



# Helping You Help All Students



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CATALOG 2026

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### SATISFACTION GUARANTEED!

We guarantee your full satisfaction with our products. If they do not produce the results you anticipated, simply return them with a note to that effect and we will issue a prompt refund or credit.

***There is absolutely no risk!***

***Please refer to NCYI.org for latest availability and pricing.***

Prices and product availability are subject to change without notice. All specials and promotions limited to stock on hand. NCYI is not responsible for typographical errors and we make every effort to ensure the accuracy of the information published in our catalogs and websites. If an error is made and a product is listed at an incorrect price, NCYI shall maintain the right to refund or cancel orders placed at the incorrect price. NCYI reserves the right to decline orders from resellers.



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Catalog

### About NCYI

National Center for Youth Issues provides educational resources, training, and support programs to foster the healthy social, emotional, and physical development of children and youth. Since our founding in 1981, NCYI has established a reputation as one of the country's leading providers of teaching materials and training for counseling and student-support professionals. NCYI helps meet the immediate needs of students throughout the nation by ensuring those who mentor them are well prepared to respond across the developmental spectrum.

To date, NCYI has placed materials in and provided training to over 40,000 schools in all 50 states. Last year alone, NCYI placed more than 75,000 counseling resources in schools throughout the country. The range of issues addressed has grown substantially, encompassing subjects ranging from bullying and violence prevention, to drug and alcohol abuse, depression, suicide, and anxiety, as well as life-skills development and social-emotional learning. As the role of student support professionals continues to expand, NCYI has broadened the range of topics, offering resources to address such challenges as: Internet safety, overcoming learning differences, childhood obesity, social and emotional learning, self-injury, ADHD, bi-polar and autism spectrum disorders.

 @nationalcenterforyouthissues

 @nationalcenterforyouthissues

 @ncyi

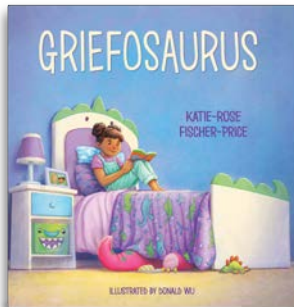
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COMING SEPTEMBER 15, 2026!



## Griefosaurus

*Helping Kids Name Big Feelings and Heal After Loss*

**Katie-Rose Fischer-Price**

Josie loves dinosaurs, digging for fossils, and playing “Lava Monster” with her dad. But when an accident turns her world upside down, a heavy feeling follows her everywhere — a creature she can’t seem to escape.

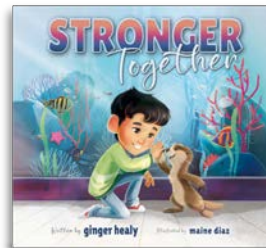
With Grandpa’s gentle guidance, Josie learns her monster’s name: Griefosaurus. Together, they discover that grief isn’t something to hide or chase away. It’s something to understand, listen to, and care for — like a friend who needs a little space and kindness.

Through this tender and hopeful story, Griefosaurus helps kids and families:

- **Put words to big feelings** like sadness, anger, and confusion
- **See that grief changes shape** but doesn’t have to stay scary
- **Understand that healing happens** when we stay curious and connected

Perfect for parents, educators, school counselors, and therapists supporting children, **this picture book opens doors to meaningful conversations about love, loss, and resilience.**

<b>D606-NET</b>	GR 1-5	PAPERBACK	32 PAGES	<b>EB</b>
\$17.95	9781965066331	10" X 9.5"	TBD/CASE	



## Stronger Together

*A Gentle Story About Navigating Change*

**Ginger Healy**

Dash, a sea otter pup, has learned to calm the worry in his belly by wrapping himself in kelp and playing with his favorite smooth, round stone. Then he meets Sammy, a boy who feels lost and alone after finding out some big news. When their worlds collide, Dash and Sammy share a moment that reveals a compelling truth: even when life feels uncertain and scary, holding onto someone - whether it’s a hand...or a paw - can make you stronger together. This gentle, heartfelt story gives children and adults a shared language to talk about anxious feelings, navigating changes, and the healing power of connection.

<b>D598-NET</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$11.95	9781965066171	9" X 8"	28/CASE	



**Stronger Together  
Resource Bundle**

PDF DOWNLOAD  
RD-036 \$5.00



## Hello, Peace Card Deck

*Boost Self-Awareness, Empathy, and Everyday Problem-Solving Skills*

**Jessica Sinarski**

Hello, Peace is designed to help children build emotional awareness, empathy, and everyday problem-solving skills using age-appropriate reflection prompts and playful challenges. It adapts easily to classrooms, counseling groups, therapy sessions, family game nights, and small-group settings.

**Skill-Building Categories:** The Whole Story - Seeing the bigger picture behind behavior and feelings; Inside the Backpack - Exploring worries, thoughts, and experiences kids carry; Bright Thought Bookmarks - Practicing flexible thinking and encouraging self-talk; Let’s Press Pause - Using breathing, movement, and mindfulness strategies; All Play - Building belonging and connection through group activities

<b>D602-NET</b>	GR 3-8	CARD DECK	40 CARDS
\$16.95	9781965066287	4.5" X 4.5"	20/CASE

## NEW RELEASES



Scan here for more  
NEW RELEASES



### Let's Get Curious: Anxiety Card Deck

*Where Questions Lead to Calm*

Each of the **40 scenario-based cards** presents a relatable moment that may spark anxious feelings, followed by discussion prompts to guide students toward understanding and managing those emotions. On the back of each card, deeper questions invite students to reflect, problem-solve, and discover strategies that help them feel centered and in control. Students practice identifying signs of anxiety, reframing worries, and connecting with others in a safe, structured way.

- Encourages meaningful conversations without pressure or judgment
- Builds emotional vocabulary and coping confidence
- Flexible for individual, small-group, or whole-class use
- Helps transform anxiety from a mystery into something manageable

<b>D600-NET</b>	GR 3-12	CARD DECK	40 CARDS
\$15.95	9781965066263	4.5" X 4.5"	20/CASE

**BONUS!**  
Includes A  
FREE POSTER!



### Let's Get Curious: Resilience and Self-Belief Card Deck

*A Discussion-Based Card Deck for Helping Students Try Hard Things, Learn from Mistakes, and Build Confidence Through Effort*

This is a discussion-based card deck designed to help students reflect on their inner voice, build willingness to try hard things, and recognize strengths and values that support growth over time. Each card presents a short, student-centered scenario followed by a discussion question. On the back of the card, three additional questions deepen thinking around self-talk, effort, learning from mistakes, and recognizing personal strengths.

- Encourages self-belief and resilience through discussion
- Helps students reflect on self-talk and internal decision-making
- Normalizes mistakes as part of learning and growth
- Reinforces strengths, values, and effort that support persistence
- Designed for classroom, counseling, and small-group use

<b>D604-NET</b>	GR 3-12	CARD DECK	40 CARDS
\$16.95	9781965066300	4.5" X 4.5"	20/CASE



### Let's Get Curious: Emotional Regulation Card Deck

*A Scenario-Based Card Deck for Building Awareness, Control, and Coping Skills*

This scenario-based card deck helps students build emotional regulation skills by first developing awareness—naming emotions, noticing body signals, and identifying triggers—before exploring thoughtful, supportive responses. Each card presents a relatable real-life scenario followed by a discussion question and three deeper prompts. Cards rotate through three focus areas to support balance and engagement:

- Anger & Frustration – recognizing rising emotions and pausing before reacting
- Sadness & Disappointment – processing loss, change, and unmet expectations
- Mindfulness & Coping Skills – calming the body and choosing helpful responses

<b>D603-NET</b>	GR 3-12	CARD DECK	40 CARDS
\$16.95	9781965066294	4.5" X 4.5"	20/CASE



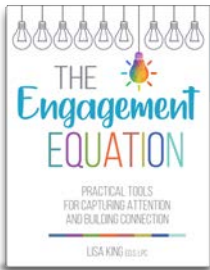
### Quest to Connect Card Deck

*Fostering Meaningful Relationships in a Noisy World*

Challenge your students to develop a deeper understanding of themselves, their classmates, and the world around them. Players build a foundation for empathy and understanding through the power of genuine connection. Inside, you'll find carefully crafted cards, each featuring **three escalating questions** to spark engaging discussions and cultivate critical thinking. Get ready to lead your students on an adventure of self-discovery and shared understanding that can take as little or as much time as you decide.

- Level 1: Base Camp** – questions are light and easy
- Level 2: Snow Line** – questions invite more thought and sharing
- Level 3: Summit** – questions challenge deep thought and vulnerability

<b>D591-NET</b>	GR 3-12	CARD DECK	40 CARDS
\$15.95	9781965066164	4.5" X 4.5"	20/CASE



COMING JUNE 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## The Engagement Connection

*Practical Tools for Capturing Attention and Building Connection*

Lisa King, ED.S, LPC

**Are you looking for practical, research-backed tools to bring engagement and connection back to the students you serve?**

Does it feel like you're competing on an uneven playing field? On one side: algorithms, short-form video, gaming platforms, group chats, and devices professionally engineered to steal attention at any cost. On the other: you — showing up every day with a curriculum to deliver and students who need more than content.

Whether you're just starting out or have years of experience behind you, *The Engagement Equation* gives you the tools to build the kind of engagement and connection that transforms learning.

Written by a veteran school counselor with nearly three decades in education, this practical, research-backed guide bridges the gap between what neuroscience tells us about learning and what it actually takes to reach and engage students today.

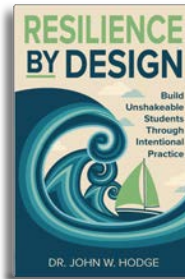
Inside you'll find:

- **The brain science** behind why today's students struggle to focus — and what actually helps
- **Low-prep, high-impact strategies** you can use tomorrow: hooks, humor, movement, music, storytelling, games, and more
- **Relationship-building tools** that strengthen trust, deepen connection, and build the kind of community where every student wants to show up
- **Family engagement resources** — workshops, newsletters, and scripts ready to use

*The Engagement Equation* is for:

- K–12 educators seeking fresh, low-prep engagement strategies
- School counselors and student success specialists designing lessons and small groups
- Instructional coaches and administrators building connection-focused school culture
- Anyone who wants the “why” and the “how” — backed by research, tested in real classrooms

**D617-NET** | GR K-12 | PAPERBACK | TBD PAGES | **DL**  
\$29.95 | 9781965066409 | 8.5" X 11" | TBD/CASE



COMING JUNE 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## Resilience By Design

*Build Unshakeable Students Through Intentional Practice*

Dr. John W. Hodge

**What if the most powerful thing you could do for student achievement was build a school where every student felt known, challenged, and believed in?**

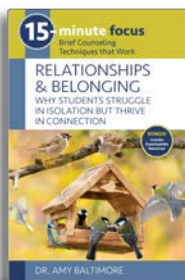
The research is clear: school culture drives outcomes. When students feel respected, connected, and genuinely supported by the adults around them, academic achievement follows — not sometimes, not for certain kinds of students, but reliably and measurably. The problem is that most schools don't have a concrete, schoolwide plan for building that culture. *Resilience by Design* is that plan.

Written by Dr. John W. Hodge, this practical, research-grounded resource gives elementary and secondary educators, school counselors, administrators, district leaders, and instructional coaches a complete framework for transforming school culture — one intentional value at a time. The RESILIENCE framework — ten core values, one shared language, a full school year of practice — is designed to be implemented together, across every classroom, hallway, and common space in your building.

Inside you'll find:

- **The research** that makes an undeniable case for why school culture drives everything else — and the language to finally bring counselors, teachers, administrators, and families to the same table with a common purpose
- **Ten core values and a shared framework** that give every adult in your building, from the classroom to the front office, a concrete, daily practice for building the culture every school says it wants
- **The TERM Rule** — a practical guide for making values move from wall art into the daily behavior of every person in your building
- **Grade-level conversation starters for every value** — four real scenarios per week that help students internalize what resilient character actually looks and feels like
- **A full-year pacing guide and leadership planning tools** — structured, specific, and designed for teams to complete together

**D618-NET** | GR 3-12 | PAPERBACK | TBD PAGES | **DL**  
\$19.95 | 9781965066416 | 5.5" X 8.5" | TBD/CASE | **EB**



COMING JUNE 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## 15-Minute Focus: Relationships and Belonging

*Why Students Struggle in Isolation but Thrive in Connection*

**Dr. Amy Baltimore**

**What does it mean when a student is surrounded by people every moment of the day — yet feels completely alone?**

In today's schools, the most at-risk students are often the most likely to be overlooked. They sit in full classrooms, move through crowded hallways, and blend seamlessly into the background — present everywhere, connected nowhere. Their disconnection isn't loud. It doesn't trigger referrals or disrupt instruction. It simply accumulates, quietly reshaping their brains, their behavior, and their sense of who they are.

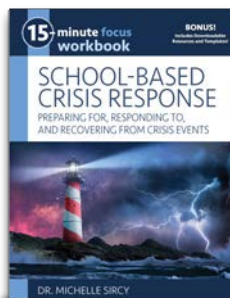
Packed with neuroscience research, student stories, and immediately applicable strategies, *15-Minute Focus: Relationships and Belonging* is rooted in a foundational truth: isolation is not a personality trait — it is a neurological state. And it is preventable when adults know what to look for.

In *15-Minute Focus: Relationships and Belonging*, you'll discover:

- why the brain treats disconnection as danger — and belonging as safety
- how to recognize the hidden masks of student isolation before they become crises
- the difference between healthy solitude and harmful disconnection
- practical tools for building schoolwide belonging across every tier of support
- how brief, five-second neural resets can literally change a student's brain
- the SAFE Framework for weaving connection into every daily interaction
- how to repair rupture, restore dignity, and rebuild trust after conflict
- ...and more!

Whether you're a school counselor, educator, administrator, or support staff, *15-Minute Focus: Relationships and Belonging* offers the science, the stories, and the strategies to help every student feel seen, safe, and genuinely connected. When belonging becomes the system, not the exception, everything changes.

<b>D616-NET</b>	GR K-12	PAPERBACK	TBD PAGES	<b>DL</b>
\$15.95	9781965066393	5.5" X 8.5"	TBD/CASE	<b>EB</b>



## 15-Minute Focus: School-Based Crisis Response Workbook

*Preparing For, Responding To, and Recovering From Crisis Events*

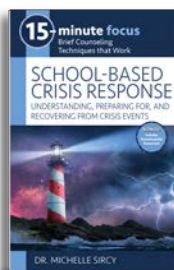
**Dr. Michelle Sircy**

When crisis strikes, school staff are at the forefront, faced with a unique and challenging responsibility. This workbook is your essential guide, offering a practical

framework and a complete three-part system for effective school crisis response. In this workbook, you'll find the knowledge and tools to:

- **Prepare for Crisis:** Proven strategies for planning, training, and drills that strengthen your team before an emergency strikes.
- **Respond to Crisis:** Clear, practical forms, checklists, and processes you can grab and use in the moment for immediate, effective action.
- **Recover from Crisis:** Tools for reflection, restoration, and resilience-building long after the event is over.

<b>D601-NET</b>	GR K-12	PAPERBACK	162 PAGES	<b>DL</b>
\$28.95	9781965066270	8.5" X 11"	20/CASE	



## 15-Minute Focus: School-Based Crisis Response

*Understanding, Preparing for, and Recovering from Crisis Events*

**Dr. Michelle Sircy**

Are your school communities prepared to face the unexpected? This guide offers hope - providing clear, actionable steps to navigate the complex landscape of school crisis response.

Key Features:

- **Comprehensive Coverage:** This guide covers preparation and prevention to recovery and long-term support.
- **Practical Tools:** Detailed checklists, practical tips, and real-world case studies empower school leaders to make informed decisions.
- **Evidence-Based Strategies:** This guide is grounded in research and best practices to ensure effective crisis management.
- **Clear and Concise:** Easy-to-understand language and a user-friendly format make this guide accessible to all school personnel.

<b>D574-NET</b>	GR K-12	PAPERBACK	120 PAGES	<b>DL</b>
\$16.95	9781965066072	5.5" X 8.5"	24/CASE	<b>EB</b>

# 15-minute focus

Brief Counseling Techniques that Work

Scan here for more  
15-MINUTE FOCUS RESOURCES



15MinuteFocusSeries.com



## 15-Minute Focus Set

A 20 Book Set – Gr K-12

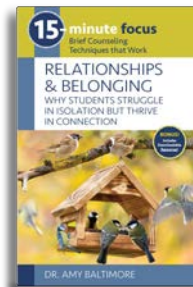
D579-NET ~~\$386.00~~ \$347.40

DL EB

15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

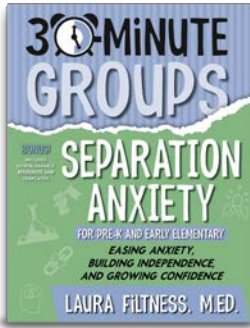
- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

Coming Soon!



<p><b>15-Minute Counseling Techniques that Work</b> <i>What You Didn't Learn in Grad School</i></p>	<p>Allison Edwards</p>	<p>9781937870690</p> <p>5.5" X 8.5"</p>	<p>80 PAGES</p> <p>32/CASE</p>	<p>D291-NET</p> <p>\$19.95</p>
<p><b>Anger, Rage, and Aggression</b> <i>Brief Counseling Techniques that Work</i></p>	<p>Dr. Raychelle Cassada Lohmann</p>	<p>9781953945617</p> <p>5.5" X 8.5"</p>	<p>96 PAGES</p> <p>24/CASE</p>	<p>D432-NET</p> <p>\$15.95</p>

<b>Anxiety</b> <i>Worry, Stress, and Fear</i>	Dr. Leigh Bagwell	9781937870737	80 PAGES	D317-NET
		5.5" X 8.5"	24/CASE	\$15.95
<b>Anxiety Workbook</b> <i>Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being</i>	Dr. Leigh Bagwell	9781953945839	216 PAGES	D517-NET
		8.5" X 11"	16/CASE	\$33.95
<b>Behavior Interventions</b> <i>Strategies for Educators, Counselors, and Parents</i>	Amie Dean	9781953945570	104 PAGES	D409-NET
		5.5" X 8.5"	26/CASE	\$15.95
<b>Behavior Interventions Workbook</b> <i>Your Roadmap for Creating a Positive Classroom Community</i>	Amie Dean	9781953945716	212 PAGES	D489-NET
		8.5" X 11"	20/CASE	\$32.95
<b>Behavioral Threat Assessment and Management for K-12 Schools</b> <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781953945457	128 PAGES	D335-NET
		5.5" X 8.5"	22/CASE	\$15.95
<b>Depression</b> <i>Signs and Strategies for Counselors, Educators, and Parents</i>	Dr. Melisa Marsh	9781953945464	104 PAGES	D336-NET
		5.5" X 8.5"	24/CASE	\$15.95
<b>Digital Citizenship</b> <i>Supporting Youth Navigating Technology in a Rapidly Changing World</i>	Dr. Raychelle Cassada Lohmann Dr. Angie C. Smith	9781953945778	132 PAGES	D509-NET
		5.5" X 8.5"	22/CASE	\$15.95
<b>Diversity, Bias, and Privilege</b> <i>Addressing Racial Inequities to Create Inclusive Learning Environments</i>	Dr. Natalie Spencer Gwyn Robert B. Jamison	9781953945471	112 PAGES	D337-NET
		5.5" X 8.5"	24/CASE	\$15.95
<b>Executive Function</b> <i>Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential</i>	Noel Foy	9781953945938	136 PAGES	D567-NET
		5.5" X 8.5"	20/CASE	\$16.95
<b>Grief</b> <i>Processing and Recovery</i>	David A. Opalewski	9781937870768	80 PAGES	D320-NET
		5.5" X 8.5"	32/CASE	\$15.95
<b>Growth Mindset, Resilience, and Grit</b> <i>Harnessing Internal Superpowers for Student Success</i>	Dr. Raychelle Cassada Lohmann	9781953945747	96 PAGES	D502-NET
		5.5" X 8.5"	28/CASE	\$15.95
<b>Regulation and Co-Regulation</b> <i>Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom</i>	Ginger Healy	9781953945792	112 PAGES	D510-NET
		5.5" X 8.5"	24/CASE	\$15.95
<b>Regulation and Co-Regulation Workbook</b> <i>Accessible Neuroscience and Connection Strategies for the Classroom and Beyond</i>	Ginger Healy	9781931636544	168 PAGES	D533-NET
		8.5" X 11"	28/CASE	\$28.95
<b>Relationships and Belonging</b> <i>Why Students Struggle in Isolation but Thrive in Connection</i>	Amy Baltimore	xxxxxx	TBD PAGES	TBD-NET
		5.5" X 8.5"	TBD/CASE	TBD
<b>School-Based Crisis Response</b> <i>Understanding, Preparing for, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066072	120 PAGES	D574-NET
		5.5" X 8.5"	24/CASE	\$16.95
<b>School-Based Crisis Response Workbook</b> <i>Preparing for, Responding to, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066270	162 PAGES	D601-NET
		8.5" X 11"	20/CASE	\$28.95
<b>Self-Harm and Self-Injury</b> <i>When Emotional Pain Becomes Physical</i>	Dr. Leigh Bagwell	9781953945440	96 PAGES	D334-NET
		5.5" X 8.5"	24/CASE	\$15.95
<b>Suicide</b> <i>Prevention, Intervention, and Postvention</i>	Dr. Melisa Marsh	9781937870751	88 PAGES	D319-NET
		5.5" X 8.5"	24/CASE	\$15.95
<b>Trauma and Adverse Childhood Experiences</b> <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781937870744	104 PAGES	D318-NET
		5.5" X 8.5"	24/CASE	\$15.95



COMING MAY 28, 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

### 30-Minute Groups: Separation Anxiety

*Easing Anxiety, Building Independence, and Growing Confidence*

Laura Filtness

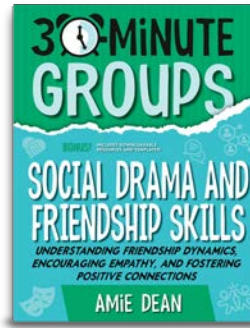
Are you a school counselor or educator looking for a ready-to-use small group counseling curriculum to help PK-3 students overcome separation anxiety and build confidence and independence at school?

The *30-Minute Groups: Separation Anxiety* workbook will equip you with everything you need to do just that! Teach essential coping skills and strategies in 30-minute lessons for small group or classroom instruction in grades PK-3. It's flexible, adaptable, and requires minimal prep time! Rooted in evidence-informed strategies, this workbook empowers students to develop the tools they need to navigate transitions, manage big feelings, and face their fears with courage.

Inside, you'll find:

- **Six Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties

**Topics include goodbye rituals, morning routines, coping skills, and overcoming fears.** The lessons and questions in this thoughtfully crafted resource are designed to help students understand and manage their emotions, learn calming techniques, and develop tools they can use to separate confidently from their caregivers and engage fully in school life. This workbook's engaging design ensures all students can participate and learn, fostering a sense of safety and connection with their peers. Use the *30-Minute Groups: Separation Anxiety* workbook to help provide a strong foundation for students to build independence, resilience, and confidence!



COMING MAY 7, 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

### 30-Minute Groups: Social Drama and Friendship Skills

*Understanding Friendship Dynamics, Encouraging Empathy, and Fostering Positive Connections*

Amie Dean

Are you looking for an engaging, low-prep resource to help students manage social drama and develop real friendship skills?

Social drama, friendship conflicts, and digital misunderstandings are among the most disruptive challenges students face today — and the skills to navigate them don't always come naturally.

The *30-Minute Groups: Social Drama and Friendship Skills* workbook gives school counselors and educators a complete, ready-to-use curriculum to help students in grades 2-9 recognize drama before it escalates, build healthier friendships, and develop the confidence to handle peer conflict with maturity and respect.

Inside, you'll find:

- **Ten Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties

**Topics include recognizing the traits of a true friend, identifying what drives social drama, managing emotions and self-control, using respectful communication to reduce conflict, recognizing healthy vs. unhealthy friendship patterns, practicing empathy, navigating digital drama, building self-worth and confidence, fostering positive connections, and setting limits while staying kind.** The lessons and activities in this thoughtfully crafted resource are designed to help students understand what fuels social drama, develop skills to de-escalate conflict, and make intentional choices about the friendships they build and protect.

**D613-NET**  
\$21.95

GR PK-3  
9781965066379

PAPERBACK  
8.5" X 11"

TBD PAGES  
20/CASE

DL

**D613-NET**  
\$24.95

GR 2-9  
9781965066355

PAPERBACK  
8.5" X 11"

128 PAGES  
20/CASE

DL

# 30-MINUTE GROUPS

30MinuteGroups.com

Scan here for more  
30-MINUTE GROUPS RESOURCES



The 30-Minute Groups series are all-in-one resources that give counselors and educators the tools to teach crucial academic and social skills in a flexible, low-prep format. Each includes:

- **10-12 Complete Lessons** with ASCA® standards
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- **Permission and Completion Letters** to send to caregivers
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**BONUS!**

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**D615-NET \$245.45 \$220.91**

**DL**

<p><b>Anxiety Management</b> <i>Calming the Mind, Challenging Thoughts, and Building Confidence</i></p>	Dr. Leigh Bagwell	Grades 2-9	9781965066010	94 PAGES	D562-NET
			8.5" X 11"	20/CASE	\$20.95
<p><b>Executive Function</b> <i>Boosting Brainpower, Increasing Productivity, and Achieving Academic Success</i></p>	Laura Fitness	Grades 2-9	9781965066126	116 PAGES	D590-NET
			8.5" X 11"	20/CASE	\$22.95
<p><b>Grief</b> <i>Processing Emotions, Honoring Memories, and Finding Hope</i></p>	Makenzie Perkins	Grades 2-9	9781965066034	72 PAGES	D565-NET
			8.5" X 11"	20/CASE	\$20.95
<p><b>Life Skills</b> <i>Increasing Empathy, Building Resilience, and Managing Self</i></p>	Elishia Basner	Grades 2-9	9781953945860	84 PAGES	D545-NET
			8.5" X 11"	20/CASE	\$19.95
<p><b>Managing Big Emotions</b> <i>Identifying Triggers, Developing Coping Strategies, and Communicating Effectively</i></p>	Ginger Healy	Grades 2-9	9781965066027	92 PAGES	D563-NET
			8.5" X 11"	20/CASE	\$20.95
<p><b>Navigating Family Dynamics</b> <i>Fostering Hope and Resilience, Creating a Positive Future, and Building Emotional Strength</i></p>	Ginger Healy and Ashley Wright	Grades 2-9	9781965066157	136 PAGES	D594-NET
			8.5" X 11"	20/CASE	\$25.95
<p><b>Online Safety</b> <i>Spotting Red Flags, Protecting Privacy, and Being a Positive Voice</i></p>	Dr. Raychelle Cassada Lohmann	Grades 5-12	9781965066041	76 PAGES	D566-NET
			8.5" X 11"	20/CASE	\$20.95
<p><b>Peaceful Conflict Resolution</b> <i>Strengthening Communication Skills, Fostering Cooperation, and Resolving Disputes</i></p>	Amie Dean	Grades 2-9	9781965066133	124 PAGES	D592-NET
			8.5" X 11"	20/CASE	\$22.95
<p><b>Relationships and Belonging</b> <i>Valuing Self and Others, Creating Meaningful Connections, and Setting Healthy Boundaries</i></p>	Amy Baltimore	Grades 2-9	9781965066140	112 PAGES	D593-NET
			8.5" X 11"	20/CASE	\$22.95
<p><b>Separation Anxiety</b> <i>Easing Anxiety, Building Independence, and Growing Confidence</i></p>	Laura Fitness	Grades PK-3	9781965066379	TBD PAGES	D614-NET
			8.5" X 11"	20/CASE	\$21.95
<p><b>Social Drama and Friendship Skills</b> <i>Understanding Friendship Dynamics, Encouraging Empathy, and Fostering Positive Connections</i></p>	Amie Dean	Grades 2-9	9781965066355	128 PAGES	D613-NET
			8.5" X 11"	20/CASE	\$24.95



## A Bad Case of Tattle Tongue

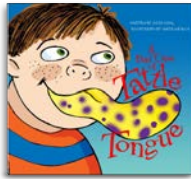
**Julia Cook**

No one likes “Josh the Tattler” because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.



**A Bad Case of Tattle Tongue Activity and Idea Book**

PAPERBACK  
**A823-NET \$10.95**



**A013-NET \$10.95**

GR K-3  
9781931636865

PAPERBACK

32 PAGES

9" X 8"

28/CASE

**EB**

## Bully B.E.A.N.S.

*Bullies Everywhere Are Now Stopped!*

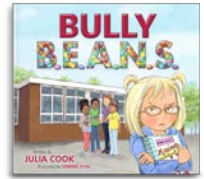
**Julia Cook**

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.



**Bully B.E.A.N.S. Activity and Idea Book**

PAPERBACK  
**D240-NET \$10.95**



**D239-NET \$10.95**

GR 3-5  
9781937870591

PAPERBACK

32 PAGES

9" X 8"

28/CASE

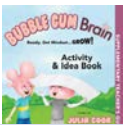
**EB**

## Bubble Gum Brain

*Ready, Get Mindset...GROW!®*

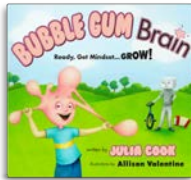
**Julia Cook**

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!



**Bubble Gum Brain Activity and Idea Book**

PAPERBACK  
**A814-NET \$10.95**



**B815-NET \$10.95**

GR K-6  
9781937870430

PAPERBACK

32 PAGES

9" X 8"

28/CASE

**AB EB**

## I Have Ants in My Pants

**Julia Cook**

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.



**I Have Ants in My Pants Resource Bundle**

PDF DOWNLOAD  
**RD-017 \$5.00**



**D293-NET \$10.95**

GR PK-3  
9781937870706

PAPERBACK

9" X 8"

32 PAGES

28/CASE

**EB**

## Lying Up a STORM

**Julia Cook**

“Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm.” Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.



**B511-NET \$10.95**

GR 2-6  
9781937870348

PAPERBACK

9" X 8"

32 PAGES

28/CASE

**EB**

## Because You Believe in Me

**Amie Dean**

This heartwarming picture book explores the power of encouragement in a child's life. Join a classroom of kids as they share the voices that lift them up on tough days. From supportive caregivers and teachers to helpful friends and coaches, these everyday heroes inspire children to face challenges, embrace mistakes, and celebrate their unique journeys.



**Because You Believe in Me Resource Bundle**

PDF DOWNLOAD  
**RD-034 \$7.00**



**D550-NET \$11.95**

GR 2-5  
9781953945914

PAPERBACK

9" X 8"

32 PAGES

28/CASE

**EB**

# BEST SELLERS

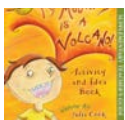


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BESTSELLERS

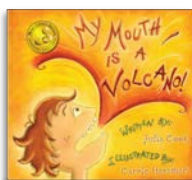
## My Mouth Is A Volcano

**Julia Cook**

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.



**My Mouth is a Volcano Activity and Idea Book**  
PAPERBACK  
**A822-NET \$10.95**



**A014-NET \$10.95**

GR K-3  
9781931636858

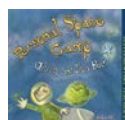
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**AB EB**

## Personal Space Camp

**Julia Cook**

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.



**Personal Space Camp Activity and Idea Book**  
PAPERBACK  
**A828-NET \$10.95**



**A134-NET \$10.95**

GR K-3  
9781931636872

PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## Wilma Jean, the Worry Machine

**Julia Cook**

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.



**Wilma Jean, the Worry Machine Activity and Idea Book**  
PAPERBACK  
**B096-NET \$10.95**



**B056-NET \$10.95**

GR 2-5  
9781937870010

PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## What's Inside Your Backpack?

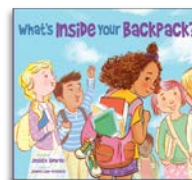
*Coping Skills For Kids Who Have Experienced Trauma*

**Jessica Sinarski**

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!



**What's Inside Your Backpack? Resource Bundle**  
PDF DOWNLOAD  
**RD-020 \$6.00**



**B329-NET \$10.95**

GR 2-5  
9781953945235

PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

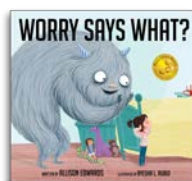
## Worry Says What?

**Allison Edwards**

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.



**Worry Says What? Resource Bundle**  
PDF DOWNLOAD  
**RD-012 \$5.00**



**D120-NET \$10.95**

GR K-6  
9781937870515

PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

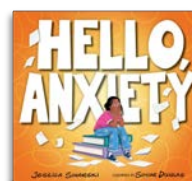
## Hello, Anxiety

**Jessica Sinarski**

Destiny Davis constant companion, *Anxiety*, makes everyday tasks feel impossibly hard. When a big class project sends Destiny into a spiral, her dad steps in with a solution - and a reminder that even the toughest challenges can be faced head on. This story will help kids have a better understanding of anxiety. It also provides coping strategies to build self-confidence and resilience.



**Hello, Anxiety Resource Bundle**  
PDF DOWNLOAD  
**RD-035 \$5.00**



**B573-NET \$11.95**

GR 2-5  
9781965066058

PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

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BESTSELLERS



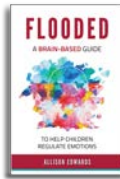
## BEST SELLERS

### Flooded

*A Brain-Based Guide to Help Children Regulate Emotions*

Allison Edwards

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.



**D333-NET** \$21.95

GR K-8

9781953945433

PAPERBACK

5.5" X 8.5"

104 PAGES

24/CASE

**DL** **EB**

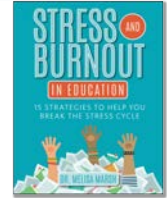
**BONUS!**  
Includes  
Downloadable  
Resources!

### Stress and Burnout in Education

*15 Strategies to Help You Break the Stress Cycle*

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.



**D503-NET** \$24.95

GR K-12

9781953945761

PAPERBACK

8.5" X 11"

120 PAGES

20/CASE

**DL**

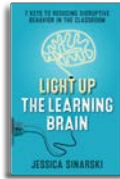
**BONUS!**  
Includes  
Downloadable  
Resources!

### Light Up the Learning Brain

*7 Keys to Reducing Disruptive Behavior in the Classroom*

Jessica Sinarski

Are you ready to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more. See [ncyi.org](http://ncyi.org) for the Parent and Educator Reading Guides.



**D532-NET** \$16.95

GR K-12

9781931636520

PAPERBACK

5.5" X 8.5"

208 PAGES

16/CASE

**DL** **AB** **EB**

**BONUS!**  
Includes  
Downloadable  
Resources!



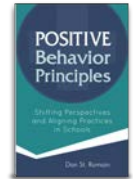
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Where Audio Books Are Sold  
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### Positive Behavior Principles

*Shifting Perspectives and Aligning Practices in Schools*

Dan St. Romain

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. This book outlines nine core principles that can be used to design prevention, intervention and crisis strategies for supporting student behaviors in schools.



**D294-NET** \$23.95

GR K-12

9781937870713

PAPERBACK

5.5" X 8.5"

200 PAGES

32/CASE

**DL** **EB**



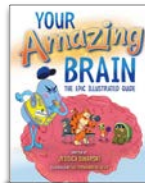
**Positive Behavior Principles Resource Bundle**  
PDF DOWNLOAD  
**RD-018** \$7.00

### Your Amazing Brain

*The Epic Illustrated Guide*

Jessica Sinarski

Ready to harness the power of your brain? Discover the surprising role of our eight senses, differences between the two brain "teams", and more! Along with a diverse cast of characters, Sinarski transforms complex neuroscience into fun graphics, simple metaphors, and practical solutions.



**D531-NET** \$17.95

GR K-12

9781931636506

PAPERBACK

8.5" X 11"

40 PAGES

60/CASE

**EB**



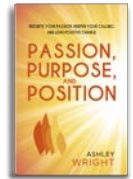
**Your Amazing Brain Resource Bundle**  
PDF DOWNLOAD  
**RD-029** \$7.00

### Passion, Purpose, and Position

*Reignite Your Passion, Deepen Your Calling, and Lead Positive Change*

Ashley Wright

In this empowering book you will: **Learn** practical strategies to overcome burnout and cultivate resilience, **Reconnect** with your core purpose as an educator and articulate what it means to inspire young minds, **Discover** powerful tools to reignite your passion for teaching and find joy in the classroom again, **Develop** a personalized action plan to navigate the ever-changing educational landscape, and **Become** a stronger, more resilient educator equipped to lead positive change in your students' lives.



**D561-NET** \$16.95

GR K-12

9781953945976

PAPERBACK

5.5" X 8.5"

120 PAGES

24/CASE

**DL** **EB**

**BONUS!**  
Includes  
Downloadable  
Resources!

**DL** DIGITAL LINK AVAILABLE

**EB** E-BOOK

**AB** AUDIO BOOK

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## Resource Fairs

Not only is NCYI an event manager, we also are a publisher, working with authors who have lived and put into practice the very things your educators deal with each day. Resource Fairs provide the tools to empower counselors and other student support professionals to enhance student success in school, and in life. These Resource Fairs allow these professionals the opportunity to personally review the resources before securing them, thus increasing the likelihood of their active use at the school building level.



## Summits

Summits provide the training and resources to help galvanize school districts and their communities to address the barriers to learning, and advance positive student development.

A district-based Summit allows the local schools to choose the issues unique to their community of schools they wish to address in workshops / training sessions. The district also is part of the decision-making process to select the speakers for their Summit. NCYI then works out the details!



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# Save time and effort while NCYI curates speakers for your next event!

National Center for Youth Issues offers a Speakers Bureau that provides high-quality, engaging professional development training for in-service days, workshops and conferences.

These speakers are commonly used for keynote, half day or full day sessions, and in the forms of in-person or virtual PD training. We have the ability to work with your video conferencing platform, or we can provide the virtual PD using one of our platforms.

Let NCYI manage and do the heavy lifting for your school district or state's next professional development conference event! Depending on the speaker, and the virtual platform needed, the pricing can range from \$2,000 – \$10,000. NCYI will make every effort to work within a school district's budget to better support the needs of the staff and students.



Speaker John Hodge shown.

## Our Speakers cover a wide range of topics including:

- Anxiety and Worry
- ASCA Model
- Behavior Intervention
- Bullying Prevention
- Career Readiness
- Depression and Suicide
- Growth Mindset
- Internet and Cyber Safety
- LGBTQ+
- Mental Health
- MTSS
- Social-Emotional Learning
- Trauma-Informed Care
- Much More!

Scan here for more information on the NCYI Speaker's Bureau



## What others are saying!

I would recommend without reservation to any district/ organization considering a partnership with NCYI! Whether NCYI is managing our Texas ASCA-affiliated conference (LSSSCA) or a local in-service event, the attention to detail, follow-up and support are consistently professional! NCYI understands school counselors and knows how to support District Supervisors like me. We simply tell them what we want, and they handle the rest! The NCYI Speakers Bureau is comprised of high quality thought leaders who are equipped to not only deliver a keynote, but are also skilled at delivering complete workshops!

### Tammi Mackeben

Director of Guidance and Counseling, Socorro Independent School District  
El Paso, Texas



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