tabulous Learning Helps Me Grow!

RAIN

Written By Julia Cook

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I can't do this math. It makes no sense to me.

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I got a seven, but the right answer is three! 18-2

ATH



"I am your FANTABULOUS brain."

"I'm not sure you're so fantabulous. I try really hard—at everything —and stuff still doesn't make any sense!" "I think I could use a tune-up!"

"I can tune-up my brain?"

"Yes!"

"If you make me more efficient, I can change the way you think. Learning will be so much easier. And then you won't feel like you stink . . .

at anything."

"It isn't your fault that this part isn't working. But we can figure out why together.

We can use the tools in our **Brain Toolbox** to make adjustments that can help us do better."

> "This tool can make your brain stronger, so you won't feel like saying 'I quit.' You used it when you were little

and turned the monkey bars into a trick."

"I did? How?"

"They'll make it easier for you to learn. Your brain will stretch and grow.

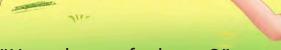
You'll take the 'T' right out of 'CAN'T' and the 'DON'T' out of 'I DON'T KNOW!'"

BRAIN

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"How do you feel now?"

"I feel like
AWESOME SAUCE!"

Take the "T" out of "CAN'T" and the "DON'T" out of "I DON'T KNOW"!

Learning doesn't come easy for many children. They struggle with schoolwork, have trouble focusing, and can't make sense of instructions. Oftentimes, these challenges can cause children to internalize their struggles and question their abilities. In *My Fantabulous Brain*, Julia Cook helps children understand that everyone needs help sometimes, and there are people who can give us the tools we need to make our brains stronger!

Wade doesn't understand why things like math and spelling seem so easy for other kids but so hard for him. His brain doesn't seem to work right, and he can't focus with all the stuff going on in his head. He tries so hard, but feels like he stinks at everything!

Just when he is about to give up, Wade's Fantabulous Brain comes to the rescue. By using tools in his "Brain Tool Box," Wade learns how to give his brain a tune-up, making it stronger and more efficient. He also visits a Brain Trainer, a special brain mechanic, who teaches him how to work smarter not harder.

With a little time and a lot of hard work, Wade is amazed what he can accomplish when he and his Fantabulous Brain work together!



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Julia Cook, M.S. is a national award-winning children's author, counselor, and parenting expert. She has presented in thousands

of schools nationally and internationally, regularly speaks at education and counseling conferences, and has published children's books on a wide range of character and social development topics. The goal behind Cook's work is to actively involve young people in fun, memorable stories and teach them to become lifelong problem solvers. Inspiration for her books comes from working with children and carefully listening to counselors, parents, and teachers, in order to stay on top of needs in the classroom and at home. Cook has the innate ability to enter the worldview of a child through storybooks, giving children both the "what to say" and the "how to say it."

Olga and Aleksey Ivanov

Olga and Aleksey are a family team of children's book illustrators, and have collaborated on over 100 books, using an unusual approach wherein both artists conceive, sketch, design, and paint.

