

Breakout Sessions At-A-Glance

Thursday, October 21 Breakout Session 1 10:15 am – 11:05 am		Presenter(s)
3 Ways to be an Inclusion Ally for the LGBTQ+ Population		Lisa Koenecke
8 Great STEM Career Opportunities That Do NOT Require a Traditional Education		Steven Coyle
Coping with the Chaos: Secondary Trauma Among School Counselors		Erica Daniels & Satonya Perry & Cherrelle Davis
The Data of Social Justice: Applying RTI to Reduce Retention		Kristen Tuxbury & Katrina Palyo
The Go Green Project: A Data Based Relationship Building Model		Karla Allen & Alyssa Farling
The Growing World of Section 504		Robert Jamison
How Do I Connect the Dots? School Counselors Advocating for Systemic Change		Donna Dockery
How to Plan an Awesome Career Day!		Jacquelyn Scott-Bell & Ursela Daniels
If Not Me, Then Who?		Judith Norman
Learning the Alphabet: LGBTQ+ 101		Sheila Barnhart-Ramirez
So, You Want to Get a Ph.D.?		Julia Taylor
Thursday, October 21 Breakout Session 2 11:35 am – 12:25 pm		Presenter(s)
Chat 'n Chew		Andrea Evans & Chanique Byrd
Counselor/Family Partnerships to Promote English Learners' Academic Success		Amy Carroll & Shelby Lenox
Cultural Equity and Mental Health: Tapping into Relevance Through Supports		Maia Johnson & Cherrelle Davis
Fishing for Students: How to Find the Ones that Need Caught		Jennifer Lanz
From Hurt to Healing: School Counselors and Trauma-Sensitive Schools		Crystal Hatton
It's A Great Big World!		Kevin Ber
School-Based Play Therapy in Schools		Sara Donaldson
The "State" of School Counseling in Virginia		Sarah Bazemore
The Virginia Partnership for School Mental Health		Julia Taylor & Joseph Wharff
Wolf Pride Academy: A Tier 2 Intervention to Build Social-Emotional Skills		Brooke Marshall

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Thursday, October 21 Breakout Session 3 1:25 pm – 2:15 pm		Presenter(s)
Brain-Wise School Counseling		Tori Stone
Cultural Awareness: Equity in Elementary Schools		Kelly Sarkees & Scarlet Charwood
Development Through the Years: Helping Students Fine-Tune Careers		Austen Winkler & Joshua Denny
Empowering Postsecondary Success with a Job Fair and Workforce Preparation		Amy Carroll & Shelby Lenox
Escaping the YES Box - Equipping School Counselors to Work Smarter Not Harder		Verona Wilborn
It's A Great Big World!, Part II		Kevin Ber
Partnering with College Advising Corps to Connect Postsecondary Access Dots		Joy Pugh
School Counselors Doing the Work: Addressing Racism and Bias in Schools		Crystal Hatton & Krystal Clemons & Brandy Richeson
Shhhh... The Kids Are Talking!		Sammie Logan, III & Shavar Bland & Isaiah Moore & Diron Ford
Small Group Smackdown		Julia Taylor
Supporting Our Transgender, Transgender Non-conforming, and Non-Binary Friends!		Lisa Koenecke
You Can't Pour From An Empty Cup: Self-Care For School Counselors		Kelsey Travers
Thursday, October 21 Breakout Session 4 2:45 pm - 3:35 pm		Presenter(s)
A Tiered Approach to Social-Emotional Learning: Screening and Intervening		Carlee Hanchak
Addressing the School Push Out of Black Girls		Christina Tillery
Building Communication Skills through Skitology		Jane McClellan
CSCP IRL: A Tech Savvy Model for Middle School		JoAnna Hickmott & Lauren Canard & Bria Hicks & Kate Travis & Kristin Warren & Courtney Bennett
Examining Rigor: Increasing Access Through Relationships and Student Voice		Halissa Jacobson & Monica Evans
Fostering Emotional Intelligence for Student Success		Tracy Wood & Cassandra Asekhauno
My Brain is Too Stressed to Teach or Learn		Judith Norman
The NCAA & You: A Counselor's Guide		Corey Eaton & Barry Smith
The Playbook: Addressing Systemic Barriers by Championing Mental Health		Lindsey Jackson & Ashley Perry
The "State" of School Counseling in Virginia		Sarah Bazemore
Trauma Informed Practices for K-12 Educators		Kevin Ber
We Need YOU! - School Counseling Leadership at the State Level		Lauren Kershner & VSCA Board of Directors

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Thursday, October 21 Breakout Session 5 3:50 pm – 4:40 pm	Presenter(s)
3 Ways to be an Inclusion Ally for the LGBTQ+ Population	Lisa Koenecke
Anti-Racism: Imperative for All School Counselors	Marsha Rutledge & Robert Jamison
Being Better Than “OK”: School Counselor Self-Care, Wellness, & Well-Being	Xuri Allen
Building a Queen (or King!): A Holistic Small Group Approach	Quinandria Lee
Career Readiness in the 21st Century- PK-12 Grade	Margaret Rich
Closing the Gap in English Language Learner’s (ELL’s) Enrollment in Advanced Academic Courses	Karen Jeannette & Jennifer Pallotto
Counseling Connections: Meeting Students Where They Are Using Trauma Invested Strategies	Claire Handville & Jean Agosto
Creating Schoolwide SEL that WORKS!	Kristin Turner & Sarah Burrowbridge
Keeping Up with Gen Z: Maintaining a Relevant School Counseling Program	Laura Kuthy & Leigh Pottle
NBCT in School Counseling	Erin Rettig & Janet Smith & Colleen Atilano & Janelle Madison
No More Random Acts of SEL	Regina Brown & Megan Hartman
Utilizing Multi-Tiered Systems of Support to Support Seniors	Christina Tillery & Erin Crane & Emily Goodman-Scott
We are Family!	Holly Guelig & Ryan Stein
Friday, October 22 Breakout Session 6 8:30 am – 9:20 am	Presenter(s)
African-American Community Involvement: Strategies for School Counselors	Krystal Clemons
The Benefits of Mindfulness for School Counselors	Jennifer Niles & Samantha Jensen
Building a Community of Allies	Anne Hogge
Building Cultural Capital in School Counseling	Olaniyi Lucas
Culture Club: Assessing and Supporting Students of Color	Josh Hurley & Chantel Washington
Fostering Resilience and Promoting Equity: A Social Justice Approach	Shekila Melchior & Tori Stone
In Their Words: The Voices of Elementary Transgender & Non-Binary Students	Darrell Sampson
Minority Mental Health - Change the Vibes by Connecting the Dots	Danelle Livingston
Prioritizing Social Emotional and Future-Ready Skills	Delfina Manocchio
Supporting and Celebrating College Trailblazers	Sarah Elaine Hart & ReShaud Rich

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Friday, October 22 Breakout Session 7 9:35 am – 10:25 am		Presenter(s)
Coffee with Counselors; for Counselors		Katie McWilliams & Cristin Myers
Connecting the Dots between School Counseling and Special Education		Nora Coleman
Culturally Responsive Teaching, Trauma Informed Practices, and the Brain		Elizabeth Cranford
Doing Education Differently: The Four Year Artisan Education Model		Leigh Handal
Including Social-Emotional Lessons In Elementary Curriculum		Jerry Hull
Leading with Frames: Leadership Decision-Making Using Multiple Perspectives		Patrick Mullen
Picking Up the Pieces: Intentionally Rebuilding in a Post-Pandemic World		Alexandra Williams-Diaz & Allison Piotrowski
Relationships Help to Connect the Dots for Student Success		Anaid Shaver & Jodie Marzett & Cynthia Cole
Staff Wellness Matters!		Kaylei Jones & Amy Hays
What We Didn't Learn In Grad School: How to Disrupt White Supremacy		Alixandra Tate
Friday, October 22 Breakout Session 8 11:00 am – 11:50 am		Presenter(s)
Addressing Mental Health Needs of HS Students via Partnership with CSB		Karen Cole & Lauren Krusenklau & Christina Alga & Karla Allen
Anxiety is My Superpower: Building Self-Esteem in Anxious Students		Nicole SantaLucia
The Experiences of Racial/Ethnic Minoritized School Mental Health Providers		Natoya Haskins & Janise Parker
First Year Counselors: Expectation vs. Reality		Verona Wilborn & Sarah Fish & Shanelle Williams
Going Global: Promoting Awareness and Action Beyond Our Borders		Tim Grothaus
Mental Health MATTERS		Loretta Speller & Laura Brady & Tiana McWhite & Natalie Harrison
PodCasting Relationships		Holly Guelig
School-Based Sandtray Counseling		Shannon Price & Lauren Wynn
SOS: Supervision of School Counselors to Support Students		Anaid Shaver