	Kelly Locke
Focus-Driven Education	Steven Coyle
Human Trafficking and Vulnerable Youth	Noel Mendoza
Integrating School Social Workers Into Your Counseling Services Program	Maria Herrera & Joyce Kinney
Texas Ethics for LPC, LMFT, and LSW	Rhonda Johnson
Tips, Tricks, and Tools for a Comprehensive Program	Jennifer Madrid & Amanda Bustamante

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Tuesday, November 5 Breakout Session 7 9:45 – 10:45 a.m.		Presenter(s)
Change Agents: Making Schools Safer and Kids More Resilient Future Adults		Lisa Wright
Counseling Program Ideas for a New Year!		Ashley Wright
Delivering Opportunity with the SAT Suite of Assessments		Jill Schott
Get Your Guidance On: Guidance Lessons & Social-Emotional Learning Skills		Stephani Lerner
Googling Up a School Counselor		Jim Deeken
It's a New Grad Plan!		Christina Wiswell & LaShanda Lewis
Parents in Your Pocket-Fostering Effective Parent/School Relationships		Betty White
Preparing for Crisis - Are You Ready?		Emberly Hill & Jennifer Lemke & Maria Martinez
Social Emotional Learning (SEL) NOT a Middle School Thing?		Jo Jennifer Madrid-Chabre
Social Media Addiction and The Brain		Bridget Melson
What is your Drug IQ?		Marla Pollan & Dianna Flores