

# Breakout Sessions

## At-A-Glance

Thursday, October 28	Session 1	10:30 – 11:30 a.m.	Presenter(s)
8 Great STEM Career Opportunities That Do NOT Require a Traditional Education			Steven Coyle
15-Minute Counseling Techniques that Work: What You Didn't Learn in Grad School			Allison Edwards
Achieving, Reaching and Inspiring Success for English Learners (A.R.I.S.E.) through Mentoring			Candice Farrington
Balancing Voice and Participation in Meetings as a Counselor Leader			Phil Echols
Becoming a Champion Advocate: Multiple Ways to Enhance a School Counseling Program			Melisa Marsh
Cultivating an LGBTQ-Inclusive School Culture: The School Counselor's Role as Leader, Change-Agent, and Advocate			Merry Leigh Dameron & Harley Locklear
Discussing Race in Schools While White: Lessons in Humility, Courage and De-Centering Ourselves			Clare Merlin-Knoblich
From School to Street: How the Raven Street Team Located Missing Students			Jill Allen & Tierra McManus
The Growing World of Section 504			Robert Jamison
How to Plan a Great School Counselor Curriculum			Rotisha Hall
"I am Captain America": Representation and the Academic Self-Efficacy of Black and Brown Children			Sherre Harper & Taryne Mingo
Ideas, Ideas, Ideas			Steve Bollar
Little-Known Secrets of Paying For College			Michael Russell
School Counselors Addressing Racial Disparities through an Intersectional Lens			Angel Dowden & Shirlene Coopwood & Tyreeka Williams & Shavonne Parker
School Counselors Advocating with Legal Muscle to Support Trauma Informed Schools			Carolyn Stone
"We Want to Breathe, Live, and Thrive!": A Thematic Support Group Model for Black Male Adolescents			Xuri Allen
Youth Caregiving, Undocumented Students, Teen Pregnancy - A Toolkit to Support Adolescents			Zakiyyah Omar & Twanna Monds & Cherice Artis

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Thursday, October 28	Session 2	12:30 – 1:30 p.m.	Presenter(s)
15-Minute Counseling Techniques that Work: What You Didn't Learn in Grad School			Allison Edwards
Balancing Voice and Participation in Meetings as a Counselor Leader			Phil Echols
Becoming a Champion Advocate: Multiple Ways to Enhance a School Counseling Program			Melisa Marsh
CFNC.org, NCcareers.org, and Professional Tools - Oh My!			Timeka Ruffin & April Query
Charting a Course to Student Success			Marchelle Horner & Tyler Morris
The Easiest Way to Document Your Time and Analyze Your Results			SCUTA Ambassador
Freshmen Intentionality: Preparing 9th Graders to be College and Career Ready			Jennifer Burruss & Kendra Ratliff
The Growing World of Section 504			Robert Jamison
Low-Performing Schools + Trauma-Informed Strategies = High Efficacy for Students and Adults			Chanda Waters & Travis Lewis
Making Each Classroom Lesson Count			Amber Harrington & Nicole Tait & Yamuna Roach
School Counselors Advocating with Legal Muscle to Support Trauma Informed Schools			Carolyn Stone
Social Justice and the ASCA National Model			Deirdra Hawkes
Updates from the NC Department of Public Instruction			Cynthia Floyd
Using Magic as a Metaphor in Classroom Guidance Lessons			Eric Schweitzer
Working at the Intersection of Privilege and Oppression - 2021			Jesse Pitt
Zero Suspension Schools Through Restorative Practices			Karen Thompson & Mary Stewart

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Thursday, October 28	Session 3	2:00 – 3:00 p.m.	Presenter(s)
ASCA School Counselor (pronounced Ask a School Counselor)			Brittany Glover & Mina Rasti
Career Development and Planning – Advising Parents and Students of the Options Through Career and Technical Education			Trey Michael & Nancy Cross & Amy Policastro Schroeder
Collaboration is Key: Supporting Students with Intensive Needs			Sejal Foxx & Kelly Anderson
Developing a Data Driven Approach to Behavior Supports within the MTSS Framework			Beth Fortner & Katie Drew
Diving Deeper - A Trauma-Sensitive Approach to Education			Tanya DeShields Jordan & Susan Cole
Mindful Practices to Help Troubled Teens: Behavioral Interventions to Help Students Succeed			Natalie Gwyn
Mood, Memory, & Motivation: Embedding Executive Functioning Skills in Social and Emotional Learning			Sonya Sutton & Erich Priest
National Board Certification: It's Achievable!			Kristen Litchfield
Power of Peer to Peer Interventions			Orlando Dobbin, Jr.
Social and Emotional Learning in Secondary Schools			Rena Keith
Social Justice and the ASCA National Model			Deirdra Hawkes
Supporting Student Behavior as a School Counselor			Nancy Stavrakakis
Tiny Shifts, ProFound Results! How to Lead Your Best Counselor Life			Angela Poovey & Sarah Plano
Updates from the NC Department of Public Instruction			Cynthia Floyd
Using Telehealth Counseling To Meet Career Needs of High School Dropouts			Levette Scott & Jennifer Barrow
Virtual Peer Mentoring to Support Incoming High School Freshmen			Travis Lewis
Working with LGBTQ+ Youth			Amanda Allen

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Thursday, October 28	Session 4	3:30 – 4:30 p.m.	Presenter(s)
A Different Take on Data - What's Really Driving Your Counseling Program?			Meredith Draughn
From Guidance Counselor to School Counselor to Retired School Counselor- What is Next?			Wanda Moore & Judy Cohen
Heck No, We Won't Go! Adolescents and School Refusal			Robin Sumner & Mariah Crow
How to Generate Buzz Around Scholarship Applications			Latoira Rodgers & Antonio Blow
If Not You, Then Who?			Abby Liberstein & Kimberly Davis
Implementing a Self-Regulation Curriculum Schoolwide			Ashley Price
Integrating Popular Social Media and Video Games into School Counseling Practice			Gabrielle Mirelez & Hunter Lefler
It Goes Down In the DM: Unpacking the Impact of Social Media, Trends and Culture in a K-12 Setting			Calvin Craig & Alexia Flythe
The New ASCA Student Standards: Mindsets & Behaviors for Student Success			Eric Sparks & Deirdra Hawkes
On the Road to Recovery: Reclaiming Your School Counseling Identity and Program			Dreana Holloway
School Counselor and ESL Teacher Collaboration: Teaming to Target Community Cultural Wealth			Christian Covington & Glenda Johnson
School Counselors as Leaders in Promoting Mental Health in Schools			Sara Walter
Staying on the Rails of the Roller Coaster: Creating a Self-Care Plan for School Counselors			Annette Bednosky
Take it to the Next Level, RAMP IT UP!			Karen Rankins & Deondra Jenkins & Wanda Outlaw
Understanding Youth Anger Through a Multicultural Lens			Raychelle Cassada Lohmann
What Happened to You? The Impact of Toxic Stress and Trauma on the Developing Brain			Amy Grybush & Ivana Stoilovic
Who Me, Biased? A REAL Equity Discussion for African American Counselors			Tomeka Ward-Satterfield