CONFERENCE HIGHLIGHTS

- Keynote Speaker
- Pre-Conference Learning Session
- 20+ Breakout Sessions
- Exhibit Hall

- President’s Reception on Thursday Evening
- Lunch Provided on Friday
- Door Prizes
15-Minute Counseling Techniques that Work: What You Didn’t Learn in Grad School

Allison Edwards

**SPEAKER BIO:** Allison Edwards LPC, RPT is an affiliate professor in the Human Development Counseling department at Vanderbilt University. She is the author of *Why Smart Kids Worry, Worry Says What?*, and *Marcy Is Having All the Feels*. Allison received her graduate degree in Counseling from Vanderbilt University and is a National Certified Counselor, Licensed Professional Counselor, and Registered Play Therapist. Allison has over 20 years experience working as a school teacher, school counselor, child/adolescent psychotherapist, and educational consultant to schools throughout the country.

Allison travels both nationally and internationally training professionals in the areas of empowering anxious children in the classroom, managing the emotional needs of students, recognizing the social/emotional needs of gifted students, and sharing how educators can talk to parents about student anxiety. Allison helps school leaders understand how social/emotional differences can be supported in their neurologically diverse student populations, and provides consultation and staff development on how to effectively improve emotion regulation in the classroom.

**ABOUT THIS SESSION:** Join Allison as she presents *15-Minute Counseling Techniques that Work: What You Didn’t Learn in Grad School*. Feel like you don’t have enough time to do counseling? Participants will learn 15 counseling techniques that can be implemented in less than 15 minutes from when a student walks into your office. The program can be suited to elementary, middle, or high school counselors (or a combination of all) and participants will not only learn the strategies but will be doing them alongside Allison as she teaches how to implement them. Get out your Play-Doh! This hands-on, experiential program will revolutionize your counseling department and help kids leave feeling empowered.

Allison will also be presenting *Approaching Anxiety: How (and When!) Educators Can Intervene* during the breakout sessions on Friday, October 2.
Pre-Conference Learning Session

Thursday, October 1, 5:00 p.m. - 8:00 p.m.

Mindful Practices to Help Troubled Teens: Behavioral Interventions to Help Students Succeed

Dr. Natalie Spencer Gwyn

Speaker Bio: Dr. Natalie Spencer is an Assistant Professor at North Carolina A&T State University. She was previously a high school counselor and student assistance counselor (SAP) for many years before moving into higher education. Dr. Spencer received her undergraduate and master’s degrees from the University of North Carolina at Chapel Hill. She later earned a doctorate in Counselor Education and Supervision from North Carolina State University. Dr. Spencer is the author of Mindful Practices for Helping Troubled Teens. She is also a licensed professional counselor (LPC) in the state of North Carolina, and owns her own private practice, Natalie Spencer Counseling and Consulting. Dr. Spencer has presented her research on the local, state, and national level.

About This Session: Join Dr. Spencer as she presents Mindful Practices to Help Troubled Teens: Behavioral Interventions to Help Students Succeed. School counselors often encounter students with a variety of behavioral and mental health concerns throughout a day. Mindfulness and mindful interventions have been shown to help students by introducing a variety of skills, such as guided imagery, mindful breathing, and gentle yoga. This presentation is designed to give school counselors tools to implement mindful techniques and help empower students discover their true potential. It will be an exciting and hands-on presentation that will introduce counselors to mindfulness techniques and strategies to help all students succeed.

Dr. Spencer will also be presenting Solution Focused Counseling for Anxious Children and Teens: Strategies for School Counselors during the breakout sessions on Friday, October 2.

Conference Schedule

Thursday, October 1

4:00 pm – 8:00 pm  Registration
5:00 pm – 8:00 pm  Pre-Conference Learning Session – Dr. Natalie Spencer-Gwyn
8:00 pm – 9:30 pm  President’s Reception

Friday, October 2

7:30 am – 2:30 pm  Registration/Information Center
7:30 am – 2:00 pm  Exhibits Open
7:45 am – 9:00 am  Continental Breakfast
8:45 am – 9:00 am  President’s Welcome
9:00 am – 10:00 am  Opening Keynote – Allison Edwards
10:00 am – 10:30 am  Coffee Break with Exhibitors
10:30 am – 11:20 am  Concurrent Session I
11:20 am – 11:50 am  Exhibitor Break
11:50 am – 12:40 pm  Concurrent Session II
12:40 pm – 1:40 pm  Lunch and Door Prizes
1:40 pm - 2:30 pm  Concurrent Session III
REGISTRATION FORM (PLEASE PRINT CLEARLY)

NAME (as it should appear on name badge) ____________________________________________________________

JOB TITLE - (REQUIRED PLEASE) __________________________________________________________

ORGANIZATION/SCHOOL DISTRICT ____________________________________________________________

EMAIL (REQUIRED FOR CONFIRMATION) __________________________________________________________

WORK ADDRESS _____________________________________________________________________________

WORK PHONE ( ) ___________________________  CELL PHONE ( ) ________________________________

CITY____________________________________________________________________________________

STATE______________ ZIP _______________________________________

Check this box if you plan to attend the President’s Reception on Thursday October 1.

A. Friday Only (October 2)

☐ Early Register (by Sept. 5, 2020)  $99  $139  $75  $75

☐ Regular Registration (after Sept. 5, 2020)  $109  $149  $85  $85

TOTAL (A) $ __________

B. Thursday Only – Pre-Conference (October 1)

☐ Early Register (by Sept. 5, 2020)  $35  $50  $35  $35

☐ Regular Registration (after Sept. 5, 2020)  $50  $65  $50  $50

TOTAL (B) $ __________

C. Full Conference – Attend both days, Includes Pre-Conference (October 1-2)

☐ Early Register (by Sept. 5, 2020)  $134  $174  $110  $110

☐ Regular Registration (after Sept. 5, 2020)  $159  $199  $135  $135

TOTAL (C) $ __________

D. Annual NJSCA Membership Renewal ($40)

To renew membership, place the amount of $40 in Total (D) or visit www.njcsa.org/membership.

* Must be a NJSCA member. If membership expires before Oct. 2, 2020 add NJSCA Membership Renewal (D) to your total to be eligible for member rates.

** By registering for either Friday Only (A) or Full Conference (C) as a non-member, you will receive a complimentary NJSCA membership. Thursday Only Pre-Conference (B) does not include membership to NJSCA.

Amount Due (A+B+C+D) $ __________

REGISTRATIONS CANNOT BE PROCESSED WITHOUT PAYMENT. PLEASE SEND PAYMENT AND REGISTRATION FORM(S) TOGETHER.

How and Where Do I Pay?

PAYMENT METHOD

☐ PURCHASE ORDER A COPY OF THE PURCHASE ORDER IS REQUIRED.

☐ CHECK ENCLOSED (MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)

☐ CREDIT CARD ☐ PERSONAL ☐ CORPORATE

CARD NO. ___________________________  EXP DATE CID# ___________________________

NAME ON CARD (PLEASE PRINT) __________________________________________________________

CREDIT CARD BILLING ADDRESS __________________________________________________________

CITY______________________________ STATE_________________ ZIP _______________________

AUTHORIZED SIGNATURE________________________________________________ EMAIL __________________________

CANCELLATION POLICY: If we are forced to cancel the NJSCA Conference because of a “force majeure” event, such as a government restriction on large gatherings that cover the intended size of the conference, then we will issue full refunds of the registrations. Otherwise, our normal cancelation policy will be upheld: There will be no refunds after September 15, 2020. All cancellations before September 15, 2020 will be refunded less a $25 handling fee. The conference is not responsible for and cannot give refunds due to problems beyond its control such as weather or school closings.

On social distancing and other health and safety measures, the regulations/guidelines that apply to hotels and conference centers are still unfolding and being developed. The NJSCA Conference will conform to all necessary regulations/guidelines that are in place as of the date of the conference.

Please make your check or purchase order payable to: National Center for Youth Issues.

A W-9 is available on the website.

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). Please allow ample time for processing.
Make Hotel Reservations Early! Limited Availability!

Crowne Plaza
2055 E Lincoln Hwy, Edison, NJ 08817

All events of the Conference will be located in the Pines Manor Convention Center and guest accommodations will be at the Crowne Plaza Hotel.

Standard rooms at may be reserved at the special conference rate:

$121 plus tax

This rate is valid through September 10, 2020, as long as rooms are available in the block.

To make hotel reservations:

Call: (866) 781-2414 - Please be sure to mention to the hotel group code “SCR” or Block ID #834708.

Register Online:
Go to www.ncyi.org/njscac.
Under the Accommodations section follow the link to the hotel’s reservation system.

All reservations must be guaranteed and accompanied by a first room deposit or guaranteed with a major credit card.
Enjoy your evenings at Menlo Park Mall, just minutes from Pines Manor and the Crowne Plaza. Get some retail therapy at places like Sephora, Forever 21, White House Black Market, Bath and Body Works, and more! Or eat dinner at Benihana, The Cheesecake Factory, Rainforest Cafe, or Smashburger. You can also visit the AMC movie theater, so you can finally watch that movie you have been wanting to see. The Menlo Park Mall has a variety of options for your entertainment.

Visit the NJSCA Conference website (www.nyi.org/njscac) to see the things you can do around the beautiful Crowne Plaza.

We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!