

# Julia Cook Title and Topics Checklist

**Julia Cook, M.S.** is a national award-winning children’s author, counselor, and parenting expert. She has presented in thousands of schools nationally and internationally, regularly speaks at education and counseling conferences, and has published children’s books on a wide range of character and social development topics. The goal behind Cook’s work is to actively involve young people in fun, memorable stories and teach them to become lifelong problem solvers. Inspiration for her books comes from working with children and carefully listening to counselors, parents, and teachers, in order to stay on top of needs in the classroom and at home. Cook has the innate ability to enter the worldview of a child through storybooks, giving children both the “what to say” and the “how to say it.”



ISBN	Title	Topic	Grade	Check When Read
978-1-937870-27-0	<b>The Ant Hill Disaster</b>	Dealing with the Anxiety Associated with a Tragedy	K & up	<input type="checkbox"/>
978-1-937870-30-0	<b>The Anti-Test Anxiety Society</b>	Test Anxiety	2 & up	<input type="checkbox"/>
978-1-937870-00-3	<b>Average Joe</b>	Lying (novel 88 pages)	3-8	<input type="checkbox"/>
978-1-931636-86-5	<b>A Bad Case of Tattle Tongue*</b>	Tattling	K-3	<input type="checkbox"/>
978-1-934490-90-7	<b>Baditude!</b>	Bad Attitude	K-6	<input type="checkbox"/>
978-1-937870-50-8	<b>Be Where Your Feet Are</b>	Mindfulness / Being Present	K-6	<input type="checkbox"/>
978-1-937870-04-1	<b>Blueloon*</b>	Depression	2 & up	<input type="checkbox"/>
978-1-937870-43-0	<b>Bubble Gum Brain</b>	Growth Mindset	2-6	<input type="checkbox"/>
978-1-931636-83-4	<b>The Bubble Wrap Queen</b>	Injury Prevention/Safety	K-3	<input type="checkbox"/>
978-1-937870-59-1	<b>Bully B.E.A.N.S.*</b>	Bullying	K-8	<input type="checkbox"/>
978-1-937870-16-4	<b>But It's Just A Game**</b>	Video Gaming Balance/ Digital Citizenship	2-6	<input type="checkbox"/>
978-1-934490-80-8	<b>But It's Not My Fault</b>	Taking Responsibility	K-6	<input type="checkbox"/>
978-1-937870-17-1	<b>The "CAN" in Cancer</b>	Dealing with Cancer	3 & up	<input type="checkbox"/>
978-1-937870-10-2	<b>Cell Phoney**</b>	Cell Phone Etiquette/ Digital Citizenship	2-6	<input type="checkbox"/>
978-1-944882-08-2	<b>Cheaters Never Prosper!^</b>	The Cost of Cheating	K-6	<input type="checkbox"/>
978-1-934490-39-6	<b>Cliques Just Don't Make Cents!^</b>	Cliques	K-6	<input type="checkbox"/>
978-1-931636-76-6	<b>The "D" Word*</b>	Divorce	K-6	<input type="checkbox"/>
978-1-934490-58-7	<b>Decibella and Her 6-Inch Voice^</b>	Voice Level – Being Too Loud	K-6	<input type="checkbox"/>
978-1-937870-47-8	<b>Deployment: One of Our Pieces is Missing</b>	Dealing with a Deployed Loved One	PK-6	<input type="checkbox"/>
978-1-931636-60-5	<b>Don't Be Afraid To Drop</b>	Accepting and Dealing with Change	K & up	<input type="checkbox"/>
978-1-937870-52-2	<b>A Flicker of Hope</b>	Finding Hope	K-6	<input type="checkbox"/>
978-1-937870-46-1	<b>Foster Care: One Dog's Story of Change</b>	Encouraging Children going Into Foster Care	Ages 5-8	<input type="checkbox"/>

\* Activity Book available ^Available on Online Retailers

\*\* See "TechnoSmart Activity & Idea Book"

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978-1-934490-76-1	<b>Gas Happens<sup>^</sup></b>	Passing Gas	K-6	<input type="checkbox"/>
978-1-944882-44-0	<b>The Great Compromise</b>	Compromise/Relationships	K-6	<input type="checkbox"/>
978-1-931636-78-0	<b>Grief is Like a Snowflake*</b>	Death and Dying	K-8	<input type="checkbox"/>
978-1-944882-58-7	<b>Herman Jiggle, Go to Sleep!</b>	Bedtime and Sleeping	K-5	<input type="checkbox"/>
978-1-944882-51-8	<b>Herman Jiggle, Say Hello!</b>	Social Anxiety	K-5	<input type="checkbox"/>
978-1-937870-13-3	<b>How To Be Comfortable in Your Own Feathers</b>	Eating Disorder Prevention	3 & up	<input type="checkbox"/>
978-1-934490-62-4	<b>Hygiene...You Stink!</b>	Good Hygiene	K-6	<input type="checkbox"/>
978-1-944882-62-4	<b>The "I" in Integrity</b>	Doing What is Right	K-6	<input type="checkbox"/>
978-1-931636-58-2	<b>I Am a Booger...Treat Me with Respect!</b>	Health & Hygiene	PK-3	<input type="checkbox"/>
978-1-934490-67-9	<b>I Can't Believe You Said That*</b>	Using Your Social Filter	K-6	<input type="checkbox"/>
978-1-937870-38-6	<b>I Can't Find My Whatchamacallit</b>	Executive Function/ Organization	2-6	<input type="checkbox"/>
978-1-937870-70-6	<b>I Have Ants In My Pants</b>	Fidgeting & Impulse Control	K-3	<input type="checkbox"/>
978-1-934490-25-9	<b>I Just Don't Like the Sound of No!***</b>	Accepting "NO" for an Answer	K-6	<input type="checkbox"/>
978-1-934490-43-3	<b>I Just Want to Do It My Way!*</b>	Accepting Help/Instruction	PK-4	<input type="checkbox"/>
978-1-934490-86-0	<b>I Want to Be the Only Dog!^</b>	Sibling Rivalry	K-6	<input type="checkbox"/>
978-1-937870-28-7	<b>I'm Not Scared...I'm Prepared!*</b>	Disaster Preparedness	K & up	<input type="checkbox"/>
978-1-937970-61-4	<b>I'm Stretched</b>	Time Management & Life Balance	3-5	<input type="checkbox"/>
978-1-937870-29-4	<b>I'm Your Flag So Please Treat Me Right!</b>	Respect for the Flag	K&up	<input type="checkbox"/>
978-1-931636-84-1	<b>It's Hard to be a Verb!*</b>	Focus / Staying on Task	K-3	<input type="checkbox"/>
978-1-944882-37-2	<b>It's My Way or the Highway</b>	Being Bossy	K-6	<input type="checkbox"/>
978-1-931636-75-9	<b>It's You and Me Against the Pee!</b>	Potty Training	Birth-K	<input type="checkbox"/>
978-1-944882-05-1	<b>The Judgmental Flower</b>	The Skill of Valuing the Differences of Others	K-6	<input type="checkbox"/>
978-1-937870-44-7	<b>Jumping Into Kindergarten</b>	"QI" (Key) Skills Critical to Success in Kindergarten & Life	PK-K	<input type="checkbox"/>
978-1-931636-57-5	<b>The Kid Trapper</b>	Sexual Abuse – Molestation	2 & up	<input type="checkbox"/>
978-1-937870-34-8	<b>Lying Up A Storm</b>	Lying	2-6	<input type="checkbox"/>
978-1-934490-30-3	<b>Making Friends is an Art</b>	Being a Friend & Getting Along with Others	K-6	<input type="checkbox"/>
978-1-931636-74-2	<b>Melvin the Magnificent Molar</b>	Taking Care of Your Teeth	Ages 2-8	<input type="checkbox"/>
978-1-934073-09-4	<b>My Mom Thinks She's My Volleyball Coach...But She's Not!</b>	Parents Who Coach Their Kids from the Sidelines	3-8	<input type="checkbox"/>

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ISBN	Title	Topic	Grade	Check When Read
978-1-931636-85-8	<b>My Mouth is a Volcano!*</b>	Interrupting	K-3	<input type="checkbox"/>
978-1-934490-48-8	<b>Peer Pressure Gauge</b>	Peer Pressure, Building Relationships	K-6	<input type="checkbox"/>
978-1-931636-87-2	<b>Personal Space Camp*</b>	Personal Space	K-3	<input type="checkbox"/>
978-1-937870-39-3	<b>Planning Isn't My Priority...and Making Priorities Isn't in My Plans!</b>	Planning and Prioritizing	2-6	<input type="checkbox"/>
978-1-944882-09-9	<b>The PROcrastinator^</b>	Balancing Work and Play	K-6	<input type="checkbox"/>
978-1-937870-08-9	<b>Ricky Sticky Fingers</b>	Stealing	K-6	<input type="checkbox"/>
978-1-944882-24-2	<b>Rumor Has It</b>	Gossip	K-6	<input type="checkbox"/>
978-1-937870-07-2	<b>Smarter Than the SCOOPERS</b>	Kidnap Prevention	K-6	<input type="checkbox"/>
978-1-931636-77-3	<b>Soda Pop Head*</b>	Anger	K-8	<input type="checkbox"/>
978-1-934490-28-0	<b>Sorry, I Forgot to Ask!*^</b>	Asking for Permission and Making an Apology	K-6	<input type="checkbox"/>
978-1-937870-12-6	<b>Straight from the Horse's Mouth</b>	Dealing with Flies (The Things that BUG us!)	4 & up	<input type="checkbox"/>
978-1-937870-42-3	<b>Study Skilled...NOT!!!</b>	Developing Healthy Study Skills	2-6	<input type="checkbox"/>
978-1-934490-97-6	<b>Table Talk^</b>	Table Manners	K-6	<input type="checkbox"/>
978-1-934490-35-8	<b>Teamwork Isn't My Thing and I Don't Like to Share!*^</b>	Teamwork and Sharing	K-6	<input type="checkbox"/>
978-1-934490-47-1	<b>Tease Monster</b>	Teasing vs. Bullying	K-6	<input type="checkbox"/>
978-1-944882-13-6	<b>The Technology Tail</b>	The Long-lasting Digital Trail of Social Media	1-6	<input type="checkbox"/>
978-1-937870-36-2	<b>TechnoSmart Activity &amp; Idea Book</b>	Activity Book for "Cell Phoney" & "But It's Just A Game"	2-6	<input type="checkbox"/>
978-1-934490-49-5	<b>Thanks for the Feedback (I Think)*^</b>	Accepting Compliments and Feedback	K-6	<input type="checkbox"/>
978-1-934490-98-3	<b>That Rule Doesn't Apply to Me!</b>	The Importance of Rules	K-6	<input type="checkbox"/>
978-1-944882-19-8	<b>Uniquely Wired</b>	Understanding the Unique Gifts of Autism	K-5	<input type="checkbox"/>
978-1-934490-57-0	<b>Well, I Can Top That!^</b>	Bragging	K-6	<input type="checkbox"/>
978-1-937870-37-9	<b>What Do I Say About That?</b>	Incarcerated Parent	2 & up	<input type="checkbox"/>
978-1-937870-32-4	<b>What Shoes Will You Wear?*</b>	Career Education	2-6	<input type="checkbox"/>
978-1-937870-01-0	<b>Wilma Jean the Worry Machine*</b>	Anxiety	K-6	<input type="checkbox"/>
978-1-937870-41-6	<b>Winners Don't Whine and Whiners Don't Win</b>	Good Sportsmanship	2 & up	<input type="checkbox"/>
978-1-934490-20-4	<b>The Worst Day of My Life...Ever!*^</b>	Listening and Following Instructions	K-6	<input type="checkbox"/>