



For my scientists, Lincoln and Corbin.
May you forever be curious, kind, and playful.



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Felix took two things with him everywhere he went: his stuffed rat, Hank, and his notebook of Feelings Formulas. Every morning he put Hank and his notebook in his fanny pack, zipped it closed, twirled on his lab coat, and set to work planning the day's adventure. Today he was walking to school with his mom. They were taking the long way through the park.



He danced through the trees, dipping and dodging below the branches hanging over the trail. Felix was so busy watching for branches to duck under that he completely forgot to look out for branches to trip over.



His foot caught one, and he landed with a loud THWUMP
in the mud. He felt his cheeks burn hot, the anger rising
in him like a balloon.



Quick! He zipped open his pack and flipped through his Feelings Formulas until he found the one he was looking for:



Felix's cheeks cooled. He felt his body relax and the frustration float away. He stood, dusted himself off, and skipped (carefully!) the rest of the way to school.

