



# Helping You Help All Students



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CATALOG 2026

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### SATISFACTION GUARANTEED!

We guarantee your full satisfaction with our products. If they do not produce the results you anticipated, simply return them with a note to that effect and we will issue a prompt refund or credit.

***There is absolutely no risk!***

***Please refer to NCYI.org for latest availability and pricing.***

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Catalog

### About NCYI

National Center for Youth Issues provides educational resources, training, and support programs to foster the healthy social, emotional, and physical development of children and youth. Since our founding in 1981, NCYI has established a reputation as one of the country's leading providers of teaching materials and training for counseling and student-support professionals. NCYI helps meet the immediate needs of students throughout the nation by ensuring those who mentor them are well prepared to respond across the developmental spectrum.

To date, NCYI has placed materials in and provided training to over 40,000 schools in all 50 states. Last year alone, NCYI placed more than 75,000 counseling resources in schools throughout the country. The range of issues addressed has grown substantially, encompassing subjects ranging from bullying and violence prevention, to drug and alcohol abuse, depression, suicide, and anxiety, as well as life-skills development and social-emotional learning. As the role of student support professionals continues to expand, NCYI has broadened the range of topics, offering resources to address such challenges as: Internet safety, overcoming learning differences, childhood obesity, social and emotional learning, self-injury, ADHD, bi-polar and autism spectrum disorders.

 @nationalcenterforyouthissues

 @nationalcenterforyouthissues

 @ncyi

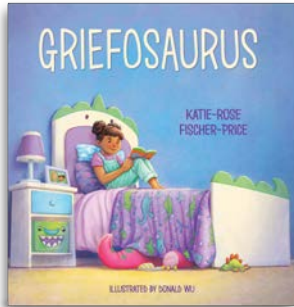
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COMING SEPTEMBER 15, 2026!



## Griefosaurus

*Helping Kids Name Big Feelings and Heal After Loss*

**Katie-Rose Fischer-Price**

Josie loves dinosaurs, digging for fossils, and playing “Lava Monster” with her dad. But when an accident turns her world upside down, a heavy feeling follows her everywhere — a creature she can’t seem to escape.

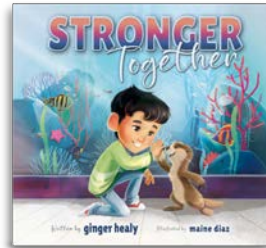
With Grandpa’s gentle guidance, Josie learns her monster’s name: Griefosaurus. Together, they discover that grief isn’t something to hide or chase away. It’s something to understand, listen to, and care for — like a friend who needs a little space and kindness.

Through this tender and hopeful story, Griefosaurus helps kids and families:

- **Put words to big feelings** like sadness, anger, and confusion
- **See that grief changes shape** but doesn’t have to stay scary
- **Understand that healing happens** when we stay curious and connected

Perfect for parents, educators, school counselors, and therapists supporting children, **this picture book opens doors to meaningful conversations about love, loss, and resilience.**

<b>D606</b>	GR 1-5	PAPERBACK	32 PAGES	<b>EB</b>
\$17.95	9781965066331	10" X 9.5"	TBD/CASE	



## Stronger Together

*A Gentle Story About Navigating Change*

**Ginger Healy**

Dash, a sea otter pup, has learned to calm the worry in his belly by wrapping himself in kelp and playing with his favorite smooth, round stone. Then he meets Sammy, a boy who feels lost and alone after finding out some big news. When their worlds collide, Dash and Sammy share a moment that reveals a compelling truth: even when life feels uncertain and scary, holding onto someone - whether it’s a hand...or a paw - can make you stronger together. This gentle, heartfelt story gives children and adults a shared language to talk about anxious feelings, navigating changes, and the healing power of connection.

<b>D598</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$11.95	9781965066171	9" X 8"	28/CASE	



**Stronger Together  
Resource Bundle**

PDF DOWNLOAD  
RD-036 \$5.00



## Hello, Peace Card Deck

*Boost Self-Awareness, Empathy, and Everyday Problem-Solving Skills*

**Jessica Sinarski**

Hello, Peace is designed to help children build emotional awareness, empathy, and everyday problem-solving skills using age-appropriate reflection prompts and playful challenges. It adapts easily to classrooms, counseling groups, therapy sessions, family game nights, and small-group settings.

**Skill-Building Categories:** The Whole Story - Seeing the bigger picture behind behavior and feelings; Inside the Backpack - Exploring worries, thoughts, and experiences kids carry; Bright Thought Bookmarks - Practicing flexible thinking and encouraging self-talk; Let’s Press Pause - Using breathing, movement, and mindfulness strategies; All Play - Building belonging and connection through group activities

<b>D602</b>	GR 3-8	CARD DECK	40 CARDS
\$16.95	9781965066287	4.5" X 4.5"	20/CASE

## NEW RELEASES



Scan here for more  
NEW RELEASES



### Let's Get Curious: Anxiety Card Deck

*Where Questions Lead to Calm*

Each of the **40 scenario-based cards** presents a relatable moment that may spark anxious feelings, followed by discussion prompts to guide students toward understanding and managing those emotions. On the back of each card, deeper questions invite students to reflect, problem-solve, and discover strategies that help them feel centered and in control. Students practice identifying signs of anxiety, reframing worries, and connecting with others in a safe, structured way.

- Encourages meaningful conversations without pressure or judgment
- Builds emotional vocabulary and coping confidence
- Flexible for individual, small-group, or whole-class use
- Helps transform anxiety from a mystery into something manageable

**BONUS!**  
Includes A  
FREE POSTER!

<b>D600</b>	GR 3-12	CARD DECK	40 CARDS
\$15.95	9781965066263	4.5" X 4.5"	20/CASE



### Let's Get Curious: Emotional Regulation Card Deck

*A Scenario-Based Card Deck for Building Awareness, Control, and Coping Skills*

This scenario-based card deck helps students build emotional regulation skills by first developing awareness—naming emotions, noticing body signals, and identifying triggers—before exploring thoughtful, supportive responses. Each card presents a relatable real-life scenario followed by a discussion question and three deeper prompts. Cards rotate through three focus areas to support balance and engagement:

- Anger & Frustration – recognizing rising emotions and pausing before reacting
- Sadness & Disappointment – processing loss, change, and unmet expectations
- Mindfulness & Coping Skills – calming the body and choosing helpful responses

<b>D603</b>	GR 3-12	CARD DECK	40 CARDS
\$16.95	9781965066294	4.5" X 4.5"	20/CASE



### Let's Get Curious: Resilience and Self-Belief Card Deck

*A Discussion-Based Card Deck for Helping Students Try Hard Things, Learn from Mistakes, and Build Confidence Through Effort*

This is a discussion-based card deck designed to help students reflect on their inner voice, build willingness to try hard things, and recognize strengths and values that support growth over time. Each card presents a short, student-centered scenario followed by a discussion question. On the back of the card, three additional questions deepen thinking around self-talk, effort, learning from mistakes, and recognizing personal strengths.

- Encourages self-belief and resilience through discussion
- Helps students reflect on self-talk and internal decision-making
- Normalizes mistakes as part of learning and growth
- Reinforces strengths, values, and effort that support persistence
- Designed for classroom, counseling, and small-group use

<b>D604</b>	GR 3-12	CARD DECK	40 CARDS
\$16.95	9781965066300	4.5" X 4.5"	20/CASE



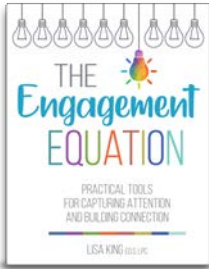
### Quest to Connect Card Deck

*Fostering Meaningful Relationships in a Noisy World*

Challenge your students to develop a deeper understanding of themselves, their classmates, and the world around them. Players build a foundation for empathy and understanding through the power of genuine connection. Inside, you'll find carefully crafted cards, each featuring **three escalating questions** to spark engaging discussions and cultivate critical thinking. Get ready to lead your students on an adventure of self-discovery and shared understanding that can take as little or as much time as you decide.

- Level 1: Base Camp** – questions are light and easy
- Level 2: Snow Line** – questions invite more thought and sharing
- Level 3: Summit** – questions challenge deep thought and vulnerability

<b>D591</b>	GR 3-12	CARD DECK	40 CARDS
\$15.95	9781965066164	4.5" X 4.5"	20/CASE



COMING JUNE 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## The Engagement Connection

*Practical Tools for Capturing Attention and Building Connection*

Lisa King, ED.S, LPC

**Are you looking for practical, research-backed tools to bring engagement and connection back to the students you serve?**

Does it feel like you're competing on an uneven playing field? On one side: algorithms, short-form video, gaming platforms, group chats, and devices professionally engineered to steal attention at any cost. On the other: you — showing up every day with a curriculum to deliver and students who need more than content.

Whether you're just starting out or have years of experience behind you, *The Engagement Equation* gives you the tools to build the kind of engagement and connection that transforms learning.

Written by a veteran school counselor with nearly three decades in education, this practical, research-backed guide bridges the gap between what neuroscience tells us about learning and what it actually takes to reach and engage students today.

Inside you'll find:

- **The brain science** behind why today's students struggle to focus — and what actually helps
- **Low-prep, high-impact strategies** you can use tomorrow: hooks, humor, movement, music, storytelling, games, and more
- **Relationship-building tools** that strengthen trust, deepen connection, and build the kind of community where every student wants to show up
- **Family engagement resources** — workshops, newsletters, and scripts ready to use

*The Engagement Equation* is for:

- K–12 educators seeking fresh, low-prep engagement strategies
- School counselors and student success specialists designing lessons and small groups
- Instructional coaches and administrators building connection-focused school culture
- Anyone who wants the “why” and the “how” — backed by research, tested in real classrooms

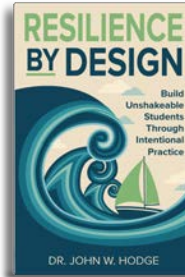
**D617**  
\$29.95

GR K-12  
9781965066409

PAPERBACK  
8.5" X 11"

TBD PAGES  
TBD/CASE

DL



COMING JUNE 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## Resilience By Design

*Build Unshakeable Students Through Intentional Practice*

Dr. John W. Hodge

**What if the most powerful thing you could do for student achievement was build a school where every student felt known, challenged, and believed in?**

The research is clear: school culture drives outcomes. When students feel respected, connected, and genuinely supported by the adults around them, academic achievement follows — not sometimes, not for certain kinds of students, but reliably and measurably. The problem is that most schools don't have a concrete, schoolwide plan for building that culture. *Resilience by Design* is that plan.

Written by Dr. John W. Hodge, this practical, research-grounded resource gives elementary and secondary educators, school counselors, administrators, district leaders, and instructional coaches a complete framework for transforming school culture — one intentional value at a time. The RESILIENCE framework — ten core values, one shared language, a full school year of practice — is designed to be implemented together, across every classroom, hallway, and common space in your building.

Inside you'll find:

- **The research** that makes an undeniable case for why school culture drives everything else — and the language to finally bring counselors, teachers, administrators, and families to the same table with a common purpose
- **Ten core values and a shared framework** that give every adult in your building, from the classroom to the front office, a concrete, daily practice for building the culture every school says it wants
- **The TERM Rule** — a practical guide for making values move from wall art into the daily behavior of every person in your building
- **Grade-level conversation starters for every value** — four real scenarios per week that help students internalize what resilient character actually looks and feels like
- **A full-year pacing guide and leadership planning tools** — structured, specific, and designed for teams to complete together

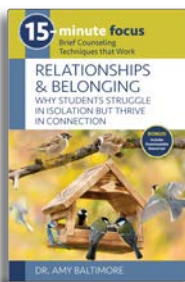
**D618**  
\$19.95

GR 3-12  
9781965066416

PAPERBACK  
5.5" X 8.5"

TBD PAGES  
TBD/CASE

DL  
EB



COMING JUNE 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

## 15-Minute Focus: Relationships and Belonging

*Why Students Struggle in Isolation but Thrive in Connection*

**Dr. Amy Baltimore**

**What does it mean when a student is surrounded by people every moment of the day — yet feels completely alone?**

In today's schools, the most at-risk students are often the most likely to be overlooked. They sit in full classrooms, move through crowded hallways, and blend seamlessly into the background — present everywhere, connected nowhere. Their disconnection isn't loud. It doesn't trigger referrals or disrupt instruction. It simply accumulates, quietly reshaping their brains, their behavior, and their sense of who they are.

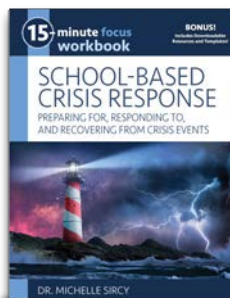
Packed with neuroscience research, student stories, and immediately applicable strategies, *15-Minute Focus: Relationships and Belonging* is rooted in a foundational truth: isolation is not a personality trait — it is a neurological state. And it is preventable when adults know what to look for.

In *15-Minute Focus: Relationships and Belonging*, you'll discover:

- why the brain treats disconnection as danger — and belonging as safety
- how to recognize the hidden masks of student isolation before they become crises
- the difference between healthy solitude and harmful disconnection
- practical tools for building schoolwide belonging across every tier of support
- how brief, five-second neural resets can literally change a student's brain
- the SAFE Framework for weaving connection into every daily interaction
- how to repair rupture, restore dignity, and rebuild trust after conflict
- ...and more!

Whether you're a school counselor, educator, administrator, or support staff, *15-Minute Focus: Relationships and Belonging* offers the science, the stories, and the strategies to help every student feel seen, safe, and genuinely connected. When belonging becomes the system, not the exception, everything changes.

<b>D161</b>	GR K-12	PAPERBACK	TBD PAGES	<b>DL</b>
\$15.95	9781965066393	5.5" X 8.5"	TBD/CASE	<b>EB</b>



## 15-Minute Focus: School-Based Crisis Response Workbook

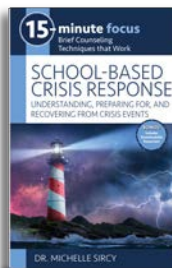
*Preparing For, Responding To, and Recovering From Crisis Events*

**Dr. Michelle Sircy**

When crisis strikes, school staff are at the forefront, faced with a unique and challenging responsibility. This workbook is your essential guide, offering a practical framework and a complete three-part system for effective school crisis response. In this workbook, you'll find the knowledge and tools to:

- **Prepare for Crisis:** Proven strategies for planning, training, and drills that strengthen your team before an emergency strikes.
- **Respond to Crisis:** Clear, practical forms, checklists, and processes you can grab and use in the moment for immediate, effective action.
- **Recover from Crisis:** Tools for reflection, restoration, and resilience-building long after the event is over.

<b>D601</b>	GR K-12	PAPERBACK	162 PAGES	<b>DL</b>
\$28.95	9781965066270	8.5" X 11"	20/CASE	



## 15-Minute Focus: School-Based Crisis Response

*Understanding, Preparing for, and Recovering from Crisis Events*

**Dr. Michelle Sircy**

Are your school communities prepared to face the unexpected? This guide offers hope - providing clear, actionable steps to navigate the complex landscape of school crisis response.

Key Features:

- **Comprehensive Coverage:** This guide covers preparation and prevention to recovery and long-term support.
- **Practical Tools:** Detailed checklists, practical tips, and real-world case studies empower school leaders to make informed decisions.
- **Evidence-Based Strategies:** This guide is grounded in research and best practices to ensure effective crisis management.
- **Clear and Concise:** Easy-to-understand language and a user-friendly format make this guide accessible to all school personnel.

<b>D574</b>	GR K-12	PAPERBACK	120 PAGES	<b>DL</b>
\$16.95	9781965066072	5.5" X 8.5"	24/CASE	<b>EB</b>

# 15-minute focus

Brief Counseling Techniques that Work

Scan here for more  
15-MINUTE FOCUS RESOURCES



[15MinuteFocusSeries.com](http://15MinuteFocusSeries.com)



## 15-Minute Focus Set

A 20 Book Set – Gr K-12

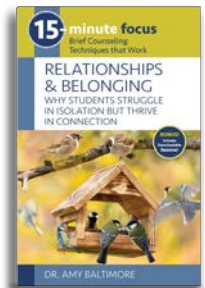
D579 ~~5386.00~~ \$347.40

**DL** **EB**

15-Minute Focus is a series that aims to help school counselors and educators overcome three of the biggest challenges they face:

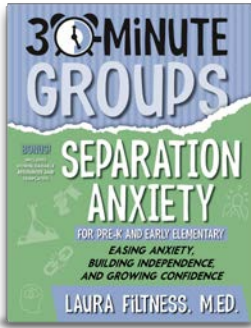
- Limited Time to manage the number of students for whom they are responsible
- Mental Illness Stigma
- Budget Constraints for Ongoing Training

Coming Soon!



<b>15-Minute Counseling Techniques that Work</b> <i>What You Didn't Learn in Grad School</i>	Allison Edwards	9781937870690	80 PAGES	D291
		5.5" X 8.5"	32/CASE	\$19.95
<b>Anger, Rage, and Aggression</b> <i>Brief Counseling Techniques that Work</i>	Dr. Raychelle Cassada Lohmann	9781953945617	96 PAGES	D432
		5.5" X 8.5"	24/CASE	\$15.95

<b>Anxiety</b> <i>Worry, Stress, and Fear</i>	Dr. Leigh Bagwell	9781937870737	80 PAGES	D317
		5.5" X 8.5"	24/CASE	\$15.95
<b>Anxiety Workbook</b> <i>Tips and Strategies to Manage Anxiety, Build Resilience, and Foster Emotional Well-Being</i>	Dr. Leigh Bagwell	9781953945839	216 PAGES	D517
		8.5" X 11"	16/CASE	\$33.95
<b>Behavior Interventions</b> <i>Strategies for Educators, Counselors, and Parents</i>	Amie Dean	9781953945570	104 PAGES	D409
		5.5" X 8.5"	26/CASE	\$15.95
<b>Behavior Interventions Workbook</b> <i>Your Roadmap for Creating a Positive Classroom Community</i>	Amie Dean	9781953945716	212 PAGES	D489
		8.5" X 11"	20/CASE	\$32.95
<b>Behavioral Threat Assessment and Management for K-12 Schools</b> <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781953945457	128 PAGES	D335
		5.5" X 8.5"	22/CASE	\$15.95
<b>Depression</b> <i>Signs and Strategies for Counselors, Educators, and Parents</i>	Dr. Melisa Marsh	9781953945464	104 PAGES	D336
		5.5" X 8.5"	24/CASE	\$15.95
<b>Digital Citizenship</b> <i>Supporting Youth Navigating Technology in a Rapidly Changing World</i>	Dr. Raychelle Cassada Lohmann Dr. Angie C. Smith	9781953945778	132 PAGES	D509
		5.5" X 8.5"	22/CASE	\$15.95
<b>Diversity, Bias, and Privilege</b> <i>Addressing Racial Inequities to Create Inclusive Learning Environments</i>	Dr. Natalie Spencer Gwyn Robert B. Jamison	9781953945471	112 PAGES	D337
		5.5" X 8.5"	24/CASE	\$15.95
<b>Executive Function</b> <i>Strategies to Build Underdeveloped Skills, Maximize Learning, and Unlock Potential</i>	Noel Foy	9781953945938	136 PAGES	D567
		5.5" X 8.5"	20/CASE	\$16.95
<b>Grief</b> <i>Processing and Recovery</i>	David A. Opalewski	9781937870768	80 PAGES	D320
		5.5" X 8.5"	32/CASE	\$15.95
<b>Growth Mindset, Resilience, and Grit</b> <i>Harnessing Internal Superpowers for Student Success</i>	Dr. Raychelle Cassada Lohmann	9781953945747	96 PAGES	D502
		5.5" X 8.5"	28/CASE	\$15.95
<b>Regulation and Co-Regulation</b> <i>Accessible Neuroscience and Connection Strategies that Bring Calm into the Classroom</i>	Ginger Healy	9781953945792	112 PAGES	D510
		5.5" X 8.5"	24/CASE	\$15.95
<b>Regulation and Co-Regulation Workbook</b> <i>Accessible Neuroscience and Connection Strategies for the Classroom and Beyond</i>	Ginger Healy	9781931636544	168 PAGES	D533
		8.5" X 11"	28/CASE	\$28.95
<b>Relationships and Belonging</b> <i>Why Students Struggle in Isolation but Thrive in Connection</i>	Amy Baltimore	xxxxxx	TBD PAGES	TBD
		5.5" X 8.5"	TBD/CASE	TBD
<b>School-Based Crisis Response</b> <i>Understanding, Preparing for, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066072	120 PAGES	D574
		5.5" X 8.5"	24/CASE	\$16.95
<b>School-Based Crisis Response Workbook</b> <i>Preparing for, Responding to, and Recovering from Crisis Events</i>	Dr. Michelle Sircy	9781965066270	162 PAGES	D601
		8.5" X 11"	20/CASE	\$28.95
<b>Self-Harm and Self-Injury</b> <i>When Emotional Pain Becomes Physical</i>	Dr. Leigh Bagwell	9781953945440	96 PAGES	D334
		5.5" X 8.5"	24/CASE	\$15.95
<b>Suicide</b> <i>Prevention, Intervention, and Postvention</i>	Dr. Melisa Marsh	9781937870751	88 PAGES	D319
		5.5" X 8.5"	24/CASE	\$15.95
<b>Trauma and Adverse Childhood Experiences</b> <i>Brief Counseling Techniques that Work</i>	Dr. Melissa A. Louvar Reeves	9781937870744	104 PAGES	D318
		5.5" X 8.5"	24/CASE	\$15.95



COMING MAY 28, 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

### 30-Minute Groups: Separation Anxiety

*Easing Anxiety, Building Independence, and Growing Confidence*

Laura Filtness

Are you a school counselor or educator looking for a ready-to-use small group counseling curriculum to help PK-3 students overcome separation anxiety and build confidence and independence at school?

The *30-Minute Groups: Separation Anxiety* workbook will equip you with everything you need to do just that! Teach essential coping skills and strategies in 30-minute lessons for small group or classroom instruction in grades PK-3. It's flexible, adaptable, and requires minimal prep time! Rooted in evidence-informed strategies, this workbook empowers students to develop the tools they need to navigate transitions, manage big feelings, and face their fears with courage.

Inside, you'll find:

- **Six Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties

**Topics include goodbye rituals, morning routines, coping skills, and overcoming fears.** The lessons and questions in this thoughtfully crafted resource are designed to help students understand and manage their emotions, learn calming techniques, and develop tools they can use to separate confidently from their caregivers and engage fully in school life. This workbook's engaging design ensures all students can participate and learn, fostering a sense of safety and connection with their peers. Use the *30-Minute Groups: Separation Anxiety* workbook to help provide a strong foundation for students to build independence, resilience, and confidence!

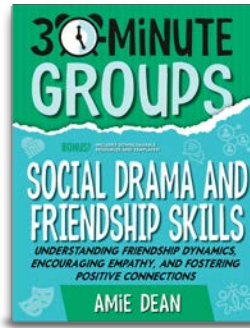
**D614**  
\$21.95

GR PK-3  
9781965066379

PAPERBACK  
8.5" X 11"

TBD PAGES  
20/CASE

DL



COMING MAY 7, 2026!

**BONUS!**  
Includes Downloadable  
Resources and Templates!

### 30-Minute Groups: Social Drama and Friendship Skills

*Understanding Friendship Dynamics, Encouraging Empathy, and Fostering Positive Connections*

Amie Dean

Are you looking for an engaging, low-prep resource to help students manage social drama and develop real friendship skills?

Social drama, friendship conflicts, and digital misunderstandings are among the most disruptive challenges students face today — and the skills to navigate them don't always come naturally.

The *30-Minute Groups: Social Drama and Friendship Skills* workbook gives school counselors and educators a complete, ready-to-use curriculum to help students in grades 2-9 recognize drama before it escalates, build healthier friendships, and develop the confidence to handle peer conflict with maturity and respect.

Inside, you'll find:

- **Ten Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties

**Topics include recognizing the traits of a true friend, identifying what drives social drama, managing emotions and self-control, using respectful communication to reduce conflict, recognizing healthy vs. unhealthy friendship patterns, practicing empathy, navigating digital drama, building self-worth and confidence, fostering positive connections, and setting limits while staying kind.** The lessons and activities in this thoughtfully crafted resource are designed to help students understand what fuels social drama, develop skills to de-escalate conflict, and make intentional choices about the friendships they build and protect.

**D613**  
\$24.95

GR 2-9  
9781965066355

PAPERBACK  
8.5" X 11"

128 PAGES  
20/CASE

DL

# 30-MINUTE GROUPS

30MinuteGroups.com

Scan here for more  
30-MINUTE GROUPS RESOURCES



The 30-Minute Groups series are all-in-one resources that give counselors and educators the tools to teach crucial academic and social skills in a flexible, low-prep format. Each includes:

- **10-12 Complete Lessons** with ASCA® standards
- **Comprehensive Action Plan**
- **Permission and Completion Letters** to send to caregivers
- **Attendance Logs**
- **Pre- and Post-Assessments** for program effectiveness
- **Results Report** to share with interested parties



**BONUS!**

Includes Downloadable  
Resources and Templates!

**11-Book Set**

**D615 \$245.45 \$220.91**

**DL**

<p><b>Anxiety Management</b> <i>Calming the Mind, Challenging Thoughts, and Building Confidence</i></p>	Dr. Leigh Bagwell	Grades 2-9	9781965066010	94 PAGES	D562
			8.5" X 11"	20/CASE	\$20.95
<p><b>Executive Function</b> <i>Boosting Brainpower, Increasing Productivity, and Achieving Academic Success</i></p>	Laura Fitness	Grades 2-9	9781965066126	116 PAGES	D590
			8.5" X 11"	20/CASE	\$22.95
<p><b>Grief</b> <i>Processing Emotions, Honoring Memories, and Finding Hope</i></p>	Makenzie Perkins	Grades 2-9	9781965066034	72 PAGES	D565
			8.5" X 11"	20/CASE	\$20.95
<p><b>Life Skills</b> <i>Increasing Empathy, Building Resilience, and Managing Self</i></p>	Elishia Basner	Grades 2-9	9781953945860	84 PAGES	D545
			8.5" X 11"	20/CASE	\$19.95
<p><b>Managing Big Emotions</b> <i>Identifying Triggers, Developing Coping Strategies, and Communicating Effectively</i></p>	Ginger Healy	Grades 2-9	9781965066027	92 PAGES	D563
			8.5" X 11"	20/CASE	\$20.95
<p><b>Navigating Family Dynamics</b> <i>Fostering Hope and Resilience, Creating a Positive Future, and Building Emotional Strength</i></p>	Ginger Healy and Ashley Wright	Grades 2-9	9781965066157	136 PAGES	D594
			8.5" X 11"	20/CASE	\$25.95
<p><b>Online Safety</b> <i>Spotting Red Flags, Protecting Privacy, and Being a Positive Voice</i></p>	Dr. Raychelle Cassada Lohmann	Grades 5-12	9781965066041	76 PAGES	D566
			8.5" X 11"	20/CASE	\$20.95
<p><b>Peaceful Conflict Resolution</b> <i>Strengthening Communication Skills, Fostering Cooperation, and Resolving Disputes</i></p>	Amie Dean	Grades 2-9	9781965066133	124 PAGES	D592
			8.5" X 11"	20/CASE	\$22.95
<p><b>Relationships and Belonging</b> <i>Valuing Self and Others, Creating Meaningful Connections, and Setting Healthy Boundaries</i></p>	Amy Baltimore	Grades 2-9	9781965066140	112 PAGES	D593
			8.5" X 11"	20/CASE	\$22.95
<p><b>Separation Anxiety</b> <i>Easing Anxiety, Building Independence, and Growing Confidence</i></p>	Laura Fitness	Grades PK-3	9781965066379	TBD PAGES	D614
			8.5" X 11"	20/CASE	\$21.95
<p><b>Social Drama and Friendship Skills</b> <i>Understanding Friendship Dynamics, Encouraging Empathy, and Fostering Positive Connections</i></p>	Amie Dean	Grades 2-9	9781965066355	128 PAGES	D613
			8.5" X 11"	20/CASE	\$24.95



## A Bad Case of Tattle Tongue

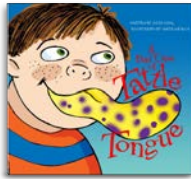
**Julia Cook**

No one likes “Josh the Tattler” because he tattles too much. One night he wakes up to find his tongue is long, yellow, and covered in purple spots! *A Bad Case of Tattle Tongue* gives a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities.



**A Bad Case of Tattle Tongue Activity and Idea Book**

PAPERBACK  
**A823 \$10.95**



**A013 \$10.95**

GR K-3  
9781931636865  
PAPERBACK  
32 PAGES  
9" X 8"  
28/CASE  
**EB**

## Bully B.E.A.N.S.

*Bullies Everywhere Are Now Stopped!*

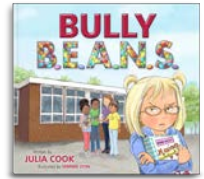
**Julia Cook**

Maxine liked to pick on kids...especially Winston. Nobody liked the way she treated him but they were too afraid to do anything about it. *Bully B.E.A.N.S.* helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.



**Bully B.E.A.N.S. Activity and Idea Book**

PAPERBACK  
**D240 \$10.95**



**D239 \$10.95**

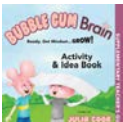
GR 3-5  
9781937870591  
PAPERBACK  
32 PAGES  
9" X 8"  
28/CASE  
**EB**

## Bubble Gum Brain

*Ready, Get Mindset...GROW!®*

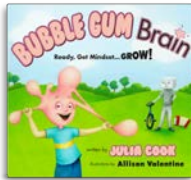
**Julia Cook**

Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities!



**Bubble Gum Brain Activity and Idea Book**

PAPERBACK  
**A814 \$10.95**



**B815 \$10.95**

GR K-6  
9781937870430  
PAPERBACK  
32 PAGES  
9" X 8"  
28/CASE  
**AB EB**

## I Have Ants in My Pants

**Julia Cook**

Louis just can't sit still, and everyone keeps telling him he has ants in his pants. His mom explains this means he wiggles a lot and teaches him a special tool, the Wiggle Dance. In *I Have Ants in My Pants*, Cook helps normalize the feeling many kids have when they struggle to control their wiggles and provides strategies for improving impulse control.



**I Have Ants in My Pants Resource Bundle**

PDF DOWNLOAD  
**RD-017 \$5.00**



**D293 \$10.95**

GR PK-3  
9781937870706  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE  
**EB**

## Lying Up a STORM

**Julia Cook**

“Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm.” Whenever Levi doesn't like the truth, he kinda makes up stuff to say. This is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more.



**B511 \$10.95**

GR 2-6  
9781937870348  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE  
**EB**

## Because You Believe in Me

**Amie Dean**

This heartwarming picture book explores the power of encouragement in a child's life. Join a classroom of kids as they share the voices that lift them up on tough days. From supportive caregivers and teachers to helpful friends and coaches, these everyday heroes inspire children to face challenges, embrace mistakes, and celebrate their unique journeys.



**Because You Believe in Me Resource Bundle**

PDF DOWNLOAD  
**RD-034 \$7.00**



**D550 \$11.95**

GR 2-5  
9781953945914  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE  
**EB**

# BEST SELLERS

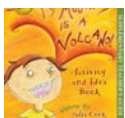


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BESTSELLERS

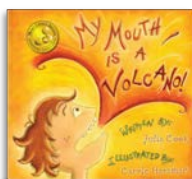
## My Mouth Is A Volcano

**Julia Cook**

Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble, and wiggle and jiggle, right before he ERUPTS (or interrupts). This book takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their thoughts and words.



**My Mouth is a Volcano Activity and Idea Book**  
PAPERBACK  
**A822 \$10.95**



**A014 \$10.95**

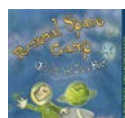
GR K-3  
9781931636858  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**AB EB**

## Personal Space Camp

**Julia Cook**

When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, *Personal Space Camp* addresses the complex issue of respect for another person's physical boundaries.



**Personal Space Camp Activity and Idea Book**  
PAPERBACK  
**A828 \$10.95**



**A134 \$10.95**

GR K-3  
9781931636872  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## Wilma Jean, the Worry Machine

**Julia Cook**

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. The goal of the book is to give children the tools needed to feel more in control of their anxiety.



**Wilma Jean, the Worry Machine Activity and Idea Book**  
PAPERBACK  
**B096 \$10.95**



**B056 \$10.95**

GR 2-5  
9781937870010  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## What's Inside Your Backpack?

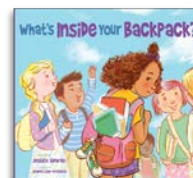
*Coping Skills For Kids Who Have Experienced Trauma*

**Jessica Sinarski**

Zoey wants to feel light-hearted, but keeps getting weighed down by pesky "books" in her backpack, like worry and shame. There are no quick fixes to problems, but this story offers ways to nurture resilience and helps kids impacted by trauma realize how strong they really are!



**What's Inside Your Backpack? Resource Bundle**  
PDF DOWNLOAD  
**RD-020 \$6.00**



**B329 \$10.95**

GR 2-5  
9781953945235  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

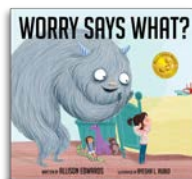
## Worry Says What?

**Allison Edwards**

"Worry's says things that make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.



**Worry Says What? Resource Bundle**  
PDF DOWNLOAD  
**RD-012 \$5.00**



**D120 \$10.95**

GR K-6  
9781937870515  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

## Hello, Anxiety

**Jessica Sinarski**

Destiny Davis constant companion, *Anxiety*, makes everyday tasks feel impossibly hard. When a big class project sends Destiny into a spiral, her dad steps in with a solution - and a reminder that even the toughest challenges can be faced head on. This story will help kids have a better understanding of anxiety. It also provides coping strategies to build self-confidence and resilience.



**Hello, Anxiety Resource Bundle**  
PDF DOWNLOAD  
**RD-035 \$5.00**



**B573 \$11.95**

GR 2-5  
9781965066058  
PAPERBACK  
9" X 8"  
32 PAGES  
28/CASE

**EB**

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BESTSELLERS



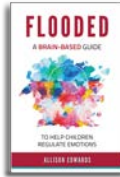
## BEST SELLERS

### Flooded

*A Brain-Based Guide to Help Children Regulate Emotions*

Allison Edwards

When your brain perceives danger, you will go instantly into one of three modes - flight, fight, or freeze. You've entered The Flood Zone. This book explains how to identify emotions, learn what triggers those feelings, and provide strategies to manage feelings in a healthy way.



**D333** \$21.95

GR K-8

9781953945433

PAPERBACK

5.5" X 8.5"

104 PAGES

24/CASE

**DL** **EB**

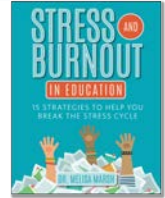
**BONUS!**  
Includes  
Downloadable  
Resources!

### Stress and Burnout in Education

*15 Strategies to Help You Break the Stress Cycle*

Melisa Marsh

Filled with research-backed descriptions, engaging activities and applications, this workbook offers strategies to help students and coworkers reduce stress, manage energy, and tailor solutions to their specific challenges - both in the classroom and throughout their lives.



**D503** \$24.95

GR K-12

9781953945761

PAPERBACK

8.5" X 11"

120 PAGES

20/CASE

**DL**

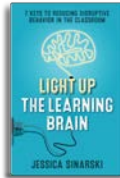
**BONUS!**  
Includes  
Downloadable  
Resources!

### Light Up the Learning Brain

*7 Keys to Reducing Disruptive Behavior in the Classroom*

Jessica Sinarski

Are you ready to increase learning opportunities, reduce negative behaviors, and improve staff and student morale? You'll discover how the brain's two main "operating systems" interact and often compete, the power of play, curiosity, and safety in fostering brain development, and more. See [ncyi.org](http://ncyi.org) for the Parent and Educator Reading Guides.



**D532** \$16.95

GR K-12

9781931636520

PAPERBACK

5.5" X 8.5"

208 PAGES

16/CASE

**DL** **AB** **EB**

**BONUS!**  
Includes  
Downloadable  
Resources!



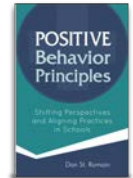
**Audio Book Available**  
Where Audio Books Are Sold  
ISBN: 9781953945884

### Positive Behavior Principles

*Shifting Perspectives and Aligning Practices in Schools*

Dan St. Romain

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. This book outlines nine core principles that can be used to design prevention, intervention and crisis strategies for supporting student behaviors in schools.



**D294** \$23.95

GR K-12

9781937870713

PAPERBACK

5.5" X 8.5"

200 PAGES

32/CASE

**DL** **EB**



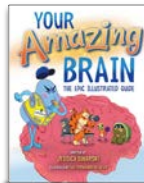
**Positive Behavior Principles Resource Bundle**  
PDF DOWNLOAD  
**RD-018** \$7.00

### Your Amazing Brain

*The Epic Illustrated Guide*

Jessica Sinarski

Ready to harness the power of your brain? Discover the surprising role of our eight senses, differences between the two brain "teams", and more! Along with a diverse cast of characters, Sinarski transforms complex neuroscience into fun graphics, simple metaphors, and practical solutions.



**D531** \$17.95

GR K-12

9781931636506

PAPERBACK

8.5" X 11"

40 PAGES

60/CASE

**EB**



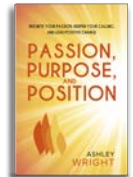
**Your Amazing Brain Resource Bundle**  
PDF DOWNLOAD  
**RD-029** \$7.00

### Passion, Purpose, and Position

*Reignite Your Passion, Deepen Your Calling, and Lead Positive Change*

Ashley Wright

In this empowering book you will: **Learn** practical strategies to overcome burnout and cultivate resilience, **Reconnect** with your core purpose as an educator and articulate what it means to inspire young minds, **Discover** powerful tools to reignite your passion for teaching and find joy in the classroom again, **Develop** a personalized action plan to navigate the ever-changing educational landscape, and **Become** a stronger, more resilient educator equipped to lead positive change in your students' lives.



**D561** \$16.95

GR K-12

9781953945976

PAPERBACK

5.5" X 8.5"

120 PAGES

24/CASE

**DL** **EB**

**BONUS!**  
Includes  
Downloadable  
Resources!

**DL** DIGITAL LINK AVAILABLE

**EB** E-BOOK

**AB** AUDIO BOOK

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13

# BACKLIST PRODUCTS



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## 364 Days Until Halloween

Allison Edwards

Join Kai on a heartwarming journey through the changing seasons as he learns to embrace the magic of Halloween. Filled with vivid rhymes and whimsical illustrations, this delightful story celebrates friendship in unlikely places and the courage it takes to face your fears.



Resource  
Bundle Available

<b>D549</b>	GR PK-5 9781953945891	HARDCOVER 8.25" X 10.5"	32 PAGES 36/CASE	<b>EB</b>
\$17.95				

## Be Your Own Hero

Help Kids Discover Their Own Inner Hero

Lisa King

It's Hero Week at school, and Quinn has to choose a hero she looks up to. In her search to find a hero in someone else, she actually finds the hero in herself! Children will learn that being a real-life hero has a whole lot more to do with character and kindness than anything else!

Resource  
Bundle Available



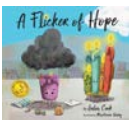
<b>D260</b>	GR 3-6 9781937870652	PAPERBACK 9" X 8"	32 PAGES 28/CASE	<b>EB</b>
\$10.95				

## A Flicker of Hope

Julia Cook

All Little Candle can see is darkness, but someone notices she needs a boost of hope. As she is reminded she has purpose and her own unique gifts, and that she isn't the only one with dark clouds, her dim light begins to shine brighter. This hopeful story emphasizes the many different ways to ask for help, and how to be a hope builder for others, too.

Resource  
Bundle Available



Resource  
Bundle Available



## Beat, Beat, Thump

Allison Edwards

What does anxiety feel like to a child? Beat, beat, thump. Beat, beat, thump. That's the pulse of Alex's heart as he navigates worries about school, friendship struggles, and trying new things. In this heartwarming tale, Alex listens to his heart while feeling both panic and peace and learns how his strong heart has carried him through hard things.

<b>D121</b>	GR 3-6 9781937870522	PAPERBACK 9" X 8"	32 PAGES 28/CASE	<b>DL</b>	<b>EB</b>
\$10.95				<b>AB</b>	

<b>D493</b>	GR 2-5 9781953945723	PAPERBACK 9" X 8"	32 PAGES 28/CASE	<b>EB</b>
\$10.95				

## ABC Worry Free

Combat Anxious and Fearful Thoughts

Noel Foy

"Do you think you could teach someone to worry less?" I asked. "Absolutely. As long as they're not afraid to learn something new." In *ABC Worry Free*, children will learn an actionable approach to worry that will help them process and work through everyday challenges.

Resource  
Bundle Available



## Blueloon

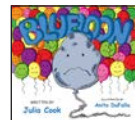
A Picture Book About Depression

Julia Cook

Meet Blueloon – a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to "bounce back" to being the way he used to be – bright, round, and full, with a very straight string!

<b>D122</b>	GR K-6 9781937870546	PAPERBACK 9" X 8"	32 PAGES 28/CASE	<b>EB</b>
\$10.95				

<b>B108</b>	GR 2-6 9781937870041	PAPERBACK 9" X 8"	32 PAGES 28/CASE	<b>EB</b>
\$10.95				



## Be Where Your Feet Are!

Julia Cook

*Be Where Your Feet Are!* is a hilarious story about learning to be present wherever we are...and what can happen when we're not. This book reinforces the concepts of mindfulness and being present in a way children will remember, while showing how good life can be when we learn to appreciate the world and people around us.

Resource  
Bundle Available

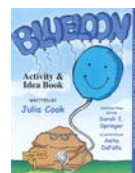


## Blueloon Activity and Idea Book

Activities that Help Kids Understand and Process Depression

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools and strategies to help children and parents cope with childhood depression.



<b>D115</b>	GR K-5 9781937870508	PAPERBACK 9" X 8"	32 PAGES 28/CASE	<b>AB</b>	<b>EB</b>
\$10.95					

<b>B109</b>	GR 2-6 9781937870140	PAPERBACK 8.5" X 11"	28 PAGES 24/CASE	
\$10.95				

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BACKLIST PRODUCTS



## BACKLIST PRODUCTS

### But It's Just A Game

*A Picture Book About Having Healthy Video Game Habits*

**Julia Cook**

Video game addiction is on the rise, but can be prevented. This book teaches both children and adults to switch out their game controller for a "life controller." The tips in the back explain technology addiction and why it is important to set limits and boundaries.



Resource  
Bundle Available



### Deployment

*One of Our Pieces is Missing*

**Julia Cook**

Military families experience unique opportunities and challenges, one being navigating changes in how they operate as a family when a parent is deployed. This book serves to honor the sacrifices they make each day by giving an approachable way to discuss the highs and lows of deployment.

**B407** | GR 2-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870164 | 9" X 8" | 28/CASE

**B954** | GR PK-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870478 | 9" X 8" | 28/CASE

### Cell Phoney

*A Picture Book About Using Cell Phones Responsibly*

**Julia Cook**

Joanie Maloney finally gets her very own cell phone! Along with Joanie, children will learn the 6 rules of cell phone usage designed to keep them safe and from hurting others. By knowing the rules, children can become masters of their cell phones and avoid becoming a "Cell Phoney!"



### Don't Be Afraid to Drop

**Julia Cook**

Hopp, the raindrop, is scared of change and is happy with his safe, predictable life. But he soon learns that staying where he is limits the impact he can have on those around him. *Don't Be Afraid to Drop* is a book for anyone who is at a transitional point in their life that teaches about growth mindset and trying new things.



**B154** | GR 2-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870102 | 9" X 8" | 28/CASE

**A268** | GR K-5 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781931636605 | 9" X 8" | 28/CASE

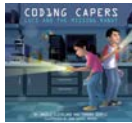
### Coding Capers

*Luci and the Missing Robot*

**Angela Cleveland and Tamara Zentic**

Join Luci and her friends as they go on a STEM-friendly adventure to find a missing robot! In the process they learn the foundational concepts of coding, the increasing capabilities of technology, and the power of persistence.

Resource  
Bundle Available



Resource  
Bundle Available



### Failure Friday

**Andrea Burns**

When Emma finds out she made the school running club, she's excited...and nervous. She soon learns that she isn't very fast and thinks about quitting, until her teacher invites a guest to talk about failure. Emma is surprised to learn that failure isn't something to fear - it's actually something to celebrate on the road to success.

**D243** | GR 3-6 | PAPERBACK | 32 PAGES | **DL** | **EB**  
\$10.95 | 9781937870638 | 9" X 8" | 28/CASE

**D480** | GR 2-5 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781953945679 | 9" X 8" | 28/CASE

### Confronting Death In the School Family

*Guidelines and Tools for Adding a Tragedy Component to Your Crisis Response Team*

**David A. Opalewski**

This book gives tools to help your crisis response team respond to the death of a student or staff member. It includes procedures for response, sample announcements, classroom plans, worksheets, and a suicide prevention curriculum.

Downloadable  
Resources Available



Resource  
Bundle Available



### Felix and the Feelings Formulas

**Kate Bartlein**

What if we could create a formula to help us in challenging situations? Felix takes two things with him wherever he goes: his stuffed rat, Hank, and his notebook of Feelings Formulas. Hank is a friend who's always there, and the Feelings Formula notebook helps Felix figure out how to cope with challenges and concerns he experiences on his adventures.

**A133** | GR K-12 | PAPERBACK | 152 PAGES | **DL**  
\$36.95 | 9781931636360 | 8.5" X 11" | 17/CASE

**D488** | GR 2-5 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781953945693 | 9" X 8" | 28/CASE

# BACKLIST PRODUCTS



Scan here for more  
BACKLIST PRODUCTS

## Foster Care

*One Dog's Story of Change*

**Julia Cook**

Foster has lived with his mom and “sometimes dad” all of his life...until now. He has so many questions and new feelings to deal with. In this heartfelt story, Foster meets new friends and a kind foster mom who help him navigate the fears and feelings associated with foster care.



Resource  
Bundle Available



## Hello, Anger

**Jessica Sinarski**

The students at Sunnyvale Elementary carry a lot in their backpacks - including some things you can't see quite so well, like big feelings and confusing emotions. Today, one fiery red book keeps spilling out and exploding onto everyone: ANGER! It's time for the kids to use their best detective skills to figure out what's underneath those angry feelings.

**B940** | GR K-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870461 | 9" X 8" | 28/CASE

**D433** | GR 2-5 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781953945631 | 9" X 8" | 28/CASE

## Grief is Like a Snowflake

*A Picture Book About the Death of a Loved One*

**Julia Cook**

Everyone shows grief differently. With the support of his family, Little Tree learns to cope with his father's death by discovering what is really important in life, and how his father's memory will carry on. This book offers a warm approach to the difficult subject of death and dying.



## How to Be Comfortable in Your Own Feathers

*A Picture Book About Having a Healthy Body Image*

**Julia Cook**

Wanting to flutter like the petite Hummingbird, Bluebird takes on unhealthy eating habits. With help from Mom, the Bird Doc, and the Food Voice Counselor, she learns balance, how to control the Food Voice, and have a positive body image.

**B050** | GR K-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781931636780 | 9" X 8" | 28/CASE

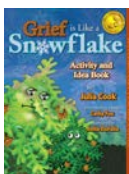
**B185** | GR 3-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870133 | 9" X 8" | 28/CASE

## Grief is Like a Snowflake Activity and Idea Book

*Activities to Help Kids Process the Death of a Loved One*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and explores what grief is, how to personalize it, and how to endure it.



## I am a Booger, Treat Me with Respect

*A Picture Book About Health and Hygiene*

**Julia Cook**

Boogie the booger teaches the healthy way to blow your nose using a Booger Ghost. Boogie knows that most people think he's gross, but he doesn't feel bad because he keeps us from getting sick! He's a true defender, just asking for a little respect.

**B051** | GR K-6 | PAPERBACK | 24 PAGES | **EB**  
\$10.95 | 9781931636353 | 8.5" X 11" | 24/CASE

**A145** | GR PK-3 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781931636582 | 9" X 8" | 28/CASE

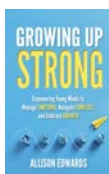
## Growing Up Strong

*Empowering Young Minds to Manage Emotions, Navigate Conflict, and Embrace Growth*

**Allison Edwards**

*Growing Up Strong* offers a transformative approach to equipping kids with the emotional intelligence they need to become confident, capable adults. This comprehensive guide empowers you to help children: Identify and express their feelings, Develop effective coping mechanisms, Navigate conflict peacefully, and Embrace a growth mindset.

Downloadable  
Resources Available



## I Am Vape

**Julia Cook**

*I Am Vape* unveils the truth behind a seemingly harmless trend. Key benefits included: **Age-appropriate information:** This book provides a factual understanding of vaping's dangers for young minds, **Empowering children:** By arming children with knowledge, this book helps them make informed decisions about their health, and **Promoting prevention:** This book can be used as a valuable tool in schools and homes to prevent vaping initiation and addiction.

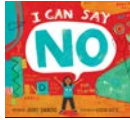
**D560** | GR K-12 | PAPERBACK | 112 PAGES | **DL** **EB**  
\$16.95 | 9781953945952 | 5.5" X 8.5" | 32/CASE

**B564** | GR 2-5 | PAPERBACK | 32 PAGES | **EB**  
\$11.95 | 9781953945990 | 9" X 8" | 28/CASE



## I Can Say No Jenny Simmons

Resource  
Bundle Available



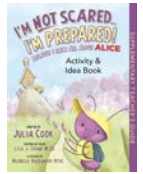
Teach children the power of the word “no.” Whether it’s saying no to bullying or someone invading their personal space or simply to playing with a friend when they need some alone time, children learn to use their voice to stand up for what is good in the world and good for themselves.

## I’m NOT Scared, I’m Prepared! Activity and Idea Book

*Activities to Help Kids Be Prepared in Emergencies*

Julia Cook

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to help children prepare for emergency situations.



**B321** | GR 2-5 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870775 | 9" X 8" | 28/CASE

**B479** | GR K-6 | PAPERBACK | 24 PAGES | **EB**  
\$10.95 | 9781937870317 | 8.5" X 11" | 24/CASE

## I Can't Find My Whatchamacallit

*A Picture Book to Help Messy and Disorganized Kids*

Julia Cook

After Cletus’s mom refuses to let him play with Bocephus until his room is cleaned, Bocephus steps in to help out his disorganized cousin. This book guides children and adults through the organizational process by providing creative planning and organizing advice.



## I’m Stretched

Julia Cook

“I’m stretched! I have so much stuff to do. Gotta be here...Gotta do that...Where did I put my shoe?” *I’m Stretched!* is a captivating story that speaks to children and adults alike, giving them tactical tools to manage their stress in a healthy and helpful way so they can face the pressures of life and find joy in being who they were meant to be.

Resource  
Bundle Available



**B605** | GR K-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870386 | 9" X 8" | 28/CASE

**D244** | GR 3-5 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870614 | 9" X 8" | 28/CASE

## I Got This!

*I Have Bounce Back Superpowers*

Julia Cook and Michele Borba

Charlie has always wanted to be a rescue dog, but becoming one requires a climb to the top of the tallest mountain! He learns six Bounce Back Superpowers that allow him to stay on the path. Readers will learn ways to: approach difficulties calmly, think of creative solutions and break problems into manageable steps.



Resource  
Bundle Available

## I’m Your Flag, So Please Treat Me Right

*A Picture Book About the American Flag*

Julia Cook

This book explains through the eyes of the American flag what the red, white, and blue stand for, and what the flag means to all Americans. This historical and colorful story will help people of all ages better understand the value of our beautiful flag.



**D534** | GR 2-6 | HARDCOVER | 32 PAGES | **EB**  
\$15.95 | 9781953945853 | 8.25" X 10.5" | 36/CASE

**B419** | GR K-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870294 | 9" X 8" | 28/CASE

## I’m NOT Scared, I’m Prepared!

*Because I Know All About ALICE*

Julia Cook

The teacher at the Ant Hill School wants her students to be prepared - for everything! One day, she teaches her students what to do if a “dangerous someone” is in their school. This book will enhance the ALICE concepts and make them applicable to children of all ages in a non-fearful way.



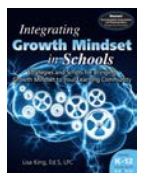
Downloadable  
Resources Available

## Integrating Growth Mindset in Schools

*Strategies and Scripts for Bringing Growth Mindset to Your Learning Community*

Lisa King

Incorporate growth mindset into school programs with a well-structured, evidence-based method to deliver information, specifically broken into K-8 and 9-12. It includes email templates, scripts, posters, lessons, and Powerpoints.



**B424** | GR K-6 | PAPERBACK | 32 PAGES | **EB**  
\$10.95 | 9781937870287 | 9" X 8" | 28/CASE

**B955** | GR K-12 | PAPERBACK | 188 PAGES | **DL**  
\$29.95 | 9781937870485 | 8.5" X 11" | 15/CASE

# BACKLIST PRODUCTS



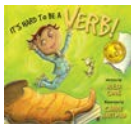
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BACKLIST PRODUCTS

## It's Hard to Be A Verb

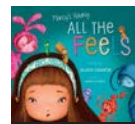
*A Picture Book to Help Kids with ADHD*

**Julia Cook**

Being a verb is hard! Especially for Louis, who can't seem to control himself when he gets the urge to move at the wrong time and situation. Louis's mom teaches him techniques to keep his inner itching, twitching, and jumping in check. A positive resource for anyone touched by ADHD.



Resource  
Bundle Available



## Marcy's Having All the Feels

**Allison Edwards**

What do you do with all your feelings? Marcy wanted to be happy, but all her other feelings kept showing up and at the worst times! She didn't like feeling sad or embarrassed. Why couldn't she be happy all the time? Allison Edwards explores how sometimes feeling so many feelings doesn't feel so good at all and shares the value of ALL of our emotions.

**A444** | GR K-3 | PAPERBACK | 32 PAGES  
\$10.95 | 9781931636841 | 9" X 8" | 28/CASE | **EB**

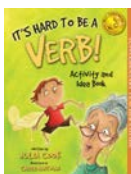
**D259** | GR 2-6 | PAPERBACK | 32 PAGES  
\$10.95 | 9781937870645 | 9" X 8" | 28/CASE | **EB**

## It's Hard to Be A Verb Activity and Idea Book

*Activities to Help Kids with ADHD*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to improve focus and organizational skills both in and out of the classroom.



**A857** | GR K-3 | PAPERBACK | 24 PAGES  
\$10.95 | 9781931636551 | 8.5" X 11" | 24/CASE | **EB**

## Melvin the Magnificent Molar

*A Picture Book About Taking Care of Your Teeth*

**Julia Cook, Laura Jana**

Meet Melvin, the lovable tooth. By promoting brushing, flossing, and regular visits to the dentist, Melvin shows readers, young and old, how to make sure they will have happy teeth and healthy smiles that will last a lifetime!



**A752** | GR PK-3 | PAPERBACK | 32 PAGES  
\$10.95 | 9781931636742 | 9" X 8" | 28/CASE | **EB**

## Jumping Into Kindergarten

**Julia Cook**

Kindergarten represents a big jump into an adventure that is both exciting and scary. Follow Roo as he figures out how to use and apply his amazing QI Skills: ME, WE, WHY, WILL, WIGGLE, WOBBLE and WHAT IF! With a backpack full of "super cool" skills and a head full of questions, Roo is excited to jump into kindergarten, and your children will be too!

Resource  
Bundle Available



**B845** | GR PK-K | PAPERBACK | 32 PAGES  
\$10.95 | 9781937870447 | 9" X 8" | 28/CASE | **EB**

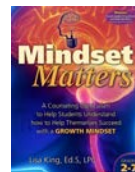
## Mindset Matters

*A Counseling Curriculum to Help Students Understand How to Help Themselves Succeed with a Growth Mindset*

**Lisa King**

The lessons in this book will provide students with a foundation of brain science, the magic of grit, and the benefits of learning, which will help them see the positive outcomes of having a growth mindset.

Downloadable  
Resources Available



**B650** | GR 2-7 | PAPERBACK | 167 PAGES  
\$29.95 | 9781937870409 | 8.5" X 11" | 19/CASE | **DL**

## Lessons from LaRoux

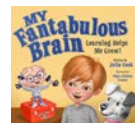
*How Needs Shape Behavior in Developing Brains*

**Dan St. Romain**

It's no secret that outward behaviors rarely tell the whole story. Instead, those actions often point to deeper needs and desires. Join Dan as he addresses fifteen key areas and links an educational touch point with a relevant story about his dog, LaRoux, and then a take-away strategy.



Resource  
Bundle Available



## My Fantabulous Brain

*Learning Helps Me Grow!*

**Julia Cook**

Take the "T" out of "CAN'T" and the "DON'T" out of "I DON'T KNOW!" This book encourages growth mindset and provides practical homework and study skills. Children will learn that everyone needs help sometimes, and there are tools to make our brains stronger!

**D511** | GR K-12 | PAPERBACK | 128 PAGES  
\$19.95 | 9781953945815 | 5.5" X 8.5" | 16/CASE | **EB**

**D268** | GR 2-6 | PAPERBACK | 32 PAGES  
\$10.95 | 9781937870683 | 9" X 8" | 28/CASE | **EB**



## No Putdowns (Grades 6-8)

*Creating a Healthy Learning Environment through Encouragement, Understanding, and Respect*

**Jim Wright, Wendy Stein, Stephanie Pelcher**

This comprehensive curriculum addresses violence prevention, character development, substance abuse prevention, and life-skill building. It includes a program guide for staff and fifty activities designed for use over a ten-week period.



<b>A018</b>	GR 6-8	PAPERBACK	112 PAGES
\$36.95	9781931636650	8.5" X 11"	35/CASE

## Soda Pop Head Activity and Idea Book

*Activities to Help Kids with Anger*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and gives activities to help children control their anger outbursts.



<b>B087</b>	GR K-6	PAPERBACK	24 PAGES
\$10.95	9781937870027	8.5" X 11"	24/CASE

## Planning Isn't My Priority...and Making Priorities Isn't In My Plans

*A Picture Book About How Responsibility Helps You Reach Your Goals*

**Julia Cook**

While working on a project, two cousins learn to appreciate each other's strengths and weaknesses. Creativity needs structure, and structure needs creativity. And BOTH boys need to know how to plan and prioritize!



<b>B617</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870393	9" X 8"	28/CASE	

## Songbird

*A Story About Having the Courage to DREAM BIG!*

**Jenn Larson**

Sydney Sparrow dreams of conducting the New York Philharmonic Orchestra! But when the other birds start questioning her dream, she wonders if she has set her sights too high. This inspiring book shows kids what it looks like to set a goal and work hard to reach it.



Resource Bundle Available

<b>D261</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870676	9" X 8"	28/CASE	

## Ricky Sticky Fingers

**Julia Cook**

Meet Ricky, a boy that just can't seem to figure out that stealing is wrong. "When I see something that I really want, I think, 'Hey, that could be mine!' So I look both ways, reach out my hand, and take it at just the right time." Through a fun story, children will learn the concept of ownership and how it feels when someone doesn't respect what is yours.



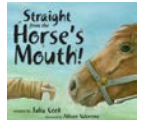
<b>B151</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870089	9" X 8"	28/CASE	

## Straight from the Horse's Mouth

*A Picture Book About How Horses Help People Who Have Experienced Trauma*

**Julia Cook**

Horses can help people fix ANYTHING! Archie is not your average horse. He helps people get rid of their flies - the things that bug us! This creative book takes a look at the power of horse therapy for helping people heal on the inside.



<b>B156</b>	GR 3-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870126	9" X 8"	28/CASE	

## Soda Pop Head

**Julia Cook**

"There goes Lester. Watch him fester. His face turns red. He's a Soda Pop Head!" Most of the time Lester's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red, and he blows his top! Soda Pop Head will help children learn to control their anger while helping them manage stress. It's a must for the home or classroom.



<b>B007</b>	GR K-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781931636773	9" X 8"	28/CASE	

## Study Skilled...NOT!!!

*A Picture Book About Doing Your Homework, Taking Tests, and Good Study Skills*

**Julia Cook**

Bocephus over-studies and stresses, while Cletus studies as little as possible. After Cletus's mom introduces them to "The Amazing Great 8!," the boys learn how good study skills can affect not only their grades, but also their attitudes.



<b>B765</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870423	9" X 8"	28/CASE	

# BACKLIST PRODUCTS



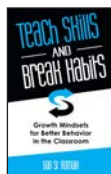
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BACKLIST PRODUCTS

## Teach Skills and Break Habits

*Growth Mindsets for Better Behavior in the Classroom*

**Dan St. Romain**

This book explores why what we've been doing isn't working and how to find a new path that will lead to better behavior. You will learn to see behavior change as a process of continual improvement and how to use behavior concerns as an opportunity to teach your students skills.



Resource  
Bundle Available

<b>B960</b> \$21.95	GR K-12	PAPERBACK	176 PAGES	<b>DL</b>	<b>EB</b>
	9781937870492	5.5" X 8.5"	32/CASE	<b>AB</b>	

## The Anti-Test Anxiety Society

*A Picture Book to Help Worried Students Prepare for Tests*

**Julia Cook**

To Bertha, the word test stands for Terrible Every Single Time! Her teacher explains the Dynamic Dozen (12 amazing test-taking strategies), and how to use her "GET TO" brain instead of her "HAVE TO" brain. Now "Terrible" is "Terrific!"



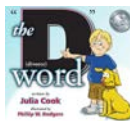
<b>B417</b> \$10.95	GR 2-6	PAPERBACK	32 PAGES		<b>EB</b>
	9781937870300	9" X 8"	28/CASE		

## The "D" Word (Divorce)

*A Picture Book to Help Kids Going Through a Divorce*

**Julia Cook**

Otis's perfect family changes as soon as his parents say they are getting divorced. At first he blames himself. With the help of his Gram, Otis learns about the Three C's of divorce: I didn't CAUSE it, I can't CONTROL it, so I'm going to have to learn to COPE with it!



Resource  
Bundle Available

<b>B033</b> \$10.95	GR 2-6	PAPERBACK	32 PAGES		<b>EB</b>
	9781931636766	9" X 8"	28/CASE		

## The Awfulizer

*Learning to Overcome the Shame Game*

**Kristin Maher**

"I feel like there's a monster in my head. He tells me all the things I am doing wrong and how I am wrong." *The Awfulizer* gives shame a name and face, showing just how real and big it can be for children; how it keeps them feeling isolated and makes them question their self-worth.



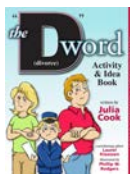
<b>D133</b> \$10.95	GR 3-6	PAPERBACK	32 PAGES		<b>EB</b>
	9781937870584	9" X 8"	28/CASE		

## The "D" Word (Divorce) Activity and Idea Book

*Activities to Help Kids Going Through a Divorce*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and offers processing tools to help cope with divorce by reinforcing the Three C's of divorce.



Downloadable  
Resources Available

<b>B163</b> \$10.95	GR 2-5	PAPERBACK	24 PAGES		
	9781937870096	9" X 8"	24/CASE		

## The Leader I'll Be

*Best Practices for School Counselors and District Leaders*

**Sylvia Lopez and Tracey Brown**

Ready to elevate your impact? *The Leader I'll Be* provides essential leadership skills for school counselors seeking to drive positive change. Empower yourself to lead, advocate effectively, and create lasting change! For new and seasoned counselors.



<b>D589</b> \$28.95	GR K-12	PAPERBACK	114 PAGES	<b>DL</b>	
	9781965066119	8.5" X 11"	24/CASE		

## The Ant Hill Disaster

*A Picture Book that Addresses Fears Associated with Natural and Man-Caused Disasters*

**Julia Cook**

After a disaster destroys his school, a little ant is afraid to return. While addressing fears associated with natural and man-caused disasters, his mom and teacher encourage him that he can stand strong, even in uncontrollable events.



<b>B415</b> \$10.95	GR K-6	PAPERBACK	32 PAGES		<b>EB</b>
	9781937870270	9" X 8"	28/CASE		

## The Making of a Hero

*Six Stories of the Medal of Honor*

**Linda Moss Mines**

*The Making of a Hero* introduces the important values of patriotism, citizenship, courage, integrity, sacrifice, and commitment. This book tells the story of six Americans who were awarded the Congressional Medal of Honor, the highest award given to a member of the armed forces for valor.



<b>D316</b> \$10.95	GR 2-5	PAPERBACK	32 PAGES	<b>DL</b>	<b>EB</b>
	9781937870720	9" X 8"	28/CASE		



## The Making of a Hero

*Six More Stories of the Medal of Honor*

**Rita Lorraine Hubbard**

Join Mrs. Johnson and her class on a thrilling “hero hunt” as they explore the National Medal of Honor Heritage Center. Through captivating stories and vivid illustrations, learn how ordinary people faced extraordinary circumstances, demonstrating unwavering bravery and selfless dedication.



<b>D583</b>	GR 2-5	PAPERBACK	32 PAGES	<b>EB</b>
\$11.95	9781965066096	9" X 8"	28/CASE	

## What Do I Say About That?

*Coping with an Incarcerated Parent*

**Julia Cook**

When a loved one is sentenced to prison, the emotional turmoil is difficult for everyone. This book looks at the struggles facing the child of an incarcerated parent and helps gain insight to the healing and coping process.



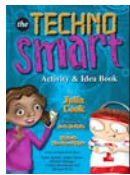
<b>B520</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870379	9" X 8"	28/CASE	

## The Techno Smart Activity and Idea Book

*The Activity Book for Cell Phoney and But It's Just a Game*

**Julia Cook**

This activity book is the perfect companion to the picture books. It is full of discussion questions, worksheets, and exercises and teaches digital citizenship by learning the etiquette of using technology effectively.



<b>B519</b>	GR 2-6	PAPERBACK	28 PAGES	<b>EB</b>
\$10.95	9781937870362	8.5" X 11"	24/CASE	

## What Shoes Will You Wear?

*A Picture Book to Help Kids Understand a Variety of Careers*

**Julia Cook**

Myrtle and Erytle’s father uses their love of shoes to help them think about future careers. This book includes career clusters and the skills needed for any career: responsibility, self-confidence, integrity, punctuality, and teamwork.



<b>B486</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870324	9" X 8"	28/CASE	

## There's No Dream Too Tall

*Believe in Yourself and Your Dream Will Find You!*

**Amie Dean**

“The world is wide open; there’s no dream too tall. For a boy or a girl, whether big or quite small! There are millions of choices no end to the list. So, look deep in yourself and consider your gifts.” By showing kids their strengths, we give them the power and permission to dream.

Resource  
Bundle Available



<b>D267</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
\$10.95	9781937870669	9" X 8"	28/CASE	

## Understanding and Addressing Adolescent Grief Issues

*A Manual for Any Caring Adult Dealing with Grief in Middle and High School Students*

**David A. Opalewski**

Death is a terrible shock for the adolescent. This book helps adults understand what the adolescent is going through and provides comprehensive techniques to address the situation.

Downloadable  
Resources Available



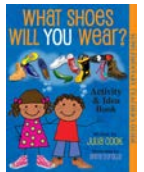
<b>A258</b>	GR 6-12	PAPERBACK	88 PAGES	<b>DL</b>
\$19.95	9781931636469	8.5" X 11"	28/CASE	

## What Shoes Will You Wear? Activity and Idea Book

*Activities to Help Kids Understand a Variety of Careers*

**Julia Cook**

This activity book is the perfect companion to the picture book. It is full of discussion questions, worksheets, and exercises and assists children in starting on the pathway of being college and career ready.



<b>B488</b>	GR 2-6	PAPERBACK	32 PAGES	<b>EB</b>
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## Will You be the I in Kind?

**Julia Cook**

Join the fun as “K\_nd” goes on an adventure to find his missing “i.” Along the way, he helps children learn to share their kindness in big and small ways. This story will spark conversations at school and home about the concepts of kindness, empathy, and compassion and will encourage children to bring kindness along wherever they go!

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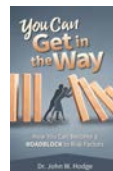
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**Amie Dean**

When Javon, a fifth grader, meets Richard, a kindergartner, for the first time, Richard won't talk to Javon or even look at him. Javon realizes that Richard reminds him a lot of himself at that age. Javon learns that helping someone find their happiness makes your own heart happy, too.

Resource  
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