

Visit [www.ncyi.org/nysscac](http://www.ncyi.org/nysscac) for more information

CELEBRATING  
55 YEARS!



2021 FALL CONFERENCE

# Building a Stronger Foundation for our Future

creativity

equity

leadership

relationships

advocacy

implementation

preparation

communication

collaboration

achievement

compassion

NOVEMBER 4-6, 2021

TURNING STONE RESORT  
AND CONVENTION CENTER  
VERONA, NY

## SPONSORED BY



# ARMY ROTC



Navigate360



PAUL SMITH'S  
COLLEGE



## Visit 30+ Exhibitors at the Conference!



### PRE-CONFERENCE SPEAKERS

**NEW YORK STATE**  
SCHOOL COUNSELOR ASSOCIATION

#### Thursday, November 4

The Pre-Conference includes an additional opportunity for more professional development and CPE hours. These sessions cover more in-depth information and allows more opportunity for discussion. **These sessions are not included in the conference registration fee. These sessions are at a minimal fee.** Space is limited. Interested participants are encouraged to register early. **These sessions run concurrently. You may only chose one.**

## RAMP Up Your School Counseling Program

### Karen Griffith

**SPEAKER BIO:** Karen Griffith, PhD, LPC, worked in public education for 35 years, 27 as a school counselor, earning multiple state and national recognitions. Now retired, she works at the University of Georgia as an Assistant Professor (Term-Limited) in the Department of Counseling and Human Development Services, and with ASCA as a trainer on the national model, Lead RAMP Reviewer, and Peer Reviewer for the Journal of Counseling and Development. She has authored three books and several articles, and speaks at state and national conferences on a variety of topics. Her primary area of research is around resiliency.



**ABOUT THE SESSION:** Join Karen as she presents *RAMP Up Your School Counseling Program*. Are a number of schools in your district close to or interested in applying for the Recognized ASCA Model Program (RAMP)? Attend this preconference, and help your schools learn what they need to do to put it all together and apply for RAMP.

Based on the ASCA National Model, RAMP is a recognition program for individual schools, not districts or school counselors. Applying for RAMP helps schools evaluate their school counseling program, discover areas for improvement and enhance the program's efforts to contribute to student success. You'll gather tips and suggestions about how to approach the process and collect data and how to submit your school counseling program through the online submission portal.

#### Learning Objectives

After attending this hands-on workshop, participants should be able to:

- Explain the 10 components of the Recognized ASCA Model Program (RAMP) application
- Examine their school counseling program to assess if it's RAMP-ready
- Communicate the benefits of achieving RAMP status to the school counseling program, the school and/or district
- Break down the RAMP application process into manageable pieces
- Explain the scoring rubric, and know what the RAMP reviewers look for in an application.
- Utilize online resources ASCA has available for completing the RAMP application
- Evaluate a sample completed application, and recognize how to apply it to your application
- Navigate the online submission portal

# Youth Mental Health First Aid

**\*\*First Aiders must complete a 2-hour, self-paced class before the conference\*\***

## Christine Mann and Calle Panakos



**CHRISTINE'S BIO:** Christine Mann is an educator, substance use disorder counselor and behavioral health manager with over 25 years' experience at the nexus of education and behavioral health. She has demonstrated a special commitment and passion for educating and working with individuals, families, and communities affected by mental illness. Ms. Mann majored in psychology and education and became a Credentialed Alcohol & Substance Abuse Counselor (CASAC) to help directly address escalating demand in the field of chemical dependency treatment and prevention. She earned a Master of Arts in Education and an additional Master of Arts in School Administration.



**CALLE'S BIO:** Calle Panakos currently serves as a Mental Health First Aid Training Specialist for the SAMHSA-funded 3-year pilot (2018-2021) CN Guidance & Counseling Services mental health awareness training program. Ms. Panakos earned a Master's Degree in Human Services, concentrating in Behavioral Science/Organizational and Social Services, along with a Master Life Coaching Certification program to support individual goal-setting, personal and professional growth, and behavioral modifications utilizing neuro-linguistic programming. Ms. Panakos embodies a genuine desire to support and advocate for people less fortunate, reduce stigma of mental illness, and increase mental health awareness.

**SESSION DESCRIPTION:** Youth Mental Health First Aid USA is a 7-hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.

The course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adolescents, including anxiety, depression, psychosis, eating disorders, AD/HD, disruptive behavior disorders, and substance use disorder. Participants do not learn to diagnose, nor how to provide any therapy or counseling – rather, participants learn to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying a core five-step action plan:

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

As COVID-19 is changing our daily reality, there is an important need for Youth Mental Health First Aid.

First Aiders will complete a 2-hour, self-paced class before the conference, and then participate in a 4-5 hour, Instructor-led class in person at the NYSSCA Pre-Conference.

The training includes expanded content on trauma, addiction and self-care. Youth MHFA includes new content applicable for adults working with elementary-age children, including content on the impact of social media. The content is gender neutral and culturally relevant.

**Friday, November 5 | 8:15 a.m. – 9:15 a.m.**

Friday Morning Keynote Session Speaker

## Reimagining the Tricycle: A Foundation for Equity and Inclusion Through Healing Centered Engagement

**Kara Ieva**



**SPEAKER BIO:** Dr. Kara Ieva is currently an Associate Professor in the Counseling in Educational Settings program at Rowan University. In addition to her current position in Counselor Education, her educational career spans over 20 years as a former Spanish teacher and professional school counselor. She received her Bachelor of Arts degree in Spanish Secondary Education and Master's of Education in Secondary Education Curriculum and Administration from Towson University. Additionally, she earned her Masters of Education in School Counseling from Loyola College in Maryland and her PhD in Counselor Education for the University of Central Florida. Kara's areas of research interest include promoting equity and wellness in education for children and adolescents of marginalized populations: in the areas of college and career readiness, social/emotional development, and group counseling. She provides professional development to K-12 school counselors, teachers, and administrators on how to embed social/emotional development into curricula and strategies for cultivating a safe and welcoming mental health and neurodiverse culture in schools. She created and facilitates the New Jersey School and SAC Counselor Online Collective, started out of necessity during the multiple pandemics and offered weekly supervision, peer consultation, and webinars. Kara holds multiple leadership positions for national and state professional counseling organizations. She serves on the editorial review board for Professional School Counselor Journal published by the American School Counselor Association (ASCA). Dr. Ieva's scholarship includes multiple peer review articles, book chapters, newsletter and magazine articles, and technical writing/ evaluation reports, and grants. Further, she serves as the principal investigator, project director, and Director of Academic and Student Services for the Rowan University's pre-college access programs that aid first generation and under-resourced college students in post-secondary preparation in Science, Technology, Engineering and Education, Arts, and Mathematics (STE2AM). Lastly, she serves as the evaluator on multiple Foundation and National Science Foundation (NSF) grants, and the Co-PI for an NSF Grant, Broadening participation in STEM through Virtual Reality Career Exploration: Introducing Underrepresented Students to High Need STEM Careers. Her grants to date total \$1,844,236.

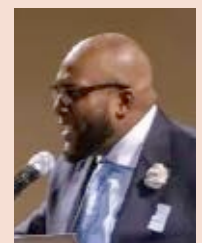
**ABOUT THE SESSION:** Join Kara as she presents *Reimagining the Tricycle: A Foundation for Equity and Inclusion Through Healing Centered Engagement*. As schools move toward healing centered engagement due to a wide range of effects and disparities highlighted by COVID-19, school counselors will be tasked to build healing communities from trauma in general, while continuing to engage in antiracist practices that affirm their students and communities of color. This presentation highlights a strength-based approach focusing on resilience, equity, and inclusion through the intersecting tenants of antiracist education and social emotional learning, and the skills needed to promote collective healing and wellness.

**Saturday, November 6 | 8:00 a.m. – 9:00 a.m.**

Saturday Morning Keynote Session Speaker

## How to Get to Your Promised Land

**Rev. Dr. Robert Spicer, Sr.**



**SPEAKER BIO:** Dr. Spicer is currently the CEO and trainer of Restorative Strategies, LLC. In this role, Dr. Spicer has exposed and trained over a thousand participants in the practices of Restorative Justice. Dr. Spicer has trained hundreds of educators and community members in the Syracuse City School districts as well as school districts across the US. His work has been recognized both nationally and internationally by a variety of news outlets. In 2015, he was invited by the Obama administration to support their Rethink Discipline initiative lead by the Secretary of Education and the Attorney General. Recently Dr. Spicer has trained members of Snap Inc. on these practices and it use in the corporate space. Dr. Spicer currently lives in Chicago, IL with his wife and four children.

**ABOUT THE SESSION:** In this keynote address, *How To Get To Your Promised Land*, Rev. Dr. Robert Spicer, Sr. will share ways you can reach your desired goals through the "3P Principle." By articulating your purpose, exhibiting your perseverance and unlocking the Power within, Dr. Spicer will share with you the formula for how you and those close to you can reach your Promised Land.



~ *TENTATIVE SCHEDULE* ~

## Thursday, November 4, 2021

9:30 AM – 5:00 PM	Registration and Information Center Open
10:00 AM – 12:00 PM	Pre-Conference: Part 1
12:00 PM – 1:00 PM	Lunch
1:00 PM – 2:30 PM	Pre-Conference: Part 2
2:30 PM – 3:00 PM	Break
3:00 PM – 4:00 PM	Pre-Conference: Part 3
4:00 PM – 6:00 PM	Networking Event

## Friday, November 5, 2021

7:00 AM - 5:00 AM	Registration & Information Center
7:00 AM - 8:00 AM	Breakfast
7:45 AM - 8:00 AM	Sponsor Presentation
8:00 AM - 8:15 AM	Welcome Conference Opening
8:15 AM - 9:15 AM	Keynote Speaker – Kara Ieva
9:30 AM - 10:30 AM	Workshop Session 1
10:30 AM - 11:00 AM	Break & Exhibits
11:00 AM - 12:00 PM	Workshop Session 2
12:00 PM - 1:15 PM	Lunch & Awards Presentation
1:15 PM - 2:10 PM	Keynote Speaker
2:15 PM - 3:15 PM	Level Networking
3:00 PM - 4:00 PM	Graduate Students Poster Session
3:15 PM - 3:45 PM	Exhibitor Rally / Break / Raffle Winners
3:45 PM - 4:45 PM	Workshop Session 3
4:50 PM - 5:50 PM	Workshop Session 4
6:00 PM	Dinner “on your own”

## Saturday, November 6, 2021

7:00 AM - 5:00 AM	Registration & Information Center
7:00 AM - 8:00 AM	Breakfast
7:45 AM - 8:00 AM	Sponsor Presentation
8:00 AM - 9:00 AM	Keynote Speaker – Rev. Dr. Robert Spicer
9:00 AM - 9:45 AM	Annual Membership Business Meeting
9:45 AM - 10:15 AM	Coffee Break & Exhibits
10:30 AM - 11:30 AM	Workshop Session 5
11:40 AM - 12:40 PM	Workshop Session 6
12:45 PM - 2:00 PM	Lunch & Closing Remarks
2:00 PM	Conference Closes

## REGISTRATION FORM (PLEASE PRINT CLEARLY)

NAME (as it should appear on name badge) \_\_\_\_\_

JOB TITLE - (REQUIRED PLEASE) \_\_\_\_\_

ORGANIZATION/SCHOOL DISTRICT \_\_\_\_\_

ATTENDEE EMAIL (REQUIRED FOR CONFIRMATION) \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_ COUNTY \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK PHONE ( ) \_\_\_\_\_ CELL PHONE ( ) \_\_\_\_\_

**CHECK ALL THAT APPLY:**

ELEMENTARY  MIDDLE SCHOOL  HIGH SCHOOL  ADMINISTRATOR  DIRECTOR  GRAD STUDENT  COUNSELOR EDUCATOR

ARE YOU AN ASCA MEMBER?  YES  NO

PREFERRED T-SHIRT SIZE (MEN'S SIZES)  SMALL  MED  LARGE  X LARGE  XX LARGE  XXX LARGE

ARE YOU A FIRST TIME CONFERENCE ATTENDEE?  YES  NO ARE YOU A MILITARY VETERAN?  YES  NO

**A. MAIN CONFERENCE**

**ATTEND FRIDAY AND SATURDAY (NOV. 5-6)**

**Early Registration\*\*** (by Sept. 30)  
**Regular Registration** (after Sept. 30)

Professional/Affiliate Member*	Graduate Student Member*	Non-Member
\$250 per person	\$180 per person	\$300 per person
\$265 per person	\$195 per person	\$315 per person

**ATTEND FRIDAY ONLY (NOV. 5)**

**Regular Registration Only**

\$200 per person	\$100 per person	\$250 per person
------------------	------------------	------------------

**ATTEND SATURDAY ONLY (NOV. 6)**

**Regular Registration Only**

\$175 per person	\$80 per person	\$220 per person
------------------	-----------------	------------------

**B. PRE-CONFERENCE**

**Thursday Only (Nov. 4)** Pick only one.

- RAMP Up Your School Counseling Program** – Karen Griffith
- Youth Mental Health First Aid** – Mann and Panakos

\$60 per person	\$60 per person	\$110 per person
-----------------	-----------------	------------------

\*Your NYSSCA membership must be good November 6, 2021 to qualify.

**Total (A+B) \$** \_\_\_\_\_

**Become a member  
SAVE!**  
Visit [www.nyssca.org](http://www.nyssca.org).

To check NYSSCA membership, email [membership@nyssca.org](mailto:membership@nyssca.org)

*\*\* To qualify for the Early Registration Rate, your registration form AND payment (copy of your purchase order, check, or credit card) must be received or postmarked by the Early Registration cutoff date.*

**REGISTRATIONS CANNOT BE PROCESSED WITHOUT PAYMENT. PLEASE SEND PAYMENT AND REGISTRATION FORM(S) TOGETHER.**

**How and Where Do I Pay?**

	WEBSITE	EMAIL	FAX	PHONE	MAIL
CREDIT CARD	✓	✓	✓	✓	✓
PURCHASE ORDER		✓	✓		✓
CHECK					✓

**WEBSITE:** [www.ncyi.org/nysscac](http://www.ncyi.org/nysscac)

**EMAIL:** [registrations@ncyi.org](mailto:registrations@ncyi.org)

**FAX:** 423-899-4547

**PHONE:** 866-318-6294

**MAIL:** National Center for Youth Issues  
P.O. Box 22185  
Chattanooga, TN 37422-2185

Please make your check or purchase order payable to: **National Center for Youth Issues.**

A W-9 is available on the website.

PLEASE NOTE: The attendee will receive a confirmation to the email address provided when their registration is processed (make sure to check Junk/Spam folders). Please allow ample time for processing.

**PAYMENT METHOD**

**PURCHASE ORDER** A COPY OF THE PURCHASE ORDER IS REQUIRED.

(PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES, P.O. BOX 22185, CHATTANOOGA, TN 37422-2185)

**CHECK ENCLOSED** (MADE PAYABLE TO NATIONAL CENTER FOR YOUTH ISSUES)

**CREDIT CARD**  PERSONAL  CORPORATE

CARD NO. \_\_\_\_\_ EXP. DATE \_\_\_\_\_ CID# \_\_\_\_\_

NAME ON CARD (PLEASE PRINT) \_\_\_\_\_

CREDIT CARD BILLING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_ EMAIL \_\_\_\_\_

**CANCELLATION POLICY:** If we are forced to cancel the NYSSCA Conference because of a "force majeure" event, such as a government restriction on large gatherings that cover the intended size of the conference, then we will issue full refunds of the registrations. Otherwise, our normal cancellation policy will be upheld: There will be no refunds after October 4, 2021. All cancellations before October 4, 2021 will be refunded less a \$25 handling fee. You may however substitute a colleague at no additional cost. The association is not responsible for and cannot give refunds due to problems beyond its control, such as weather and school closings. The sponsors of the conference receive registrant contact information.

On social distancing and other health and safety measures, the regulations/guidelines that apply to hotels and conference centers are still unfolding and being developed. The NYSSCA Conference will conform to all necessary regulations/guidelines that are in place as of the date of the conference.



## Turning Stone Resort and Convention Center

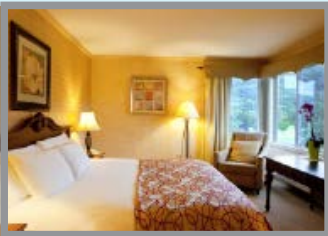
5218 Patrick Rd, Verona, NY 13478

### Make Hotel Reservations Early! Limited Availability!

The Turning Stone Resort and Convention Center, the Conference’s host hotel, has a **conference rate of \$139 per night, plus tax**, which remains valid for reservations made by **October 12, 2021**, while rooms are available.

#### To make hotel reservations:

**CALL: (800) 771-7711.** Please be sure to tell the hotel that you are with the “New York State School Counselor Association.”



## Come Learn and Play.

Turning Stone is home to dozens of restaurants and bars. Enjoy dinner at TS Steakhouse, Pino Blanco, or Peach Blossom. Get some retail therapy at Turning Stone’s Commons and Shoppes, featuring boutique shopping, one-of-a-kind pottery and art, and unique gifts. Experience the excitement and live music at Tin Rooster, Lava Nightclub, or The Gig. Unwind and be rejuvenated in their spas, Ahsi and Skana. Turning Stone has a variety of options for your entertainment.



Visit the NYSSCA Conference website ([www.ncyi.org/nysscac](http://www.ncyi.org/nysscac)) to see the things you can do around the beautiful Turning Stone Resort and Conference Center.

We hope this conference will educate and equip you to do your job well, and we also hope you will take advantage of the wonderful ways you can relax and be refreshed!