

Breakout Sessions At-A-Glance

Friday, January 21 Breakout Session One 9:15 am – 10:15 am	Presenter(s)
Advocating for Appropriate School Counselor Ratios	Abby Bays & Mary Tchouros
Help Undocumented Students Jump Hurdles and get a College Education!	Manisha Kanitkar
Inspiring Systemic Change: Fusing SEL Curriculum with Outcome Goals	Lindsay Harman & Aaron Oberman
Little-Known Secrets of Paying For College	Michael Russell
Respond to Suicidal Ideation	Melisa Marsh
South Carolina Department of Education Hot Topics	Anna Duvall
Support Students Struggling with Anxiety and Stress	Leigh Bagwell
Using Technology to Promote SEL in the K-12 Learning Environment	Brandy Ludlam & Crissy Roddy
What Every Educator Needs to Know About the Brain	Jessica Sinarski
Friday, January 21 Breakout Session Two 10:45 am – 11:45 am	Presenter(s)
8 Great STEM Career Opportunities That Do NOT Require a Traditional Education	Steven Coyle
"Get Yo' Life: Take Care of Yourself"	Kimberly Johnson
How to Revamp your Individual Counseling Toolbox	Mackenzie Hall
It's Time to Talk About the Stigma Around Trade School	Roxanne Ober
Respond to Suicidal Ideation	Melisa Marsh
Support Students Struggling with Anxiety and Stress	Leigh Bagwell
Trauma-Informed Practice - Your Why Behind SEL	Brandy Ludlam & Julie Shealy
What Every Educator Needs to Know About the Brain	Jessica Sinarski
Who Do You Think You Are? Career Counseling With the End In Mind!	Anna Duvall & Stephen Smith
Friday, January 21 Breakout Session Three 1:45 pm – 2:45 pm	Presenter(s)
Brain Hacking Revised and Expanded	James Deal
Counselor Leadership Jump-start : Shifting to Meet the Challenge	Jennifer Metts & Sara Beckman
Craving Compassion - A Battle Cry of the Burned-Out Counselor	Caitlyn Grigg
The Easiest Way to Document Your Time and Analyze Your Results	Steve Zaharakis
"Just Level the Playing Field and Watch What I Do!" - Confronting Classroom Inequity Towards Students of Color and Under-Served Students	Principal Baruti Kafele
K-12 College Planning Center: Help Your Families Plan, Save and Succeed in Their Educational Goals	Ray Jones
School Counselor Panel: A Forum for Emerging School Counselors	Aaron Oberman & Lindsay Harman
Supporting and Empowering School Counselors - This is How We Do It!	Geri Henderson & Annette Ballard
Supporting Our LGBTQ+ Population	Lisa Koenecke

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Friday, January 21 Breakout Session Four 3:15 pm – 4:15 pm	Presenter(s)
10 Strategies for Building a More Trauma-Informed School Right Now	Alisa Kaczorowski
A Song for You: The Crucial Roles of Counselors in School Mental Health	Loren Dittmar
Access & Opportunity: Using ACT Programs to Chart a Successful Course	Chris Lefevre
The Effects of Social Media- A Prepackaged Classroom Lesson	Allison Peasley
Helping Anxious Tween Girls	Robin Shirley
Hope Squad: The School-Based Peer-to-Peer Suicide Prevention Program	Tracy Hrdlicka & Michelle Kirby
New School Counselor Tools	LaWanda Felder & Miranda Manning-Page
Social Media Detox	James Deal
Friday, January 21 Breakout Session Five 4:30 pm – 5:30 pm	Presenter(s)
Career and College Readiness Tools and Programs	James Deal
Cultivating Connections with Students, Teachers, and Yourself	Nicole Hamm & Madison Farmer
Grief is Real: A School Community Approach	Deborah Blume & Selden Peden
Knocking Your 2022 ASCA/Adept Lesson Out of the Park	Shari Hooper & Keisha Uhle
Leading with Empathy: The Link Between Counselor Leadership & Student Growth	Sharon Worley & Carl White
Lean Into The Discomfort: Seeing Students Through a Trauma-Informed Lens	Loren Dittmar
Supporting Students by Supporting Educators	Alisha Kowsky & Sarah Vann
Using Small Groups as a College Planning Tool	Kimberly Brown
Saturday, January 22 Breakout Session Six 8:15 am – 9:15 am	Presenter(s)
Acknowledging & Addressing Loss & Grief Within the Academic Environment	Diane Carlson
Effective College Advisement in Public High Schools	Kimberly Brown
Elementary Roundtable	Abby Bays & Anita Robinson
Rocking TikTok: Turning Negative Into Positive	Stephanye McCarroll
SEL - It Is Academic!	JoElizabeth Manley
Student Led IGPs	Amanda Stabler & Mandy Wilson
When Family Duties Trump School	Amanda Rumsey & Kathryn Higdon
Saturday, January 22 Breakout Session Seven 9:45 am – 10:45 am	Presenter(s)
Answering the Call to Lead/PSSCA - We Need You!	Clayton Henke & Board Members
Empowering First Generation Students	Kimberly Brown
Graduate Student Session	Dodie Limberg
Reducing Counselor Burden: Turning State Compliance into Student Insights for Counselors	Maggie Gause
Rocking TikTok: Turning Negative Into Positive	Stephanye McCarroll
Secondary Roundtable	Matt Smith & Anya Tewart