

NCSCA Breakout Sessions At-A-Glance

Social Emotional Development	Presenter
A Different Take on Data – What’s Really Driving Your Counseling Program?	Meredith Draughn
Adult SEL: The Presence of Emotional Mountains	Nicole Morris
Are You in the Zone? Mindfulness Tools for Peak Performance	Valerie Nasser
ASCA School Counselor (pronounced Ask a School Counselor)	Brittany Glover
Bodies, Brains, & Besties: Student Perspectives on Middle School Transition	Elizabeth Coleman
Counselor Corner – A Year of Social/Emotional Planning	Twanna Monds
Creating a Clinical Mental Health Program within a School System	Reagan Courliss
Developing a Data-Driven Approach to Behavior Supports within the MTSS Framework	Beth Fortner
Digital Peer Mentoring to Support Incoming Freshmen at a New High School	Travis Lewis
From Pandemic to Protests: The Role of the School Counselor	Jill VanHorne
Helping Students with Trauma and Emotional Dysregulation (School Counselor Focus)	Allison Edwards
How School Counselors Improve Classroom Lesson Curriculum	Clare Merlin-Knoblich
Implicit Bias in Schools: Evidence and Opportunities – Individual Strategies	Joseph Williams
Implicit Bias: The Myth of the Colorblindness and Neutrality	Tomeka Ward-Satterfield
In My Feelings: Supporting Students of Color Facing Racial Battle Fatigue	Calvin Craig
It Takes More Than “Guidance” to Be a School Counselor Today	Grant Sparks
It’s Moving Day...Time to Unpack Those Middle School Transition Boxes!	Jamie Reinhardt
Keep Calm and Carry On: Supporting Anxious Students in Grades K-12	Megan Thompson
Leading Through Supervision: Supporting the Development of School Counselors-in-Training	Lucy Purgason
Leaving Guidance Behind: The New Frontier of School Counseling	Heather Griffin
Making Them Visible: Recognizing, Supporting, and Advocating for Children of Incarcerated and Returning Parents	Melissa Radcliff
Maximizing the Benefits of Restorative Practices with a Restorative Mindset	Dawn Moreland

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National Board Certification: It's Achievable!	Kristen Litchfield
Positive Practices and Resources for Gender Expansion	Emily Pegram
Sand Scholars: Creating Your Own Cross-Age Mentorship Program (CAMP)	Dejanell Mittman
Supporting Student Behavior as a School Counselor	Nancy Stavrakakis
The Missing Link: Collaborative Relationships that Support Student SEL	Elizabeth Coleman
Trauma – Informed Yoga: Coping During COVID – 19	Ingrid Saddler-Walker
Using Data to Advocate for Students of Economic Disadvantage in Rural School Settings	Taryne Mingo
Vaping Me Crazy! Weed Between the Lines!	Michael DeLeon
Virtual Counseling Offices & Calming Rooms	Megan Demolina
Working at the Intersection of Privilege and Oppression: 2020 Version	Jesse Pitt
Working with Shy, Introverted, and Socially Anxious Students	Merry Leigh Dameron
College And Career Readiness	Presenter
Answering Wh"Y"	Dr. Steven Coyle
College Foundation of North Carolina: The Next Generation of Students Deserves the Next Generation of CFNC	April Query
Interrupting Racism: Action for Equity in School Counseling	Rebecca Atkins
US Army SR ROTC Opportunities for Students	Andrew Shirk
Academic Development	Presenter
Becoming a Champion Advocate: Multiple Ways to Enhance a School Counseling Program	Melisa Marsh
Incorporating Your School Counseling Program into Classroom Instruction	Colleen Neuer
Mastering Social Media: Effective Strategies & Management Techniques	Carlee Megan Wetzler
School Counselors Use of Social Justice Leadership and Advocacy in Title I	Angel Dowden
Starting a School Counselor Led Book Club	Andrea Burston
Updates from the NC Department of Public Instruction	Cynthia Floyd
Why Are All the Black & Brown Kids Sitting in the Academic Class? Bridging Rigor & College Access	Daria Johnson