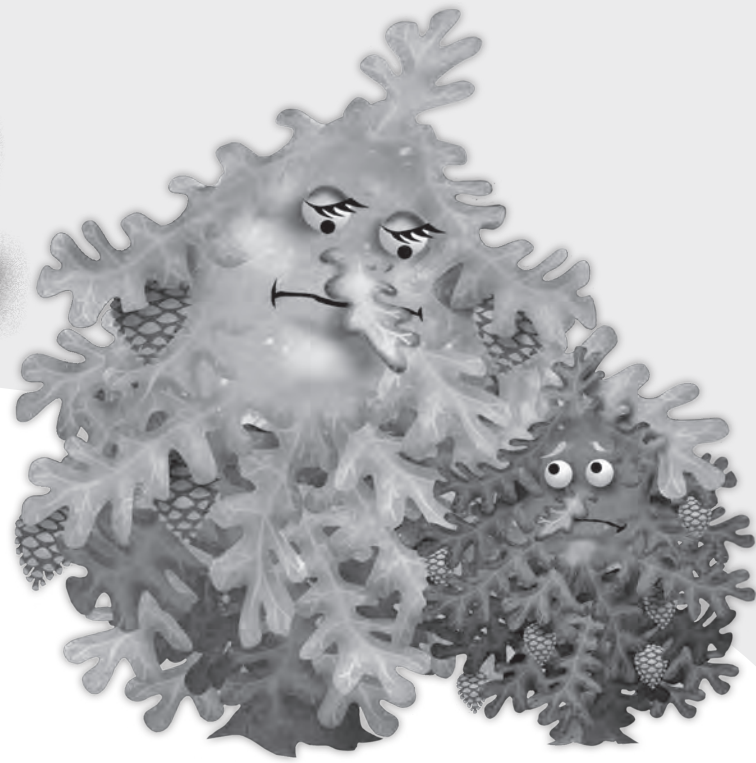








Grief is Like a Snowflake

Objective: To help children realize that grief is unique to each person. Just like no two snowflakes are alike, no two people will grieve the same. Also like a snowflake, sometimes grief comes one flake at a time...other times, it comes like a blizzard. It always melts, but it always comes back.

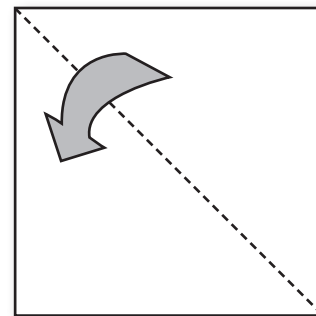


Directions:

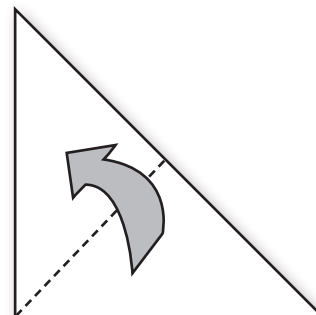
-  1 Have each person fold their piece of paper in half, forming a triangle. (figure A)
-  2 Have each person fold their triangle in half again. (figure B)
-  3 Have each person fold their triangle in half two more times (as shown)
-  4 Using the scissors, cut shapes into your folded triangle. You can cut as many shapes as you would like.
-  5 Unfold your snowflake and compare it to others in your group. Although they all started out the same, they all look different from one another – no two are alike.
-  6 Using the dental floss and paper clips, hang each snowflake from the ceiling in your room as a reminder that everyone grieves differently.

Materials Needed:

- One 9 inch by 9 inch square piece of paper per group member
- One pair of scissors per person (Use safety scissors with younger children.)
- Dental floss and paper clips



A



B

