NEW RELEASES

15-Minute Counseling Techniques that Work
What You Didn’t Learn in Grad School
Allison Edwards

Children come to us with a variety of problems, searching for answers. While these solutions may work temporarily, we really never help children until we give them tools—or techniques—to manage thoughts and feelings on their own. Allison Edwards provides tools to use in individual or group counseling sessions with children in grades K–12. The techniques in this book will help children feel empowered to face everyday challenges and equipped to manage their stress and emotions.

There’s No Dream Too Tall
Amie Dean

Instead of adults advising children as to what they could—or should—be when they grow up, There’s No Dream Too Tall offers a different approach. Kids are given the freedom to decide for themselves. Whether they want to be a teacher, a chef, a firefighter, a homemaker, or an architect, kids can look at their unique strengths and gifts and find their own way towards a future they will love.

By showing kids that their different strengths can help them become who they want to be, we give them the power and permission to dream. And when we do that, they will believe that no matter how tall their dreams may be, they have what it takes to reach them!

Marcy’s Having All the Feels
Allison Edwards

Marcy wanted to be happy. Happy is all she wanted to be. But all her other feelings kept showing up—and at the worst times! Her feelings were there as soon as she opened her eyes each morning, and they followed her around throughout the day. Then one day when Marcy’s feelings disappear, she learns that her feelings don’t have to control her, and they might even have a function. Maybe having all the feels might not be such a bad thing. And that one discovery? Well, it changes everything!
ANGER, BULLYING, & CONFLICT

No Putdowns
Jim Wright, Wendy Stein & Stephanie Pelcher
This comprehensive curriculum addresses violence prevention, character development, substance abuse prevention, and life-skil building. Each grade level has fifty developmentally appropriate activities designed for use over a ten-week period. Upon completion, students will be able to recognize and understand the effects of putdowns on themselves and others, demonstrate strategies for calming down, recognize and express appreciation, and much more! Includes a program guide for staff support.

Don’t Pop Your Balloon!
Get a Grip on Anger
Janet Bender
Anger hurts people and damages their relationships with others. This book explores the physical, emotional, and relational causes, expressions and consequences of anger.

Bully B.E.A.N.S.
Julia Cook
Updated artwork and shorter story! Maxine likes to pick on kids…especially Winston. The other kids don’t like the way Maxine treats Winston, but are too afraid to do anything about it, until they discover Bully B.E.A.N.S.

Tales of Temper
Rosanne Sartori
Anger is a powerful emotion that can have violent and destructive consequences. This resource has six stories in which characters learn lessons to help them manage their tempers. Includes reproducible worksheets, discussion questions, rhymes, and raps.

Bully B.E.A.N.S. Activity Book
Updated artwork! The perfect companion to Bully B.E.A.N.S. This workbook offers teachers and students “hands on” activities that explore the dynamics of bullying and teach them how to prevent it.
ANXIETY & WORRY

Worry Says What?
Allison Edwards
“Worry’s songs tie my tummy up in knots. Sometimes he speaks in a whisper, and other times his voice gets so loud I can’t hear anything else.” This book shows how worry whispers to young minds, and offers a powerful tool all children can use to silence those fears.

ABC Worry Free
Noel Foy
“Do you think you could teach someone to worry less?” I asked. “Absolutely. As long as they’re not afraid to learn something new.” Children will learn an actionable approach to worry that will help them process and work through everyday challenges.

Seraphina Does Everything
Melissa Gratias
Seraphina wants to do it all. From soccer to ballet to French club, her schedule is jam-packed. Seraphina doesn’t want to miss a thing! But why does she feel so blue? With help from her dad, she discovers that in trying to do everything, she is missing out on her favorite things.

Worried About School
Corlette Sande
This book offers a way to address the anxiety that comes from school. Suggestions include helping children prepare for school in advance, teaching refusal skills, and helping them develop problem-solving strategies.

Worried About School: Gr K-2
Corlette Sande
This book offers a way to address the anxiety that comes from school. Suggestions include helping children prepare for school in advance, teaching refusal skills, and helping them develop problem-solving strategies.

Soda Pop Head
Julia Cook
Lester is a Soda Pop Head! He has a hard time controlling his anger, until his dad figures out how to help him. This book takes an empathetic, yet powerful look at anger management in a fun way!

Soda Pop Head Activity and Idea Book
Offers “hands on” activities that can teach a child how to channel anger in productive and non-destructive ways. Activities reinforce that it’s ok to feel angry; what they choose to do with their anger makes the difference! Full of discussion questions and exercises to share with students.

Wilma Jean the Worry Machine
Julia Cook
This fun and humorous book addresses the problem of childhood anxiety and offers creative strategies for parents and teachers to use that can lessen its severity. The goal of the book is to give children the tools needed to feel more in control of their anxiety. For those worries that are not in anyone’s control (i.e. the weather) a worry hat is introduced.

Wilma Jean the Worry Machine Activity and Idea Book
Offers creative anxiety reduction strategies, and gives children the tools they need to feel more in control of their anxiety! Full of discussion questions, worksheets, and exercises.
**My Mouth Is A Volcano**  
Julia Cook  
Louis always interrupts! His words rumble and grumble until he ERUPTS (or interrupts). But when others begin to interrupt Louis, he learns how to respectfully wait for his turn to talk. A witty technique to help children manage their thoughts and words without interrupting.

**My Mouth is a Volcano Activity and Idea Book**  
Through engaging discussion questions, activities, and exercises, teach children the value of respecting others by listening and waiting for their turn to speak.

**Personal Space Camp**  
Julia Cook  
Louis, a “space expert”, is invited to Personal Space Camp by the school principal. Louis soon discovers that he has much to learn about personal space right here on earth. Addresses the complex issue of respect for another person’s physical boundaries.

**Personal Space Camp Activity and Idea Book**  
Questions and exercises to teach the concept of personal space and respecting other’s feelings by giving them the “room” they need. Full of discussion questions, worksheets and activities.

**The Awfulizer: Learning to Overcome the Shame Game**  
Kristin Maher  
The Awfulizer follows James everywhere he goes and reminds him of all the things he’s done wrong. When James tells his parents all about The Awfulizer, they help him understand that talking about feelings turns him into The Awesomizer!

**It's Hard To Be A Verb**  
Julia Cook  
Being a verb is hard! Especially for Louis, who can’t seem to control himself when he gets the urge to move at the wrong time and situation. Louis’s mom teaches him techniques to keep his inner itching, twitching, and jumping in check. A positive resource for anyone touched by ADHD.

**It's Hard To Be A Verb Activity and Idea Book**  
Activities to improve focus and organizational skills both in and out of the classroom. Full of discussion questions, worksheets, and activities.

**A Bad Case of Tattle Tongue**  
Julia Cook  
No one likes “Josh the Tattler” because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! Teaches children the differences between tattling and the need to warn others.

**A Bad Case of Tattle Tongue Activity and Idea Book**  
The perfect companion to A Bad Case of Tattle Tongue. Help children become effective problem solvers and improve relationships with peers. Full of discussion questions, exercises and worksheets.
Ricky Sticky Fingers
Julia Cook
Ricky can't seem to figure out that stealing is wrong. Through a whimsical story, children learn the concept of ownership and how it feels when someone doesn't respect what is yours.

Teach Skills and Break Habits
Growth Mindsets for Better Behavior in the Classroom
Dan St. Romain
Behavior folders, clip systems, or other interventions based on punishments and rewards often prove to be ineffective. Explore why it isn't working, and find a new process that will lead to better behavior.

Lying Up a STORM
Julia Cook
Whenever Levi doesn't like the truth, he kinda, sorta makes up other stuff to say. This book will help children understand the consequences of telling a lie and explains how lying can be a natural and sometimes healthy response. Tools are provided to help guide children toward truthfulness.

Your Happy Heart
How Helping Others Helps You, Too
Amie Dean
When fifth grader Javon meets kindergartner Richard for the first time, Richard won't talk to Javon or even look at him. Javon realizes that Richard reminds him a lot of himself at that age. Javon learns that helping someone find their happiness makes your own heart happy, too.

The Character & Career Connection
Amy Murray
Students today need not only to have high grades in school, but must also possess good character. Students explore the different traits needed in certain careers. Includes mini posters, parent tips and reproducible activity sheets.

Character Quilting
Carole Cliffe
The pioneer women of long ago knew the value of raising kids. This easy-to-use resource guide will provide you with creative lesson plans and resources that build kids of character on a foundation of virtues. Ideas for integration in language arts, reading, math, music, art, writing, social studies, and character education are given throughout the pages of this handbook.

Winners Don't Whine and Whiners Don't Win
A Book about Good Sportsmanship
Julia Cook
Wendell’s mom helps him understand that everything doesn’t have to be a contest, and losing does not make you a loser. In fact, it can make you stronger! Winning isn’t everything and whining just makes it worse.

Average Joe
A Chapter Book by Julia Cook!
Julia Cook
Meet “Average Joe”, a not so average 12 year-old kid who takes a potion and can turn into a grown up, for two hours, any time he wants to... imagine how much fun Joe can have!
**Relate & React Skit**  
A Skit Book for Developing Good Character  
Adapted from the best-selling STARS Skit Book

Role-playing a situation helps students internalize lessons. This book contains a mixture of 39 serious and funny skits in various lengths, for developing good character in real life situations. Topics covered include the affects of advertising on teens, character development, bullying/anger management, substance abuse, and peer pressure.

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**Safe Travels Through the Divide**  
Kim “Tip” Frank

Tools and understanding needed to help make the journey through divorce or separation as safe and comfortable as possible, while minimizing lasting effects. Broken into sections for adults and kids, this book will help children adjust to their new lifestyle.

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**Coping with Family Changes**  
Getting Yourself Together When Things Come Apart  
Janet Bender

Family changes often present difficult challenges for children. Separation, divorce, incarceration, death, re-marriage and relocation through moving or military deployment are a few of the life events that change families and often create puzzling feelings for the children involved. Coping With Family Changes: Getting Yourself Together When Things Come Apart focuses on the five familiar stages of grief often experienced by children when their family structure changes. This resource offers a student survey, read-aloud story, and 21 reproducible student activities designed to help children move through the grief process and adjust to their new circumstances. Helpful parent articles and reference material complete this “must have” book for all helpers of children.

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**The “D” Word (Divorce)**  
Julia Cook

Otis's perfect family changes as soon as his parents say they are getting divorced. At first he blames himself. With the help of his Gram, Otis learns about the Three C’s of Divorce: I didn’t CAUSE it, I can’t CONTROL it, so I’m going to have to learn to COPE with it!

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**The “D” Word (Divorce) Activity and Idea Book**  
Offers processing tools and strategies to help children and parents cope with divorce. Full of discussion questions, activities, and exercises.

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**Custody Battle**  
A Workbook for Children  
Nancy Martin-Finks

Children experiencing a custody battle need a safe way to explore and talk about their feelings. They also need to know they are not alone, and that the situation will resolve itself so that life goes on. This workbook offers a format to ease their way and help counselors work through these issues with children.

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**HEALTH, HYGIENE, & BODY IMAGE**

**Melvin the Magnificent Molar**  
Julia Cook, Laura Jana

Meet Melvin, the lovable tooth. By promoting brushing, flossing, and regular visits to the dentist, Melvin shows readers, young and old, how to make sure they will have happy teeth and healthy smiles that will last a lifetime!

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**I am a Booger, Treat Me with Respect**  
Julia Cook

Boogie the booger teaches the healthy way to blow your nose using a Booger Ghost. Boogie knows that most people think he’s gross, but he doesn’t feel bad because he keeps us from getting sick! He’s a true defender just asking for a little respect.
**MINDFULNESS & GROWTH MINDSET**

### Be Where Your Feet Are!
- **Author:** Julia Cook
- **ISBN:** 9781937870058
- **Format:** Hardcover
- **Pages:** 32
- **Price:** $9.95
- **Case:** 28

Each day, there are many things to think about. Getting ready for school, turning in homework, band solo tryouts, soccer practice...and it's a long way from your head to your feet. Reinforces the concepts of mindfulness and being present in a fun way children will remember.

### Perfectly You
- **Author:** Julia V. Taylor
- **ISBN:** 9781931636308
- **Format:** Paperback
- **Pages:** 32
- **Price:** $9.95
- **Case:** 28

Teaches young readers (and listeners) to accept themselves, treat one another with compassion, and embrace their uniqueness. Focuses on the importance of self-acceptance, tolerance, and leading an overall healthy lifestyle.

### The “CAN” in Cancer
- **Author:** Julia Cook
- **ISBN:** 9781937870171
- **Format:** Paperback
- **Pages:** 32
- **Price:** $9.95
- **Case:** 28

Eli is a young boy who finds out he has cancer. This creatively written book of hope follows Eli's journey through the eyes of the patient, parents, siblings, teachers, health care providers, and friends. A must-read for all who are searching for their “CAN” in cancer.

### How To Be Comfortable In Your Own Feathers
- **Author:** Julia Cook
- **ISBN:** 9781931636308
- **Format:** Paperback
- **Pages:** 32
- **Price:** $9.95
- **Case:** 28

Wanting to flutter like the petite Hummingbird, Bluebird takes on unhealthy eating habits. Bluebird learns balance and how to control the food Voice living inside with help from Mom, the Bird Doc, and the Food Voice Counselor. For children who may be struggling with body image.

### Mindset Matters
- **Author:** Lisa King
- **ISBN:** 9781937870133
- **Format:** Paperback
- **Pages:** 167
- **Price:** $27.95
- **Case:** 15

Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset.

### Integrating Growth Mindset in Schools
- **Author:** Lisa King
- **ISBN:** 9781937870483
- **Format:** Paperback
- **Pages:** 188
- **Price:** $27.95
- **Case:** 15

Streamline growth mindset into school programs with a well-structured, evidence-based method to deliver information, specifically broken into K-8 and 9-12. Includes reproducible email templates, scripts, posters, lessons, and downloadable Powerpoints.

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**GR PK-3**

**9781931636759**

**B005-01**

**PAPERBACK**

9” X 8”

32 PAGES

$9.95

28/CASE

**GR 2-6**

**9781937870171**

**B409-01**

**PAPERBACK**

9” X 8”

32 PAGES

$9.95

28/CASE

**GR 2-5**

**10” X 8”**

32 PAGES

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28/CASE

**GR 3 & UP**

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**PAPERBACK**

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**9781937870483**

**B955-01**

**PAPERBACK**

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188 PAGES

$27.95

15/CASE

**GR K-6**

**9781937870508**

**D115-01**

**PAPERBACK**

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$9.95

28/CASE

**GR 2-7**

**9781937870409**

**B550-01**

**PAPERBACK**

8.5” X 11”

167 PAGES

$27.95

15/CASE

**GR K-12**

**9781937870483**

**B955-01**

**PAPERBACK**

8.5” X 11”

188 PAGES

$27.95

15/CASE

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**DL** DIGITAL LINK AVAILABLE  
**DVD** INCLUDES VIDEO DVD  
**PB** PICTURE BOOK  
**PO** PREVIEW ONLINE  
**B90** BILINGUAL
Mending Hearts
When a School Grieves
Amy Murray
What do we do when a school is grief stricken? Written to help educators know how to respond when grief affects a school. Includes parent/teacher helps for different ages, a story to share, outlines for counseling sessions, and activities for individuals or small groups.

Understanding & Addressing Children’s Grief Issues
Dave Opalewski, John Belaski
This workbook will help adults understand what a child is going through and get comprehensive techniques to address the situation. Make a positive difference in a young person by fostering growth and helping them understand and cope with their feelings.

Understanding & Addressing Adolescent Grief Issues
Dave Opalewski, Joel Robertson
Death is a terrible shock for the adolescent. Understand what the adolescent is going through and get comprehensive techniques to address the situation.

Answering the Cry for Help
A Suicide Prevention Manual for Schools and Communities
Dave Opalewski
Develop a Community Suicide Prevention Program. Discusses suicide prevention, establishes guidelines for intervention, and trains Crisis Team members to manage possible scenarios.

Confronting Death In The School Family
Dave Opalewski, Joel Robertson
Guidelines and tools to help your crisis response team respond to the death of a student or staff member. Includes procedures for response, sample announcements, comprehensive classroom plans, and worksheets for parents and teachers. A suicide prevention curriculum is also included.

Grief is Like a Snowflake
Julia Cook
Everyone shows grief differently. With the help and support of his family, Little Tree learns to cope with his father’s death by discovering what is really important in life, and how his father’s memory will carry on. Offers a warm approach to the difficult subject of death and dying.

Grief is Like a Snowflake Activity and Idea Book
Several activities that explore what grief is, how to personalize it, and how to endure it. Full of discussion questions, worksheets, and exercises.

Straight from the Horse’s Mouth
Julia Cook
Horses can help people fix ANYTHING! Archie is not your average horse. He helps people get rid of their flies…you know, the things that bug us! This creative book for all ages takes a look at the power of horse therapy for helping people heal on the inside.

Blueloon
Julia Cook
Meet Blueloon – a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to “bounce back” to being the way he used to be – bright, round, and full, with a very straight string!

Blueloon Activity and Idea Book
This activity book offers processing tools and strategies to help children and parents cope with childhood depression. Full of discussion questions, activities, and exercises to share with students.
SAFETY

The Ant Hill Disaster
Julia Cook
After a disaster destroys his school, a little ant is afraid to return. Thoughtfully addresses fears associated with both natural and man-caused disasters and models effective parenting and teaching responses. Children learn they can stand strong, even in uncontrollable events.

I’m Not Scared, I’m Prepared!
Julia Cook
The teacher at the Ant Hill School teaches her students what to do if a “dangerous someone” is in their school. This book will enhance the concepts taught in the ALICE Training Institute, and make them applicable to children of all ages in a non-fearful way.

The Bubble Wrap Queen
Julia Cook
Teaches the key B.A.S.I.C.S of injury prevention (Be Aware and Safe in Common Situations) to creatively address playground safety, poison control, automobile safety, bicycle safety, and more.

Smarter than the SCOOPERS
Keeping Your Child Safe from Predators
Julia Cook
SCOOP is an acronym for the five personal safety strategies: be Smart, use your Call list, zero talking to strangers, keep strangers Out of your personal space, and always Pair up.

I’m Not Scared, I’m Prepared! Activity and Idea Book
This guide book offers grief facilitators, counselors, educators, and parents “hands on” activities that explore concepts taught by the ALICE Training Institute. Full of discussion questions, activities and exercises to share with students.

Why Would Someone Want To Die?
Rebecca Schmidt
This story and workbook equips you with tools to explain suicide openly and honestly to children. Learn techniques to help children cope with the emotions associated with the suicide of a loved one. Includes counselling activities, resource list, grief chart, and more.

Coping with Family Changes
Getting Yourself Together When Things Come Apart
Janet Bender
Focusing on the five familiar stages of grief, this workbook is designed to help children move through the grief process and adjust to their new circumstances. This resource offers a student survey, read-aloud story, 21 reproducible student activities, as well as helpful parent articles and reference material.
I Can’t Find My Whatchamacallit
Julia Cook
After Cletus’s mom refuses to let him play with Bocephus until his room is cleaned, Bocephus steps in to help out his disorganized cousin. This book guides children and adults through the organizational process by providing creative planning and organizing advice.

Planning Isn’t My Priority...and Making Priorities Isn’t In My Plans
Julia Cook
While working on a science fair project, Cletus and Bocephus learn to appreciate each other’s strengths and weaknesses. Creativity needs structure and structure needs creativity–BOTH need to know how to plan and prioritize!

Study Skilled... NOT!!!
Julia Cook
Bocephus over-studies and stresses, while Cletus studies as little as possible. After Cletus’ mom introduces them to “The Amazing Great B!” the boys learn how good study skills can affect not only their grades, but also their attitudes and results.

The Anti-Test Anxiety Society
Julia Cook
To Bertha Billingsworth, the word test stands for Terrible Every Single Time! Her teacher explains the Dynamic Dozen (12 amazing test taking strategies), and convinces her to use her “GET TO” brain instead of her “HAVE TO” brain. Now, the Terrible now stands for Terrific!

Tyler Tames the Testing Tiger
Janet Bender
Addresses the anxiety often felt by students at testing time by providing helpful tools for parents and educators who want to prepare children for tests. Includes strategies for relaxation, positive thinking, time management, study skills, mental and physical preparation, and test-taking skills.

Lost and Found
Rescuing Our Children and Youth from Video, Screen, Technology and Gaming Addiction
Kim “Tip” Frank, Mike Paget
Provides ideas and principles related to the overuse and abuse of technology. Learn about the factors and warning signs leading to technology addiction. Offers practical exercises and resources.

Coding Capers
Luci and the Missing Robot
Angela Cleveland and Tamara Zentnic
Join Luci and her friends as they go on an adventure to find a missing robot! In the process, they learn the foundational concepts of coding, the increasing capability of technology, and the power of persistence. Includes links to engaging computer science activities. STEM compatible.
But It's Just A Game
Julia Cook
Video game addiction is on the rise, but can be prevented. Teaches both children and adults to switch out their game controller for a "life controller." Tips in the back explain technology addiction and why it is important to set limits and boundaries.

Techno Smart Activity & Idea Book
Julia Cook
Increase communication skills while teaching boundary recognition. Learn digital citizenship by teaching the etiquette of using technology effectively. Full of discussion questions, worksheets, and activities.

Jumping Into Kindergarten
Julia Cook, Laura Jana
Follow Roo as he figures out how to use his amazing "QI" (pronounced Key) skills: ME, WE, WHY, WILL, WIGGLE, Wobble, and WHAT IF. Includes tips for home and classroom, and highlights the connection between everyday behaviors and the development of life skills.

Deployment
One of Our Pieces is Missing
Julia Cook
A family must learn to stretch and adapt after Dad is deployed and as he settles back into the family frame when he returns. Helps children process questions and feelings, and be equipped with ways to discuss the highs and lows of deployment.

Foster Care
One Dog's Story of Change
Julia Cook
Foster and his friends all have different circumstances which brought them to foster care. As they talk through their stories, they realize this is where they need to be for now. Encourages children entering or already in foster care and helps them understand they are not alone.

Don't Be Afraid to Drop
Julia Cook
Boy Raindrop is afraid to let go of his cloud and drop to the ground. He doesn't like change or risks, and is happy with life. His father encourages him to jump out of his comfort zone and see what he is missing. For anyone who is at a transitional point in their life.

What Do I Say About That?
...(Coping with an Incarcerated Parent)
Julia Cook
When a loved one is sentenced to prison, the emotional turmoil is difficult for everyone. Looks at the struggles facing the child of an incarcerated parent and helps gain insight to the healing and coping process.

Choices: Directions for Change
Teaches students positive attitudes and skills that promote healthy choices to protect them from self-destructive behaviors. Learn skills to remove self-destructive behavior and begin making positive choices.
The Mechanics of School Counseling Workbook
Eric Chancy
Shorten and moderate the learning curve of a new school counseling position by providing specific questions to ask in your new setting, reducing your legwork, and maximizing your direct involvement with students and parents.

I'm Your Flag, So Please Treat Me Right
Julia Cook
Explains through the eyes of the American flag what the red, white, and blue stand for, and what the flag means to all Americans. This historical and colorful story will help people of all ages better understand the value of our beautiful flag.

My Mom Thinks She's My Volleyball Coach, But She's Not!
Julia Cook
For those of us who cross the line between supportive fan and obnoxious spectator. This book will serve as a gentle and hilarious reminder that Coaches Coach, Officials, Officiate, Players Play, and Parents Parent (cheer, hug, encourage, help transport, and feed).

Be Your Own Hero
Lisa King
It's Hero Week at school, and Quinn Wilson can hardly contain her excitement! Each day, her class will meet a real-life hero, and on Friday they get to dress up as their favorite hero from the past or present. Every other kid in the class knows who they want to be, except for Quinn! There are so many heroes she looks up to! How can she choose just one?

But when Quinn's teacher, Mr. Finley, teaches the class some important truths about heroes, Quinn discovers something unexpected. In her search to find a hero in someone else, she actually finds the hero in herself!

What Shoes Will You Wear
Julia Cook
Myrtle and Erytle's father uses their love of shoes to encourage the young twins to start thinking about future careers. Explore the skills needed for any career: responsibility, self-confidence, integrity, punctuality, and teamwork. Career clusters are presented.

What Shoes Will You Wear Activity & Idea Book
Full of activities and worksheets, this fun book assists children in starting on the pathway of being college and career ready.

Marcy's Having All the Feels
Allison Edwards
Marcy wanted to be happy. Happy is all she wanted to be. But all her other feelings kept showing up—and at the worst times! Her feelings were there as soon as she opened her eyes each morning, and they followed her around throughout the day. Then one day when Marcy's feelings disappear, she learns that her feelings don't have to control her, and they might even have a function. Maybe having all the feels might not be such a bad thing. And that one discovery? Well, it changes everything!

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The Wumblers Series
Laura Wellington

Get ready to Wumble with a video series that promotes respect and understanding of others. Each story blends an important lesson with inspiration, imagination, and fun. Culturally and globally conscious, The Wumblers devote each and every episode to making the world a better place for all. Three episodes on each DVD. Comes with teachers guides.

**Wumblers Season 1**

**1. Fear/Worry**
Join Bertrum as he deals with fear of the dark, a bad day, and doubting whether Aunt Cordelia loves him.

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**2. Self-Acceptance**
Bertrum, Lenny, and Raimundo discover the value of being themselves and not changing for the sake of others.

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**3. Bullies/Anger**
Bertrum must deal with bullying, harsh words, and frustration.

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**4. Being & Having Friends**
Through some hard lessons, Bertrum must learn about trust and friendship.

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**Wumblers Season 2**

**5. Understanding and Respecting Differences**
Raimundo helps Bertrum see that having differences doesn’t mean you can’t be friends.

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**6. Family and Community Involvement**
Bertrum learns about his community through family traditions and helping others.

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**7. Good Sportsmanship/Finishing**
Bertrum and Gibby learn how to be a good loser, the meaning of good sportsmanship, and not to quit.

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**8. Being Responsible**
Bertrum learns the value of picking up after himself, getting a good night’s sleep, and the importance of taking care of others’ belongings.

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**The Boy Who Was Swallowed By the Drug Monster**

Drugs are monsters that swallow children. Based on the effects drugs had on 8-year-old Vince, the story follows his life to a powerful conclusion when adult Vince speaks from jail, sharing how this monster stole his childhood. Study guide included.

**Broken Toy**

Thomas Brown

12-year-old Raymond is often bullied when a teacher has their back turned. To get away from the bullies, he runs into the street, where he is hit by a car. Nobody meant for it to go this far. Focuses on the reactions of the bullies. Includes facts, suggestions for presentation, and activities.

**Joey DVD**

Thomas Brown

Addresses the bullying problem and the consequences this behavior has on all involved, including the victim, the victim’s family, the bullies, and bystanders. Joey is a film that will challenge and inspire students and parents alike. Includes study guide.

**Inbox**

Thomas Brown

A powerful film that addresses cyberbullying and the use of electronics to harass and bully someone. Relational aggression and abduction are also depicted. Includes discussion guide.

**Larry Boy & The Fib From Outer Space**

When Junior Asparagus breaks his Dad’s bowling plate, Junior lies about it, then Junior lies more until he can’t stop. And his friend Fib, grows big and takes over Bummyburg!

**Are You My Neighbor?**

Captain Bob and Lieutenant Larry seek Junior’s help fixing the power to their starship, the USS Applepies and he learns a valuable lesson about accepting the differences of others.

**Grapes of Wrath**

Junior Asparagus is the hapless target of teasing from a bunch of cranky grapes! Junior learns that forgiveness is the best choice, even when people aren’t being nice to you!
BOOKS BY AUTHOR

Janet M. Bender, M.Ed. is a retired elementary school teacher and counselor with 30 years’ experience in public education. She received her bachelor's degree from Winthrop University and her graduate degree from The Citadel in Charleston, SC. As one of the “pioneer” elementary counselors in her SC school district, she assisted in writing the job description and evaluation system for counselors, as well as launching a developmental guidance and counseling program for grades K-6. Mrs. Bender’s contributions to the counseling profession include mentoring new counselors, consulting in multiple school districts, presenting Developmental Guidance and School to Work programs to educational organizations across the United States, and authoring eight other educational resources for working with children and parents.

Tyler Tames the Testing Tiger

Coping with Family Changes
Getting Yourself Together When Things Come Apart

Don't Pop Your Balloon!
Get a Grip on Anger

Angela Cleveland, M.S.Ed., M.Ed, MA has 15 years of experience as a school counselor and received the “2017 New Jersey School Counselor of the Year” award. Cleveland serves on the New Jersey School Counselor Association (NJSCA) Executive Board and is the NJSCA webmaster. She is currently the Program Director for NCWIT Counselors for Computing. Cleveland founded ReigningIt, a story-sharing platform and support network to champion women in STEM.

Tamara Zentic is the author of educational books that teach technology lessons, social skills, and executive function, to students of all ages. Zentic is a veteran middle school teacher with more than 20 years of experience. In addition to having a master's degree in youth development, she has written and implemented a computer programming curriculum for her students. Tamara has presented her coding instruction and projects to AMLE, the Nebraska State Administrator's Conference and the 2018 Kansas Counselor's Conference as well as other local groups and conferences. Her students were the Samsung Solve For Tomorrow 2015 State Winners and have won other various prizes with their computer programming skills. She is an active member of CSTA. Tamara is a firm believer that computer coding is the language of the future and a necessary life skill for all youth.

Julia Cook, M.S. is a national award-winning children’s author, counselor, and parenting expert. She has presented in thousands of schools nationally and internationally, regularly speaks at education and counseling conferences, and has published children’s books on a wide range of character and social development topics. The goal behind Cook’s work is to actively involve young people in fun, memorable stories and teach them to become lifelong problem solvers. Inspiration for her books comes from working with children and carefully listening to counselors, parents, and teachers, in order to stay on top of needs in the classroom and at home. Cook has the innate ability to enter the worldview of a child through storybooks, giving children both the “what to say” and the “how to say it.”

I'm Stretched

A Flicker of Hope

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Amie Dean, M.Ed., B.A. has worked in education for 25 years. She has experience teaching at all levels, and has taught both special and general education. She was with Fulton County Schools (GA) for ten years, four of which she provided support to teachers and students as the Student Support/RTI Coordinator for her middle school. She holds a Masters degree in Education and is Nationally Board Certified as an Exceptional Needs Specialist. With 25 years experience as an educator and 14 years as a professional consultant, Amie has worked with thousands of teachers, counselors, and administrators in over 250 districts to improve best practices in behavior support, student engagement, and differentiated instruction. Amie has trained with Dr. Rick DuFour, Dr. Kay Burke, Dr. Spencer Kagan, Dr. Ruby Payne, and many others.

Allison Edwards LPC, RPT is an affiliate professor in the Human Development Counseling department at Vanderbilt University, the author of Why Smart Kids Worry and Worry Says What and the creator of Anxiety Tracker an iPhone app that helps track anxiety. Allison received her graduate degree in Counseling from Vanderbilt University and is a National Certified Counselor, Licensed Professional Counselor, and Registered Play Therapist. Allison has over 20 years experience working as a school teacher, school counselor, child/adolescent psychotherapist, and educational consultant to schools throughout the country.

Allison Edwards LPC, RPT travels both nationally and internationally training professionals in the areas of empowering anxious children in the classroom, managing the emotional needs of students, recognizing the social/emotional needs of gifted students, and sharing how educators can talk to parents about student anxiety. Allison helps school leaders understand how social/emotional differences can be supported in their neurologically diverse student populations, and provides consultation and staff development on how to effectively improve emotion regulation in the classroom.

Noel Foy is founder of AMMPE™ Neuroeducational Consulting, Noel’s mission is to empower teachers, parents, counselors, coaches and students with quick, user-friendly ways to use neuroeducation findings to their advantage. Having these tools can decrease stress, build underdeveloped skill sets and mindsets, and boost learning, engagement, Executive Function and performance in and beyond the classroom.

In response to the rise in anxiety, Noel has recently written an engaging, solution-focused story called ABC Worry Free, which provides readers of all ages with a transferable strategy to face and manage anxiety. For over 35 years, Noel has served as an educator in various capacities—classroom teacher at Landmark School, Learning Specialist at The Roxbury Latin School, and Professional Development Trainer for Keys to Literacy. Noel received her B.A. in Education/Special Education and her M.A. in American Studies from Boston College.
Kim “Tip” Frank, longtime school counselor and therapist, has had the privilege of helping thousands of students, formerly as a teacher, and more recently, as a counselor/therapist. Tip worked in the public school setting for over 20 years and now maintains a thriving, private counseling practice. He has authored and coauthored numerous books on topics including ADD/ADHD, anxiety disorders, depression, social skills, grief, technology and gaming addictions, divorce and separation, and presents nationally on these topics.

**Lost and Found**

*Rescuing Our Children and Youth from Video, Screen, Technology and Gaming Addiction*

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**Safe Travels Through the Divide**

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**Battling the Blues**

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**Seraphina Does Everything**

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**Mindset Matters**

*Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset*

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**Integrating Growth Mindset in Schools**

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**Be Your Own Hero**

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**The Awfulizer**

*Learning to Overcome the Shame Game*

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**Kristin Maher** is an advocate, writer, and speaker on topics dealing with negative emotions. Being on the client side of therapy gave Maher tools for learning to regain control over negative emotions, which led her to write her first book. Aimed at young children, Maher teaches language and strategies for managing shame at its earliest stages. A major catalyst for writing the book was seeing the early signs of shame in her own children. She knew from her own experiences that having the right tools at the right time can prevent future struggles with shame and other limiting emotions. Maher has expanded her focus into a platform she now shares around the country through podcast, her website, and speaking engagements. She lives in Nashville with her husband Matt and their three children.
Dr. Dave Opalewski is President of Grief Recovery Inc., in Saginaw, Michigan, a certified Death and Dying and Suicide Prevention Instructor for Central Michigan University in Mount Pleasant, Michigan. He is also a certified support group facilitator and child trauma specialist, along with being a 33 year veteran of K-12 education; 25 years as a classroom teacher and 8 years as the Director of At-Risk Programs. He worked 3 years part time in a funeral home as an aftercare consultant, working with families of the deceased and pioneered the Saginaw County Aftercare Adult Support Group. He is ASIST (Applied Suicide Intervention Skills Training) trained. His published books are, Confronting Death in the School Family, Answering the Cry for Help: A Suicide Prevention for Schools and Communities, Understanding and Addressing Adolescent Grief Issues, and Understanding and Addressing Children Grief Issues. Dr. Opalewski has been published several times in professional journals and is a highly sought after speaker at state and national conferences conducting professional development trainings for several school districts throughout the Country. He was recognized as the “2010 Advocate of the Year” at Central Michigan University for guiding college freshman and a nominee for the 2010/11 and 2012/13 “Excellence in Education” Award. He has recently retired as Professor Emeritus for Central Michigan University in the Teacher Education and Professional Development Department.

Answering the Cry for Help
A Suicide Prevention Manual for Schools and Communities

Understanding & Addressing Children’s Grief Issues

Teach Skills and Break Habits
Growth Mindsets for Better Behavior in the Classroom

Dan St. Romain is a national educational consultant who provides staff development and consultative services to educators K-12. Dan is passionate about helping individuals shift their perspective on behavior, understanding the best ways to provide support given the challenges posed in today’s society. He regularly presents on topics impacting school climate, brain-based instruction, developmentally appropriate educational practices and presentation skills. Dan’s overwhelming strength is his skill as a presenter. Although his sessions are exceedingly interactive and engaging, his greatest asset lies in his ability to offer participants rich insight into the connectedness between educational practices and student behavior.

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