

THE S.L.A.P. ASSESSMENT



HOW SPECIFIC IS THE PLAN?

Ask if they have a plan and what the plan is. The more specific the plan, the more serious the person is about following through with the suicide.



WHAT IS THE LETHALITY OF THE PROPOSED METHOD?

This is a question the adult usually can answer without asking the person in crisis.



HAS THE PERSON IN CRISIS ACQUIRED THE MEANS?

How available are the means?



WHAT IS THE PROXIMITY OF HELPING RESOURCES?

Helping resources can be defined as hospitals, police stations, EMS offices, or any location where someone could respond quickly in the event of an attempted suicide.