

Forward

The world will forever remember December 14th, 2012...the day 26 angels from Sandy Hook Elementary were created. The outpouring of support for all those affected by this tragedy is evidence that our world is still full of more good than evil. It also affirms our mission of the ALICE Training Institute: To remain steadfast in striving to keep our schools safe.

We must expand school safety programs and empower schools, parents, teachers, and students with multiple options on how to respond during the invasion of a violent intruder. The US Department of Education now recommends such practices as described in its School Emergency Operation Plan (June 2013).

"As the situation develops, it is possible that students and staff will need to use more than one option...often they will have to rely on their own judgment to decide which option will best protect lives."

Julia Cook does a masterful job in presenting the ALICE curriculum (used in schools and universities nationwide) in an age-appropriate manner. This book provides the missing piece to the puzzle, linking crucial safety information into the worldview of elementary aged children in a powerful and proactive way.



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/ written by Julia Cook ; illustrated by Michelle Hazelwood Hyde.

Other titles: I am not scared, I am prepared!

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I'm an ant.

I go to the school that's up on the hill...
That's why they call it the Ant Hill School!



My teacher's the BEST! She cares about every single ant in my class! She always says,

"The very best gifts that I can give to each and every one of you, are the gifts of being prepared...for **EVERYTHING!**"

But sometimes, I think she gives out waayyyyy too many gifts!





My teacher never wants anything bad to happen to us, so she is always trying to figure out the best ways to keep us safe.

- "Look both ways twice before you cross, and always watch where you are going!"
- "Make sure your hands are germ-free before you eat lunch!"
- "Please walk in the hallway...don't run!"
- "Try to remember not to lean back in your chair!"

We even have safety drills that we practice.

There's the Fire Drill, so we'll be prepared and know what to do if we ever have a fire.

There's the Bad Weather Drill, so we'll be prepared and know what to do if we ever have bad weather.

And today, my teacher taught us a new drill. It's called the **Sheep, Shepherd, and Wolf Drill**. This drill teaches us what to do if there is ever a "dangerous someone" inside our school who isn't supposed to be there.



Great plan of action = **ALICE**

"Class," my teacher said to us,
"we need to learn a new drill.
It's called **The Sheep, Shepherd, and Wolf**,
so get ready...here's the deal!"

"I'll be your shepherd, and you're all my sheep,
so you must do what I say.
Pretend there's a wolf in our building,
and we **MUST** stay out of his way!"

"We need a great plan of action
in case we start to get scared.
The **ALICE** Plan will work the best,
to help us be prepared."

"The



stands for **ALERT**. (There's a wolf in the building!)



says we need to **LOCKDOWN**.



says **INFORM**, 'cause we must tell others if we've seen the wolf around.



stands for **COUNTER**. Stop, look, and listen to what our teacher has to say.



stands for **EVACUATE**, which means leave the building and run away!"



"But where do we run? And when do we stop?" I asked.

"Excellent question," my teacher said. "Let's all take a walk, and I'll show you."