When we went to the cafeteria for lunch, we had to wait in line for like





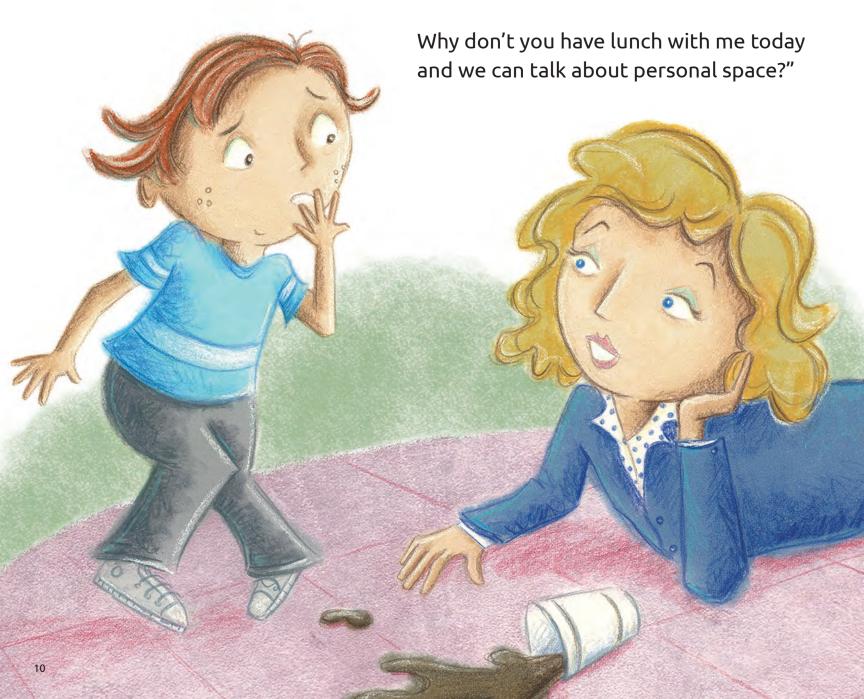
My toes started to **Wiggle**.

My knees did the "twitch."

I slid down against the wall,
because my feet just had to kick.

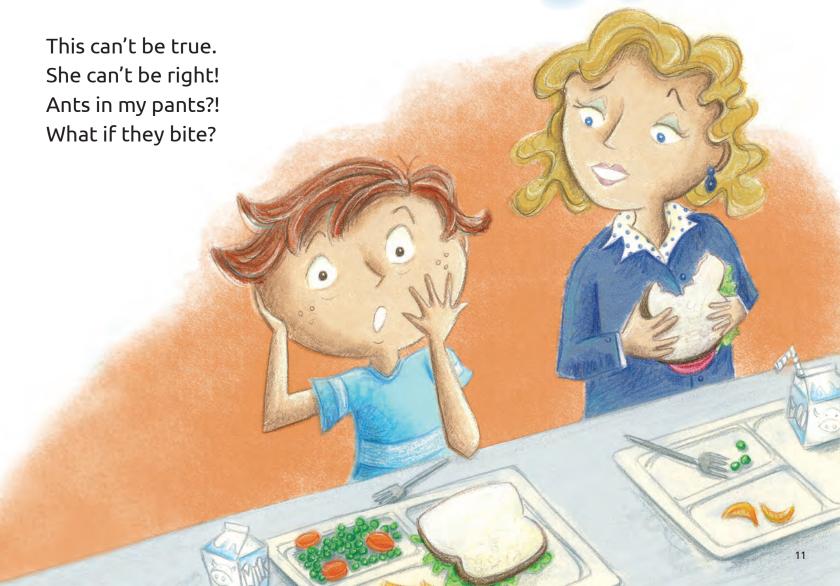


"Louis, you must have ants in your pants!



I looked down at my pants. I couldn't see any ants.

I wonder how they got in there. What if they're in my underwear? "Louis, you need to eat your lunch. Aren't you hungry?"



"Everyone says I have ants in my pants! But I've checked and I can't find any!"

"Oh no, Louis.
The ants in your pants aren't real.
People only say that
when you need to sit really still."





"But Louis, remember, you are a verb (you know, a kid who's always doing something).
And verbs have to move around.
I can help you train your imaginary ants.
The one's who cannot be found."

"You can do that? How?"



I thought about everything my mom told me, and I practiced doing the

WIGGLE

all weekend.