



NATIONAL CENTER for
YOUTH ISSUES

6101 Preservation Drive • Chattanooga, TN 37416 • www.ncyi.org

Speakers Bureau

Noel Foy

NEUROEDUCATOR, CONSULTANT, AUTHOR, AND SPEAKER



As founder of AMMPE™ Neuroeducational Consulting, Noel's mission is to empower teachers, parents, counselors, coaches and students with quick, user-friendly ways to use neuroeducation findings to their advantage. Having these tools can decrease stress, build underdeveloped skill sets and mindsets, and boost learning, engagement, Executive Function and performance in and beyond the classroom.

In response to the rise in anxiety, Noel has recently written an engaging, solution-focused story called *ABC Worry Free*, which provides readers of all ages with a transferable strategy to face and manage anxiety.

For over 35 years, Noel has served as an educator in various capacities—classroom teacher at Landmark School, Learning Specialist at The Roxbury Latin School, and Professional Development Trainer for Keys to Literacy. Noel received her B.A. in Education/Special Education and her M.A. in American Studies from Boston College.

A BRIEF LOOK AT NOEL'S SESSIONS (continued on the back)

More of Them, Less of You!

Disheartened by your students' lack of engagement, motivation, and participation? In this interactive, experiential training, you'll be empowered with knowledge and low "mistake fear" strategies that can be used with any content to decrease classroom stress and behavior issues, support how the brain learns best and boost student ownership of learning

Discover how to use neuroscience findings to your advantage with quick and easy learning focused strategies which are immediately transferable to your classroom to maximize student engagement and retention while promoting collaborative peer discussions to support content learning and critical thinking.

From Executive Dysfunction to Executive Function: Developing Metacognitive, Empowered Learners

Looking for ways to help your disorganized, easily distracted, and careless students become more efficient? How about those who have difficulty getting started, fall apart when they encounter obstacles, or avoid challenges? In this experiential training, you'll learn how to use your daily content to help students build underdeveloped skill sets and mindsets that are vital to learning and success in school, relationships, jobs, and life—all without sacrificing too much instructional time. We will address key information about the brain and the impact of stress on Executive Function as well as how to support students with transitions and routines and the development of skills related to goal setting, organization, time management, self monitoring, cognitive flexibility, and growth mindset self-talk.

Contact Robert Rabon at rrabon@ncyi.org or 423-309-4300 to engage Noel for your event

What Anxiety Wants vs. What Anxiety Needs

Do you understand how worry works? Are your words and actions inadvertently feeding the disorder of those you know who deal with anxiety? If you teach, parent, or coach kids with anxiety and wonder what to say and do to help, this workshop is for you. Using ABC Worry Free as a reference tool, you will learn:

- What we know about anxiety
- How worry works
- Patterns of anxiety
- Myths and misunderstandings
- Communication and skill building tips



ABC Worry Free (Gr K-6)

Do you know a child who struggles with worry? Is fear holding them back from being the best they can be?

In A.B.C. Worry Free, author and neuroeducation consultant Noel Foy has developed an actionable approach to worry that will help children process everyday challenges and work through them.

"You'd be surprised what you can teach someone with the right attitude.

"Do you think you could teach someone to worry less?"

Chris chuckled. "Absolutely. As long as they're not afraid to learn something new."

With anxiety among children at double-digit growth, adults are looking for tools children can adopt into their daily practice to manage those feelings. Using a clear three-step plan to shift their perspective on anxious or fearful thoughts, children can regain control over the vicious anxiety cycle. A special section for adults provides evidence-based tips for helping children develop the skills necessary to face and overcome worries and fears.