

ANNUAL CONFERENCE
FEBRUARY 24-26, 2021

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School Counselor
Association



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Thursday, February 25
Opening Keynote Speaker

Hope

Chan Hellman

SPEAKER BIO: Chan M. Hellman is a professor of social work at the University of Oklahoma and Director of The Hope Research Center. He has written more than 150 scientific publications and has presented at numerous national and international conferences worldwide. Chan has also presented his work on hope with TEDx in the Fall of 2020. Chan's research is focused on hope as a psychological strength helping children and adults overcome trauma and adversity. This research informed the development of the "Hope Centered and Trauma Informed" training program. Chan is the co-author of the award-winning book *Hope Rising: How the Science of Hope Can Change Your Life* with his co-author Casey Gwinn published by Morgan James.

ABOUT THIS SESSION: Hope has emerged as one of the top factors leading to our capacity to thrive. This keynote will present the science of Hope as a psychological strength in our ability to cope with traumatic experiences and describe simple evidence based strategies to increase hope for both children and adults.



WATCH LIVE!

Thursday, February 25
9:00 a.m. – 10:00 a.m.

*Recorded session
also available after
the event*

Friday, February 26
Closing Keynote Speaker

Why Equity Matters

Tyrone Howard

SPEAKER BIO: Tyrone C. Howard is professor in the Graduate School of Education and Information Studies at UCLA. Dr. Howard is also the inaugural director of the new UCLA Pritzker Center for Strengthening Children and Families, which is a campus wide consortium examining academic, mental health, and social emotional experiences and challenges for the California's most vulnerable youth populations. He is also the former Associate Dean for Equity, Diversity & Inclusion. Professor Howard's research examines equity, culture, race, teaching and learning. Professor Howard has published over 75 peer reviewed journal articles, book chapters, and technical reports. He has published several bestselling books, among them, *Why Race & Culture Matters in Schools* and *Black Male(d): Peril and Promise in the Education of African American Males*. His most recent book, *All Students Must Thrive: Transforming Schools to Combat Toxic Stressors and Cultivate Critical Wellness* has become a must read for all educators. Dr. Howard is considered one of the premiere experts on educational equity and access in the country. Dr. Howard is also the Director and Founder of the Black Male Institute at UCLA, which is an interdisciplinary cadre of scholars, practitioners, community members, and policy makers dedicated to examining the nexus of race, class, and gender of school age youth. A native and former classroom teacher of Compton, California, Dr. Howard named the recipient of the 2015 UCLA Distinguished Teaching Award, which is the highest honor provided to teaching excellence at the university. In 2019, Dr. Howard was listed by *Education Week* as one of the 60 most influential scholars in the nation informing educational policy, practice and reform.

ABOUT THIS SESSION: The focus of this session will be addressing the importance of equity, access, and excellence in today's schools. Using data on today's student demographics, the session will address strategies, approaches and resources that school personnel can implement to aid learners, but will place a particular focus on the most vulnerable students. The session will address complex challenges that students encounter in their efforts to be successful and how they can be supported socially, emotionally and academically by practitioners, school staff, and school leaders.



WATCH LIVE!

Friday, February 26
1:00 p.m. – 1:45 p.m.

*Recorded session
also available after
the event*

The Pre-Conference Learning Session is an additional opportunity for more professional development and CEU contact hours. The session generally cover more in-depth information and allows more opportunity for discussion.

This session is not included in the conference registration fee.

Ways to Support Youth Experiencing a Mental Health Crisis

Kim Beeson

SPEAKER BIO: Kimberly Beeson is currently the Director of Student Services at the Puget Sound Educational Service District's Learning, Teaching, and Family Support Department in Renton, Washington. In this capacity, Kimberly manages multiple grants and ventures at the Prevention Center involving school safety, student assistance related to substance abuse prevention and intervention, mental health, school nursing, educational advocacy for youth involved in the criminal justice system, equity in education, and school drop out prevention. At capacity, the Prevention Center represents 12 programs, 35 staff, and a budget of six million.

Kimberly has worked in the area of substance abuse prevention and intervention for 29 years and in the area of conflict resolution and violence prevention in school settings for eight years. Previously, Kimberly has worked as a community prevention coordinator, as a chemical dependency counselor for youth in nonprofit community agencies and at Fairfax psychiatric Hospital coordinated peer programs for the San Juan Unified School District. She joined the staff at Puget Sound ESD in the fall of 1993 as an expert trainer presenter.

Kimberly is a master trainer for Youth Mental Health First Aid, Networks for Life Suicide Prevention, Motivational Interviewing, Trauma Informed Schools, Resiliency, Adverse Childhood Experiences, MTSS, Impact of Compassion Fatigue, Vicarious Trauma and the Professional Ethic of Self Care, and various substance abuse prevention and parenting trainings.

In 1984, Kimberly received a Masters of Social Work degree from the University of Washington and in 1980 she received her B.A. degree (major: Human Resources, minor: child psychology) from the University of Nevada, Reno.

ABOUT THIS SESSION: This course will focus on ways educators can step in and offer support to youth exhibiting signs of distress and/or crisis. As educators, you have long relied on the strength of your ability to connect as an effective teaching strategy. Now more than ever this is needed, tested, challenged and taxed. How do you teach, connect, and address observable concerns when chronic stress is both personal and global? This workshop is designed to support ability to recognize when someone is in mental health distress and ways to act on your concerns while supporting your own mental health. Objectives include:

- Identify the signs of youth mental health distress;
- Discover ways to safely and effectively respond to youth in distress or in crisis;
- Reflect on strategies for engaging youth and/ parents;
- Challenge you to value and supporting your own mental health.

WATCH LIVE!

February 24, 2021
1:00 pm – 4:00 pm

Or, catch it later!

This session will be recorded
and available for viewing
until **March 31, 2021**.

Fee applies.
See registration form.

Tentative Schedule for Live Sessions

Wednesday, February 24, 2021

1:00 p.m. – 4:00 p.m. Pre-Conference Session – Kim Beeson

Thursday, February 25, 2021

8:00 a.m. – 8:50 a.m. Opening Session – Announcements and Awards
 8:50 a.m. – 9:00 a.m. Break
 9:00 a.m. – 10:00 a.m. Opening Keynote Session – Dr. Chan Hellman
 10:00 a.m. – 10:15 a.m. Break
 10:15 a.m. – 11:15 a.m. Live Featured Breakout Sessions
 11:15 a.m. – 11:30 a.m. Break
 11:30 a.m. – 12:30 p.m. Live Featured Breakout Sessions
 12:30 p.m. – 1:30 p.m. Lunch Break
 1:30 p.m. – 2:30 p.m. Live Featured Breakout Sessions
 2:30 p.m. – 2:45 p.m. Break
 2:45 p.m. – 3:45 p.m. Live Featured Breakout Sessions
 3:45 p.m. – 4:00 p.m. Break
 4:00 p.m. – 5:30 p.m. Live Social Networking Event

Friday, February 26, 2021

8:00 a.m. – 8:15 a.m. Announcements
 8:15 a.m. – 8:30 a.m. Break
 8:30 a.m. – 9:30 a.m. Live Featured Breakout Sessions
 9:30 a.m. – 9:45 a.m. Break
 9:45 a.m. – 10:45 p.m. Live Featured Breakout Sessions
 10:45 a.m. – 11:00 a.m. Break
 11:00 a.m. – 12:00 p.m. Live Featured Breakout Sessions
 12:00 p.m. – 1:00 p.m. Lunch Break
 1:00 p.m. – 1:45 p.m. Closing Keynote Session – Tyrone Howard
 1:45 p.m. – 2:00 p.m. Break
 2:00 p.m. – 3:00 p.m. Live Featured Breakout Sessions

WCSA Online offers live and recorded sessions!

Pre-Conference, Keynote, and featured breakout sessions will be presented live for you to watch on February 24-26, 2021. About one week following the conference, the recorded live sessions will be available to watch if missed on those dates. Plus, more than 20 prerecorded breakout sessions covering multiple topics will also be available.

All sessions will be available to view until March 31, 2021.

ONLINE CONFERENCE REGISTRATION



Washington School Counselor Association

Save on your conference registration by becoming a member of the WSCA!

Visit www.wa-schoolcounselor.org BEFORE registering to get your member number.

REGISTRATION FORM (PLEASE PRINT CLEARLY)

I am a current WSCA member. Yes No #: _____ (required for member rates)

I am a first time attendee. Yes No

NAME (as it should appear on name badge) _____ JOB TITLE - (REQUIRED PLEASE) _____

ORGANIZATION/SCHOOL DISTRICT _____

ATTENDEE EMAIL (REQUIRED FOR CONFIRMATION) _____

WORK ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK PHONE () _____ CELL PHONE () _____

A. Main Conference (February 25-26)

- Early Registration (by Jan. 31)**
- Regular Registration (after Jan. 31)

WSCA Member*	Non-Member	Grad Student*/Retiree*
\$125 per person	\$185 per person	\$90 per person
\$140 per person	\$200 per person	\$105 per person

* WSCA membership must be good through February 26, 2021.

** To qualify for the Early Registration rate, your registration form and payment (copy of your purchase order, check or credit card) must be received or postmarked by the Early Registration cut off.

(A) Main Conference \$ _____

B. Pre-Conference Learning Session (February 24)

- Ways to Support Youth Experiencing a Mental Health Crisis (Kim Beeson)

WSCA Member*	Non-Member
\$30 per session	\$70 per session

(B) Pre-Conference \$ _____

Total Due
(A + B) \$ _____

REGISTRATIONS CANNOT BE PROCESSED WITHOUT PAYMENT. PLEASE SEND PAYMENT AND REGISTRATION FORM(S) TOGETHER.

How and Where Do I Pay?

	WEBSITE	EMAIL	FAX	PHONE	MAIL
CREDIT CARD	✓	✓	✓	✓	✓
PURCHASE ORDER		✓	✓		✓
CHECK					✓

PAYMENT METHOD

- PURCHASE ORDER** A COPY OF THE PURCHASE ORDER IS REQUIRED.
(ADDRESSED TO NATIONAL CENTER FOR YOUTH ISSUES, P.O. BOX 22185, CHATTANOOGA, TN 37422-2185)
- CHECK ENCLOSED** (MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)
- CREDIT CARD** PERSONAL CORPORATE

CARD NO. _____ EXP. DATE CID# _____

NAME ON CARD (PLEASE PRINT) _____

CREDIT CARD BILLING ADDRESS _____

CITY _____ STATE _____ ZIP _____

AUTHORIZED SIGNATURE _____ EMAIL _____

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). The sponsors of the conference receive registrant contact information.

CANCELLATION POLICY: There will be no refunds after January 24, 2021. All cancellations before January 24, 2021 will be refunded less a \$25 handling fee. There will be no refunds if you register as a NonMember and then later become a member. Please become a Member or renew your membership before registering for the conference.

WEBSITE: www.ncyi.org/wa-scac

EMAIL: registrations@ncyi.org

FAX: 423-899-4547

PHONE: 866-318-6294

MAIL: National Center for Youth Issues
P.O. Box 22185
Chattanooga, TN 37422-2185

Please make your check or purchase order payable to: **National Center for Youth Issues.**

A W-9 is available on the website.