

You Can
Do **HARD**
Things




How do you know
you have what it takes
when a challenge
seems tough to do?





Please tell me,
because I want to know
how each of you finds
your way through!

An illustration of a young girl with dark hair and a purple sweater lying in bed. She is looking at a blue digital alarm clock on a white bedside table that displays '7:00'. The room has purple walls with three framed pictures: a unicorn, a star, and a rainbow. A green lamp is on the table, and a drawing of a stick figure is pinned to the wall. The girl is under a green blanket with white polka dots and a red and orange plaid pillow.

On days when I feel like I can't,
or worry I won't do my best,
I hear them say, "You've got this, kid!"
And my hard work does all the rest.

