



Helping You Help All Students



CATALOG 2026

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SATISFACTION GUARANTEED!

We guarantee your full satisfaction with our products. If they do not produce the results you anticipated, simply return them with a note to that effect and we will issue a prompt refund or credit.

There is absolutely no risk!

Please refer to NCYI.org for latest availability and pricing.

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Catalog

About NCYI

National Center for Youth Issues provides educational resources, training, and support programs to foster the healthy social, emotional, and physical development of children and youth. Since our founding in 1981, NCYI has established a reputation as one of the country’s leading providers of teaching materials and training for counseling and student-support professionals. NCYI helps meet the immediate needs of students throughout the nation by ensuring those who mentor them are well prepared to respond across the developmental spectrum.

To date, NCYI has placed materials in and provided training to over 40,000 schools in all 50 states. Last year alone, NCYI placed more than 75,000 counseling resources in schools throughout the country. The range of issues addressed has grown substantially, encompassing subjects ranging from bullying and violence prevention, to drug and alcohol abuse, depression, suicide, and anxiety, as well as life-skills development and social-emotional learning. As the role of student support professionals continues to expand, NCYI has broadened the range of topics, offering resources to address such challenges as: Internet safety, overcoming learning differences, childhood obesity, social and emotional learning, self-injury, ADHD, bi-polar and autism spectrum disorders.

 @nationalcenterforyouthissues

 @nationalcenterforyouthissues

 @ncyi

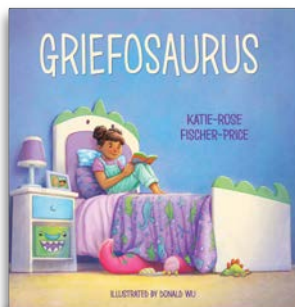
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COMING SEPTEMBER 2026!



Griefosaurus

Helping Kids Name Big Feelings and Heal After Loss

Katie-Rose Fischer-Price

Josie loves dinosaurs, digging for fossils, and playing "Lava Monster" with her dad. But when an accident turns her world upside down, a heavy feeling follows her everywhere — a creature she can't seem to escape.

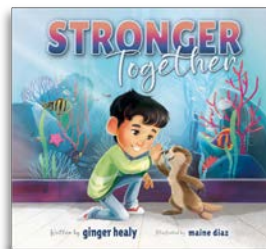
With Grandpa's gentle guidance, Josie learns her monster's name: Griefosaurus. Together, they discover that grief isn't something to hide or chase away. It's something to understand, listen to, and care for — like a friend who needs a little space and kindness.

Through this tender and hopeful story, Griefosaurus helps kids and families:

- **Put words to big feelings** like sadness, anger, and confusion
- **See that grief changes shape** but doesn't have to stay scary
- **Understand that healing happens** when we stay curious and connected

Perfect for parents, educators, school counselors, and therapists supporting children, **this picture book opens doors to meaningful conversations about love, loss, and resilience.**

D606-NET	GR 1-5	PAPERBACK	32 PAGES	EB
\$17.95	9781965066331	10" X 9.5"	TBD/CASE	



Stronger Together

A Gentle Story About Navigating Change

Ginger Healy

Dash, a sea otter pup, has learned to calm the worry in his belly by wrapping himself in kelp and playing with his favorite smooth, round stone. Then he meets Sammy, a boy who feels lost and alone after finding out some big news. When their worlds collide, Dash and Sammy share a moment that reveals a compelling truth: even when life feels uncertain and scary, holding onto someone — whether it's a hand...or a paw — can make you stronger together. This gentle, heartfelt story gives children and adults a shared language to talk about anxious feelings, navigating changes, and the healing power of connection.

D598-NET	GR 2-6	PAPERBACK	32 PAGES	EB
\$11.95	9781965066171	9" X 8"	28/CASE	



Hello, Peace Card Deck

Boost Self-Awareness, Empathy, and Everyday Problem-Solving Skills

Jessica Sinarski

Hello, Peace is designed to help children build emotional awareness, empathy, and everyday problem-solving skills using age-appropriate reflection prompts and playful challenges. It adapts easily to classrooms, counseling groups, therapy sessions, family game nights, and small-group settings.

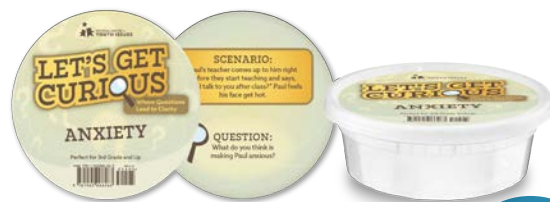
Skill-Building Categories: The Whole Story - Seeing the bigger picture behind behavior and feelings; Inside the Backpack - Exploring worries, thoughts, and experiences kids carry; Bright Thought Bookmarks - Practicing flexible thinking and encouraging self-talk; Let's Press Pause - Using breathing, movement, and mindfulness strategies; All Play - Building belonging and connection through group activities

D602-NET	GR 3-8	CARD DECK	40 CARDS
\$16.95	9781965066287	4.5" X 4.5"	20/CASE

NEW RELEASES



Scan here for more
NEW RELEASES



Let's Get Curious: Anxiety Card Deck

Where Questions Lead to Calm

Each of the **40 scenario-based cards** presents a relatable moment that may spark anxious feelings, followed by discussion prompts to guide students toward understanding and managing those emotions. On the back of each card, deeper questions invite students to reflect, problem-solve, and discover strategies that help them feel centered and in control. Students practice identifying signs of anxiety, reframing worries, and connecting with others in a safe, structured way.

- Encourages meaningful conversations without pressure or judgment
- Builds emotional vocabulary and coping confidence
- Flexible for individual, small-group, or whole-class use
- Helps transform anxiety from a mystery into something manageable

D600-NET	GR 3-12	CARD DECK	40 CARDS
\$15.95	9781965066263	4.5" X 4.5"	20/CASE

BONUS!
Includes A
FREE POSTER!



Let's Get Curious: Emotional Regulation Card Deck

A Scenario-Based Card Deck for Building Awareness, Control, and Coping Skills

This scenario-based card deck helps students build emotional regulation skills by first developing awareness—naming emotions, noticing body signals, and identifying triggers—before exploring thoughtful, supportive responses. Each card presents a relatable real-life scenario followed by a discussion question and three deeper prompts. Cards rotate through three focus areas to support balance and engagement:

- Anger & Frustration – recognizing rising emotions and pausing before reacting
- Sadness & Disappointment – processing loss, change, and unmet expectations
- Mindfulness & Coping Skills – calming the body and choosing helpful responses

D603-NET	GR 3-12	CARD DECK	40 CARDS
\$16.95	9781965066294	4.5" X 4.5"	20/CASE



Let's Get Curious: Resilience and Self-Belief Card Deck

A Discussion-Based Card Deck for Helping Students Try Hard Things, Learn from Mistakes, and Build Confidence Through Effort

This is a discussion-based card deck designed to help students reflect on their inner voice, build willingness to try hard things, and recognize strengths and values that support growth over time. Each card presents a short, student-centered scenario followed by a discussion question. On the back of the card, three additional questions deepen thinking around self-talk, effort, learning from mistakes, and recognizing personal strengths.

- Encourages self-belief and resilience through discussion
- Helps students reflect on self-talk and internal decision-making
- Normalizes mistakes as part of learning and growth
- Reinforces strengths, values, and effort that support persistence
- Designed for classroom, counseling, and small-group use

D604-NET	GR 3-12	CARD DECK	40 CARDS
\$16.95	9781965066300	4.5" X 4.5"	20/CASE



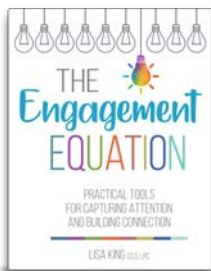
Quest to Connect Card Deck

Fostering Meaningful Relationships in a Noisy World

Challenge your students to develop a deeper understanding of themselves, their classmates, and the world around them. Players build a foundation for empathy and understanding through the power of genuine connection. Inside, you'll find carefully crafted cards, each featuring **three escalating questions** to spark engaging discussions and cultivate critical thinking. Get ready to lead your students on an adventure of self-discovery and shared understanding that can take as little or as much time as you decide.

- **Level 1: Base Camp** – questions are light and easy
- **Level 2: Snow Line** – questions invite more thought and sharing
- **Level 3: Summit** – questions challenge deep thought and vulnerability

D591-NET	GR 3-12	CARD DECK	40 CARDS
\$15.95	9781965066164	4.5" X 4.5"	20/CASE



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

The Engagement Connection

Practical Tools for Capturing Attention and Building Connection

Lisa King, ED.S, LPC

Are you looking for practical, research-backed tools to bring engagement and connection back to the students you serve?

Does it feel like you're competing on an uneven playing field? On one side: algorithms, short-form video, gaming platforms, group chats, and devices professionally engineered to steal attention at any cost. On the other: you — showing up every day with a curriculum to deliver and students who need more than content.

Whether you're just starting out or have years of experience behind you, *The Engagement Equation* gives you the tools to build the kind of engagement and connection that transforms learning.

Written by a veteran school counselor with nearly three decades in education, this practical, research-backed guide bridges the gap between what neuroscience tells us about learning and what it actually takes to reach and engage students today.

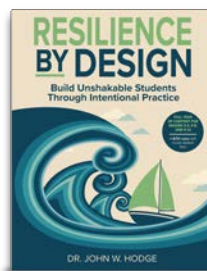
Inside you'll find:

- **The brain science** behind why today's students struggle to focus — and what actually helps
- **Low-prep, high-impact strategies** you can use tomorrow: hooks, humor, movement, music, storytelling, games, and more
- **Relationship-building tools** that strengthen trust, deepen connection, and build the kind of community where every student wants to show up
- **Family engagement resources** — workshops, newsletters, and scripts ready to use

The Engagement Equation is for:

- K–12 educators seeking fresh, low-prep engagement strategies
- School counselors and student success specialists designing lessons and small groups
- Instructional coaches and administrators building connection-focused school culture
- Anyone who wants the “why” and the “how” — backed by research, tested in real classrooms

D617-NET	GR K-12 9781965066409	PAPERBACK 8.5" X 11"	176 PAGES 20/CASE	DL
\$32.95				



COMING AUGUST 2026!

**FULL YEAR
OF CONTENT FOR
GRADES 3-5, 6-8,
AND 9-12**

A \$150 value,
with no subscriptions
or per-student
fees

Resilience By Design

Build Unshakable Students Through Intentional Practice

Dr. John W. Hodge

What if the most powerful thing you could do for student achievement was build a school where every student felt known, challenged, and believed in?

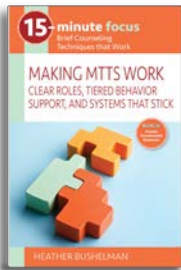
Students do their best when they feel respected, connected, and supported by the adults around them. Building that culture on purpose, across an entire school, is the hard part, and most schools have no concrete, schoolwide plan for it. *Resilience by Design* is that plan.

Written by Dr. John W. Hodge, this practical, research-grounded resource gives educators in grades 3–12 the RESILIENCE framework: ten core values, one shared language, and a full school year of practice, built to live in every classroom, hallway, and common space.

Inside you will find:

- **The evidence for why culture drives outcomes**, and a shared language that unites educators, counselors, administrators, and families around one purpose.
- **Ten core values that work as a system, not a checklist**, each with a child-friendly definition and concrete, school-based practices any adult can use.
- **In Plain Sight stories** that open every chapter and spark honest dialogue.
- **The TERM Rule**, a four-part method for moving values off the page and into daily behavior.
- **Heart Huddles, where the framework becomes daily practice.** Far more than discussion prompts, each one is built around a real scenario students actually face. Chapter One shows them in action. The complete set, **a full school year for every grade band (3–5, 6–8, and 9–12)**, comes as a downloadable resource, all ready to teach.
- **“For Students,” and “For Staff” applications** in every chapter.
- **A full-year pacing guide** that fits the time you already have.
- **Leadership planning tools** teams complete together, with guiding questions, actions, recognition prompts, and reflection space.

D618-NET	GR 3-12 9781965066416	PAPERBACK 8.5" X 11"	136 PAGES 20/CASE	DL
\$34.95				EB



COMING SEPTEMBER 2026!

BONUS!
Includes Downloadable
Resources and Templates!

Making MTSS Work

Clear Roles, Tiered Behavior Support, and Systems that Stick

Heather Bushelman

Does your school have an MTSS system, or just a lot of meetings about one?

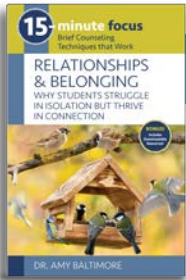
In *15-Minute Focus: Making MTSS Work*, Heather Bushelman gives educators, counselors, and administrators the clarity, practical tools, and step-by-step guidance to build a behavioral and social-emotional support system that every staff member can understand, own, and sustain.

When MTSS gets introduced in a school, it rarely comes with a roadmap. Teams get formed, calendars fill up, paperwork multiplies, and somehow the school counselor ends up responsible for all of it. Meanwhile, students who need support keep falling through the cracks. The problem is not dedication. It is that no one is clear on who owns what, what the data is actually telling them, or how to make the pieces work together. This book cuts through the noise and shows you exactly how to build a system that works.

You'll discover:

- How to align PBIS, SEL, Attendance, and Mental Health into one cohesive system instead of four separate initiatives
- The roles of educators, counselors, and administrators at every tier, and why clarity on that changes everything
- How to use data at Tiers 1, 2, and 3 to make confident decisions about student support
- A practical intervention matching process that takes the guesswork out of what to do next
- How to engage families and community partners as true partners in student success
- Actionable tools, templates, downloadable resources, and more!

15-Minute Focus: Making MTSS Work will ask you to look honestly at how your school is currently supporting students, and whether the system you have is actually working for the adults who are supposed to carry it. When roles are clear, data drives decisions, and ownership is shared, the right support reaches every student.



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

15-Minute Focus: Relationships and Belonging

Why Students Struggle in Isolation but Thrive in Connection

Dr. Amy Baltimore

What does it mean when a student is surrounded by people every moment of the day — yet feels completely alone?

In today's schools, the most at-risk students are often the most likely to be overlooked. They sit in full classrooms, move through crowded hallways, and blend seamlessly into the background — present everywhere, connected nowhere. Their disconnection isn't loud. It doesn't trigger referrals or disrupt instruction. It simply accumulates, quietly reshaping their brains, their behavior, and their sense of who they are.

Packed with neuroscience research, student stories, and immediately applicable strategies, *15-Minute Focus: Relationships and Belonging* is rooted in a foundational truth: isolation is not a personality trait — it is a neurological state. And it is preventable when adults know what to look for.

In *15-Minute Focus: Relationships and Belonging*, you'll discover:

- why the brain treats disconnection as danger — and belonging as safety
- how to recognize the hidden masks of student isolation before they become crises
- the difference between healthy solitude and harmful disconnection
- practical tools for building schoolwide belonging across every tier of support
- how brief, five-second neural resets can literally change a student's brain
- the SAFE Framework for weaving connection into every daily interaction
- how to repair rupture, restore dignity, and rebuild trust after conflict
- ...and more!

Whether you're a school counselor, educator, administrator, or support staff, *15-Minute Focus: Relationships and Belonging* offers the science, the stories, and the strategies to help every student feel seen, safe, and genuinely connected. When belonging becomes the system, not the exception, everything changes.

D626-NET	GR K-12	PAPERBACK	TBD PAGES	DL
\$16.95	9781965066454	5.5" X 8.5"	TBD/CASE	EB

D616-NET	GR K-12	PAPERBACK	144 PAGES	DL
\$15.95	9781965066393	5.5" X 8.5"	24/CASE	EB

15-minute focus

Brief Counseling Techniques that Work

Scan here for more
15-MINUTE FOCUS RESOURCES



15MinuteFocusSeries.com



15-Minute Focus Set

A 21 Book Set – Gr K-12

D579-NET ~~\$401.95~~ \$361.76

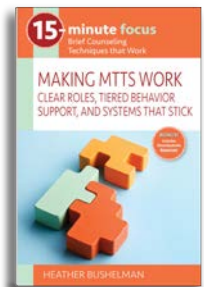
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EB

15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

Coming Soon!



15-Minute Counseling Techniques that Work <i>What You Didn't Learn in Grad School</i>	Allison Edwards	9781937870690	80 PAGES	D291-NET
		5.5" X 8.5"	32/CASE	\$19.95
Anger, Rage, and Aggression <i>Brief Counseling Techniques that Work</i>	Dr. Raychelle Cassada Lohmann	9781953945617	96 PAGES	D432-NET
		5.5" X 8.5"	24/CASE	\$15.95

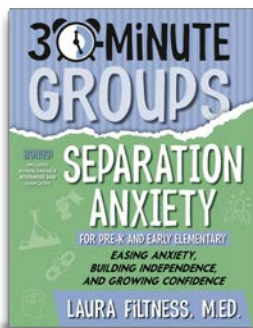
DL DIGITAL LINK AVAILABLE

EB E-BOOK

AB AUDIO BOOK

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Anxiety <i>Worry, Stress, and Fear</i>	Dr. Leigh Bagwell	9781937870737	80 PAGES	D317-NET
		5.5" X 8.5"	24/CASE	\$15.95
Anxiety Workbook <i>Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being</i>	Dr. Leigh Bagwell	9781953945839	216 PAGES	D517-NET
		8.5" X 11"	16/CASE	\$33.95
Behavior Interventions <i>Strategies for Educators, Counselors, and Parents</i>	Amie Dean	9781953945570	104 PAGES	D409-NET
		5.5" X 8.5"	26/CASE	\$15.95
Behavior Interventions Workbook <i>Your Roadmap for Creating a Positive Classroom Community</i>	Amie Dean	9781953945716	212 PAGES	D489-NET
		8.5" X 11"	20/CASE	\$32.95
Behavioral Threat Assessment and Management for K-12 Schools <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781953945457	128 PAGES	D335-NET
		5.5" X 8.5"	22/CASE	\$15.95
Depression <i>Signs and Strategies for Counselors, Educators, and Parents</i>	Dr. Melisa Marsh	9781953945464	104 PAGES	D336-NET
		5.5" X 8.5"	24/CASE	\$15.95
Digital Citizenship <i>Supporting Youth Navigating Technology in a Rapidly Changing World</i>	Dr. Raychelle Cassada Lohmann Dr. Angie C. Smith	9781953945778	132 PAGES	D509-NET
		5.5" X 8.5"	22/CASE	\$15.95
Diversity, Bias, and Privilege <i>Addressing Racial Inequities to Create Inclusive Learning Environments</i>	Dr. Natalie Spencer Gwyn Robert B. Jamison	9781953945471	112 PAGES	D337-NET
		5.5" X 8.5"	24/CASE	\$15.95
Executive Function <i>Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential</i>	Noel Foy	9781953945938	136 PAGES	D567-NET
		5.5" X 8.5"	20/CASE	\$16.95
Grief <i>Processing and Recovery</i>	David A. Opalewski	9781937870768	80 PAGES	D320-NET
		5.5" X 8.5"	32/CASE	\$15.95
Growth Mindset, Resilience, and Grit <i>Harnessing Internal Superpowers for Student Success</i>	Dr. Raychelle Cassada Lohmann	9781953945747	96 PAGES	D502-NET
		5.5" X 8.5"	28/CASE	\$15.95
Making MTSS Work <i>Clear Roles, Tiered Behavior Support, and Systems that Stick</i>	Heather Bushelman	9781965066454	TBD PAGES	D626-NET
		5.5" X 8.5"	TBD/CASE	\$16.95
Regulation and Co-Regulation <i>Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom</i>	Ginger Healy	9781953945792	112 PAGES	D510-NET
		5.5" X 8.5"	24/CASE	\$15.95
Regulation and Co-Regulation Workbook <i>Accessible Neuroscience and Connection Strategies for the Classroom and Beyond</i>	Ginger Healy	9781931636544	168 PAGES	D533-NET
		8.5" X 11"	28/CASE	\$28.95
Relationships and Belonging <i>Why Students Struggle in Isolation but Thrive in Connection</i>	Amy Baltimore	9781965066393	144 PAGES	D616-NET
		5.5" X 8.5"	24/CASE	\$15.95
School-Based Crisis Response <i>Understanding, Preparing for, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066072	120 PAGES	D574-NET
		5.5" X 8.5"	24/CASE	\$16.95
School-Based Crisis Response Workbook <i>Preparing for, Responding to, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066270	162 PAGES	D601-NET
		8.5" X 11"	20/CASE	\$28.95
Self-Harm and Self-Injury <i>When Emotional Pain Becomes Physical</i>	Dr. Leigh Bagwell	9781953945440	96 PAGES	D334-NET
		5.5" X 8.5"	24/CASE	\$15.95
Suicide <i>Prevention, Intervention, and Postvention</i>	Dr. Melisa Marsh	9781937870751	88 PAGES	D319-NET
		5.5" X 8.5"	24/CASE	\$15.95
Trauma and Adverse Childhood Experiences <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781937870744	104 PAGES	D318-NET
		5.5" X 8.5"	24/CASE	\$15.95



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Separation Anxiety

Easing Anxiety, Building Independence, and Growing Confidence

Laura Filtness

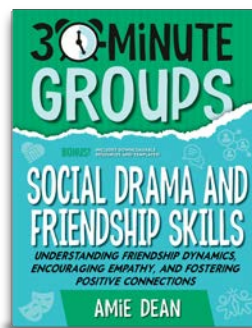
Are you a school counselor or educator looking for a ready-to-use small group counseling curriculum to help PK-3 students overcome separation anxiety and build confidence and independence at school?

The *30-Minute Groups: Separation Anxiety* workbook will equip you with everything you need to do just that! Teach essential coping skills and strategies in 30-minute lessons for small group or classroom instruction in grades PK-3. It's flexible, adaptable, and requires minimal prep time! Rooted in evidence-informed strategies, this workbook empowers students to develop the tools they need to navigate transitions, manage big feelings, and face their fears with courage.

Inside, you'll find:

- **Six Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties

Topics include goodbye rituals, morning routines, coping skills, and overcoming fears. The lessons and questions in this thoughtfully crafted resource are designed to help students understand and manage their emotions, learn calming techniques, and develop tools they can use to separate confidently from their caregivers and engage fully in school life. This workbook's engaging design ensures all students can participate and learn, fostering a sense of safety and connection with their peers. Use the *30-Minute Groups: Separation Anxiety* workbook to help provide a strong foundation for students to build independence, resilience, and confidence!



NOW AVAILABLE!

BONUS!
Includes Downloadable
Resources and Templates!

30-Minute Groups: Social Drama and Friendship Skills

Understanding Friendship Dynamics, Encouraging Empathy, and Fostering Positive Connections

Amie Dean

Are you looking for an engaging, low-prep resource to help students manage social drama and develop real friendship skills?

Social drama, friendship conflicts, and digital misunderstandings are among the most disruptive challenges students face today — and the skills to navigate them don't always come naturally.

The *30-Minute Groups: Social Drama and Friendship Skills* workbook gives school counselors and educators a complete, ready-to-use curriculum to help students in grades 2-9 recognize drama before it escalates, build healthier friendships, and develop the confidence to handle peer conflict with maturity and respect.

Inside, you'll find:

- **Ten Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties

Topics include recognizing the traits of a true friend, identifying what drives social drama, managing emotions and self-control, using respectful communication to reduce conflict, recognizing healthy vs. unhealthy friendship patterns, practicing empathy, navigating digital drama, building self-worth and confidence, fostering positive connections, and setting limits while staying kind. The lessons and activities in this thoughtfully crafted resource are designed to help students understand what fuels social drama, develop skills to de-escalate conflict, and make intentional choices about the friendships they build and protect.

D613-NET
\$21.95

GR PK-3
9781965066379

PAPERBACK
8.5" X 11"

96 PAGES
20/CASE

DL

D613-NET
\$24.95

GR 2-9
9781965066355

PAPERBACK
8.5" X 11"

128 PAGES
20/CASE

DL

30-MiNUTE GROUPS

30MinuteGroups.com

The 30-Minute Groups series are all-in-one resources that give counselors and educators the tools to teach crucial academic and social skills in a flexible, low-prep format. Each includes:

- **10-12 Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties

BONUS!

Includes Downloadable
Resources and Templates!

11-Book Set

D615-NET \$245.45 \$220.91

DL

EB

Scan here for more
30-MINUTE GROUPS RESOURCES



Anxiety Management <i>Calming the Mind, Challenging Thoughts, and Building Confidence</i>	Dr. Leigh Bagwell	Grades 2-9	9781965066010	94 PAGES	D562-NET
			8.5" X 11"	20/CASE	\$20.95
Executive Function <i>Boosting Brainpower, Increasing Productivity, and Achieving Academic Success</i>	Laura Filtness	Grades 2-9	9781965066126	116 PAGES	D590-NET
			8.5" X 11"	20/CASE	\$22.95
Grief <i>Processing Emotions, Honoring Memories, and Finding Hope</i>	Makenzie Perkins	Grades 2-9	9781965066034	72 PAGES	D565-NET
			8.5" X 11"	20/CASE	\$20.95
Life Skills <i>Increasing Empathy, Building Resilience, and Managing Self</i>	Elishia Basner	Grades 2-9	9781953945860	84 PAGES	D545-NET
			8.5" X 11"	20/CASE	\$19.95
Managing Big Emotions <i>Identifying Triggers, Developing Coping Strategies, and Communicating Effectively</i>	Ginger Healy	Grades 2-9	9781965066027	92 PAGES	D563-NET
			8.5" X 11"	20/CASE	\$20.95
Navigating Family Dynamics <i>Fostering Hope and Resilience, Creating a Positive Future, and Building Emotional Strength</i>	Ginger Healy and Ashley Wright	Grades 2-9	9781965066157	136 PAGES	D594-NET
			8.5" X 11"	20/CASE	\$25.95
Online Safety <i>Spotting Red Flags, Protecting Privacy, and Being a Positive Voice</i>	Dr. Raychelle Cassada Lohmann	Grades 5-12	9781965066041	76 PAGES	D566-NET
			8.5" X 11"	20/CASE	\$20.95
Peaceful Conflict Resolution <i>Strengthening Communication Skills, Fostering Cooperation, and Resolving Disputes</i>	Amie Dean	Grades 2-9	9781965066133	124 PAGES	D592-NET
			8.5" X 11"	20/CASE	\$22.95
Relationships and Belonging <i>Valuing Self and Others, Creating Meaningful Connections, and Setting Healthy Boundaries</i>	Amy Baltimore	Grades 2-9	9781965066140	112 PAGES	D593-NET
			8.5" X 11"	20/CASE	\$22.95
Separation Anxiety <i>Easing Anxiety, Building Independence, and Growing Confidence</i>	Laura Filtness	Grades PK-3	9781965066379	96 PAGES	D614-NET
			8.5" X 11"	20/CASE	\$21.95
Social Drama and Friendship Skills <i>Understanding Friendship Dynamics, Encouraging Empathy, and Fostering Positive Connections</i>	Amie Dean	Grades 2-9	9781965066355	128 PAGES	D613-NET
			8.5" X 11"	20/CASE	\$24.95



A Bad Case of Tattle Tongue

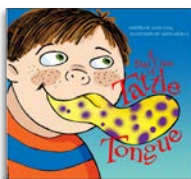
Julia Cook

No one likes "Josh the Tattler" because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.



A Bad Case of Tattle Tongue Activity and Idea Book

PAPERBACK
A823-NET \$10.95



A013-NET \$10.95

GR K-3
9781931636865

PAPERBACK
32 PAGES
9" X 8"
28/CASE

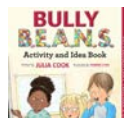
EB

Bully B.E.A.N.S.

Bullies Everywhere Are Now Stopped!

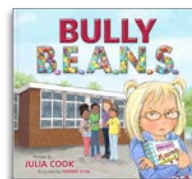
Julia Cook

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.



Bully B.E.A.N.S. Activity and Idea Book

PAPERBACK
D240-NET \$10.95



D239-NET \$10.95

GR 3-5
9781937870591

PAPERBACK
32 PAGES
9" X 8"
28/CASE

EB

Bubble Gum Brain

Ready, Get Mindset...GROW!

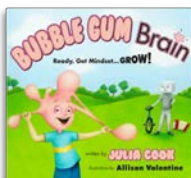
Julia Cook

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!



Bubble Gum Brain Activity and Idea Book

PAPERBACK
A814-NET \$10.95



B815-NET \$10.95

GR K-6
9781937870430

PAPERBACK
32 PAGES
9" X 8"
28/CASE

AB EB

I Have Ants in My Pants

Julia Cook

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.



I Have Ants in My Pants Resource Bundle

PDF DOWNLOAD
RD-017 \$5.00



D293-NET \$10.95

GR PK-3
9781937870706

PAPERBACK
9" X 8"
32 PAGES
28/CASE

EB

Lying Up a STORM

Julia Cook

"Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm." Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.



B511-NET \$10.95

GR 2-6
9781937870348

PAPERBACK
9" X 8"
32 PAGES
28/CASE

EB

Because You Believe in Me

Amie Dean

This heartwarming picture book explores the power of encouragement in a child's life. Join a classroom of kids as they share the voices that lift them up on tough days. From supportive caregivers and teachers to helpful friends and coaches, these everyday heroes inspire children to face challenges, embrace mistakes, and celebrate their unique journeys.



Because You Believe in Me Resource Bundle

PDF DOWNLOAD
RD-034 \$7.00



D550-NET \$11.95

GR 2-5
9781953945914

PAPERBACK
9" X 8"
32 PAGES
28/CASE

EB

BEST SELLERS

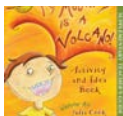


Scan here for more
BESTSELLERS

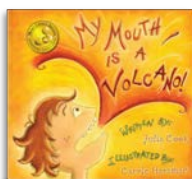
My Mouth Is A Volcano

Julia Cook

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.



**My Mouth is a
Volcano Activity
and Idea Book**
PAPERBACK
A82B-NET \$10.95

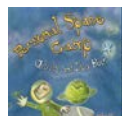


A014-NET \$10.95
GR K-3
9781931636858
PAPERBACK
9" X 8"
32 PAGES
28/CASE
AB EB

Personal Space Camp

Julia Cook

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.



**Personal Space
Camp Activity and
Idea Book**
PAPERBACK
A82B-NET \$10.95



A134-NET \$10.95
GR K-3
9781931636872
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

Wilma Jean, the Worry Machine

Julia Cook

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.



**Wilma Jean, the
Worry Machine
Activity and Idea
Book**
PAPERBACK
B096-NET \$10.95



B056-NET \$10.95
GR 2-5
9781937870010
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

What's Inside Your Backpack?

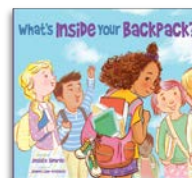
*Coping Skills For Kids Who Have
Experienced Trauma*

Jessica Sinarski

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!



**What's Inside
Your Backpack?
Resource Bundle**
PDF DOWNLOAD
RD-020 \$6.00



B329-NET \$10.95
GR 2-5
9781953945235
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

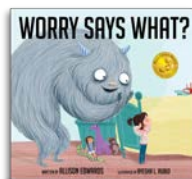
Worry Says What?

Allison Edwards

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.



**Worry Says What?
Resource Bundle**
PDF DOWNLOAD
RD-012 \$5.00



D120-NET \$10.95
GR K-6
9781937870515
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

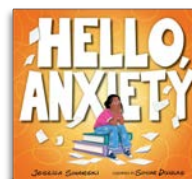
Hello, Anxiety

Jessica Sinarski

Destiny Davis constant companion, *Anxiety*, makes everyday tasks feel impossibly hard. When a big class project sends Destiny into a spiral, her dad steps in with a solution - and a reminder that even the toughest challenges can be faced head on. This story will help kids have a better understanding of anxiety. It also provides coping strategies to build self-confidence and resilience.



**Hello, Anxiety
Resource Bundle**
PDF DOWNLOAD
RD-035 \$5.00



B573-NET \$11.95
GR 2-5
9781965066058
PAPERBACK
9" X 8"
32 PAGES
28/CASE
EB

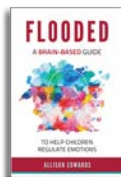


Flooded

A Brain-Based Guide to Help Children Regulate Emotions

Allison Edwards

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.



D333-NET \$21.95

GR K-8

9781953945433

PAPERBACK

5.5" X 8.5"

104 PAGES

24/CASE

DL EB

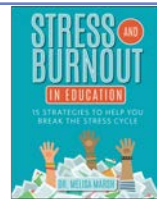
BONUS!
Includes
Downloadable
Resources!

Stress and Burnout in Education

15 Strategies to Help You Break the Stress Cycle

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.



D503-NET \$24.95

GR K-12

9781953945761

PAPERBACK

8.5" X 11"

120 PAGES

20/CASE

DL

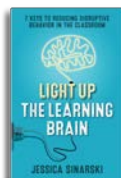
BONUS!
Includes
Downloadable
Resources!

Light Up the Learning Brain

7 Keys to Reducing Disruptive Behavior in the Classroom

Jessica Sinarski

Are you ready to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more. See ncyi.org for the Parent and Educator Reading Guides.



D532-NET \$16.95

GR K-12

9781931636520

PAPERBACK

5.5" X 8.5"

208 PAGES

16/CASE

DL AB EB

BONUS!
Includes
Downloadable
Resources!



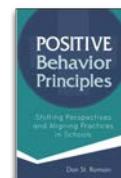
Audio Book Available
Where Audio Books Are Sold
ISBN: 9781953945884

Positive Behavior Principles

Shifting Perspectives and Aligning Practices in Schools

Dan St. Romain

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. This book outlines nine core principles that can be used to design prevention, intervention and crisis strategies for supporting student behaviors in schools.



D294-NET \$23.95

GR K-12

9781937870713

PAPERBACK

5.5" X 8.5"

200 PAGES

32/CASE

DL EB



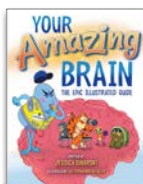
Postive Behavior Principles Resource Bundle
PDF DOWNLOAD
RD-018 \$7.00

Your Amazing Brain

The Epic Illustrated Guide

Jessica Sinarski

Ready to harness the power of your brain? Discover the surprising role of our eight senses, differences between the two brain "teams", and more! Along with a diverse cast of characters, Sinarski transforms complex neuroscience into fun graphics, simple metaphors, and practical solutions.



D531-NET \$17.95

GR K-12

9781931636506

PAPERBACK

8.5" X 11"

40 PAGES

60/CASE

EB



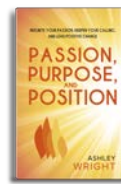
Your Amazing Brain Resource Bundle
PDF DOWNLOAD
RD-029 \$7.00

Passion, Purpose, and Position

Reignite Your Passion, Deepen Your Calling, and Lead Positive Change

Ashley Wright

In this empowering book you will: Learn practical strategies to overcome burnout and cultivate resilience, **Reconnect** with your core purpose as an educator and articulate what it means to inspire young minds, **Discover** powerful tools to reignite your passion for teaching and find joy in the classroom again, **Develop** a personalized action plan to navigate the ever-changing educational landscape, and **Become** a stronger, more resilient educator equipped to lead positive change in your students' lives.



D561-NET \$16.95

GR K-12

9781953945976

PAPERBACK

5.5" X 8.5"

120 PAGES

24/CASE

DL EB

BONUS!
Includes
Downloadable
Resources!

District-Based & Community Events

Scan here for
more information



Resource Fairs

Not only is NCYI a event manager, we also are a publisher, working with authors who have lived and put into practice the very things your educators deal with each day. Resource Fairs provide the tools to empower counselors and other student support professionals to enhance student success in school, and in life. These Resource Fairs allow these professionals the opportunity to personally review the resources before securing them, thus increasing the likelihood of their active use at the school building level.



Summits

Summits provide the training and resources to help galvanize school districts and their communities to address the barriers to learning, and advance positive student development.

A district-based Summit allows the local schools to choose the issues unique to their community of schools they wish to address in workshops / training sessions. The district also is part of the decision-making process to select the speakers for their Summit. NCYI then works out the details!



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Save time and effort while NCYI curates speakers for your next event!

National Center for Youth Issues offers a Speakers Bureau that provides high-quality, engaging professional development training for in-service days, workshops and conferences.

These speakers are commonly used for keynote, half day or full day sessions, and in the forms of in-person or virtual PD training. We have the ability to work with your video conferencing platform, or we can provide the virtual PD using one of our platforms.

Let NCYI manage and do the heavy lifting for your school district or state's next professional development conference event! Depending on the speaker, and the virtual platform needed, the pricing can range from \$2,000 – \$10,000. NCYI will make every effort to work within a school district's budget to better support the needs of the staff and students.



Speaker John Hodge shown.

What others are saying!

I would recommend without reservation to any district/organization considering a partnership with NCYI! Whether NCYI is managing our Texas ASCA-affiliated conference (LSSSCA) or a local in-service event, the attention to detail, follow-up and support are consistently professional! NCYI understands school counselors and knows how to support District Supervisors like me. We simply tell them what we want, and they handle the rest! The NCYI Speakers Bureau is comprised of high quality thought leaders who are equipped to not only deliver a keynote, but are also skilled at delivering complete workshops!

Tammi Mackeben

Director of Guidance and Counseling, Socorro Independent School District
El Paso, Texas

Our Speakers cover a wide range of topics including:

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- Behavior Intervention
- Bullying Prevention
- Career Readiness
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- Growth Mindset
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- Social-Emotional Learning
- Trauma-Informed Care
- Much More!

Scan here for more
information on the
NCYI Speaker's Bureau



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